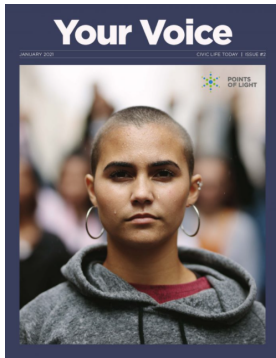


Civic Circle Discussion Series: *Your Voice*



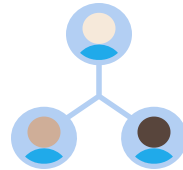
The **Civic Circle Cohort** had another great discussion about using our voices to affect positive change. Even the most non-confrontational among us have their hot-buttons where they feel they must say *something*...but how, and when?

Take heart! Using your voice can be hard and uncomfortable, but there's evidence that even a few make a difference! The group was very encouraged to find in the magazine that, "*research has shown that if just 3.5 percent of the population is actively engaged on a particular issue, change almost certainly follows.*"

Here are some of the **strategies** or **personal commitments** our group made to help us use our voices more:



Find Common Ground



Get to Know Your Community

Physically show up to support the local causes you support.



Stick with a Cause, Despite the Challenges!



Write kind, respectful notes of something you wish you'd said in lovely stationary to someone who needs to hear it.



Embrace silence.
Listen more.



Coalitions help! You don't need to say it alone!



Take Up Space!



Be informed, but don't let gathering information lull you into inaction.

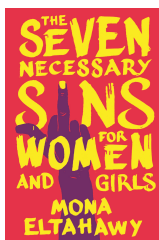
Our actions need to reflect our words



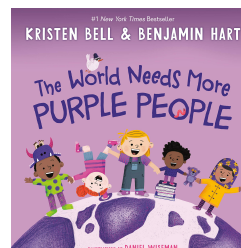
Model what we say and how we say it for our children - and anyone else paying attention

Prepare your child for the road, not the road for your child. Teach them how to use their voices too!

Additional Resources:



The 7 Necessary Sins for Women & Girls
By Mona Eltahawy



The World Needs More Purple People
By Kristen Bell and Benjamin Hart