

Welcome

Due to the impact of COVID-19, many people are unable to participate in activities such as volunteering. April is globally known as Earth Month and we invite you to cultivate one



predetermined plant from seed from where you are today. Please reach out for guidance or visit our website www.jerseycares.org/careofthepark.

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In early summer, participants are invited to Essex County Branch Brook Park for a day of connection, celebration, reflection, learning, and of course planting. Thanks for joining Care of the Park and the Seeds of Hope project.

Impact

Plants help filter the air and reduce air pollution. Your direct efforts will promote a healthier ecosystem and increase the quality of life for the people and wildlife that consume the park's natural resources.

Supplies

- Our starter kit includes a peat pot, pre-approved seed packet, and peat pellet.
- Something to upcycle and use as a growing container for the seedling after it reaches 3-inches in size (ex. milk carton or 2-liter plastic bottle).
- Potting mix, compost or garden soil for replanting after signs of growth.
- Scissors and a pen, pencil or marker.



Get Started

1. If you are choosing to do so, decorate your pot first.
2. Insert your peat pellet into a glass and add water for the soil to saturate. It can take the pellets 30 to 60 minutes to fully absorb the water. This is a good time to connect with us on your preferred social media channel. Show us what you've done so far.
3. After the peat pellet is fully saturated, loosen the topsoil gently. Be careful not to tear the exterior of the peat pellet.
4. Plant the 3 to 4 seeds 1/8 inch from the top of the soil but not too deep.
5. Gently place the saturated peat pellet with plant seed into the peat pot provided. Now, it's time to wait. It can take 15-20 days to see initial growth, so be patient. In the meantime, connect with us on social media and share your unique daily nurturing activities.
6. Water whenever the soil in the peat pellet is dry, check daily.
7. Transfer to a larger container when the plant reaches about 3 inches in size.
8. For the excess seeds, take a shot at growing more than one plant buy creating your own do-it-yourself kit! [Click Here & Learn More.](#)



Community Day

When it's time, you will be invited to plant a field of hope in Essex County Branch Brook Park in Newark, NJ to commemorate how we all stayed strong during the coronavirus pandemic.

