

## About Pittsburgh Cares

For more than two decades, Pittsburgh Cares has existed to advance and strengthen a culture of volunteerism in the Pittsburgh region and help organizations build capacity through volunteers.

With the firm belief that the collective efforts of volunteers can transform an entire city, Pittsburgh Cares provides opportunities for youth, adults, and businesses to work together to address pressing social needs and create healthier, more vibrant communities.

*"After my retirement, I experienced a huge gap in my life, feeling empty and without purpose. I joined RSVP in early 2017 and the volunteer experience has given me tremendous energy and opened up opportunities to meet exciting people, explore new challenges, and develop lasting relationships."*

*-Bud Scott,  
RSVP Volunteer*



# Join RSVP Today.

Respond to the Call.

**call**

**412.471.2114**

**email**

**[nzappa@pittsburghcares.org](mailto:nzappa@pittsburghcares.org)**

**website**

**[www.pittsburghcares.org](http://www.pittsburghcares.org)**



## Make a Difference in Your Community Today

POWERED BY



# Put Your Experience to Work

RSVP provides opportunities to apply the skills and knowledge you've gained throughout your life to make a positive and lasting impact on your community.

Established in 1973, RSVP is America's largest volunteer network for people 55 and older. As a Pittsburgh Cares program in both Allegheny and Beaver Counties, RSVP offers flexible volunteer opportunities with a wide range of nonprofit partner organizations, allowing you to choose where and how often you volunteer!



## Help Where It's Needed Most

### Environmental Stewardship

Preserve natural beauty and keep our communities and local parks clean by serving environmentally-focused agencies.

### Healthy Futures

Help seniors get the healthcare they need and maintain their quality of life through companionship and meal delivery.

### Education & Youth Mentoring

Make a difference for underprivileged youth by mentoring and building healthy relationships and tutoring.

### Veterans & Military Families

Support veterans and their families through partnering with local VA hospitals and providing companionship.

### Food Security & Hunger

Help meet the most concrete human needs through serving meals at a soup kitchen, fulfilling orders at a food pantry, or helping connect people to critical services.

### Economic Opportunity & Adult Education

Work with adults to complete secondary education requirements, teach financial literacy, and renovate homes.

### Disaster Relief

Join a team of first responders, assemble care packages, volunteer at a shelter, and help transport disaster victims.

### Other Opportunities

Other opportunities are available outside of our main focus areas. Contact us for more information.

Giving back is  
is good for  
you, too



Volunteering not only makes a difference in the lives of others but it's good for you too!

Older adults who frequently volunteer lead more healthy and active lifestyles, have a longer lifespan and more positive attitude, develop new friendships, and discover a new sense of purpose!

### RSVP Volunteer Benefits:

- Social and recognition events
- Educational opportunities
- Transportation stipend
- Pittsburgh Pirates tickets
- Supplemental liability insurance