HandsOn Hong Kong
Impact Report 2022

HandsOn
HONG KONG

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LETTER FROM FOUNDER AND EXECUTIVE DIRECTOR

Dear friends,

2022 in Hong Kong is a year that will always be remembered. It's the year COVID-19 peaked in the city, with the fifth wave infecting around 77,000 people a day. It's also the year that two in three of the city's low-income households lost at least one job, widening Hong Kong's wealth gap even further.

And yet, 2022 also brought out the best in the community. Individuals, families, organisations and companies came together to uplift those in need. Friends of HandsOn donated emergency food and medical supplies to local charities, neighbors checked in on each other, dozens of families buddied up with lonely senior, taxi drivers helped ferry COVID-patients to hospital, and so much more.

All of this speaks to what has always been at the heart of our city. A "Lion Rock Spirit" that unites Hongkongers in a shared purpose and drives them to overcome seemingly insurmountable obstacles. It became clear to us in 2022, that the spirit to serve in Hong Kong was stronger than ever. Spaces on the HandsOn calendar were filling as quickly as we could post them and we saw a 300% increase in teens volunteering to support relief efforts.

The HandsOn team–fueled by the strength of the community–continued to show incredible resilience and determination. They worked side-by-side with our non-profit partners to respond to the needs of the day and to prepare for the future.

2022 was also a milestone year for HandsOn, being the year that we turned 15 years old. Empowering volunteers to discover and support under-resourced charities since 2007, and uplifting more than 600,000 vulnerable community members along the way. It was also the year that the HandsOn team bid a fond "farewell" to our Executive Director, Sue. After nearly six wonderful years working with our team, Board, volunteers, nonprofit partners, corporate collaborators and partner foundations, she handed over the leadership reins to Catherine.

Community impact of this scale would not be possible without the incredible support and generosity of each of you. Thank you for being with us on our journey to empower everyone in Hong Kong to volunteer.

Shaun Bernier
Founder & Board Chair

Catherine Tong Dannaoui
Executive Director

EMPOWERING EVERYONE TO VOLUNTEER

CONNECTING, SUPPORTING AND UPLIFTING COMMUNITIES

As a local charity with the mission to empower everyone in Hong Kong to volunteer, HandsOn develops service programs in partnership with the city's under-served non-profits and connects them with the volunteer manpower they need to achieve their mission.

Volunteers deliver food packages to people without jobs; build the confidence and communication skills of children with special needs; show care for lonely elderly; support mistreated domestic workers; show kindness to people experiencing homelessness, and much more. By the end of 2022, our community had grown to more than 30,000 registered volunteers.

Each month, HandsOn runs 200 volunteer activities as a free public service. Every day of the year, HandsOn...

- ☑ **Provides vital behind-the-scenes assistance to other charities.**
- ☑ **Serves as an extension of their teams.**
- ☑ **Enables them to outsource their volunteer management at no cost.**

2022: AT A GLANCE

VOLUNTEERS

32,592
VOLUNTEER HOURS SERVED

6,833
VOLUNTEERS EMPOWERED

IMPACT

84,991
PEOPLE SUPPORTED

13,595
CHILDREN & YOUTH UPLIFTED

2,930
SERVICE PROGRAMS

101
NON-PROFIT PARTNERS

TRANSFORMATION

97%
OF FIRST TIME VOLUNTEERS PLAN TO SERVE IN THE YEAR AHEAD

96%
HAVE A DEEPER UNDERSTANDING OF COMMUNITY NEEDS

84%
FEEL POSITIVE MENTAL & EMOTIONAL WELLBEING

15 YEARS OF BEING "HandsOn"

LOOKING BACK, MOVING FORWARD

2022 marked 15 years of HandsOn Hong Kong empowering volunteers to support the community. Since our beginnings, we've delivered more than 20,000 programs and our volunteers have given 285,000 hours of their time and talent to uplift more than 600,000 people.

In 2022 and in spite of challenges we faced from the ongoing pandemic, we were proud to play a role in helping the community through an unprecedented time. At the start of the year, HandsOn volunteers continued to provide urgent assistance, extending extra support, food, medical supplies and caring phone calls to those most in need. As the city began to rebuild, they doubled down on their efforts to protect the environment as they recycled, upcycled, cleaned beaches, trails and more.

In 2022, the Hong Kong spirit to serve was stronger than ever:

- ☑ **13,000 children and teens empowered across hundreds of HandsOn programs.**
- ☑ **100% of volunteers who joined our 'ReThink Plastic' program are still recycling.**
- ☑ **60% of elderly joining our cross-generation program report feeling less lonely.**

There is so much to be proud of during our 15 years of operations, but one thing that stands out to me is the incredible dedication of our team and all that they did to come together and rally during the pandemic.

At a time when our volunteer activities shut down, when we could've shut our doors, they found a way to really pivot and deliver emergency services and supplies to the community.

Shaun Bernier
Founder & Board Chair
HandsOn Hong Kong

OUR SIGNATURE PROGRAMS

YOUTH EMPOWERED

Generously supported by

ZeShan FOUNDATION

PUTTING HIGH-SCHOOL STUDENTS IN THE DRIVER'S SEAT

The mental and emotional well-being of Hong Kong youth has been in crisis. 1 in 2 secondary students show signs of depression; many of them feeling stressed out due to academic pressure and still dealing with the after-effects of classroom disruptions and social isolation.

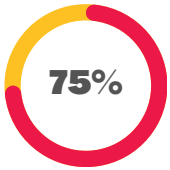
In response to this — and the degree of need within the community — HandsOn developed YOUTH EMPOWERED, an initiative focused on empowering young people to find their purpose in serving the community. The program puts high school students in the driver's seat to learn about Hong Kong's social needs, engage with nonprofit leaders and develop and run service activities that engage hundreds of youth volunteers. From supporting elderly to educating children and refugees, to rescuing discarded food and supporting plastic reduction efforts.

In the 2021-22 school year, we brought together 29 students for a 10-month program of training and mentoring. These Youth Leaders developed and led six service programs enabling more than 1,000 young people aged 13 to 17 to volunteer — supporting and uplifting many more. Heading in to another year, we're seeing the long-lasting benefits and sustained impact. Through our efforts, we're helping to change mindsets and behaviours for the better.

1,221 **YOUTH VOLUNTEER ROLES** serving a range of social needs.

214 **VOLUNTEER ACTIVITIES** developed by youth volunteers.

29 **YOUTH LEADERS** graduated from the program.



YOUTH LEADERS report improved leadership skills.

YOUTH VOLUNTEERS continue to serve community needs.

SHIFTING MINDSETS

We've seen that young people play a crucial role in influencing their peers when it comes to volunteering. In fact, 67% of our teen community continue to volunteer with their friends. And in a city traditionally lacking youth service opportunities, attitudes towards young people as "catalysts for change" are shifting — in a post-program survey, 100% of these NGO Partners felt positive about engaging young people as Volunteer Leaders in the future.

“

I got the chance to meet new people, which was good for me. It expanded my social circle and I felt less lonely. Volunteering kept me mentally stimulated and added depth to my life. It meant quite a bit of work, but it didn’t feel like a weight on my shoulders — it lifted my spirits!

”

Faith Hui
Youth Leader, aged 15

GENERATION CONNECT

SHARING JOY ACROSS GENERATIONS

GENERATION CONNECT empowers Hong Kong's families and elderly to support each other's well-being through a six-month program of phone calls, home visits, days-out and more. Young volunteers and their family members are given hands-on support to play a positive and meaningful role in supporting elderly needs—receiving training, guidance and encouragement by HandsOn and our partners throughout.

Since the program launched, we've brought hundreds of families and elderly participants together, many of whom continue to stay connected and bring friendship, kindness and compassion into each other's lives.

Generously supported by

The Hong Kong Club Foundation Limited

150 **FAMILIES & ELDERLY** paired up in 2022.

60% **FAMILIES** remain in touch with their elderly buddy since taking part.

2/3 **ELDERLY** show improved mental health and increased connectedness.

> Since joining this program, my children have matured and understand how to spread their love to others. They jot down the needs of the Por Por after each call and remind me to buy the hand warmers to keep Por Por warm in Winter.

Kathy Cheng
Generation Connect
Volunteer

“

The siblings are so sweet and thoughtful. When I mentioned I suffered from back pain during their visit, they rushed to me immediately and gently patted on my back. Although they live far away from my place, they're still willing to spend the long commuting time to visit me every month. I'm so touched to have this supportive family as my buddy.

”

Hang Yuen Liu
Por Por (婆婆)

RETHINK PLASTIC

Generously supported by

RETHINK

RETHINKING OUR EVERYDAY ACTIONS

Calls to reduce, re-use and recycle in Hong Kong have never been stronger. At the start of 2022, it was estimated that over 100 million pieces of plastic items had been used and disposed of by 'hotel quarantine' guests alone. It has been predicted that by 2030, Hong Kong will be sending 4.2 billion single-use takeaway containers to landfill every year.

Responding to the concerns of the community, HandsOn launched 'ReThink Plastic' in 2022 — a collaboration with V Cycle that empowers volunteers to collect, sort and recycle the city's used and unwanted plastic. Volunteers connect with and learn from elderly former "cardboard collectors" who have been given meaningful, dignified work through the initiative, and gain hands-on experience in sorting and recycling plastic. We find this intergenerational exchange of knowledge and ideas helps to create a more inclusive and empowered community.

Recycling has also become a weekly habit for hundreds of volunteers who take part in the 'D-I-Y' element of this program, recycling waste at local facilities in exchange for "volunteer hours" and rewards. Thanks to these sustainability champions more than 3,000kg worth of recyclables have been saved from reaching Hong Kong landfills in 2022 — and that's just the start.

Volunteers who joined the program reported positive changes in their motivations, attitudes and behaviour:

100% **ARE STILL RECYCLING** since joining the program.

97% **HAVE INCREASED KNOWLEDGE** of how to recycle properly.

90% **FEEL SATISFIED** after recycling.

74% **FEEL "RECYCLING GUILT"** if/when they do not recycle.

What's powerful is "changing a culture", providing pathways and empowering others to take the lead, which is what I believe HandsOn is working towards.

HandsOn Partner

In an anonymous survey, HandsOn charity partners share their thoughts on collaborating throughout our Signature Programs.

SERVE-A-THON HONG KONG

AN "ALL HANDS-ON WEEK"

In a city where many are eager to serve but don't know how, Serve-a-thon was launched in 2017 to help people start their volunteer journey. This "all-hands-on" community service week brings together the city's vibrant sectors, shining a spotlight on frontline charities and those they serve. The sixth edition of Serve-a-thon returned in June 2022 with renewed energy — 1,496 individuals, families, schools, and businesses came together to give their time at 147 volunteer programs.

35,000 **PEOPLE SUPPORTED** during nine days of community action.

35 **FRONTLINE CHARITIES** provided with volunteer support.

The business community in Hong Kong played a crucial role in making Serve-a-thon 2022 possible, with more than 30 companies lending their support. Our two Community Champions, Johnson & Johnson and Marriott Bonvoy, were at the forefront of the initiative, providing invaluable support to fuel our programs during Serve-a-thon and year-round.

Most of these companies put forward Serve-a-thon volunteer teams, with each person showing they care by providing social connection or physical relief assistance—or both. These volunteers spent time providing food assistance, delivering care packages, planting crops to promote bio-diversity, and more.

1,496 **VOLUNTEERS** donated their time & talent.

34 **COMMUNITY-MINDED COMPANIES** supported the city in a time of need.

2022 SERVE-A-THON PARTNERS

COMMUNITY CHAMPIONS

Johnson & Johnson
MARRIOTT BONVOY
香港01
South China Morning Post
Sandpiper

COMMUNITY SUPPORTERS

A&M Alvarez & Marsal
ALLEN & OVERY
AMERICAN EAGLE
ANZ
國泰世華銀行 Cathay United Bank
Colliers
DBS Live more, Bank less
DFS
GIBSON DUNN
HERBERT SMITH FREEHILLS
Hogan Lovells
JLL
J.P.Morgan
KPMG
Li & Fung Foundation
MAPLES GROUP
MTR
南豐物業管理 NAN FUNG PROPERTY MANAGEMENT
NU SKIN FORCE FOR GOOD
PVH
pwc
RETHINK SUSTAINABLE BUSINESS FORUM & SOLUTIONS EXPO
ROBERT WALTERS
Schneider Electric 施耐德電氣
Schroders 施羅德投資
WeLend A member of WeLab
wtw
xgd MEDIA
ZURICH 蘇黎世

NON-PROFIT PARTNERS

ark eden

breadline by HKFoodWorks

Clean Up Hong Kong Trash

Crossroads Foundation 國際十字路會

ole

基督教香港信義會社會服務部 Evangelical Lutheran Church Social Service - Hong Kong

樂餉社 Feeding Hong Kong

FOOD ANGEL 惜食堂 by Bo Charity Foundation

滿櫃膳糧 Gift N Take

社康

南地球 Greeners South

仁人家園 Habitat for Humanity Hong Kong

香港路德會社會服務處 Hong Kong Lutheran Social Service, LC-HKS

HELP FOR DOMESTIC WORKERS 家傭匡扶中心

香港婦女基金會

CHEER 融匯

HONG KONG CHRISTIAN SERVICE serve for all excel in all

香港聾人福利促進會 The Hong Kong Society for the Deaf

同路舍 IMPACT HK

InspiringHK Sports Foundation

LO2VE

LSTHS

LoveXpress FOUNDATION

PLASTIC FREE SEAS 無塑海洋

REDRESS

R·U·N

SOAP CYCLING 再皂福

THE HUB 香港樂園行 Happy Space for Young Minds

香港心理衛生會 The Mental Health Association of Hong Kong

城市睦福團契 The Urban Peacemaker Evangelistic Fellowship Ltd.

楊震 YMMSS

OUR VOLUNTEERS

OUR VOLUNTEERS in 2022

Each year HandsOn recruits, manages and mobilises thousands of volunteers to support the frontline efforts of our non-profit partners. In 2022, we recruited 6,833 volunteers, contributing 32,592 hours of care and support across the city. Through our work this year, we've seen that repeat volunteering is on the rise (up from 35% pre-covid to 41% in 2022); 96% of volunteers are motivated to continue after serving just once; and the longer-lasting benefits of volunteering are growing as increased motivation, changed behaviours, and positive effects ripple out to individuals, the wider community and beyond.

IN OUR ANNUAL SURVEY, HANDSON VOLUNTEERS SAID:

I was driven to serve this year to...

- **86%** Support community needs.
- **68%** Put my time and skills to good use.
- **62%** Learn more about local social needs.

Volunteering helps me to...

- **87%** Feel grounded in the moment.
- **80%** Switch off from the pressures and stresses of daily life.
- **64%** Sleep better at night.

Being able to help others gives me so much joy and satisfaction. It gives me the meaning of life and reminds of my abilities to make a difference, no matter how small.

HandsOn Volunteer

In an anonymous survey, HandsOn volunteers share their thoughts on serving the community in 2022.

OUR VOLUNTEER LEADERS

Our Volunteer Leaders are instrumental to the running of our year-round calendar of service activities. Typically, they commit to manage a specific program for a minimum of three months, but many of these individuals have worked with us for years. These Volunteer Leaders manage their service programs by coordinating pre-event reminders, taking attendance, conducting onsite briefings and providing post-program outcomes and feedback to our team.

Our Volunteer Leaders' contribution to HandsOn Hong Kong—and the charities and those they serve—is invaluable to our work. Thank you to our 2022 change-makers for being an essential part of the HandsOn community!

Our work was supported by 65 dedicated Volunteer Leaders in 2022:

Ada Fan
Allan Song
Anna Au
Anna Zhan
Brian Kwok
Brian Wong
Carmen Che
Carmen Lai
Chani Kim
Chia Chu
Claire Yu
Cynthia Lai
Daisy Chong
Davina Soo
Edith Chiu
Eric Der Alexanian
Esther Lau
Eva Kwok
Evelyn Mak
Gina Lee
Graeme Garnsey
Hilda Ng
Hiu Lam Christy Chow
Hui Wai Ming
Jaehyeong Jang
Janet Cheung
Jasper Hau
Jessmin Tay
Jolie Chui
John Ko
Jonathan Cheng
Joseph Lam
Joyce Lee
Ka Yee Sharon Fung
Koey Shek
Lai Ting Chang
Latisha Au
Laurie Poon
Lawrence Tsang
Lilia Ranas
Lina Lam
Lok Tung Ng
Mandy Cheung
Matt Lee
Meg Fung
Mira Chan
Neal Sarwal
Nicole Lau
Nikita Fong
Olivier Hui
Philip Yue
Phoebe Wong
Pia Warburton
Renee Cheung
Richard Payne
Sanday Chongo Kabange
Sharon Lai
Stephanie Leung
Sunny Li
Sylvia Wong
Wilson Ma
Wincy Wang
Winefred Kwan
Yasmin Chafra
Yvonne Li

OUR YOUTH VOLUNTEER LEADERS

In addition to the 65 dedicated Volunteer Leaders who supported our work in 2022, HandsOn also worked with a Student Advisory Council of 29 young leaders representing a cross-section of Hong Kong schools. As part of our YOUTH EMPOWERED program, they developed six new service programs that ran through the 2021-22 school year—each one addressing issues important to youth and ideal for student volunteers.

These programs, led by the Youth Volunteer Leaders who created them, supported vulnerable groups such as isolated elderly and low-income families, and provided hundreds of meaningful volunteer opportunities. You can read more about their work on page 11.

Our work was supported by 29 dedicated Youth Volunteer Leaders in 2022:

Anita Qian
Arneet Kaur Arora
Aviva Wang
Bryan Wong Ho Long
Chester Leung
Chloe Yoo
Ellie Yoon Suh Kim
Ethan Chu
Faith Hui Sum Yu
Jade Chen
Jing Li
Kaitlyn Fong
Katelyn Au Yeung
Keira Choy
Kwan Zen
Labiba Samrin Monami
Lorraine Ng
Lucas Jung
Luca Picazo
Maki Flauta, Maria Katrina Llenos
Natalie Leung Nga Ching
Padmini Thirumalai Ananthanpillai
Ricca Yip Wing Yee
Ryan MAO Yuri
Sahana Ganesh Iyer
Sohana Mulchand
Tanya Wan
Yoyo Pang
Zahabiyah Boty

Our weekly learning support group is run by a fantastic group of volunteers. HandsOn helps us to recruit passionate volunteers who are interested in serving children with hearing impairments—and who want to give back to the community. Volunteers get involved in homework and study support, languages, English tutoring, and more. Along the way, our services have got so much stronger with their support.

Terry Poon
Social Worker
The Hong Kong Society for the Deaf

OUR NON-PROFIT PARTNERS

OUR WORK WITH NON-PROFIT PARTNERS

Over half of Hong Kong's frontline charities have faced reduced funding in recent years—operating with less staff and fewer resources. Yet, every day they continue to serve as a life-line for the city's most vulnerable groups.

In 2022 HandsOn provided vital support to more than 100 local charities, serving as an extension of their teams and enabling them to outsource a portion—or even all—of their volunteer management.

We did this by:

- ☑ **Providing program consultancy.**
- ☑ **Promoting service opportunities, mobilising and managing volunteers.**
- ☑ **Guiding partners in adapting their programs to evolving needs.**
- ☑ **Securing joint program funding.**

STRENGTHENING OUR SERVICE TO NON-PROFIT PARTNERS

We work in close collaboration with our charity partners every day, to continually respond to the needs of the community and determine how and where volunteer support can be directed.

HandsOn volunteers took up a variety of roles, with 2022 being a year we deepened our impact and involved our community in more meaningful ways. Some of our volunteers filled more challenging roles, addressing issues requiring specialised skills and expertise. Others lent their time and talent to longer-term projects making a lasting impact on the community.

32,592 PEOPLE SUPPORTED

2,930 SERVICE PROGRAMS

101 NON-PROFIT PARTNERS

The "fifth wave" of the COVID-19 pandemic meant that supplies were in short supply. Hands On reached out to us straight away. They quickly helped us to recruit a group of good people. Volunteers helped us to collect and deliver supplies to the local community – masks, alcohol hand sanitizer, food items, and more – allowing us to help isolated older people and low-income families in our community.

Winky Lam
Social Worker, Harmony Garden Lutheran Centre for the Elderly

OUR NON-PROFIT PARTNERS in 2022

ark eden
ARTS FOR GOOD FOUNDATION
Books & Beyond Reading Club
Foodlink Replacing hunger with a smile 膳心連
BRING ME A BOOK™ HONG KONG 書伴我行(香港)基金會
BRING ME HOME
charitable choice
基督教家庭服務中心 Christian Family Service Centre
Children's medical foundation 兒童醫健基金會
基督教勵行會 Christian Action
clean up
CNTEC
Crossroads Foundation 國際十字路會
DADS NETWORK 網絡
DEAR HONG KONG
ole
基督教香港信義會社會服務部 Evangelical Lutheran Church Social Service - Hong Kong
道聖 HOLY WORD SCHOOL
FAIR TRADE HONG KONG 香港公平貿易聯盟
樂餉社 Feeding Hong Kong
FOCUS
FOOD ANGEL 惜食堂 by Bo Charity Foundation
食德好 FOOD GRACE
循理會 社會服務 FMC SOCIAL SERVICE
GAY GAMES 11 HONG KONG 2022 UNITY IN DIVERSITY
滿櫃膳糧 Gift N Take
銀杏館 Ginkgo House
GREEN HOUR 綠色時刻
南地球 Greeners South
仁人家園 Habitat for Humanity Hong Kong
香港路德會社會服務處 Hong Kong Lutheran Social Service, LC-HKS
勵絃 founded in 1999
HELP FOR DOMESTIC WORKERS 家傭匡扶中心
HeroesToo
HONG KONG CHRISTIAN SERVICE care for all excel in all
HONG KONG DIGNITY INSTITUTE 香港守護尊嚴中心
Sense 感情特教
香港遊樂場協會 HONG KONG PLAYGROUND ASSOCIATION
HK SHARK FOUNDATION 香港鯊魚會
香港聾人福利促進會 The Hong Kong Society for the Deaf
香港婦女基金會
International Social Service HONG KONG BRANCH
HOPE Support Service Centre for Ethnic Minorities Harnessing Opportunities and Potentials for Ethnic Minorities
同路舍 IMPACT HK
IMUS
Inspiringgirls
InspiringHK Sports Foundation

*When working with multiple centres across districts, we have included the parent organisation logo to represent the entire group.

LIST OF OUR NON-PROFIT PARTNERS in 2022

- Alliance of Ex-mentally Ill of Hong Kong
- Ark Eden
- Arts for Good Foundation
- Books & Beyond Reading Club
- Breadline x Foodlink Foundation
- Bring Me A Book Hong Kong
- Bring Me Home Limited
- CantoGather Education Limited
- Christian Family Service Centre
- Children's Medical Foundation
- Christian Action Centre for Refugees
- Clean Up Hong Kong Trails
- CNEC Grace Light Neighborhood Elderly Centre
- Crossroads Foundation
- DADs Network
- Dear Hong Kong
- Dialogue in the Dark (HK) Foundation
- ELCHK Communion Lutheran Elderly Health Centre
- Evangelize China Fellowship Holy Word School
- Fair Trade Hong Kong Foundation
- Feeding Hong Kong
- Focus
- Food Angel by Bo Charity Foundation
- Food Grace
- Free Methodist Church Wong Tai Sin IVY Club (Chuk Yuen)
- Gay Games 2022, Hong Kong
- GiftnTake
- Gingko House
- Free Methodist Church Wong Tai Sin IVY Club (Chuk Yuen)
- Green Hour Foundation
- Greeners South
- Habitat for Humanity Hong Kong
- Harmony Garden Lutheran Centre for the Elderly
- Healing Musical Club
- HELP for Domestic Workers
- HeroesToo
- HKLSS Martha Boss Lutheran Community Centre
- Hong Kong Christian Service Un Chau Neighbourhood Elderly Centre
- Hong Kong Christian Service: Centre for Harmony and Enhancement of Ethnic Minority Residents
- Hong Kong Dignity Institute
- Hong Kong Playground Association
- Hong Kong Red Cross John F. Kennedy Centre
- HK Shark Foundation
- Hong Kong Society for the Deaf
- Hong Kong Women Foundation Ho Kwok Pui Chun Neighbourhood Elderly Centre
- HOPE Support Service Center for Ethnic Minorities
- ImpactHK
- iMus Academy
- Inspiring Girls
- InspiringHK Sports Foundation

- Justice Centre Hong Kong
- Kids4Kids
- Li Sing Tai Hang School
- Link Centre - Hong Kong Community Network
- Lok Kwan Social Service
- LOVE 21 Foundation
- LoveXpress Foundation Limited
- Maison De Charlotte Pour Des Chats Et Des Chiens Sarl
- Mighty Oaks Foundation
- Mind HK
- Multi-disciplinary Outreaching Support Teams for the Elderly (M.O.S.T.E)
- OCD & Anxiety Hong Kong
- OneSky Foundation
- PathFinders
- People Service Centre
- Plastic Free Seas
- Po Leung Kuk Anita L. L. Chan (Centenary) School
- Points of Light
- Pok Oi Hospital Mr. Kwok Hing Kwan Neighbourhood Elderly Centre
- Project Future Association Limited
- Redress
- Refugee Union
- Run Hong Kong
- S.O.A.R. Education Foundation
- SAHK
- Sensational Foundation Limited
- Soap Cycling
- T.K.D.S. Fong Shu Chuen School
- Taikoo Primary Schookl
- Teach For Hong Kong
- Teen's Key Service Hub
- The Hub Hong Kong Children and Youth Centre
- The Mental Health Association of Hong Kong
- The Mental Health Association of Hong Kong Jockey Club Amity Place (Kwun Tong North)
- The Mental Health Association of Hong Kong Jockey Club Amity Place (Kwun Tong Central)
- The Nature Conservancy
- The Neighbourhood Advice-Action Council Sham Shui Po District Elderly Community Centre
- The Urban Peacemaker Evangelistic Fellowship
- Tutors 4 Ukraine
- United Christian Nethersole Community Health Service, Good Neighbour Network (Tai Po)
- United Christian Nethersole Community Health Service, Good Neighbour Network (Sau Mau Ping)
- United Christian Nethersole Community Health Service, Good Neighbour Network (Tin Shui Wai)
- Unity One Charitable Association
- Yang Memorial Methodist Social Service, Choi Hung Community Centre for Senior Citizens
- Y-LOT Foundation
- Yau On Lutheran Centre for the Elderly
- Youth With A Mission

Running a charity is hard. It's a real grind, and you need all the help you can get. HandsOn Hong Kong has been an amazing partner of ours. Every single day we get help from this incredible organisation. Their caring staff help us out not just in relieving us of volunteer management and recruiting volunteers—but also in mobilising compassionate people who are prioritising care for the less fortunate in the city.

Jeff Rotmeyer
Founder and CEO,
ImpactHK and Love21 Foundation

OUR CORPORATE PARTNERS

CORPORATE ENGAGEMENT in 2022

Many of our corporate partners choose to engage employees in social impact programs that demonstrate their values, align with their Corporate Social Responsibility (CSR) goals or Environmental, Social, and Governance (ESG) practices, and contribute to a sustainable future. By partnering with HandsOn, companies can create volunteering programs that engage employees and help them find meaning beyond their work—whilst supporting the needs of Hong Kong's non-profits.

The HandsOn team ran 128 corporate service programs in 2022, developing service activities that meet the needs of our 100+ non-profit partners focusing on efforts such alleviating poverty, educating children, assisting the elderly, empowering people with disabilities, helping low income families and people experiencing homelessness, supporting animal welfare, environmental conservation and more.

- ☑ **3,109 volunteers providing hands-on assistance to frontline charities.**
- ☑ **7,224 hours toward care and support across the city.**
- ☑ **128 service programs – customised to the needs of the community.**

CORPORATE SERVICE MOMENTS

BUILDING A DREAM AS PART OF L'ORÉAL CITIZEN DAY

Having a positive impact and supporting disadvantaged communities is a source of pride for L'Oréal employees across the world. Here in Hong Kong, over a hundred volunteers came together for the company's annual Citizen Day, a program of activities dedicated to uplifting local communities.

Volunteers supported three frontline charities by creating art with young people with intellectual disabilities, playing sports with students from ethnic minority families and assembling bikes to be donated to under-resourced children. Close to 150 volunteers dedicated more than 400 hours to these projects, in a partnership that truly shares a common goal of creating a more inclusive and connected Hong Kong.

L'Oréal Hong Kong fostering a culture of giving.

FOSTERING CONNECTION THROUGH VIRTUAL VOLUNTEERING

Many of our corporate partners continued to embrace “virtual” volunteering as they adjusted to the changing landscapes in pursuit of the causes they care about. Our long-term partner S&P Global marked the Mid-Autumn Festival by celebrating inclusiveness and all that the special day brings. In a heartwarming display of community spirit, volunteers connected online with ethnic minority families and hand-crafted 50 Chinese lanterns from recycled materials.

Many teams continued to rely on online communication and collaboration throughout 2022, as they worked remotely or in a hybrid manner.

The program gave children a chance to improve their language skills and grow their confidence in a fun, relaxed, and creative environment—and made a positive impact on the volunteers too, who were left with feelings of joy, purpose and connectedness.

A delighted recipient of handmade gifts from volunteers.

For the past three years, S&P Global has partnered with HandsOn Hong Kong as part of our commitment to help build inclusive, sustainable communities. Together, we have been able to contribute over 300 hours of volunteer services to have an impact on local farmland rehabilitation and coastal restoration efforts, as well as extending support and care for Hong Kong's most vulnerable groups. Working together with shared goals and being able to lean on HandsOn's expertise was key in empowering our colleagues to put ideas into action and create meaningful change.

Stephanie Wong
Associate Director, Client Services
S&P Global

CLEARING THE PATH TO A MORE SUSTAINABLE FUTURE

Programs contributing to a more sustainable city grew in 2022 as companies chose volunteering to compliment their ESG goals. From beach clean-ups and eco-farming to reducing plastic waste, programs protecting and preserving the planet grew by 50%.

Thirty Allianz Partners volunteers came together to clear a less-maintained beach, removing trash, micro-plastics and other debris from our precious shoreline. The program empowered volunteers to re-think their daily choices —and create lasting change by reducing waste and taking a more sustainable approach to living.

OUR CORPORATE PARTNERS in 2022

AIA HEALTHIER, LONGER, BETTER LIVES

AON

ARNHOLD since 1866

Allianz Partners

AMERICAN EXPRESS

Bloomberg

CIMB

CITADEL

CREDIT SUISSE

CVC

EDRINGTON

ESTĒE LAUDER COMPANIES

EUROMONEY

FitchRatings

置地公司 Hongkong Land

Johnson & Johnson

L'ORÉAL HONG KONG

lead8

MAYER | BROWN 好士打

NEUBERGER | BERMAN

OKG

ONE OCEAN NETWORK EXPRESS

Pernod Ricard

PHILIP MORRIS INTERNATIONAL

PVH

RPC

S&P Global

Schroders 施羅德投資

SIEMENS

STATE STREET

TELSTRA FOUNDATION

THE BEES

UBP

VACHERON CONSTANTIN GENÈVE

WELLS FARGO

ZURICH

OUR TEAM AND ACKNOWLEDGEMENTS

OUR TEAM

Alvis Wong
Program Manager

Bianca Lee
Senior Program Officer

Bixian Lin
Senior Program Manager

Bonnie Ho
Office Manager

Brian Lee
Senior Digital Executive

Catherine Tong Dannaoui
Deputy Executive Director
(Executive Director from August)

Fiona Barker (from June)
Communications Director

Lisa Lam
Head of Corporate Programs
& Development

Matthew Chiang (from June)
Assistant Program Manager

Monique Yau (until March)
Assistant Manager, Events & Program

Sophy Lai (until August)
Program Director

Sue Toomey (until August)
Executive Director

Vicky Ting (from August)
Program Administrator (Part time)

Wing Yi Lee
Senior Program Officer

Yung Wai Ling
Accountant (Part time)

OUR BOARD OF DIRECTORS

Shaun Bernier
Founder & Board of Directors Chair

Ann Chu
Board of Directors Vice Chair

Allan Song

Amy Fung

Clinton Yang (until May)

Dan Guo (from November)

Nancy Hong

Rebecca Hong

Vincent Ng (from November)

SPECIAL THANKS

We would like to express our gratitude to the following individuals, foundations and organisations who have generously supported HandsOn Hong Kong through donations, grants and the provision of pro bono services in 2022.

Affordable Art Fair HK
Allan Zeman
Allan Song
Alliance Bernstein
Alison Tsoi
Amy Fung
Amy Lo
Amy Ng
Andrew Yao
Ann Chu
Arina Campbell-Pitt
Bank of America
Bloomberg L.P.
Bonnie Chan
Bryan Lu Hing Yiu
Carlson Tong
Chatjaval Sheilah
Cheung Cheuk Wai
Chow Mee Keow
Chow Yien Wai
Chris Krishnan
Christine KW Kan
Christine Choy
Christopher Wohlert
Clinton Yang
Corrinne Teo
CTgoodjobs
Dan Guo
Davina Au
David Cheng
Diana Cesar
Dickson Lee
DFS Group
Edelman
Edrington HK Limited
Elizabeth Wong
Equal Opportunity Foundation
Faith Hui
Fidelity International
Frank Hung
Fred Lam
Frederick Ma Si Hang
Gerald Siu
Gillian Meller
Goldman Sachs Group
Harrow International School, HK
Harry & Indra Banga
Heather Corringham

Hogan Lovells
Hong Kong Health Food Association
Ip Big Yen Rebecca
Jack H.W. NG CPA Limited
James Man
James Schulz
Jayla Kan
Jennifer Lau
Julian Bongrain
Julian Lee Pui Hang
Johnson & Johnson (Hong Kong) Limited
Kang Tzu Ping
Kao Ching Chi S
Katherine Tsang King Suen
Katrina Lau
Kendy Suen
Koh Yue Yiu
Kwok Kwai King
Lau Ming Fai
Lau Wing Chi
Lee Wai Yee Yvonne
Leo Zhang
Leung Chun Ho
Leung Chi Kit
Dr. Leung Tim Tsz Chiu
Li Shuk Yin Edwina
Lincoln Lin
Mayur Nallamala
Minako Hachiya
Minal Mahtani
Miron Lila
Nancy Hong
Neil Frank Shastry
Ng Bik Kay
Nicholas Bloom
Nitin Nihalani
Pacific Basin Shipping (HK) Ltd.
Pansy Ho
Paul Lau
Paul Malam
Paul Tse
Paul Young
Pernod Ricard Hong Kong
PwC Foundation
Raaj J Shah
Rafael Manalac
Rahul Prakash
Rebecca Hong
ReThink HK
Richards Basmajian

Dr. Ronald Lu
Rosamond Annis Brown
Ruby Lee
Ruth Palmer
R Wong Leung Ching
Sandpiper
Seraphia (HK) Co. Ltd.
Sharon Fung
Shaun Ting
Shaun Bernier
South China Morning Post
Schroders Investment Management (Hong Kong) Limited
Stella Wong
Stephanie Wong
St. James Settlement
Sue Toomey
Susanna Ng
TA Associates Asia Pacific Ltd.
Tam Siu Ping
Tanya Leung Yan Jun
The Hong Kong Council of Social Service
The Hong Kong Club Foundation
The Hong Kong Jockey Club Charities Trust
The Neuberger Berman Foundation
The Starbucks Foundation
Telent Enterprise Ltd.
Terence Chow
Terence Keyes
Teresa Cheung Yuk Lin
Timothy Keith Pogson
Tricor Hong Kong
Vincent Ng Wing Chung
Wendy Song
Wong Hong Shan
ZeShan Foundation

HandsOn Hong Kong is delighted to be affiliated with these partner organisations and networks.

PROUD AFFILIATE POINTS OF LIGHT GLOBAL NETWORK

HKCSS 社聯 機構會員 AGENCY MEMBER

THE GLOBAL COMPACT WE SUPPORT

OUR FINANCIALS

OUR 2022 FINANCIALS

HandsOn Hong Kong is an entirely self-funded organisation. We provide our year-round calendar of activities as a free public service. Our work is made possible through the fees that we charge for our corporate engagement, fundraising events and the grants and donations we receive from individuals, corporates and foundations.

This income and expenditure account (HK$) is for the period of 1st January to 31st December 2022*. This summary is based on audited financial statements, which are available upon request.

Income	HK$
Donations	2,998,720
Grants	1,821,426
Funds raised	1,621,858
Corporate sponsorship	2,889,430
Sundry income^	256,000
Interest income	5,511
Exchange gain	67
Total income	**9,593,012**

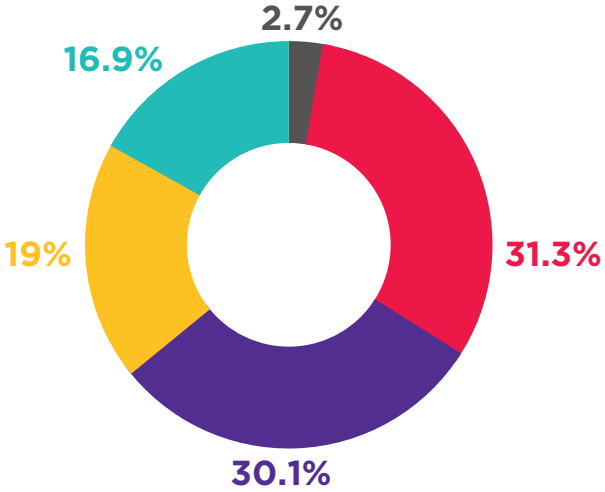
Expenditure	
Adminstrative expenditure	
Audit fee	10,000
Bank charges	7,387
Dues and subscriptions	17,604
Entertainment	18,534
Insurance	10,858
Legal and professional fees	1,306
MPF contribution	19,271
Office expenses	39,128
Other general office expenses	94,385
Rent	28,060
Salaries and wages	567,917
Shipping and delivery	113
Staff training	89,095
Stationery and printing	147
Traveling	883
Utilities	2,807
Total administration expenditure	**907,495**

	HK$
Program expenditure	
Insurance	131,843
MPF contribution	130,334
Other programme costs	3,232,833
Rent	340,740
Salaries and wages	3,229,057
Shipping and delivery	1,375
Stationery and printing	1,779
Traveling	10,729
Utilities	34,094
Total program expenditure	**7,112,784**
Fundraising expenditure	
Insurance	12,409
Marketing	106,744
MPF contribution	19,049
Other fundraising costs	202,986
Rent	32,070
Salaries and wages	759,256
Shipping and delivery	129
Stationery and printing	167
Traveling	1,010
Utilities	3,209
Total fundraising expenditure	**1,137,029**
Total expenditure	**9,157,308**

*Salary, rent, utilities and travel are apportioned in this financial statement.
^HKSAR Government "2022 Employment Support Scheme"

FINANCIAL OVERVIEW 2022

INCOME*

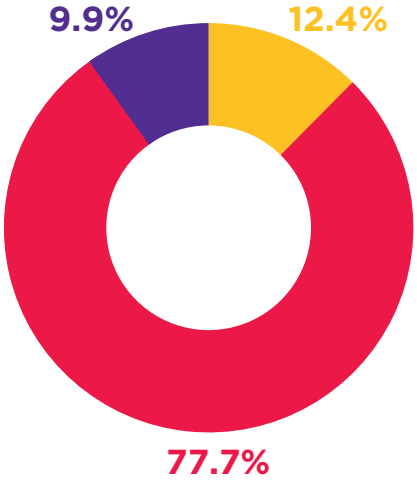


Total income from:

- Donations: HK$2,998,720
- Corporate sponsorship: HK$2,889,430
- Grants: HK$1,821,426
- Funds raised: HK$1,621,858
- Sundry income^: HK$256,000

TOTAL INCOME: HK$9,587,434

EXPENDITURE



Total expenditure on:

- Programs: HK$7,112,784
- Fundraising: HK$1,137,029
- Administration: HK$907,495

TOTAL EXPENDITURE: HK$9,157,308

*For the purpose of this pie chart, "interest income" of HK$5,511 and "exchange gain" of HK$67 have not been included.
^HKSAR Government "2022 Employment Support Scheme"

OUR JOURNEY EMPOWERING EVERYONE TO VOLUNTEER

2007

- HandsOn Hong Kong established.
- First volunteer activity held.
- Received charity status under the name "HandsOn China".

2008

- HandsOn website launched.
- First corporate volunteer activity organised.

2009

- Advisory Board established.

2010

- Held gala dinner raising funds to hire first full-time staff member.
- Reached 1,000 registered volunteers.

2012

- Changed registered charity name to "HandsOn Hong Kong Ltd."

2013

- Reached 5,000 registered volunteers.

2014

- Grew to 7 full-time team members.
- Received HK$1 million grant from Operation Santa Claus to develop a social enterprise.

2015

- Became member of the UN Global Compact and Hong Kong Council of Social Service.

2022

- Celebrated our 15-year anniversary.
- Grew to 10 full-time team members.
- Launched signature program: RETHINK PLASTIC.

2021

- Reached 30,000 registered volunteers
- Launched 3 signature programs:
  - CARE DELIVERED
  - GENERATION CONNECT
  - YOUTH EMPOWERED

2020

- Over 2,000 COVID-19 relief programs run
- More than 55,000 people supported.

2019

- Reached 20,000 registered volunteers.
- Over 80,000 people supported.

2018

- Reached 25,000 registered volunteers.
- Over 35,000 community service programs run.

2017

- Over 45,000 people supported.
- Launched Serve-a-thon, Hong Kong's first-ever community service week.

2016

- Reached 15,000 registered volunteers.

Partners

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Charity registration number - 91/12390