

### ABOUT FOOTHILLS UNITED WAY & VOLUNTEER CONNECTION

The mission of Foothills United Way is to collaboratively identify community priority needs and desired outcomes, unite community resources in pursuit of agreed upon goals and take action.

Volunteer Connection strengthens communities in Boulder and Broomfield counties by connecting volunteers with opportunities and by supporting organizations in effectively engaging volunteers to meet community needs.

### ABOUT THIS GUIDE

Volunteer Connection recognizes the importance of engaging youth in volunteerism. We compile our *Youth Connection Guide* annually, to provide youth (ages 17 & under) with a variety of age-appropriate volunteer opportunities throughout Boulder and Broomfield Counties and beyond. Increasingly, middle and high schools, honor societies, sports teams, youth groups, and scout troops are encouraging youth to get involved in their communities through volunteerism. This is a great resource for youth, parents, educators, counselors, group, and community leaders looking to engage youth in our communities in a positive, meaningful and lasting way.

### HOW TO USE THIS GUIDE:

**Explore** opportunities in various categories that address a variety of issue areas:

**Select** an opportunity that is age appropriate. Every opportunity in this guide includes a minimum age for youth to volunteer **supervised** (a parent/guardian volunteers with the youth) or **unsupervised** (no parent/guardian is required to participate).

**Contact** an agency either by phone or by e-mail. Introduce yourself and let them know that you may be interested in volunteering with them. Ask them about the details of the volunteer opportunity such as days and times of the week, the required time commitment, and how to get started.

**Court Ordered:** If an organization accepts court-ordered community service volunteers, it will be indicated at the end of the volunteer opportunity description.

**Groups:** If a volunteer opportunity is appropriate for groups it is indicated at the end of the opportunity description. Contact the organization to find out what size group they can accommodate.

**Volunteer Opportunity Database:** Visit our website to search for additional opportunities and view our calendar of one-time & special events at <http://volunteer.unitedwayfoothills.org>.

**A Precious Child, Inc. – Broomfield**

Nichole Karpinsky  
303.466.4272 ext.103  
[Nichole@APreciousChild.org](mailto:Nichole@APreciousChild.org)  
[www.APreciousChild.org](http://www.APreciousChild.org)

**Donation Center Volunteer:** The role of donation center volunteers is to help process incoming community donations and prepare them for distribution to families. Children and families shop in the Resource Center, which is set up like a retail store, for clothing items and basic essentials, all provided at no charge. Shifts are available Monday-Friday, 9:00 AM–5:00 PM. Great for families, clubs and groups! Youth volunteers 5-12 years of age supervised, 13+ unsupervised.

Groups: Yes  
Court Ordered: Yes

**Art Parts Creative Reuse Center – Boulder**

Denise Perreault  
720-379-5328  
[info@ArtPartsBoulder.org](mailto:info@ArtPartsBoulder.org)  
[www.ArtPartsBoulder.org](http://www.ArtPartsBoulder.org)

**Shop Volunteers:** Help sort, bag, clean, and price a fascinating variety of art, craft, vintage, and creative materials, as well as unusual industry surplus, in our fun and informal shop and art gallery. Assist with store styling and merchandizing, sort beads/buttons, measure fabrics, research values of vintage tools and collectibles as your skills and interests merit. Meet other makers and assist customers while you have fun in a room full of creativity and art. Volunteers earn \$1 store credit for every hour volunteered after completing 20 hours. Youth volunteers age 13 - 14 supervised and ages 15+ unsupervised.

Court Ordered: Yes, except for individuals arrested for theft.  
Groups: Yes

**Attention Homes – Boulder**

Alex Bergland  
[303.447.1206](tel:303.447.1206)  
[abergland@attentionhomes.org](mailto:abergland@attentionhomes.org)  
[www.attentionhomes.org](http://www.attentionhomes.org)

**Meal Donor:** Prepare an evening meal at home once a month and deliver for 6-12 youth at the Runaway and Homeless Youth Shelter or the Residential Program. This is a great project for individuals, families or groups. Youth volunteers of any age can help prepare the meal. Meals must be delivered by someone 18 years or older and out of high school.

**Boulder Shelter for the Homeless – Boulder**

Brandi Adams  
303.327.7120  
[brandi@bouldershelter.org](mailto:brandi@bouldershelter.org)  
[www.bouldershelter.org](http://www.bouldershelter.org)

**Dorm Supply Volunteer:** Help Program Staff distribute items to residents that meet their basic needs (toiletries, laundry detergent and first aid supplies), sort donations, and other duties as needed. Youth volunteers ages 12-17 supervised by adult volunteer.

Available shifts: Early mornings and evenings.  
Court Ordered: No

**Breakfast Cook:** Work as part of a team to prepare and serve a morning meal for up to 200 people. Food is provided by the Shelter unless volunteers wish to provide specific items. Youth volunteers ages 12-17 supervised by adult volunteer.  
Available Shifts: Early mornings  
Court Ordered: No

**Boulder Shelter for the Homeless – Boulder**

*Brandi Adams*  
303.327.7120  
[brandi@bouldershelter.org](mailto:brandi@bouldershelter.org)  
[www.bouldershelter.org](http://www.bouldershelter.org)

**Laundry Service Volunteer:** Assist with upkeep of daily laundry handed out to Shelter residents nightly. Youth volunteers ages 12-17 supervised by adult volunteer.  
Available Shifts: M-F, afternoon  
Court Ordered: Yes

**Boulder County Cares Shed Organizer:**

Assist in organization and cleaning of Boulder County Cares Shed items to be distributed to those sleeping outside.  
Available Shifts: M-F, afternoon

**Boulder Public Library – Boulder**

[www.boulderlibrary.org](http://www.boulderlibrary.org)  
*Main Branch*  
*Erica Segraves*  
303.441.3111  
[segravese@boulderlibrary.org](mailto:segravese@boulderlibrary.org)

*George Reynolds Branch*  
*Linda Cumming*  
303.441.4102  
[cummingl@boulderlibrary.org](mailto:cummingl@boulderlibrary.org)

*Meadows Branch*  
*Monnie Nilsson*  
303.441.4169  
[nilssonm@boulderlibrary.org](mailto:nilssonm@boulderlibrary.org)

**Summer of Discovery Volunteer:** Engage with toddlers, children, teens, and adults to promote the Summer of Discovery. Register participants, answer questions about the program, and distribute games and prizes. Youth volunteers in 6th-12th grade.

**Bridge House – Boulder**

*Scott Medina*  
303.442.8300  
[scott@boulderbridgehouse.org](mailto:scott@boulderbridgehouse.org)  
[www.boulderbridgehouse.org](http://www.boulderbridgehouse.org)

**Kids Give Back:** See list online for flexible and meaningful ways for families to support homeless and low-income individuals in Boulder. For more information and to sign-up visit:  
<http://boulderbridgehouse.org/how-you-can-help/kidsgive-back/>.  
Groups: Yes

**Cal-Wood Education Center – Jamestown**

*Angie Busby*  
303.449.0603 ext. 4  
[angie@calwood.org](mailto:angie@calwood.org)  
[www.calwood.org](http://www.calwood.org)

**Volunteer Projects for Groups/Organizations:** We have many projects to choose from in the natural resources realm and we can tailor a project based on your group's interests. A few project categories that you can choose from are forest/fire management, trail construction, wildlife management, habitat flood recovery, invasive species control, recreational field construction projects, and many more!  
Youth volunteers ages 10-16 supervised and 17+ unsupervised.  
Groups: Yes

**Casa de la Esperanza Learning Center – Longmont**

*Vanessa M. Escarcega*  
303.551.3770

[vescarcega@bouldercounty.org](mailto:vescarcega@bouldercounty.org)  
<http://www.bouldercounty.org/family/housing/pages/casaesperanza.aspx>

**Academic Tutor:** Promote and support math, literacy, and other content areas including access to higher education, by tutoring students at the learning center. Youth volunteers ages 15+ unsupervised.  
Groups: Yes

**Instructional Volunteer:** Teach a class such as computer literacy (Microsoft Office Suite, Publisher), webpage design, PhotoShop, technology class, Google Sketch, art class, math class, language and culture class, photography, or martial arts. Youth volunteers ages 15+ unsupervised.

**City of Boulder Open Space and Mountain Parks – Boulder**

*Jennelle Freeston*  
303.413.7656

[freestonj@bouldercolorado.gov](mailto:freestonj@bouldercolorado.gov)  
[www.volunteerosmp.org](http://www.volunteerosmp.org)

**OSMP Volunteer Projects:** OSMP offers a variety of volunteer projects. Each project has its own age and physical requirements. Please visit the OSMP website for more information. Youth volunteers ages 10-17 supervised.  
Court Ordered: Yes  
Groups: Yes

**Colorado Horse Rescue – Longmont**

*Rachel Corbman*  
720.494.1414

[rcorbman@chr.org](mailto:rcorbman@chr.org)  
[www.chr.org](http://www.chr.org)

**Barn Chore Volunteer:** Feed the horses, clean and refill water troughs, muck pens, and help with general property clean-up. Training is provided. For safety reasons CHR hosts beginner, intermediate, and advanced-level barn chore positions; hands-on horse contact is the primary distinguishing factor between these levels (and volunteer education is encouraged). Minimum commitment of 1 day/time per week for at least 3 months. Youth volunteers ages 14+ supervised.

**Facilities & Ground Maintenance:** Assist with grounds and fence upkeep, moving hay, painting stall panels, gardening/weeding, and more! Youth volunteers age 14+ supervised.  
Court Ordered: Yes

**Colorado Therapeutic Riding Center – Longmont**

*Cari Lastick*  
303.652.9131

[volunteer@ctrcinc.org](mailto:volunteer@ctrcinc.org)  
[www.ctrcinc.org](http://www.ctrcinc.org)

**Lesson Volunteering:** Lesson volunteers serve as horse leaders or side walkers during our weekly therapeutic riding sessions for children and adults with disabilities. Lesson volunteers come out once a week (2 hours/week) working with the same horse and rider each week. Youth volunteers' ages 16+ years (14+ considered with significant horse experience and appropriate interest and maturity level).

**Community Food Share** – Louisville and various locations across Boulder County

*Nina Stubblebine - Volunteer Manager*

*(303) 65233663 ext. 202*

[nstubblebine@communityfoodshare.org](mailto:nstubblebine@communityfoodshare.org)

*Leigh Pond - Produce & Gleaning Volunteer Coordinator*

*303.525.3491*

[lpond@communityfoodshare.org](mailto:lpond@communityfoodshare.org)

[www.communityfoodshare.org](http://www.communityfoodshare.org)

**Daily Warehouse Activities:** Sort produce and canned goods, restock shelves, repackage food, and help maintain a clean, food-safe facility. You must attend an orientation session prior to volunteering. Two to three hour volunteer shifts available on weekdays, 9:00 AM-4:30 PM, with extended hours on Tuesday evenings (drop-in 12:30-6:30 PM; no sign-up needed for returning volunteers), and third Saturday of the month, 9:00 AM-12:00 PM (returning volunteers only, please). Youth volunteers ages 5-14 supervised. One adult required for every 3 children.

Court Ordered: Yes; however, charges related to theft, violence, or sexual misconduct are prohibited.

Groups: Yes (2-30 people; Please contact in advance to schedule)

**Gardening & Gleaning (Seasonal):** Work outside in gardens and farms across Boulder and Broomfield Counties. Help plant and pick fresh produce that will be donated to Community Food Share. One to three hour shifts available on weekdays and weekends. Call for updated schedule. Youth volunteers ages 5-14 supervised. One adult required for every 3 children.

Court Ordered: Yes; however, charges related to theft, violence, or sexual misconduct are prohibited.

Groups: Yes

**Earth's Table** – Various locations across Boulder

*Kyla Pearlman*

[talktoearthstable@gmail.com](mailto:talktoearthstable@gmail.com)

**Description:** Assist in local gardens to cultivate, maintain, and harvest fresh vegetables to be donated to local food banks.

Activities vary, based on gardens' needs, but can include hand and tool weeding, planting seeds, transplanting seedlings, and harvesting vegetables, as well as general garden set-up and maintenance.

Shift Length: 2-4 hours, Weekday mornings/evenings; can accommodate groups on weekends.

Youth Volunteers: Ages 5-13 with chaperone; Ages 14+ without chaperone

Court Ordered: Yes

Groups: Yes (max 15)

**Eco-Cycle** – Various locations across Boulder County

*Bill Germain*

*303.444.6634 ext.127*

[bill@ecocycle.org](mailto:bill@ecocycle.org)

<http://ecocycle.org/zero-waste-events/calendar>

**Zero Waste Event Volunteer:** Are you passionate about making change on a large scale? Do you like engaging with the community, being outside and going to fun community events? Volunteers work in twos to monitor Zero Waste Stations and answer recycling and composting questions from eventgoers. Volunteers receive a recycling/composting 101 training from Eco-Cycle staff with everything they need to know to be our experts "in the field." Events occur throughout the spring, summer, and early fall. Please visit the Eco-Cycle website for specific event information. Youth volunteers ages 8-12 supervised and 13+ unsupervised.

Court Ordered: Yes

### **Emergency Family Assistance**

**Association – Boulder**

*Sue McCullough*

[303.951.7663](tel:303.951.7663)

[sue@efaa.org](mailto:sue@efaa.org)

[www.efaa.org](http://www.efaa.org)

**Children's Program:** Lead activities, assist with homework and provide children in our housing sites (Boulder, Longmont, Lafayette) with a stable presence. Weekdays 3:30 - 5:30 pm. Volunteers should be creative, flexible, responsible and enjoy kids of all ages. Volunteers are asked to commit to 2-4 hours per week for 6 months. Youth volunteers ages 15+ unsupervised.

**Food Bank Walker and/or Stocker:** Stock shelves, process donations and/or assist participants through the food bank. Minimum time commitment of 3 hours per week, preferably Thursdays from 3:30 - 6:30 pm.

### **EXPAND – Boulder**

*Chelsea Cerny*

303.441.3416

[cernyc@bouldercolorado.gov](mailto:cernyc@bouldercolorado.gov)

<https://bouldercolorado.gov/parks-rec/expandprogram-for-people-with-disabilities>

**Peer Mentor:** Be partnered with a peer with a developmental disability (ages 8 - 16) for a night of swimming, games and/or crafts. Activities are held twice a month and activities vary depending on the week. Youth volunteers ages 10+ supervised. Groups: Yes

### **The Family Learning Center – Boulder**

*Eric Schmidt*

[303.442.8979](tel:303.442.8979)

[eschmidt@flcboulder.org](mailto:eschmidt@flcboulder.org)

[www.flcboulder.orgTutor](http://www.flcboulder.orgTutor)

**Elementary After School Program Volunteers:** tutoring, assist with art & sports programs, help with playground supervision. Monday – Thursday 3:30 – 5:30pm. Minimum one day a week, two hour commitment required. Youth volunteers ages 12+ supervised or unsupervised. Groups: Yes

### **Greenwood Wildlife Rehabilitation Center – Longmont**

*Stacey Scarborough*

303.823.8455

[volunteers@greenwoodwildlife.org](mailto:volunteers@greenwoodwildlife.org)

[www.greenwoodwildlife.org](http://www.greenwoodwildlife.org)

**Build Housing, Nests and other Creature Comforts for Orphaned and Injured Animals:** There are many ways youth can help the animals outside of the Center. Projects include constructing adult animal caging, knitting soft nests, building cozy nest boxes and bird roosts, and collecting greens, pinecones and branches. For a complete list of project ideas: <http://www.greenwoodwildlife.org/howkidscanhelp.php>. Youth volunteers of any age with adult supervision and/or permission. Groups: Yes

**Harvest of Hope Pantry – Boulder**

*Ejaye Gilbert*  
720.382.1971

[ejaye@hopepantry.org](mailto:ejaye@hopepantry.org)  
[www.hopepantry.org](http://www.hopepantry.org)

**Shopping Assistant:** Assist clients with shopping for food and personal care items in the client-choice pantry. Shifts available Monday-Friday, 8:30-10:30am and 1-3pm, Thursdays 4:30-6:30pm. Youth volunteers ages 14+ supervised.

**Inventory Assistant:** Assist in sorting, stocking and shelving food for the client-choice pantry. Two-hour shifts available Monday-Friday, 9am-3 pm. Youth volunteers ages 14+ supervised.

**Habitat For Humanity-St. Vrain – Longmont**

*Rebecca Shannon*  
303.682.2485

[volunteer@stvrainhabitat.org](mailto:volunteer@stvrainhabitat.org)  
[www.stvrainhabitat.org](http://www.stvrainhabitat.org)

**New Construction:** Join Habitat to help us build homes, hope and opportunity for hardworking and deserving families in St. Vrain and Carbon Valley. Volunteer as an individual or a group. Wednesday, Thursday, Friday, Saturday. Youth volunteers ages 16+ unsupervised.  
Groups: Yes

**ReStore:** Receive donations, price items, assist customers, and merchandise the store. Youth volunteers ages 14+ unsupervised.  
Court Ordered: Yes

**H.O.P.E. – Homeless Outreach Providing Encouragement – Longmont**

*Lexi Fromal*  
720.453.3821

[lexi@hopeforlongmont.org](mailto:lexi@hopeforlongmont.org)  
[www.hopeforlongmont.org](http://www.hopeforlongmont.org)

**Soup Angel:** Prepare 10 meals once a month in containers provided by HOPE. Youth volunteers of any age can help prepare the meal with a supervising adult that has the ability to transport meals.  
Groups: Yes

**Blanket Making:** Make blankets by either sewing, or tying fringed fleece together. These thick blankets provide needed warmth for people who experience homelessness and sleep outdoors. This can be an individual or group activity, and volunteers can make multiple blankets. Youth volunteers 12+ can participate unsupervised.  
Groups: Yes

**I Have A Dream Foundation Of Boulder County – Various**

locations across Boulder County  
*Liz Bolejack, Volunteer Manager*

[303.444.3636 ext. 19](tel:303.444.3636)  
[liz@ihaveadreamboulder.org](mailto:liz@ihaveadreamboulder.org)  
[www.ihadboulder.org](http://www.ihadboulder.org)

**Elementary Tutor:** Assist in facilitating literacy and math workshops as well as provide support for enrichment activities for Dreamer Scholars. Programming occurs after school and in the summer. A semester-long commitment of one afternoon/evening per week is required. Youth volunteers ages 14+ unsupervised.

**Middle School Tutor:** Assist in providing one-on-one or small group subject specific homework help to Dreamer Scholars. A semester-long commitment of one afternoon/evening per week is required. Youth volunteers ages 16+ unsupervised.

**Volunteer Tennis Instructors:** Volunteer tennis instructors have basic knowledge of tennis rules and skills and teach Dreamer Scholars the game of tennis and help them practice tennis skills once a week for 8 weeks during the summer, fall or spring season. Youth volunteers ages 15+ unsupervised.



**Imagine!** – Various Locations

*Elizabeth Hill*

303.926.6460

[ehill@imaginecolorado.org](mailto:ehill@imaginecolorado.org)

[www.imaginecolorado.org](http://www.imaginecolorado.org)

**Classroom and Community Coach:** Groups needed to support adults and children with disabilities to reach their goals in the classroom and in the community. This includes coaching individuals and groups in activities such as art, yoga, bowling, creative writing, swimming, music classes, dance, computer technology & more. Youth volunteers ages 16+ unsupervised.

Groups: Yes

**Events volunteer-** throughout the year Imagine! has a variety of events that support different programs. This includes activities like setting up for our Messy Play Day event in the summer for children in our early intervention program or helping out with our annual bike-a-thon event that supports our therapeutic recreation group to participate in community events, etc. Youth volunteers ages 13+.

Groups: Yes

**Longmont Humane Society** – Longmont

*Brooke Etnyre*

303.772.1232 ext. 278

[brooke@longmonthumane.org](mailto:brooke@longmonthumane.org)

[www.longmonthumane.org](http://www.longmonthumane.org)

**Dog TLC Volunteer:** Walk and socialize dogs available for adoption. Commitment of one 2-hour shift/week. Shifts available daily. Orientation and training required. Youth volunteers ages 8-12 supervised by parent who is the primary volunteer, and 13+ unsupervised as part of the teen volunteer program.

**Junior Animal Care Assistant (JACA):** Help shelter staff on the dog adoption floor. Fold laundry, fill water bowls, clean kennels, and fill kongs. Visit with adoptable dogs. Orientation and JACA training is required prior to participation. Commitment of one 1 ½-hour shift per week. Shifts available daily from 11:30am-5:30pm. Youth volunteers ages 13+

**Meals on Wheels of Boulder** – Boulder

*Volunteer Coordinator*

303.441.3908

[info@mowboulder.org](mailto:info@mowboulder.org)

[www.mowboulder.org](http://www.mowboulder.org)

**Meal Delivery:** Deliver hot, nutritious meals (mid-day) to those unable to leave their homes. Routes take approximately 1 – 1 ½ hours each week. Youth volunteers of any age may accompany an adult driver to deliver meals.

**New Era Colorado** – Boulder

*Anna Wood*

650-703-4304

[Anna@NewEraColorado.Org](mailto:Anna@NewEraColorado.Org)

<http://neweracolorado.org/get-involved>

New Era Colorado is an innovative nonprofit organization that works to reinvent politics for young people, mobilizing and empowering a new generation to participate in our democracy to make Colorado a better place for everyone. Volunteers will work on issues such as student debt, climate change, and much more! Volunteers will also learn how to testify on legislation at the Colorado Capitol and register voters to enact progressive change on the state level. Youth volunteers ages 16+. Court ordered: Yes



**OUR Center – Longmont**

Steve McLaughlin  
303.772.5529 ext. 235  
[steve@ourcenter.org](mailto:steve@ourcenter.org)  
[www.ourcenter.org](http://www.ourcenter.org)

**Community Cafe Assistant:** Prepare and serve nutritious breakfast and lunch meals to individuals and families. Some basic food prep skills desired. Volunteers needed Monday thru Friday. 3 and 4-hour shifts. Three month commitment required. Youth volunteers ages 16+ unsupervised. Court Ordered: Yes

**Café Outreach Program (Weekend/Holiday Meal Program):** Group/Team volunteer activity. Create team of volunteers (8 to 10) to prepare and serve lunch on a weekend or holiday. Volunteers buy ingredients, prepare and cook meal in café, serve participants, and clean kitchen/dining area after lunch. Perfect volunteer activity for families. Volunteers needed Saturday, Sunday, and holidays. 4-hour shifts. Youth volunteers ages 13+

**Project: Return To Work Inc. (R2W) – Various Locations**

Rob Brazell  
303.415.9187  
[rob.brazell@return2work.org](mailto:rob.brazell@return2work.org)  
[www.return2work.org](http://www.return2work.org)

R2W volunteers help fulfill the organization's goal of placing active duty service members, veterans, spouses, and disabled friends back to work. There are a variety of volunteer opportunities available as well as a STEM internship program. Office Assistant and Webinar Host opportunities are available for youth ages 15 years+ unsupervised. Assistant Job Developer, Call Bank, Grant Writer, Assistant Employment Specialist, and Tech Support opportunities are available for youth ages 15 years+ supervised.

**Rocky Mountain Riding Therapy – Louisville**

Betty Tobias or Mercedi Carpenter  
303-494-1299  
[volunteer@rmridingtherapy.org](mailto:volunteer@rmridingtherapy.org)  
[www.rmridingtherapy.org](http://www.rmridingtherapy.org)

All our volunteers must be 14 years old or older. All volunteers must also attend our Orientation and Training prior to being assisted a position. The best way to sign up for a volunteer training is to email us at [volunteer@rmridingtherapy.org](mailto:volunteer@rmridingtherapy.org)

**Horse Leaders:** These volunteers will lead the horses during lessons. They are in charge of the safety of the horse before, during, and after each class. They must be able to listen to the instructor and client to guide the horse in the class. Prior horse experience is preferred but not required. We want our clients to be as independent as possible, so horse leaders should display good judgement on when to let the client try and when to assist the client.

**Sidewalker:** These volunteers assist the instructor by adding additional support to the client riding the horse. They walk next to the horse and client, often providing physical support for clients with balance challenges. They also help to keep the client focus on the task and relay the instructors direction if they client does not hear them. We want our clients to be as independent as possible, so sidewalkers should display good judgement on when to let the client try and when to assist the client. Sidewalkers should avoid doing the task for the client.

**Arena and Barn Assistants:** Assist with grooming and tacking the horses for classes. Help in the arena and on the trails as lead walkers and side walkers with the horses and the riders. After classes, make sure horses are put back in their runs or turned out to pasture. Youth volunteers ages 14+ unsupervised.

### **ROUND Pantry at Westview – Longmont**

*Nancy Hurianek*  
303.776.3242  
[nhuri@msn.com](mailto:nhuri@msn.com)

**Pantry Set-up:** Sort and display food and assist with pantry set-up. 2<sup>nd</sup> and 4<sup>th</sup> Mondays of every month from 1-3pm. Youth volunteers Grade 5 with an adult /supervised and Grade 6+ unsupervised.

**Pantry Assistant:** Assist shoppers, check and bag food, restock products, tear-down/clean-up. 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of each month, 1:45-7:45pm (2 hour shifts). Training provided. Youth volunteers Grade 5 with an adult / supervised and Grade 6+ unsupervised.

### **Sister Carmen Community Center**

– Lafayette  
*Ann Huggins*  
303.665.4342 ext. 142  
[ann@sistercarmen.org](mailto:ann@sistercarmen.org)  
[www.sistercarmen.org](http://www.sistercarmen.org)

**Food Bank Volunteer:** Sort food, restock shelves, recycle. Shifts available Monday through Friday, availability varies. A 1 hour volunteer orientation and 1.5 hour training are provided and required. Youth volunteers ages 15 and younger supervised and 16+ unsupervised.  
Groups: Yes

**Thrift Store Volunteer:** Thank donors, receive donations, sort clothing, merchandise retail items, clean. Youth volunteers 13 years old and under supervised and 14+ unsupervised.  
Court Ordered: Yes  
Groups: Yes

**Garden Opportunity Volunteer:** Work with the soil, plant, weed, water, harvest, compost in our community garden. Youth volunteers 13 years old and under supervised and 14+ unsupervised.  
Groups: Yes

### **Sexual Health Awareness & Peer Education (SHAPE) – Various locations across**

Boulder & Broomfield Counties

*Ellie Stoakes*  
303.440.9320 ext. 127  
[ellie@bvwhc.org](mailto:ellie@bvwhc.org)  
[www.teenclinic.org](http://www.teenclinic.org)

**SHAPE member:** SHAPE is a group of high school aged students between 9<sup>th</sup> and 12<sup>th</sup> grade who work to prevent unplanned pregnancy, STI, and HIV transmission by sharing medically accurate information with their peers. SHAPE youth Undergo more than 50 hours of sexual health training at two yearly retreats and attend bi-weekly meetings led by peers and/or guest speakers. They also present in local high school and middle school classrooms, lobby at the Capitol, table at health fairs, and collaborate with other peer education groups in the area.

### **Thorne Nature Experience – Boulder,**

Broomfield, Lafayette, Longmont, Littleton  
*Gwen Tenney*  
303.499.3647 ext. 103  
[Gwen@ThorneNature.org](mailto:Gwen@ThorneNature.org)  
[www.thornenature.org/get-involved/volunteer-intern/](http://www.thornenature.org/get-involved/volunteer-intern/)

#### **Administrative and Marketing Volunteer/Intern:**

Assist with a variety of tasks from writing and assembling student-authored Mini Books, preparing educational materials, pulling invasive weeds along trails, assisting with fundraising mailings, and more. Youth volunteers ages 16+ unsupervised.

**After-School Teaching Volunteer/Intern:** Support Thorne's educators by helping to facilitate fun, hands on, place-based learning activities to connect students to nature in their schoolyards. Volunteers work with Thorne Staff on Mondays, Tuesdays, Wednesdays, or Thursdays at a school in Boulder, Lafayette, Longmont, or Broomfield. Programs run for 12 weeks in Fall (September-December) and Spring (February-May), with program hours from 2:30-4:30pm or 3:30-5:30pm. Youth volunteers ages 16+ unsupervised.

**Thorne Nature Experience – Boulder,**

Broomfield, Lafayette, Longmont, Littleton

*Gwen Tenney*

303.499.3647 ext. 103

[Gwen@ThorneNature.org](mailto:Gwen@ThorneNature.org)

[www.thornenature.org/get-involved/volunteer-intern/](http://www.thornenature.org/get-involved/volunteer-intern/)

**Thorne Summer Camp Teaching Assistant:**

Volunteers will spend the day (8:15am-2:45pm) outdoors assisting a group of campers as they experience nature while hiking on local trails learning about survival skills, bugs, art, creating new friendships, having fun outdoors, and more! Youth volunteers ages 16+ unsupervised.

**Thorne Summer Camp Student Teaching Assistant:**

Volunteers will spend the camp week (MF, 8:15am-2:45pm) outdoors with a professional Thorne Instructor and a group of up to twelve campers. Volunteers will work teaching younger children in a Summer Camp setting. Previous experience as a Thorne camper is preferred. Student Teaching Assistants must be be-

**TLC Learning Center – Longmont**

*Matt Eldred*

303.776.7417

[meldred@learningwithtlc.org](mailto:meldred@learningwithtlc.org)

[www.learningwithtlc.org](http://www.learningwithtlc.org)

**Babysitter:** Monthly babysitting opportunities at TLC with children up to 5 years old. Parents are onsite for a meeting from 4:30-5:30pm. Youth volunteers ages 16+ supervised.

**Special Events:** Assist with set-up and tear-down for two major fundraising events: Kentucky Derby Fundraising Event on May 5th and the 37th Annual Christmas Tree Festival on December 1st and 2nd.

**TRU Community Care – Boulder**

*Carol Thompson*

303.604.5259

[carolthompson@trucare.org](mailto:carolthompson@trucare.org)

[www.trucare.org](http://www.trucare.org)

**Thrift Shop:** TRU Hospice Thrift Shop welcomes volunteers of all ages. We have fun, active opportunities including, sorting toys and games, testing small electronics, creating displays, learning merchandising and sorting. Every hour spent translates directly into patient care services. Individuals, families, and groups welcome.

Volunteers ages 12-15 parent or supervision required.

Court Ordered: yes

Groups: Yes (20 max)

**University of Colorado Museum of Natural History – Boulder**

*Museum Education Department*

303.492.1666

[museumed@colorado.edu](mailto:museumed@colorado.edu)

<https://www.colorado.edu/cumuseum/support/volunteer-museum>

**Tour Guides:** Help lead tours or facilitate workshops for elementary school field trips to the museum. Programs focus on Paleontology, Anthropology, and Biology. We look for volunteers who are comfortable with public speaking and enjoy interacting with children. We accept youth volunteers ages 15+.

Court Ordered: Yes with background check.

**Community/Family Program Assistants:** Support community outreach and family programs. Program Assistants lead hands-on activities for children and their families. We are looking for creative, imaginative, and enthusiastic volunteers who are comfortable with public speaking. We accept youth volunteers ages 15+.

**Volunteers for Outdoor Colorado – Nederland**

Jamie Burke

303.715.1010

[Jamie@voc.org](mailto:Jamie@voc.org)

<http://www.voc.org/volunteer>

**Earth Day Planting at High Plains Environmental Center:**

Celebrate Earth Day by spending the day planting trees, shrubs, grasses, and perennials to promote the natural habitat. April 22, 2018 8:00am–3:00pm. Youth volunteers ages 8-15 supervised and 16+ unsupervised.

Court Ordered: Yes

Groups: Yes

**Trail Construction at Pronghorn Natural Area:** Help construct a new trail in the Pronghorn Natural Area of Aurora!

May 5, 2018 8:00am–4:00pm. Youth volunteers ages 12-15 supervised and 16+ unsupervised.

Court Ordered: Yes

Groups: Yes

**Riverside Campground Restoration at Salida:** This popular campground has seen overuse and degradation. We will be working to restore it.

May 5-6, 2018 8:00am–4:00pm. Youth volunteers ages 14-15 supervised and 16+ unsupervised for Single day; For overnight, Youth under 18 must be accompanied by an adult 21+

Court Ordered: Yes

Groups: Yes

**Colorado Public Lands Day Trail Work at Dedisse Park:**

Celebrate Colorado Public Lands Day by helping restore an over-used popular hiking and biking trail. May 19, 2018 8:00 - 4:00pm. Youth volunteers ages 14-15 supervised and 16+ unsupervised.

Court Ordered: Yes

Groups: Yes

**Sangre de Cristo Family Camping and Trail Construction:**

This is a special project that allows families to come out together. Adults and youth over 12 will undertake a project that involves creating multi-use new trail that links campgrounds, trailheads, and existing trails. Youth 6-12, will get to

spend the day exploring, learning about the local environments and playing games. At the end of the day, everyone comes together to enjoy a

campfire and camping! 5/19-20, 2018 8:00am–4:00pm.

Youth 6-12 participate in Environmental Education, 13+ on the trail. Youth under 18 must be

accompanied by an adult 21+ on overnight projects.

Court Ordered: Yes

Groups: Yes

**National Trails Day Trail Work at Genessee Park:**

Celebrate National Trails Day by helping restore an over-used popular hiking and biking trail.

June 2, 2018 8:00 - 4:00pm. Youth volunteers ages 14-15 supervised and 16+ unsupervised.

Court Ordered: Yes

Groups: Yes

### **Volunteers for Outdoor Colorado – Nederland**

*Jamie Burke*

303.715.1010

[Jamie@voc.org](mailto:Jamie@voc.org)

<http://www.voc.org/volunteer>

**Trail Construction at Urad State Wildlife Area:** Help build a trail to support the wildlife area. July 21-22, 2018 8:00 - 4:00pm. Youth volunteers ages 14-15 supervised and 16+ unsupervised; For overnight, Youth under 18 must be accompanied by an adult 21+

Court Ordered: Yes

Groups: Yes

**Breckenridge Family Camping and Trail Construction:** This is a

special project that allows families to come out together. Adults and youth over 12 will undertake a project that involves creating a long-envisioned trail connecting the recreation center to the backcountry.

Youth 6-12, will get to spend the day with the Keystone Science school exploring, learning about the local environments and playing games. At the end of the day, everyone comes together to enjoy a

campfire and camping! July 28-29, 2018 8:00am–4:00pm. Youth 6-12 participate in Environmental Education, 13+ on the trail. All youth under 18 must be accompanied by an adult 21+ on overnight projects.

Court Ordered: Yes

Groups: Yes

**Steamboat Springs Family Camping and Trail Construction:**

This is a special project that allows families to come out together. Adults and youth over 12 will undertake a project that involves creating new beginner trail for hikers and mountain bikers. Youth 6-12, will get to spend the day with Yampatika exploring, learning about the local environments and playing games. At the end of the day, everyone comes together to enjoy a campfire and camping! September 8-9, 2018, 2017 8:00am–4:00pm. Youth 6-12 participate in Environmental Education, 13+ on the trail. All youth under 18 must be accompanied by an adult 21+ on overnight projects.

### **Wildlands Restoration Volunteers (WRV)**

– Various locations

*Rachel Brett*

303.543.1411 ext.8

[rachel@wlr.org](mailto:rachel@wlr.org)

[www.wlr.org](http://www.wlr.org)

**WRV Projects:** Spend time outside while participating in a wide variety of important habitat restoration and conservation work. Projects range from a relaxing afternoon to a multi-day camping trip. Tasty meals are usually provided, and no experience is necessary. Many of the projects are family friendly. We also organize youth-only projects for school and community groups. Youth volunteers ages 8+ supervised.

Court Ordered: Yes

Groups: Yes

**WYLD (Youth Leadership) Program:** Middle and high school

students can participate in the WRV Youth Leadership Development (WYLD) Program, which meets monthly in Boulder. Youth participate in outdoor service and recreation activities, learn leadership skills, and can earn community-service or internship credit. Participants will also access mentoring and career resources, make new friends, spend time exploring outside, and give back to the community. Youth volunteers ages 14+ supervised.

**High School Crew Leader Training:** Provides hands-on instruction in outdoor leadership and ecological restoration. Participants earn OSI Certification. Youth volunteers ages 14+ unsupervised.

## Wild Bear Mountain Ecology Center

– Nederland

Melissa Freeman

303.258.0495

[info@wildbear.org](mailto:info@wildbear.org)

<http://www.wildbear.org>

**Connecting all ages to Nature:** Wild Bear has many opportunities to support efforts to connect all ages to nature. From after school and summer camps with children to helping with family events or guiding the general public in the nature center, this is a special opportunity! Youth volunteers ages 14-15 supervised and 16+ unsupervised.

Court Ordered: Yes

Groups: Yes

**Special Events:** Volunteers are needed to assist with the following events: Wild Earth Week in late April, Enchanted Forest on September 30<sup>th</sup> 10am-6pm.

## WOW! Children's Museum – Lafayette

Kim Brown

303.604.2424

[kim@wowchildrensmuseum.org](mailto:kim@wowchildrensmuseum.org)

[www.wowchildrensmuseum.org](http://www.wowchildrensmuseum.org)

Join WOW! and have a great time while helping children learn through play. A wide variety of volunteer opportunities include Art Room Facilitator, Exhibit Guide, Summer Class assistance, museum

events, exhibit maintenance, and exhibit evaluation.

Youth volunteers ages 12-14 with an adult, 15+ unsupervised. Family volunteering opportunities available.

**YMCA of Boulder Valley** – Various Locations across Boulder, Broomfield and Weld Counties

Jessica Clay

303.664.5455 ext. 1130

[jessica.clay@ymcabv.org](mailto:jessica.clay@ymcabv.org)

[www.ymcabv.org](http://www.ymcabv.org)

**Ambassador of FUN:** Join one of our Day Camp or After School program sites once a week, or more as an AMBASSADOR OF FUN and you will learn to lead games and help coordinate activities. Play cards, shoot baskets, help with homework, share your yoyo or lego building skills with kids grade K-5. Programs run daily. Youth volunteers ages 16+ unsupervised.

Groups: Yes

**Front Desk Greeter:** Assist front desk staff in making all visitors feel welcome. Scan membership ID's, help with general questions, and pass out towels and locker keys. Shifts are available twice a month, once a week, or more often. Youth volunteers ages 16+ unsupervised.

**Teen Day of Service:** Paint a mural in a preschool, collect canned foods, and sort for a food bank, and more. This varies based on the school calendar - 4 each year. Please visit the website. Youth volunteers ages 12+ unsupervised.

**Garden Apprentice:** Assist in planting, weeding, checking irrigation, harvesting ripe vegetables, observing pest activity, and light maintenance of the YMCA Longmont farm. Youth volunteers ages 15 and younger supervised and 16+ unsupervised.

Court Ordered: Yes

Groups: Yes

**Sports Official/Referee:** Youth sports officials provide leadership, communication, management and instruction during games. You'll complete the coaching and concussion certifications, referee meetings/trainings and games. In addition, youth sports officials will assist in providing an atmosphere of respect, acceptance and caring for each participant and interact positively with children, staff and parents, per the guidance of The Y Way to Play. Youth volunteers age 15+ unsupervised.



**YouthRoots** – Boulder County

*Lauren Czajka*

[303.954.9612](tel:303.954.9612)

[lauren@youthroots.org](mailto:lauren@youthroots.org)

[www.youthroots.org](http://www.youthroots.org)

**YouthBoard Member:** Impact your community in meaningful ways and use philanthropy to tackle issues you care about. You'll learn and practice skills that will empower you to be a strong leader today and tomorrow. This program is completely free and counts for 60 hours of community service. Youth ages 14-18 are invited to apply online by April 15 for next school year.

**YWCA** – Boulder County

*Clare Coughlan*

[303.443.0419](tel:303.443.0419)

[clare@ywcaboulder.org](mailto:clare@ywcaboulder.org)

[ywcaboulder.org](http://ywcaboulder.org)

**Teen Advisory Board Member:** The Teen Advisory Board (TAB) at YWCA Boulder County is comprised of young women ages 13 - 18. The purpose of the group is to provide leadership and teambuilding skills. The TAB does this by planning mission-driven events throughout the year. TAB members will create, plan, and execute three of these events this year. The group also provides the opportunity for TAB members to interact with members of the YWCA board and learn more about social justice issues in the community. Youth volunteers ages 13+