

## **HOLIDAY GIVING:**

## THE BOSTON CARES BED PROJECT

Children under 18 make up 60 percent of the 13,000 people experiencing family homelessness here in Massachusetts, and many do not have access to their own beds when transitioning from shelters to new residencies. Studies find that children who do not have access to their own bed or sleeping space experience greater challenges in school, issues with lower self-esteem, and underdeveloped social-emotional skills.

This holiday season, you can provide a child with a warm bed of their own through the Boston Cares Bed Project. The Bed Project offers your team a fun, hands on experience building bed frames that will be distributed to nonprofit partners serving homeless and low-income families, and children in foster care. Join us in giving the gift of sleep by hosting a Bed Build for your team!

Participation: \$150/volunteer

Or, contact us about a custom bed build for your team – starting at \$3,000





## How is your team giving back this holiday season?

Combine service and giving with the gift of a quality bedframe, built by your team, for a child in need.

December 5 & 6 9:30am-12:00pm 1:00pm-3:30pm

At IUEC Local 4 in
Dorchester
Parking available
10 Minute walk from
Fields Corner T

## CONTACT:

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