



RSVP Retired & Senior Volunteer Program AT PITTSBURGH CARES

Make a difference in your community **TODAY!**

LEAD WITH EXPERIENCE

Pittsburgh Cares' Retired & Senior Volunteer Program (RSVP) is a vibrant and exciting volunteer program for anyone over the age of 55. It is a place for individuals to use the skills and knowledge they have gained throughout their lifetime and careers to make a positive and lasting impact on their communities.

Pittsburgh Cares' RSVP has programming in Allegheny, Beaver, and Butler Counties. There are a variety of volunteer opportunities (both in-person and virtual!) to engage with other like-minded people, participate in social events, and have fun all while giving back!

HELP WHERE IT'S NEEDED MOST

Pittsburgh Cares' RSVP connects you with opportunities through partnerships with nonprofit organizations and offers Pittsburgh Cares-led volunteer experiences in the following focus areas.

Aging in Place: Help older adults maintain their quality of life and get access to important services by providing transportation for seniors, delivering meals, and participating in companionship activities.

Nutrition & Food Support: Meet some of the community's most concrete needs by serving at food pantries/food banks, packaging meals, or volunteering at community gardens.

Days of Service: Participate in service initiatives with RSVP volunteers from all focus areas to give back to the community.

GIVING BACK IS GOOD FOR YOU!

Volunteering not only makes a difference in the lives of others but it's good for you too! Older adults who frequently volunteer lead more active and healthy lifestyles, have a longer lifespan and more positive attitude, develop new friendships, and discover a new sense of purpose.

RSVP VOLUNTEER BENEFITS:

- Social & recognition events
- Transportation reimbursement
- Swag & prizes
- Supplemental liability insurance (while volunteering)
- Learn new skills

ABOUT PITTSBURGH CARES

Pittsburgh Cares is a nonprofit organization based in the city of Pittsburgh, but has a reach that is region-wide. Our mission is to inspire, equip, and mobilize people to take action to affect positive change in our communities. Pittsburgh Cares strengthens the impact of our regional nonprofit partners by effectively engaging individuals, families, youth, seniors and companies in meaningful volunteer service.

In a nutshell, we want to be the friends you come to when you want to do good in the neighborhood. Regardless of your age, availability, or interests, Pittsburgh Cares helps you find a way to give back practically any day of the year.

Testimonials from some of our amazing volunteers:

"The concept is terrific and the volunteers are caring new friends!" - Pat L.

"RSVP (at Pittsburgh Cares) not only cares about those in need but about their volunteers as well." - Janette H.

"I love the camaraderie, giving back, and keeping active and involved with other people like me." - Nancy K.

Contact us to learn more about RSVP!

CALL:
412-471-2114

EMAIL:
rsvp@pittsburghcares.org

www.pittsburghcares.org/rsvp



PITTSBURGH CARES

RETIRED & SENIOR VOLUNTEER PROGRAM

