

VOLUNTEER DELAWARE 50+

New Castle County Edition

Hello, May!

Volunteer Delaware 50+ is a statewide program offered through the State

Office of Volunteerism within the Division of State Service Centers.

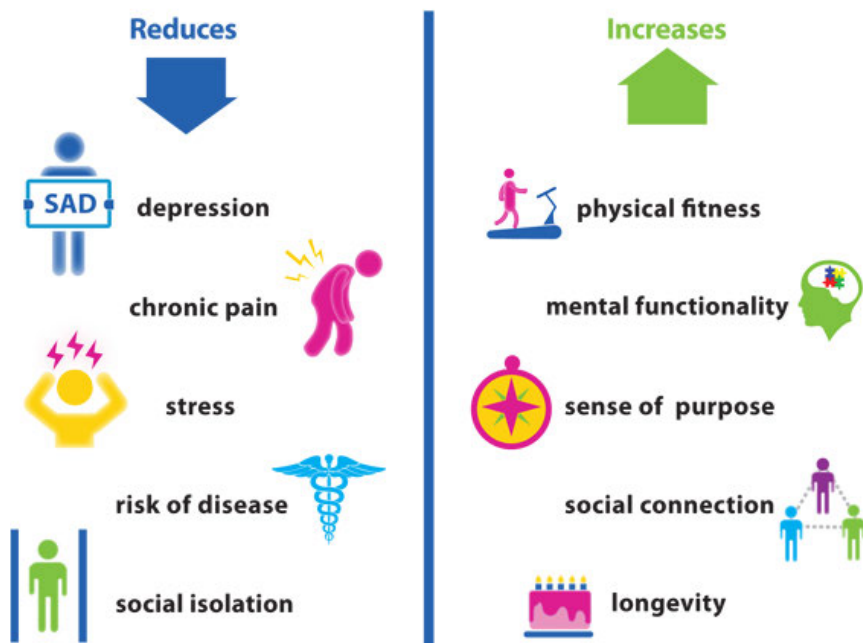
The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of Volunteers.

ENROLL TODAY!

COMMUNITY RESOURCES & OPPORTUNITIES

Volunteer.Delaware.gov/Volunteer-Delaware50

Volunteering improves your mental health!



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Community Resources
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New Castle County Community Partners

A Matter of Balance 302-255-9101	DE Museum of Natural History 302-658-9111X 324	Special Olympics Delaware 302-831-4653
Alzheimer's Association 215-561-2919	DE Senior Medicare Patrol 302-255-9510	St. Anthony's Community Center 302-421-3721
American Cancer Society 1-800-227-2345	Delaware Theatre Company 302-594-1100	City Fare Meals on Wheels 302-421-3734
American Red Cross of Delmarva 302-656-6620	Easterseals Delaware 302-324-4444	St. Anthony's Senior Center 302-421-3735
Bags2Mats 302-255-9746	Family Promise of Northern NCC 302-998-2222	Stockings for Soldiers Delaware Inc. info@StockingsForSoldiers.org
Big Brothers Big Sisters of Delaware 302-998-3577 ext 105	Food Bank of Delaware 302-292-1305 ext 254	The Ministry of Caring Emmanuel Dining Room E/S/W 302-652-3228
Blood Bank of Delmarva 302-737-8405	Forget Me Not Families 302-416-2897	Thomas Edison Charter School
Brandywine Valley SPCA 302-858-4202	Grand Opera House 302-658-7897	Tri-State Bird Rescue & Research Inc. 302-737-9543 x102
CareWear Project Knitters and Crocheters Bags2Mats for the Homeless 302-255-9746	Habitat for Humanity of NCC Construction Site: 302-652-0365 ReStore Wilmington: 302-652-5181 ReStore Middletown: 302-449-1414	United Way of Delaware 302-573-3705
CASA (Office of Child Advocate) Count Appt. Spec. Advo. 302-255-1730	Hagley Museum & Library 302-658-2400 X257	Volunteer Delaware - 302-381-3594 Governor's Commission on Community and Volunteer Services 302-255-9739
Charity Crossing info@charitycrossing.org	Literacy Delaware 302-658-5624	Volunteer Delaware 50+ NCC Advisory Council 302-255-9746
Channie P. Bradley Senior Services 215-520-7525	Lutheran Community Services 302-654-8886	Wilmington Senior Center 302-651-3400
Child, Inc. 302-762-8989	MOT Jean Birch Senior Center 302-378-4758	Winterthur Museum, Garden & Lib. 1-800-448-3883
Children & Families First 302-777-9757	NAMI DE (National Alliance on Mental Illness- 302-427-0787	COMING SOON
Children Empowered by Love, Inc. childrenempoweredbylove@comcast.net	New Castle County Absalom Jones Senior Center 302-995-7636	Amanecer Counseling & Resource Cnt 302-576-4136
ChristianaCare 302-733-1284 Wilmington Hospital 302-428-2206	Depart. of Community Services 302-395-5640 New Castle County Libraries 302-395-5617	Dementia Friendly Delaware 302-781-3552
ChristianaCare in Collaboration with AccentCare (formerly known as Seasons Hospice) 302-533-3800	NCC Senior Roll Call Lifeline (302) 395-8159	Greenbank Mills & Phillips Farm 302-999-9001
Connecting Generations 302-656-2122 x0010	Nemours Children Hospital 302-651-6096	Osher Lifelong Learning Institute (OLLI)
ContactLifeline 302-761-9800 ex. 1002	Newark Senior Center 302-737-2336	Phoenix Family Resources 302-593-7532
Delaware Center for Horticulture 302-658-6262 ext. 108	Meeting of the Minds Newark Meals on Wheels Senior Surfers Patches of Love	Shoes That Fit: Delaware Chapter 302-234-9319
Delaware Ecumenical Council on Children and Families 302-225-1040	PAWS for People 302-351-5622	Supporting Kidds Inc. 302-235-5544
Delaware Hospice 302-478-5707	People to People: Delaware Chapter info@ptpde.org	VITAS Healthcare 302-451-4000
	Read Aloud Delaware 302-656-5256	For more information on how to become an official Volunteer Delaware 50+ Community Partner, please call 302-255-9746 or email Guadalupe.Murphy@delaware.gov

VOLUNTEER DELAWARE 50+



Volunteer Delaware 50+ focuses on helping individuals 50 years of age and older, use the skills and talents learned over the years, or develop new ones while serving in a variety of volunteer activities within the community. Volunteer Delaware 50+ volunteers determine their preferred level of commitment. Come join the more than 2,500 Volunteer Delaware 50+ members and start making a difference today!

What are the benefits of becoming a Volunteer Delaware 50+ member?

- All members receive supplemental insurance protection in case anything happens **while** they are volunteering with one of our community partners (excess volunteer liability insurance & excess automobile liability insurance)
- Opportunity for outstanding volunteers to attend a free recognition luncheon and enter to win door prizes (must meet required hours)
- Opportunity to receive a monthly listing of one-time volunteer projects, upcoming events and ongoing volunteer opportunities (sent via email)
- Invitation to attend free educational workshops on topics pertaining to the 50+ community (sent via email)
- Tracking of hours and years of service

Why do you collect my volunteer hours?

- Helps us to qualify for grants and places us in a better position to advocate for continued funding, not only for our program but also for our community partners
- Helps us to quantify all the amazing volunteer work Delawareans are doing for our state/in our communities
- Helps us to identify and recognize our outstanding volunteers through our annual Volunteer Recognition Luncheon

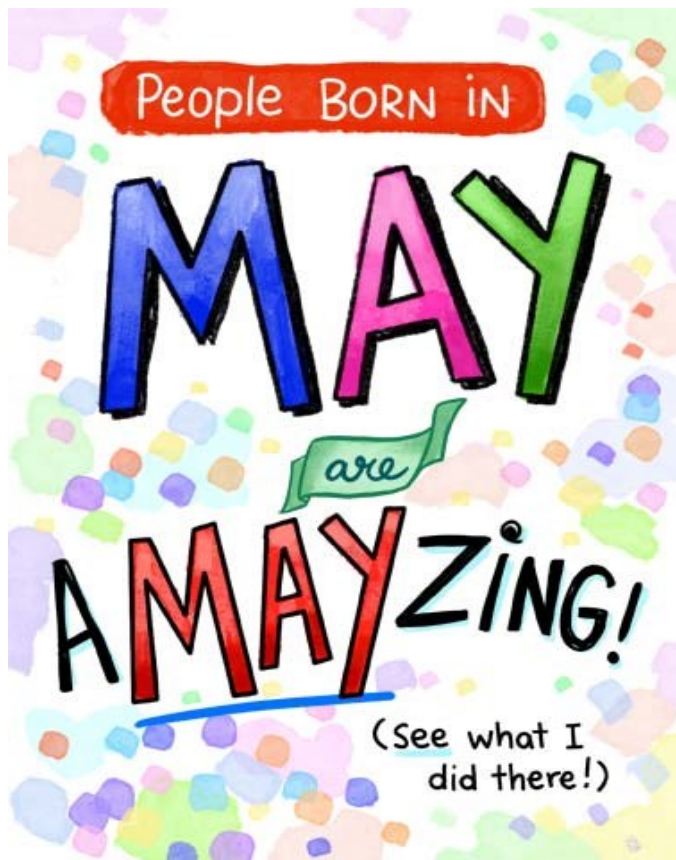
Are you already a volunteer with one of our community partners and would like to also be a member of Volunteer Delaware 50+?

We are always looking-for and inviting non-profit organizations to join us and become a community partner in order to offer even more opportunities to our members. If you are already a volunteer with one or more of our community partner and would like to also become a member of Volunteer Delaware 50+ please contact your local office.

New Castle County: please call 302-255-9746 or email Guadalupe.Murphy@delaware.gov

For more information please visit Volunteer.Delaware.gov/Volunteer-Delaware50





Mary Anttila
 Ida Bowers
 John Boyle
 Theresa Boyle
 Joan Burke
 Carol Burns
 Donna Calhoun
 Marianne Cinaglia
 Verna Clark
 Richard Clement
 Connie Conner
 Susan Croes
 Gregory D. Cullen
 Edith Dare

O'Rita Deshields
 Jean Donaldson
 Veronica Dula
 Rita Edery
 Elizabeth Eldridge
 Alma Fickensher
 David Fruchtman
 Linda Fuski
 Marvin Goldstein
 Lynn Good
 Karen Gordon
 Lillian Gray
 Kathryn Heinold
 Barbara Hitchens

Douglas Irish
 James Kerrigan
 Kathryn Lyons
 Dianne Marshall
 William G Matt
 Frances McCoombe
 Marjorie Mearns
 Thomas Mehl
 Eloise Middleton
 Lupe Mingucha
 Victoria Morisco
 Charles Mundell
 Wanda Neville
 Wendy Noblett
 Janet Patton
 LaVon Robinson
 E. Ann Rooney
 Maria Rousk
 Joanne Russell
 Suzan Sbandi
 Tom Sheldon
 Evelyn Marie Smith
 Rosemary Volpe
 Elaine Watson
 Anita Lois West
 Catherine Wevodau
 Maureen Wizda
 Paul Wojtkowski



**NEW CASTLE
COUNTY**
DELAWARE

Volunteer service enriches our community. The rewards are many: helping others, sharing your skills, making new friends, expanding your interests, earning community service hours, and having fun. These opportunities are great for corporate teams and groups of all kinds. Below are additional volunteer opportunities available in New Castle County.

In the
Spotlight



**How can YOU
volunteer?**

**LET US COUNT
THE WAYS!**

JOIN THE TEAM THAT MAKES ALL OF NCC PROGRAMS POSSIBLE!

Carousel Park

Volunteer at Carousel Park Equestrian Center!

- Pony rides and parties
- Schooling shows
- Therapeutic riding program
- Lesson Duty

Hope Center

Homeless Service Provider Volunteer

- Coordinating a drive for snack foods and breakfast non-perishable items
- Coordinate a drive for the Pet Wish List
- Bringing a meal (dinner or breakfast) or snack

Rockwood Park and Museum

Take a step back in time to the Victorian Era and become a Rockwood volunteer. There is something special for everyone at Rockwood:

- Estate guide volunteer
- Estate maintenance volunteer
- Gardening volunteer

Safety Town Summer Program

Safety Town is a week-long, fun program consisting of a miniature town with child-sized houses, crosswalks, and streets. Activities throughout the week teach children safety through songs, guest presentations, and role-playing.

- Hockessin Recreation Center
- Glasgow Park
- Whitehall Recreation Center

Senior Roll Call Life Line

A program offering daily reassurance for seniors and their families with computerized telephone calls.



**SIGN UP TO JOIN THE
SPECIAL EVENTS VOLUNTEER TEAM!**

**For more information, please contact Volunteer Delaware 50+
at 302-255-9746 or email Guadalupe.Murphy@delaware.gov**



Mental Health Week is dedicated to reducing the stigma of mental illness and promoting good mental health for all. When thinking about ways to maintain your own mental health, why not consider volunteering?

Volunteering has a variety of benefits to organizations, businesses, communities and society as a whole, but it also has a lot to offer to volunteers themselves. It can provide a sense of belonging and connection to community, increase wellbeing and provide opportunities to refine your skills or even develop new ones.

According to the Canadian Mental Health Association (CMHA), good mental health is made up of six common components:

A sense of self Enjoyment
A sense of purpose Contribution
A sense of belonging Resiliency

All of these can be achieved through positive volunteer experiences! When volunteers are treated with respect, informed about the impact they have, and provided with safe and supportive environments to

engage with others, amazing things happen!

If you have volunteered, you likely experienced feelings of joy, pride, accomplishment and connection to something larger than yourself.

Perhaps you volunteered because a friend asked you to come along or you wanted to grow your professional network. Or maybe you were touched by a family illness and experienced first hand the impact of volunteers who helped you and your loved ones get through difficult times. Whatever the motivation to volunteer, giving of your time freely for something you believe in, that aligns with your core values, can provide you with the chance to connect with your sense of self and of purpose.

Whether you are a recurring long-term volunteer, are helping out once in a while or even connecting virtually, every volunteer opportunity holds within it a chance to contribute. The relationships and connections developed with other volunteers, staff and those you serve or support, provide

Invite a friend.
It could be life changing.



opportunities for a sense of purpose, of belonging and enjoyment.

When seeking out volunteer opportunities, look for organizations, causes or roles that align with your interests, personal preferences, motivations and skills. Be open and honest with the organization and with yourself about what you are looking for and ask for the same in return. Consider asking a friend with similar interests to join you in your search and enjoy new adventures together.

We should all take the time to consider what we do in our daily lives that supports our mental health and find positive habits and practices to stay healthy. Volunteering is an opportunity to do some good for others, and for yourself! Reach out to organizations that tackle issues you care about or check out a local volunteer centre to explore opportunities in your neighbourhood, and #GetLoud.

Looking for opportunities?
Call Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

A NOTE FROM OUR PARTNER

OPEN HOUSE & Nest Fest

TRI-STATE BIRD RESCUE & RESEARCH, INC.

Sunday, May 5th
11:00 a.m. - 4:00 p.m. rain or shine

- Education Stations
- Limited Tours
- Exhibits
- Vendors
- Artists
- Food trucks

Kids—our Teddy Bear clinic will be open - be sure to bring your favorite stuffed animal for a health exam!

Tri-State Bird Rescue & Research
170 Possum Hollow Road, Newark DE

73RD ANNUAL PLATINUM PICNIC PRESENTS

MOTOWN

WEDNESDAY, JUNE 12, 9AM-1PM
CHASE CENTER ON THE RIVERFRONT

Wear your soul-inspired costumes for the Motown Party! Open to ages 55+

Door Prizes, Live Entertainment, DJ, \$5 Buffet Lunch

Registration required by May 23. Limited seating available, so don't wait!

Groups of 4 or more should register with one contact.

Visit newcastlede.gov/2703/Platinum-Picnic to register.

Call 302-395-5655 with questions.

CHASE CENTER
on the riverfront

AARP
Delaware

New Castle County | DE
Parks & Recreation
Use Monthly New Castle County

For more information, call 302-395-5655 or email taya.dianna@newcastlede.gov



Thank you for helping native wildlife!
To learn more please visit:
www.tristatebird.org

A NOTE FROM OUR PARTNER

How do I help this baby bird?



I found a nestling!

- Young nestlings often have visible skin. They cannot stand, feed themselves, or fly.
- **If you can return an uninjured baby bird to the nest**, or if you can put the nest back up in a nearby tree, please do.
- Watch for the parents' return **from a distance**.
- The parents **will not** reject young that have been handled by humans.

I found a fledgling!

- Fledglings are older baby birds.
- They are fully feathered and can stand, hop, perch, and may fly short distances.
- **Leave fledglings where you find them** unless they are injured or in a dangerous location.
- Fledglings can be moved up into a bush or tree if needed.
- Their parents are usually nearby watching them and teaching them to avoid predators.



I found a duckling!

- Baby ducks and geese can walk and feed themselves soon after hatching. They still need their parents for protection & warmth.
- If you find a duckling or gosling, **try to find its parents!**
- **Minimize all human contact** to help keep them wild.



If the baby bird is injured or cold, or if you cannot return it to its parents, gently place it in a box with a lid that has small air holes. Do not feed the bird or try to give it water; young birds can easily inhale food or water and develop pneumonia. Call your state wildlife agency or a veterinarian to find a licensed wildlife rehabilitator near you who can provide proper care.



A NOTE FROM OUR PARTNER



Please share with your favorite non-profit!!!

The Volunteer Delaware videos aim to spotlight organizations with ongoing volunteer needs. Our goal is to create a vibrant platform that caters to individuals of all ages, backgrounds, and abilities, connecting them to the perfect volunteer experience with your organization.



Child, Inc.'s mission is to be the leading advocate for Delaware's children. We provide creative prevention and treatment programs that meet the changing needs of families. We serve dependent, neglected and abused children and their parents. CHILD, Inc. provides a comprehensive array of programs for children and families. These programs include counseling services for children and families, foster care homes, Delaware's only shelter for abused and neglected children, parent education, two shelters for battered women and their children, advocacy for domestic violence victims, a domestic violence hotline and a family visitation center.

We operate a resource center in the economically challenged community of

Sparrow Run. In 2014, CHILD, Inc. expanded its commitment to the families of Sparrow Run by opening a safe haven for children which we call the Kids Place to provide a stable environment where children can meet to work on homework, participate in recreational and cultural enrichment activities and just be kids.

A NOTE FROM OUR PARTNER



American Red Cross
National Capital & Greater
Chesapeake Region

Blood Donor Ambassador **VOLUNTEERS** NEEDED

Red Cross is racing to recruit passionate volunteers to support blood drives in your community. Become a Blood Donor Ambassador today!



For more information visit :
www.redcross.org/volunteer



Responsibilities

- Greeting donors
- Explain the donation process as needed
- Assist with initial intake
- Model excellent customer service
- Must commit to 1+ shift/month (average shift is 5-6 hours)
- Must be 16 years of age or older

For more information, contact
Volunteer Delaware 50+
at 302-255-9746 or email
Guadalupe.Murphy@delaware.gov



A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

MANY OLDER ADULTS EXPERIENCE CONCERNS ABOUT FALLING AND RESTRICT THEIR ACTIVITIES. A MATTER OF BALANCE IS AN AWARD-WINNING PROGRAM DESIGNED TO MANAGE FALLS AND INCREASE ACTIVITY LEVELS

**VOLUNTEER COACHES NEEDED TO TEACH
THIS PROGRAM TO VULNERABLE ADULTS.
THIS IS AN EVIDENCE-BASED COURSE,
DESIGNED TO HELP INCREASE ACTIVITY AND PREVENT FALLS.**



To learn more about A Matter of Balance, contact
Volunteer Delaware 50+ NCC Coordinator
at 302-255-9101 or email Arundhati.Ghosh@delaware.gov



Senior Center

Middletown, DE. Adults age 50 and over can join and participate in programs, trips & social activities tailored to adults and seniors. Those striving to maintain an independent lifestyle can make new friends, share in a meal, play a game, exercise, take a class or learn a new skill. The social interaction provided at the Center is essential to physical and mental health.

The Center also offers a variety of volunteers opportunities, some include:

- HEALTH ACTIVITES ADMIN SUPPORT
- EDUCATION
- HOME VISIT
- OUTREACH

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

The MOT Senior Center is a non-profit, non-residential community center located in the heart of

ONGOING OPPORTUNITIES

Volunteers Needed

Join us as an event ambassador volunteer and be part of our community outreach! Your time and skills can create a positive change.

Why Join Us?

- Connect with your community
- Have Fun
- Meet People
- Fight for Fraud Awareness

Empower Youth as a Red Cross Club Coordinator

WE NEED HELP WITH :

- Hosting events for club recruitment, club member recognition, club events and fundraisers.
- Integrate club members into the activities of the local Red Cross chapter.
- Provide club members with volunteer opportunities.



Come Join Us
APPLY TODAY!

Time Commitment

Roughly 2-3 hours per week. Must have weekday daytime/afternoon availability. Adult 18+ years only

Length of Appointment: 1 year; Renewable



Find this opportunity and more at: Redcross.Org/Volunteer

Sign up today! Learn life's lessons... from the masters



Here at VITAS® Healthcare, we are matching talented volunteers (that's you!) with elders near the end of life who have a story to share.

Why? To capture memories—life's meaningful moments; then design a family treasury, a gift for loved ones to keep.

Preserve a legacy—use your artistic skills to develop a "digital biography" captured on CD/DVD, featuring a hospice patient's voice/video recalling his or her life stories—mix it up with music, photos, captions.

You will:

- Receive "life review" interview training, improve technical and creative skills.
- Earn service learning and community service hours.
- Connect with people from different generations and cultures—make a difference in their lives.

Save and share...some of life's most important moments.

For information on this and other exciting volunteer opportunities, contact:

Lee Halloran, CAVS, CDVS
Volunteer Services Manager
(302) 563-2091
Lee.Halloran@VITAS.com



When you donate your gently used clothing to Forget Me Not Families, they become someone else's new garments. Because of YOUR generosity, we are able to bless individuals and families regularly and provide decent clothing and other donated items to those in our community facing difficult times. Please help us to continue to bless even more families by donating items you no longer need.

In addition to accepting gently used adult and children clothing, we also accept personal care items, underwear and socks, shoes, blankets and all things children such as toys, children's furniture, diapers, wipes and care items.

VOLUNTEER - SPREAD THE WORD

Drop off location:

132 Sandy Drive, Newark, 10713
 501 W. Main Street, Middletown
 1183 S. DuPont Highway, New Castle
 1458 Bear Corbitt Rd, Bear
 220 Casho Mill Rd, Newark
 2410 Newport Gap Pike, Wilmington
 1000 Old Lancaster Pike, Hockessin



ONGOING OPPORTUNITIES

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

The Grand Opera House

The Grand Show Corps currently has over 200 volunteers, and we continue to grow thanks to people like you. The Grand Opera House is a multi-level theater that presents world-renowned artists and a wide variety of entertainment. The baby grand is home of live at the baby grand as well as various community groups. The Playhouse on Rodney Square is home of Delaware's Broadway Experience. The majority of our shows are scheduled in the evenings with some weekend afternoons. We also have occasional student performances during weekday mornings and afternoons.

- * **Volunteer Show Corps** — Each member of the Show Corps is assigned to a squad and each squad is assigned to a show. Squad responsibilities include ticket-taking, ushering, coat-check, bartending, and patron safety. On average, each squad is scheduled three to five times a month. Those who are unable to volunteer during the weekdays due to full-time employment will not be asked to do so. Every volunteer is required to work all 3 theaters based on assignment.
- * **Grand Marshals** – provide administrative and staff support. Opportunities include:
 - Leading tours that inform the public of The Grand's historical, technical, and cultural splendor
 - Acting as a host/hostess for the Arts Academy at The Grand
 - Serving as receptionist in The Grand's administrative office
 - Welcoming and directing visitors upon their arrival at The Grand
 - Assisting The Grand's staff at special events
 - Completing simple office tasks, such as filing, mailings, data entry



ONGOING OPPORTUNITIES

DELAWARE SENIOR
MEDICARE PATROLVOLUNTEERS
NEEDEDHELP DELAWARE
PREVENT, DETECT,
REPORT MEDICARE
FRAUDINTERESTED IN
JOINING OUR
MISSION?

WHAT WE NEED:

- ASSIST WITH ADMINISTRATIVE WORK
- ACT AS AN AMBASSADOR AT COMMUNITY EVENTS
- GIVE INFORMATIVE PRESENTATIONS
- COUNSEL MEDICARE BENEFICIARIES WITH THEIR QUESTIONS REGARDING SUSPECTED MEDICARE FRAUD & ABUSE.

For more information,
please contact Volunteer
Delaware 50+ at 302-255-
9746 or email
Guadalupe.Murphy@
delaware.gov



VOLUNTEER SHOW CORPS

The Grand Show Corps currently has over 200 volunteers, and we continue to grow thanks to people like you! Each member of the Show Corps is assigned to a squad and each squad is assigned to a show. Squad responsibilities include ticket-taking, ushering, coat-check, bartending, and patron safety.

OPEN VOLUNTEER OPPORTUNITIES

Community Outreach Ambassador (age 18+)

Attend community events with information to share the needs and mission of BBD! Educate, answer questions, and recruit donors and volunteers.

- Donor Refreshment/Café at Center and/or Mobile locations (age 18+) - Help our donors feel cared for and appreciated post donation by chatting with donors and serving snacks and drinks as well as restocking canteen supplies and sanitizing tables.
- Donor Care and Staff Support (age 18+) - Make the donation process better for both donors and staff! In this role you restock donation related supplies and interact and tend to donors so they feel seen and supported.
- Mobile Blood Processor (age 18+) - Do you enjoy details, putting things in proper order, and tracking what is where? This role allows our donation staff to focus on donors during mobile blood drives. We are looking for someone who is comfortable handling the tubes and bags of blood and putting it coolers of ice for transport.
- Photo and/or Video (age 15+) - Love to be behind the lens? Enjoy taking photos or shooting and or editing video? Let us know what you love to do in this area.

ONGOING OPPORTUNITIES



CREATIVE MENTORING®

A School-Based Mentoring Program That Works!



In Delaware, 51% of children and youth have experienced at least one ACEs (adverse childhood experiences).¹ All schools are challenged by the large number of children affected by trauma and are looking for supportive community-based programs that promote resilience and provide protective buffers, so that students can devote more time, energy and attention to school success and goal achievement.

Mentoring provides one of the best protective buffers for children experiencing adversity!

According to the Harvard Center on the Developing Child, "Every child who winds up doing well has had at least one stable and committed relationship with a supportive adult." Research shows that positive relationships are a powerful buffer for children experiencing adversity and trauma.² School-based mentoring is a safe, proven approach to building positive relationships between adults and children. By providing children with the caring, ongoing, purposeful support and interaction of an adult, our programs help children build self-esteem, self-confidence, interpersonal communication skills, social values, aspirations, and enhances school engagement.

It Works!

A recent evaluation of Creative Mentoring® by an external research firm with extensive experience in mentoring programs validated our ability to build strong, trusted relationships between mentors and students. In the evaluator's judgement, our mentoring relationships are among the strongest. Students self-reported positive academic gains and improved behaviors, which were confirmed by teacher reports. We have over 1500 active mentors serving in over 90 schools throughout Delaware.

¹ <https://datacenter.kidscount.org/>

² <https://www.mentoring.org/why-mentoring/mentoring-impact/>



BECOME A MENTOR TODAY!

- Mentors meet with their students for an hour once a week during the school year.
- Mentors come from all walks of life: retirees, high school students, office workers, church members, community volunteers, etc. Anyone with a passion for helping children and an ability to accept kids "where they are" can be a successful mentor.
- Mentoring allows adults to give something of themselves in a way that's both selfless and deeply fulfilling.
- Mentors have the privilege of watching their mentees' lives improve as a result of the help, friendship, and guidance they provide.

"Connecting Generations provides the tools that children need to become emotionally strong, resilient, and socially competent individuals who can successfully navigate school and life."

A Creative Mentor is an adult or high school student who volunteers to make a difference in the life of a child by spending time with them in their schools.

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

ONGOING OPPORTUNITIES

VOLUNTEERS NEEDED!



OPENINGS:

TUESDAY: ASSIST WITH FOOD BANK DELIVERY AND STOCKING.

THURSDAY: HELP WITH FARMER DELIVERIES AND BREAKING DOWN PRODUCE FOR THE PANTRY.

FRIDAY: PANTRY HELP. TWO SHIFTS AVAILABLE: 10:15 AM - 12:45 PM AND 12:30 PM - 3:15 PM.

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



VISIT US
2809 Baynard Blvd
Wilmington, DE 19802

Yarn Donation

3 LOCATIONS TO DONATE

The CareWear Project consists of dedicated volunteers of all ages who create beautiful handmade winter items such as hats, scarves, mittens, quilts and blankets which are then distributed to children, families and individuals via our local partnerships.

Please consider donating new or usable yarn to help our volunteers create more warm winter items for those in need!!!

Call: 302-255-9746

DONATIONS Collection Bin Locations

Together We Are Making A Difference In Delaware!



Main Facility 132 Sandy Drive, Newark		
Wilmington Church of God 2410 Newport Gap Pike	Newark John R. Downes Elementary 220 Casho Mill Rd.	Bear Academy for Creative Enrichment 1458 Bear Corbett Rd
Middletown Neighborhood House 219 W Green St.	Hockessin Hockessin Montessori 1000 Old Lancaster Pike	Reybold Group 116 E Scotland Dr.



ForgetMeNotFamilies.com

ONGOING OPPORTUNITIES



Use your drive for good.

Change lives one ride at a time.

What's often standing between people with cancer and lifesaving treatment is a ride to get there. And we need you now more than ever.

The American Cancer Society provides free rides to treatment for people with cancer. As a trained volunteer driver, you can change someone's life in as little as one hour a week by ensuring a ride is available, so care isn't stopped or delayed.

Delaware Hospice @ St. Francis Unit Volunteers

Delaware Hospice is looking for volunteers to join our team! Our volunteers offer a wide range of talents to support our patients, families and staff. If you would like to share your talents, please contact our Volunteer Department

Unit Support Volunteers may assist with:

- Front Desk Coverage from 4p-8p
- Cookie Baking
- Music Therapy
- Pet Therapy (pet must be certified and have records)
- Patient Support

40TH ANNIVERSARY
DELAWARE HOSPICE

Patient Care Volunteers Needed



Apply Today!

At Delaware Hospice, our team of volunteers provide companionship to patients, respite for caregivers, assist with shopping and errands, and so much more!

Patient Care Volunteers

- Check-in calls with patients.
- Care calls: provide a listening ear to patients.
- Visit with a patient (read, share stories, play cards or board games).
- Provide transportation to doctor appointments, store or pharmacy.
- Walk with a patient.
- Run an errand.
- Provide vigil support as a patient nears death.
- Give haircuts to patients.
- Assemble and deliver care gifts to patients.
- Pet Therapy Visits.
- Music Therapy Visits.

RN Volunteers

- Medication disposal after a patient has passed or is discharged.
- Assist staff with vaccination clinics.
- Assist with clinical staff education.

Vet-to-Vet Volunteers

- Veterans visit patients who are also veterans and talk about the patient's military experiences.

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



Help us turn plastic bags into PLastic yARN (PLARN)

2024 10-noon PLARN PARTY

BENEFITS BAGS2MATS FOR THE HOMELESS, A VOLUNTEER DELAWARE 50+ INITIATIVE

Newark Senior Center

200 Whitechapel Dr, Newark, 19713

2nd & 4th Wednesday of each month



Volunteers collect, loop and crochet plastic material into mats in order to create a barrier between the wet, dirty or cold ground. One mat = 500-600 bags

For more information, email Guadalupe.Murphy@delaware.gov.

f @Bags2MatsDE



What is a CASA?

A CASA (Court Appointed Special Advocate) is a specially trained volunteer appointed by a Family Court Judge to advocate for the best interest of a child experiencing foster care.

What do CASAs do?

- Advocate for children experiencing foster care due to abuse and neglect.
- Establish strong, stable connections with their assigned youth.
- Advocate to ensure the child receives needed essential services.
- Attend meetings and gather information from parties involved in the child's life.
- Work with the Child Attorney and CASA Coordinator to make recommendations in court for what's best for the child.
- Remains involved in the case until the child is reunified with their family or when that is not possible, works to find a safe and permanent home.
- Meet with the child face-to-face at least once a month.
- Attend all court hearings to testify to their findings and recommendations as the child's advocate.

Scan to learn more, or call us at call us at 302-255-1730!



Why Become a CASA?

Our mission is to be a voice for Delaware's abused and neglected children through skilled volunteers, community collaboration, and quality representation, instilling a need for safe and permanent relationships that will build healthy and resilient children.

ONGOING OPPORTUNITIES

FOOD PANTRY VOLUNTEERS NEEDED



Hope Lutheran
3rd Thursday of the month
2:00 - 4:00 PM

DONATIONS APPRECIATED

Canned or boxed items & not expired

Peanut butter, jams, jelly, cereal, cereal bars, canned meat, tuna, spaghetti sauce, noodles, pasta, canned fruit, canned vegetables, beans, soups

The generous will themselves be blessed, for they share their food with the poor. Proverbs 22:9



230 Christiana Rd, New Castle, DE 19720

BECOME A CASA VOLUNTEER.

A voice for Delaware's abused and neglected children in the courtroom and the community

To learn more, visit <https://tinyurl.com/DECASA>



For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

PAWS for People

HEALING PET THERAPY SINCE 2005

You Can Make a Difference with PAWS

Our Mission

PAWS for People is a nonprofit organization committed to improving the lives of people in our community by lovingly providing individualized, therapeutic visits with our specially trained volunteers and their certified gentle, affectionate pets.



We Need You to Make it Happen!

Do you have a sweet, people-friendly, gentle, dog, cat or bunny? Would you like to give back to your community? PAWS needs volunteers with their own gentle, affectionate pets to help us spread hope and healing throughout our community.

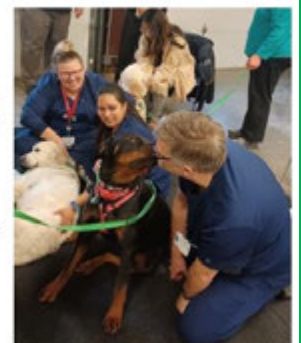
PAWS volunteers visit hospitals, nursing homes, cancer centers, schools, libraries and anywhere people can benefit from interaction with a pet.

Volunteer Opportunities

PAWS offers specialized training which includes an evaluation of the person/pet team, an introduction to pet therapy, and instruction on best practices for visits.

Our volunteer teams are supported by PAWS staff throughout their training and visiting, including a guided first visit and ongoing assistance with visit placements. PAWS volunteers are the heart of our organization and are valued and celebrated!

Our greatest need is for volunteers with weekday, daytime availability. For more information on volunteering or to make a contribution, please visit our website:



ONGOING OPPORTUNITIES

Use your compassion and talents to make a difference. Volunteer with AccentCare® Hospice today.

You can support our local patients and families by becoming a:

Ambassador Volunteer • Community outreach, volunteer recruitment	Bereavement Volunteer • Emotional support for patient family and friends
Legacy Volunteer • Create legacies: books, journals, CDs, memory bears, crafts	Spiritual Presence Volunteer • Support patient's faith related requests
Office Volunteer • Administrative assistance	Vigil Volunteer • Companionship during patient's last hours
Social & Companionship Volunteer • Reading, walking, caregiver relief	Pet Visitation Volunteer • Patient visits with certified Pet Partners or Therapy Dogs
Music Companionship Volunteer • Play, sing and share music with patients, families and friends	Special Projects Volunteer • Volunteer support for special groups or events like We Honor Veterans
Children's Bereavement Camp Volunteer • Work with camp staff and children	




marylong@accentcare.com or 302-533-3800

accentCare.
www.accentcare.com/volunteer

AccentCare welcomes all persons in need of its services and does not discriminate on the basis of age, disability, race, color, national origin, ancestry, religion, gender, gender identity and/or gender expression, sexual orientation, or source of pay/hire.
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Warming Our Communities With Threads of Love



The CareWear Project is an initiative of **Volunteer Delaware 50+**, a statewide program that engages persons 50 and older in volunteer service, to meet critical community needs.



For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

To learn more or donate, visit : DEgives.org/orgs/the-CareWear-Project



The mission of ContactLifeline is to keep people alive and safe, to help them through crises, and to connect them with relevant community resources.

Volunteers are needed (in-person training provided) to provide support and be a good listener to someone experiencing a crisis. Various shifts available.



ONGOING OPPORTUNITIES



MEALS ON WHEELS AMERICA

Volunteers Needed

Deliver meals to home bound seniors citizens weekdays **Monday – Friday**

Meals on Wheels volunteers deliver over 100 nutritious meals each weekday to homebound residents in the Newark area.




Volunteers Needed

MEALS ON WHEELS

We are currently looking for volunteers for our Wilmington, Bear and New Castle locations.

Deliver a nutritious meal and a friendly smile to the elderly homebound.

Pickup time: Weekdays between 10:30 and 11:15
 Delivery takes about 1.5 hours
 How often you deliver is up to you!



- If you are interested please email: mealsonwheels@cityfare.org
- Or call or text: 302-293-0008



For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



looking to volunteer in a different capacity? why not join one of our family services committees ...

family selection volunteer committee member (Virtual)

the purpose choosing the families to own and occupy Habitat for Humanity is one of the most difficult and challenging aspects of this ministry. The Family Selection Committee is responsible for drafting the selection criteria used to select families for approval by the Board of Directors.



ONGOING OPPORTUNITIES



DELAWARE HOSPICE
Since 1982

Attention: Seamstresses & Seamsters Your Creativity Can Bring Comfort!

Are you a skilled seamstress or seamster with a desire to make a difference? We invite you to join our Delaware Hospice Memory Bear and Heart Volunteer Team, providing comfort and support to grieving families by transforming cherished clothing items into beautiful keepsakes.

Why Volunteer With Us?
Discover the transformative power of your sewing skills as you join our Memory Bear and Heart Volunteer Team. Your talent will play a crucial role in bringing solace and comfort to grieving families during their time of need. By transforming memories into tangible keepsakes, you'll make a meaningful impact, supported by a compassionate community of volunteers.



READY TO USE YOUR SEWING SKILLS FOR A MEANINGFUL CAUSE?

What We Provide:

- All necessary supplies.
- Guidance and support from our experienced senior seamstress.
- A rewarding and meaningful volunteer experience that makes a difference in people's lives.

Join us in **stitching together compassion and support** within our community.

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



Join us at our monthly get-togethers



CareWear Project
VOLUNTEER DELAWARE 50+
NCC: 302-255-9746
Sussex: 302-515-3020

**3rd Friday of every Month
10 - 11am**

**B'nai B'rith House
8000 Society Dr.
Claymont, DE 19703**

Fabric Donations

Donated fabric will be used by volunteers to make holiday and patriotic theme stockings for **Stockings for Soldiers - Delaware**

Fabric should measure at least half a yard or at least 18"x44".



Fabric may be dropped off or mailed to:

Volunteer Delaware 50+ NCC
1901 N. Dupont Hwy.
Debnam Bldg.
New Castle, DE 19720




VOLUNTEER MEETING OF MINDS PROGRAM VOLUNTEERS

We are seeking volunteers to assist participants with program activities and help create a relaxing environment where participants feel at ease.

Volunteers are asked to commit to a minimum of 1 day/week from 10am-2pm.

ONGOING OPPORTUNITIES

Facilities and Landscaping

VOLUNTEERS NEEDED



Help create and maintain habitats for our wild bird patients!

JOIN US!



(302) 737-9543



Scan here!



Days of Caring, Group Volunteer Work with NAMI Delaware's Housing Program



ABOUT:

Do you have a small group interested in giving an hour or two of your time to help with simple landscaping projects? NAMI Delaware's Housing Team would love to have you! There are a variety of locations and projects for volunteer teams to help with during the spring/summer and fall seasons.

Tasks May include

- Pruning
- Mulching
- Trimming trees and bushes
- Painting Decks/Porches
- Raking Leaves

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

Meet diverse people and have fun while engaging in cross cultural activities in Delaware!



Promoting Peace through Understanding by fostering cross-cultural exchange and experiences.

info@ptpde.org

www.ptpde.org

Bring your computer skills and volunteer from home to make an impact in our community on one of our many exciting committees.

Public Relations Committee
Create fliers and social posts, assist with mailing list and announcements
Skills: Canva and Mail Chimp

Program Committee
Brainstorm ideas for virtual and in person exchange programs, support tech in online meetings
Skills: Zoom

Fundraising Committee
Assist grant research & writing, foster philanthropic relations
Skills: Word, Excel, Google Docs/Sheets

Membership Committee
Increase public awareness, encourage partnerships, new membership and volunteers
Skills: Excel/Google Sheets



Come out and volunteer with us at Habitat for Humanity's ReStores! Our ReStores are public donation centers that help families build, rehabilitate and repair homes in the New Castle County area. By giving your time and talents, you can help the Habitat ReStore do more to support homebuilding projects that benefit families in your community!

At the ReStores, we look to engage volunteers with a variety of opportunities, including refurbishing of donations, creating decorative displays, organizing the donation dock and sales floor, and interacting with customers. All efforts are led by a fantastic team of ReStore staff and your fellow volunteers! We offer shifts at our ReStores Tuesday-Saturday, between 10am and 5pm. Shifts are from 10-2, 12-5 or an all day shift, but we're also very flexible on when you can come in! We have 2 locations, Wilmington and Middletown.



ONGOING OPPORTUNITIES

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

accentCare.

Volunteer your time and compassion – and make a big difference

Become a Virtual Bereavement Volunteer today

The needs of bereaved families and friends are unique – and our Virtual Bereavement Volunteers are there to support them.
This special group of volunteers offer much-needed support to these lower-risk loved ones by making phone calls, often on the anniversaries of deaths, providing important moments of "virtual" connection.

As a Virtual Bereavement Volunteer, you may also co-facilitate virtual services of remembrance and take part in virtual grief support groups – all from the comfort of your home. All our volunteers are trained to assess the needs, responses, and support systems of the bereaved, and provide documentation to help our psychosocial team determine any needed follow up care.

NAMI Delaware

Volunteer with NAMI Delaware

HELPLINE VOLUNTEERS & SUPPORT GROUP FACILITATORS NEEDED

NO PREVIOUS EXPERIENCE NECESSARY

Support Group facilitators must have lived experience as peers or family members.

For more information please visit:

www.namidelaware.org/join

REQUIREMENTS

- Must be passionate about supporting those living with mental illness and their families
- Able to listen to potentially difficult stories with empathy and compassion

RESOURCES

CHARITY CROSSING'S UPCOMING GIVEAWAY

Giveaway Items:
Household Items,
Pet Items, Packaged Foods,
Toys, Clothing, etc

Please DO NOT SELL Donated Items.
Respect our Volunteers.
Follow Guest Guidelines.
Violators will not be allowed.

Helping Our Community and Environment
Recycle | Reuse | Reclaim | Restore | Repurpose



For an updated listing of giveaway dates and locations, visit: charitycrossing.org/cc-giveaway

DIAL 2-1-1 to get connected to local resources.

- Bill Payment Assistance
- Disaster Services
- Education
- Employment & Financial Support
- Food
- Health Care
- Personal & Household Items
- Transportation

211 is here to help. **DIAL 2-1-1** or **TEXT** your zip code to 898-211. **LEARN MORE** delaware211.org

With one simple (anonymous) phone call, concerned individuals and those experiencing harm can connect with free, voluntary services and resources that could save a life. For more information visit dhss.delaware.gov/dsaapd/aps.

REPORT HARM OF VULNERABLE ADULTS

NEGLECT • ABUSE • EXPLOITATION

888-APS-4302

Delaware Adult Protective Services

MAKE THE CALL



RESIDENTS AND FAMILIES

Protect What Matters Most

Be prepared for any emergency by giving public safety the information they need to better help and communicate with you.

Smart911 is a free national service brought to you by the New Castle County Department of Public Safety



The Delaware ADRC is your one-stop access point for information, assistance, and referral to resources that support older Delawareans, adults with disabilities, and caregivers.

CONTACT DELAWARE ADRC

Phone: 1-800-223-9074 (toll-free)
Email: DelawareADRC@delaware.gov



Protect Yourself and loved ones from Medicare fraud.

Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse.

Delaware Senior Medicare Patrol
1- 800-223-9074
barbara.jackson@delaware.gov



Senior Roll Call Lifeline is a free program provided by New Castle County, Division of Police, that makes daily calls to the homes of our elderly or disabled members to ensure they are doing well and do not require emergency assistance. If after several attempts the calls are unsuccessful, emergency help is sent to the home to check on the well-being of the member. For more information call 302-255-9878.

RESOURCES



ASBURY AFRESH UMC // 10 AM - 300 E. BASIN RD. NEW CASTLE— WILMINGTON MANOR LION CLUB // 10:30AM - WESTERN SENIOR CENTER, 1 BASSETT AVE, NEW CASTLE— PENIEL UMC // 11 AM - 115 E MARKET ST, NEWPORT— RICHARDSON PARK UMC // 11 AM - 11 N MARYLAND AVE. WILM— TREE OF LIFE 11:30 AM - 10 PIKE PLACE, NEWARK BOYS AND GIRLS CLUB EZION MT CARMEL // 12 PM - 800 N. WALNUT ST, WILM— BETHESDA UMC // 12:30 PM - 2313 CONCORD PIKE, WILM— DALE UMC // 12 PM - 143 E. LAKE ST. MIDDLETOWN— KINGWOOD UMC // 12 PM - 300 MARROWS RD, NEWARK

For an updated list of locations, call 1-888-323-4677 or visit The Hopp -Harvest Outreach People Project on Facebook



FOOD GIVEAWAY

WEEKLY

Dream Center
Friday: 10am-1pm - 302-286-7406
310 Ruthar Dr. Newark

The Warehouse
Tue.Wed.Thu: 5pm-7pm
1121 Thatcher St. Wilmington

MONTHLY

Hope Lutheran
Third Thursday: 2pm-4pm
230 Christiana Rd. New Castle

The Journey
Second Saturday: 10am-12pm - 302-738-2892
721 E. Chestnut Hill Rd. Newark

The HOPP
4th Fridays - 1-888-323-4677
Multiple times & locations - see top

FOOD PANTRY VOLUNTEERS NEEDED

Hope Lutheran
3rd Thursday of the month
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DONATIONS APPRECIATED
Canned or boxed items & not expired

Peanut butter, jams, jelly, cereal, cereal bars, canned meat, tuna, spaghetti sauce, noodles, pasta, canned fruit, canned vegetables, beans, soups

The generous will themselves be blessed, for they share their food with the poor. Proverbs 22:9

230 Christiana Rd, New Castle, DE 19720