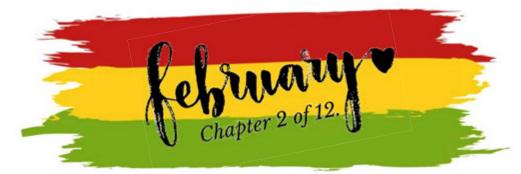


New Castle County



Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of State Service Centers. The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of Volunteers.

**ENROLL TODAY!** 

COMMUNITY RESOURCES & OPPORTUNITIES

Volunteer.Delaware.gov /Volunteer-Delaware50



Volunteer Delaware 50+ Information & FAQs Pages 2-3

February Birthdays
Pages 4

News from Volunteer Delaware

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Spotlight: Page 8

**Volunteer Opportunities** 

**Pages 9-20** 

Community Resources
Pages 21-32



#### 2021 NEW CASTLE COUNTY COMMUNITY PARTNERS

A Matter of Balance A. I. duPont Hospital for Children **American Cancer Society** American Red Cross of Delmarva Art Therapy Express Program Inc. B'nai B'rith House Big Brothers Big Sisters of Delaware BlindSight Delaware, Inc. **Blood Bank of Delmarva Brandywine Valley SPCA** CareWear Project for Knitters and Crocheters Center for the Creative Arts

Domestic Violence Advocacy Program Children Empowered by Love **Children & Families First** Christiana Care Health System

Christiana Hospital The Evergreen Center Wilmington Hospital

Child, Inc.

Churchman Village **Connecting Generations** ContactLifeline

Court Appointed Special Advocate (CASA) **Delaware Alliance for Nonprofit** 

Advancement

**Delaware Center for Horticulture** 

**Delaware Hospice** 

**Delaware Museum of Natural History** 

**Delaware Senior Medicare Patrol** 

**Delaware Theatre Company** Division for the Visually Impaired

Instructional Material Resource Center

**Easterseals Delaware Exceptional Care for Children** Family Promise of Northern NCC **FISH of Northern Delaware** Food Bank of Delaware **Golden Ages Senior Center Grand Opera House Greenbank Mills & Phillips Farm** 

Habitat for Humanity of New Castle

County

ReStore - Wilmington & Middletown Hagley Museum & Library Healthy Foods for Healthy Kids

Jewish Family Services of Delaware Literacy Delaware Little Sisters of the Poor Long-Term Care Ombudsman Program **Lutheran Community Services** Lutheran Senior Services Inc. Mary Campbell Center **MOT Jean Birch Senior Center** National Alliance on Mental Illness (NAMI) DE

**National Veterans Assistance Coalition** Victory Village

**New Castle County** 

Absalom Jones Senior Center Department of Community Services Friends of Iron Hill Park

Iron Hill Science Center

**NCC Hope Center** 

New Castle County Libraries Rockwood Park & Museum

**Rockwood Park Preservation Society** 

New Castle Senior Center **Newark Senior Center** 

Newark Mail Group Newark Meals on Wheels

Old Swedes Foundation Inc.

Patches of Love Paws for People

People to People: Delaware

Read Aloud Delaware

Ronald McDonald House of Delaware

Seasons Hospice & Palliative Care of DE **Special Olympics Delaware** 

St. Anthony's Community Center

City Fare Meals on Wheels

St. Anthony's Senior Center

Stockings for Soldiers Delaware Inc.

Tai Ji Quan: Moving for Better Balance

The First Tee of Delaware

The Kutz Home

The Ministry of Caring

**Distribution Center** 

Emmanuel Dining Room E. S. & W.

Francis X. Norton Center

The Salvation Army Senior Center Thomas Edison Charter School Tri-State Bird Rescue & Research Inc.

**United Way of Delaware VITAS Healthcare Warriors Helping Warriors West Center City Senior Center** Wilmington Drama League Wilmington Senior Center

**DuPont Grandparent Resource Center** Wilmington VA Medical Center Winterthur Museum, Garden & Library Year Up Wilmington



Volunteer Delaware 50+ New Castle County has over 95 community partners that offer over 500+ opportunities.

Some of our opportunities HAVE BEEN TEMPORARILY **BEEN SUSPENDED.** 

Several partners however, continue to recruit volunteers.

For a complete guide of the volunteer opportunities with our community partners please visit https://

volunteer.delaware.gov/50plusncc

or email:

Guadalupe.Murphy@delaware.gov or Erica.Holmes@delaware.gov or call 302-255-9882.





Volunteer Delaware 50+ focuses on helping individuals 50 years of age and older, use the skills and talents learned over the years, or develop new ones while serving in a variety of volunteer activities within the community. Volunteer Delaware 50+ volunteers determine their preferred level of commitment. Come join the more than 2,500 Volunteer Delaware 50+ members and start making a difference today!

## What are the benefits of becoming a Volunteer Delaware 50+ member?

- All members receive supplemental insurance protection in case anything happens while they are volunteering with one of our community partners (excess volunteer liability insurance & excess automobile liability insurance)
- Opportunity for outstanding volunteers to attend a free recognition luncheon and enter to win door prizes (must meet required hours)
- Opportunity to receive a monthly listing of onetime volunteer projects, upcoming events and ongoing volunteer opportunities (sent via email)
- Invitation to attend free educational workshops on topics pertaining to the 50+ community (sent via email)
- Tracking of hours and years of service

#### Why do you collect my volunteer hours?

- Helps us to qualify for grants and places us in a better position to advocate for continued funding, not only for our program but also for our community partners
- Helps us to quantify all the amazing volunteer work Delawareans are doing for our state/in our communities
- Helps us to identify and recognize our outstanding volunteers through our annual Volunteer Recognition Luncheon

## Are you already a volunteer with one of our community partners and would like to also be a member of Volunteer Delaware 50+?

We are always looking-for and inviting non-profit organizations to join us and become a community partner in order to offer even more opportunities to our members. If you are already a volunteer with one or more of our community partner and would like to also become a member of Volunteer Delaware 50+ please contact your local office.

New Castle County: please call 302-255-9878 or email Erica.Holmes@delaware.gov

Kent/Sussex County: please call 515-3020 or email Bobbi.Tice@delaware.gov

Our complete list of community partners for New Castle County can be found at

https://volunteer.delaware.gov/50plusncc





**Mary Francies Adams** Peter Anderson **Robert Barfield Denny Barrowclough** Kathleen Bear Mary Bolden **Joyce Bordley Linda Boyer** Kathleen Briscoe **Robin Burke** Joan Callaghan Joann Callaghan Joann Campbell Patricia Caulder Kay J. Cawman **Shirley Cofer Beatrice Colatriano Ray Conner Geraldine Dawkins Barbara Demark** Nancy DiGiacomo **Barbara Dixon** Phoebe F. Doherty Elaine H. Duggan Robert Dunlap Clinton E. Dunn **Phyllis Edwards** Alice Fatherree Virginia Ferguson Carolyn Foraker Stephanie L. Ford Sara Foth **Jenny Ganis** 

**Betty Gatson** Ann Gaul Margaret Glanville Susan Good Carolyn Grant **Cheryl Graves** Janet L. Grimminger **Gail Griskowitz Richard Grove Doris Grove Bernadette Handy Nancy Heckman** Naomi Hershkowitz Kathleen Hodges Joyce A. Hoffman John Holden Rhonda Jackson Kelli Janowski Virginia Johnson **Nadine Johnson** Roberta Kauffman **Mary Lacroix** George Levine Donna L. Lloyd Patricia Macklin Ross McDonald Leon MeLoni Janice E. Moon Jean Mundy **Doris Murphy** Lois Nagelberg Jody Olkowski Joseph Oltromonto

Suzanne Osborn Alfred Padeletti Norma Jean Payne Jean Pedicone **Rhona Perkins Shirley Plant Dwayne Powell** Diane Rausch Eleanor M. Rawley Alice Rizzo Veronica Romanelli Frank Romano Yvonne Russell Suzanne Schadel **Eleanor Schauer Diana Seward Ceanne Sewell Brenda Shivery** Joann Simmens Marie Smalls **Bettie Smith Thomas Sutor Audrey Taylor Larry Thurrell** Margie Tiburgi Hazel Tolbert **Louise Toliver** Jane VanValkenburg **Deborah Vick** Amie Webster Barbara L. Wilkins Linda A. Williams Forrest Young

# News and Notes From









We have unmasked our first three Hidden Heroes!

A Hidden Hero is an individual or group of volunteers in Delaware whose service is impacting others and throughout 2021, we plan to unmask as many as possible! Each Hidden Hero will receive a Certificate as well as a Volunteer Delaware Service Superhero Mask and Cape. Nominate a Hidden Hero today by visiting our website https://volunteer.delaware.gov

# **Looking for an At Home Service Project?**

HeartArt is colleting Valentines for Veterans



Needed:
Signed Cards
(can be homemade or purchased)
&
Individually Wrapped

Candy

For more information contact GiveHeartArt@gmail.com



Don't forget to follow Volunteer Delaware on Facebook and Instagram #VolunteerDelaware #VolDE50plus



# News and Notes From



Kudos for a Cause is back for 2021! Schell Brothers s giving back to the community in a BIG way – and you can help. Each month Project Kudos will be partnering with a different charity to help spread happiness and raise money for a good cause.

1 KUDOS = \$1 donated

All you have to do is post on social media and say Thank You to someone you know. Use #ProjectKudos and Schell Brothers will make a donation of \$1 for every post made.



Thank you to everyone who joined Volunteer Delaware for our Virtual Day of Service in honor of the Rev. Dr. Martin Luther King, Jr

397 Registrations for this event exceeded our expectations and the interactions throughout the day demonstrated Delaware's dedication to service. Be sure to visit our partner organizations.

























# **HOW DOES THIS WORK?**

A 'Kudo' is any praise or thanks given to someone else. In this case, KUDOS can be given anywhere on Facebook such as your own personal page or on our Volunteer Delaware page as long as they include #ProjectKudos.

You can also visit the **Project Kudos Powered by Schell Brothers** Facebook page and give kudos in the comments section.

# Here's an example —>

The more kudos, the more funding the organization receives from Schell Brothers.



# Spotlight

# Spread the OVE

write a thank you note to a nurse, first responder, a teacher...

write a get well card to someone in the hospital.

Write a thinking of you note to a friend or grandparent, a senior living in a care facility...





Even more fun if you can make cards together with your grandchildren using facetime / zoom / skype / messenger or any video chat app.





Please join us in writing and gifting cards to patients and caregivers at Christiana Care Hospital locations. You may send or drop off your cards to:

ChristianaCare Volunteer Services 4755 Ogletown-Stanton Road Newark, DE 19718

# LITERACY Delaware SPEAK-READ-SUCCEED

# **ONGOING OPPORTUNITIES**

### **Literacy Delaware**

We depend on the volunteer service of our trained tutors to help adult learners with low literacy and English language skills in Delaware improve English language skills **as well as** those learning or improving basic reading, writing, and math skills.

## ADULT TUTORS NEEDED!!!!

\*\*\* No Experience Required \*\*\*

Volunteers will receive necessary training and have access to materials to assist with instruction. Volunteers will be matched an adult client(s) (individual or small groups) who needs reading, writing or English language instruction. Volunteer will meet weekly with his/her client(s) at a location agreed upon by both parties (community center, library, etc.) \*Training and instruction is being delivered virtually during the COVID-19 pandemic.

## To become a Literacy Delaware Tutor, you must:

- Be at least 18 years old
- Complete paperwork, submit references, and complete a background check
- Commit to at least 4 hours of instruction per week, at least 90 hours of instruction per year
- Participate in a tutor orientation workshop and complete tutor training; this can be done virtually, online
- Trained tutors are matched with waiting learners
- Tutors and learners set up meetings at mutually convenient times and locations; this can be done virtually, online
- Literacy Delaware provides tutors with teaching materials and books needed at no cost
- Additional support is always available when needed or requested



# WE ARE UP AND RUNNING WITH VIRTUAL TRAINING AND INSTRUCTION!

Tutoring not your thing? Contact us for others way to help. For more information please contact Literacy Delaware at <a href="mailto:admin@literacydelaware.org">admin@literacydelaware.org</a> or call 302-658-5624.



Seasons Hospice & Palliative Care of Delaware is seeking volunteer knitters and crocheters to make lap blankets for our Veteran patients!

Seasons will supply the yarn and you can choose the stitch and design. You will be creating a touching memento for our Veteran patients and their family members that they can cherish for a lifetime.



Please contact Rebekah Welch, Volunteer Coordinator, at 302-533-3800 or at rwelch@seasons.org for more information.

www.seasons.org

For more information please contact Volunteer Delaware 50+ at 302-255-9882.



# USE YOUR UNIQUE TALENTS TO SUPPORT OTHER VETERANS

**Become a Veteran Volunteer!** 



# What is the importance of Veteran Volunteers?

- Veterans are part of a distinct culture with their own common language and experience.
- When Veterans interact, their common language and experience can form a strong relational bond.
- The camaraderie created between Veterans has proven to be supportive for all involved. Veteran Volunteers have the unique ability to relate and connect with Veteran hospice patients and their families.

# **Available Opportunities**

- Provide friendly visits to Veteran hospice patients and assist them in reminiscing and give them an opportunity to tell their stories.
- Participate in pinning ceremonies and distributing certificates.



For more information about becoming a volunteer, please call or email Rebekah Welch, Volunteer Coordinator at 302.533.3800 or rwelch@seasons.org.



#### BECOME A SEASONS HOSPICE CIRCLE OF CARE VOLUNTEER

Share Your Time... You Can Make a Difference!

Have you retired and wish to use your former skills to benefits others? Do you enjoy customer service and providing supportive phone calls? Do you have time and CARE to spare?

If the answer is yes then you should become a Seasons Hospice Circle of Care Volunteer! As a Seasons Hospice Circle of Care Volunteer you will make friendly, supportive check-in **phone calls** with our patients who are being

cared for by their loved ones at home. You'll be calling to see if they have any needs such as medicine or supplies that must be addressed before each weekend by the hospice team. These **calls can be made from home** during the pandemic or from our Newark office after the pandemic. Volunteers make their phone calls on a Wednesday or Thursday between the hours of 10am and 3pm.



#### BECOME A SEASONS HOSPICE FRIENDLY VISITOR VOLUNTEER

Share Your Time... You Can Make a Difference!

Seasons Hospice & Palliative Care of Delaware is seeking Friendly Visitor Volunteers to share their time and provide friendly volunteer visits to terminally ill patients and their families. There is no medical or personal care involved - just caring from the heart! Volunteer visits are flexible, based on your availability and are always close to your home. We provide professional and comprehensive training that prepares our volunteers to visit patients in homes and facilities. *YOU* can make a difference by...

- Providing companionship and conversation
- Reading aloud to a patient or listening to music together
- Looking at photos together and sharing memories
- Working on a craft project together
- Sitting with a patient so their caregiver can run errands or go to a doctor appointment
- Journaling to help a patient record their history
- Watching movies or television together
- Playing cards or games
- Taking a patient for a walk in a wheelchair
- Providing a supportive presence

Volunteers are provided orientation and training and are required to complete a background check, fingerprinting, and drug screening, which are paid for by Seasons Hospice.

Show them that you care! Contact Seasons Hospice today to become a Hospice Volunteer and help with our Circle of Care calls! For More Information Call or Email Rebekah Welch, 302-533-3800 or <a href="mailto:rwelch@seasons.org">rwelch@seasons.org</a>. You can also visit our web site at <a href="www.seasons.org">www.seasons.org</a>.





## CHILD ADVOCATES NEEDED

The Office of the Child Advocate- Court Appointed Special Advocate Program (CASA) of Delaware is expanding its efforts to represent the interests of abused and neglected children. The program is seeking qualified adults to serve as CASA volunteers.

CASA volunteers are trained members of the community who are appointed by a Family Court Judge to be a voice for Delaware's abused and neglected children in court proceedings. The CASA volunteer conducts an independent investigation into the child's life and provides information and recommendations to the Judge. CASA volunteers work with attorneys, social workers, and family members to attain a safe and permanent home for each child.

CASA volunteers have varied professional, educational and ethnic backgrounds. They are selected on the basis of their objectivity, competence and commitment. Each volunteer accepted into the program must complete 30 hours of initial training. Casework supervision is provided by full time Program Coordinators.

The problems of child abuse and neglect belong to all of us. Be part of the solution. Be a CASA volunteer.

Classes are forming now for Training statewide!

Contact Lauren Brueckner at (302) 245-1895 or email her at <a href="mailto:lauren.brueckner@delaware.gov">lauren.brueckner@delaware.gov</a> with any questions

Apply online TODAY! https://courts.delaware.gov/childadvocate/casa/application.aspx

Sign up for a CASA Delaware virtual information session to learn more about our program.

#### **FOLLOW us!**

Facebook: Office of the Child Advocate
Instagram: OCADelaware
Twitter: OCADelaware



We are in need of **healthy volunteers** to help pack emergency meal boxes in both our Newark and Milford facilities. Health and safety measures have been taken to protect our volunteers.

# To register to volunteer with the Food Bank please visit <a href="mailto:fbd.volunteerhub.com">fbd.volunteerhub.com</a>

- Tasks may include: sorting and packing food/meals, sorting & bagging produce, shelving food, and cleaning coolers.
- Volunteers must be at least 16 years old to volunteer independently. Younger volunteers (ages 7-15) accepted when volunteering with a parent/guardian (please email <u>volunteer@fbd.org</u>).
- Volunteers will be on their feet for the majority of the time
- Some volunteers may be asked to lift and/or move boxes of food weighing up to 50 lbs.



**Connecting Generations** 

Empowering at risk youth to become successful in school and in life

# CONNECTING GENERATIONS

Social-Emotional Learning Workshops



Mentoring helps children achieve success in school and life by helping to build self-esteem, self-confidence, interpersonal communication skills, social values, aspirations and school engagement. Through personal one-on-one time, mentors work with students to develop their unique qualities and to reach their full potential. If you have 30 to 60 minutes a week to invest in a student, we need you! We find that mentors get as much out of the relationship as the students. Come join us and make a difference in the life of a student!

For more information please contact us at 302-656-2122 x0020 or email <a href="mailto:dthomas@connecting-generations.org">dthomas@connecting-generations.org</a>.



# Volunteer Recruitment Virtual Open House Event

February 15, 2021 @ 12:30 - 1:30 pm



# Our work is possible because of people like you!

The vital work of the American Red Cross is made possible by people like you who contribute their unique backgrounds, talents and skill levels. Our needs change based on current events, adding flexibility to get you involved in an area that inspires you!

- Are you someone with strong listening skills and the ability to work with culturally diverse populations?
- · Are you someone who can provide care, comfort and compassion?

Join us on February 15<sup>th</sup> to learn how you can become part of our volunteer family across the National Capital and Greater Chesapeake Region!

The Open House will be conducted via Microsoft Teams. You can join with or without video through your phone or computer!

An event link will be provided by email upon completion of the registration form below.

#### Register here:

http://www.redcross.org/volopenhouse

# The New Castle County

# **Hope Center**



The New Castle County Hope Center is a 501C3 non-profit that provides emergency temporary non congregate shelter and holistic services for adults and families experiencing homelessness in Delaware as an immediate response to address the County's public health crisis and mitigate the spread of Coronavirus.



anyone in need of shelter, please call 1-833-FIND-BED or email intake@ housingalliance de.org

## NCC Hope Center, New Castle County

Volunteer at the New Castle County Hope Center to help distribute lunches from 9am to 12pm each day (3 to 4 volunteers at one time). Minimum age to volunteers is 18.

No qualifications or previous experience is required to volunteer at the shelter. Volunteers will have direct contact with shelter clients under supervision. Volunteers must be mature, have good decision-making skills and willing to take directions and ask for help when needed. Just a willingness to help those in need and a desire to work with vulnerable individuals and families who are experiencing hardship. All volunteers will

receive training as part of their volunteer service and must pass a background check.

**Location:** 365 Airport Road, New Castle, DE 19720.

#### **Time Periods:**

- Sunday: 9:00 AM 12:00 PM
- Monday: 9:00 AM 12:00 PM
- Tuesday: 9:00 AM 12:00 PM
- Wednesday: 9:00 AM 12:00 PM
- Thursday: 9:00 AM 12:00 PM
- Friday: 9:00 AM 12:00 PM
- Saturday: 9:00 AM 12:00 PM



Interested in donating financially to the NCC Hope Center?
Please contact Sally Loessner at sallycountypride@gmail.com.

You may also make a gift by sending a check payable to New Castle County Hope Center, a 501C3, Attn: Sally Loessner, Development Director, at 365 Airport Road, New Castle, Delaware, 19720.

Interested in donating clothing to Hope Center guests? Visit the Friendship House Clothing Bank.

Interested in volunteering in the near future? Please contact Nicole
Waters at

Nicole.Waters@newcastlede.gov / call 302-388-1040 or contact

Umema Ganijee at uganijee@nccde.org.





# Donate Your Time! Canteen Refreshment Volunteer

Make a positive difference in your community!

Serve snacks/drinks and have fun with donors! (Age 18+):

Be the friendly person we need to serve snacks and drinks to our blood donors after they donate. You serve a very important role in watching the donors during snack time, making sure they are doing well and calling for assistance if needed. You interact with people, making them feel comfortable and good about their donation and time given to save lives!

Canteen volunteers needed on Mobiles throughout New Castle and in Concord (just over DE line on 202) and Greeters in the Christiana site. All COVID precautions are being taken in all BBD centers and mobiles.

Apply here: <a href="https://www.delmarvablood.org/volunteer">https://www.delmarvablood.org/volunteer</a> or call Angela at 302-737-8405 Ext.
819 or email <a href="mailto:awilliamson@bbd.org">awilliamson@bbd.org</a>

#### **Donate Blood or Plasma**

#### Whole Blood

Most people donate whole blood—approximately 1 pint. After donation, your blood is separated into its components (red blood cells, platelets, and plasma) for distribution to local hospitals.

**Total time to donate:** 1 hour (from registration through refreshments)

Can be donated: every 56 days



## **Mobiles in February (subject to change)**

Mobile Canteen Siegel Jewish Community Center 101 Garden of Eden Road, Wilmington	2/4	9am - 2pm
Mobile Canteen Talleyville Fire Co. Station 25 3919 Concord Pike, Wilmington	2/9	12 - 5pm
Mobile Canteen Connection Community Church 4744 Summit Bridge Rd. Middletown	2/12	9am - 2pm
Mobile Canteen Christ Church Christiana Hundred 505 East Buck Rd. Wilmington	2/19	9am - 2pm
Mobile Canteen Talleyville Fire Co. Station 25 3919 Concord Pike, Wilmington	2/23	12 - 5pm
Mobile Canteen Lutheran Church of The Good Shepherd 1530 Foulk Road, Wilmington	2/27	9am - 2pm
Christiana Donor Center 100 Hygeia Drive, Newark, DE 19713	1-888-825-6638	

#### **Plasma Donation**

A plasma donation uses automated technology to collect a concentrated volume of plasma, most often needed to treat accident and burn victims, that helps transport nutrients and proteins in blood throughout your body via the circulatory system. Type AB donors are especially valuable as plasma donors. Total time to donate: 1 hour, 15 minutes (from registration through refreshments) Can be donated: every 28 days

To schedule your appointment to donate please visit: <a href="https://donate.bbd.org/donor/schedules/zip">https://donate.bbd.org/donor/schedules/zip</a>



## Brandywine Valley SPCA | Photographer Volunteer

Help us capture all of our shelter pet's unique quirks through photography! Your photographs will be used to update our website and social media accounts. Photographers are expected to bring their own supplies.

The Brandywine Valley SPCA has not stopped operations, never did, and volunteers are welcome in all departments. Orientation classes are smaller to assure social distancing, but beyond that, not much has changed. There is still a great for donations and volunteers. We've been busier than ever, and saved more lives in 2020 than any year prior, in our 91 year history.

If you are interested in supporting us but would like to do so remotely, please give us a call at **302-858-4202** or visit us at <a href="https://bvspca.org/get-involved/volunteer">https://bvspca.org/get-involved/volunteer</a>



PREVENT, DETECT & REPORT

Join the New Castle County SMP Volunteer Team by contacting:

302-255-9510/Office

322-518-0246/Mobile

bernice.dunton@delaware.gov

# Volunteer & Make a Difference

The Senior Medicare Patrol is a national group of volunteers of all ages who help senior citizens and Medicare recipients identify and report Medicare fraud and abuse.

Becoming a volunteer is a great way to interact with seniors and their care-givers to educate them about how to recognize the various forms of fraudulent practices and abuse and what to do when faced with the reality. Most of all, you'll be making a difference by empowering others to help stop the loss of billions of dollars to Medicare each year.



# You don't need to be a superhero to DEFEND POTENTIAL

# Become a Big Brother\* or Big Sister Mentor!





Community-Based Mentors are "matched" with youth ages 6-14 and meet with their "Little" 2-4 times per month, outside of school.

# Activities can range from...

- \*chilling on a park bench
- \*goal setting
- \*taking a walk
- \*sharing interests
- \*playing sports
- \*grabbing a bite to eat
- \*chatting about life



Learn more : www.bbbsde.org Email info@bbbsde.org

Big Sisters.

Whatever the activity, the focus is on providing a positive role model for Delaware at risk youth giving them a chance to succeed both socially and academically.

Big Brothers

\*WE HAVE A HUGE NEED FOR MALE MENTORS.

# BIRD RESCUE & RESEARCH, INC. (302) 737-9543

# **ONGOING OPPORTUNITIES**

The mission of **Tri-State Bird Rescue & Research** is to achieve excellence in the rehabilitation of injured, orphaned, and oiled native wild birds, with the goal of returning healthy birds to their natural environment. We do this through compassionate care, humane research, and education.



Caring for injured, orphaned, or oiled birds is a rewarding challenge.

Tri-State's professional staff is augmented by over 200 active volunteers who donate more than 20,000 hours annually to help care for birds and keep the center running smoothly. Talents are needed in a variety of areas such as bird care, oil spill response, front desk reception, landscaping and maintenance, office support, fundraising, marketing, and special events.

If you are interested in volunteering, or for more information, please call us at (302) 737-9543, ext. 102 or email us at volunteer@tristatebird.org.



International
Delaware Chapter

# People to People Delaware Chapter

People to People Mission

is to enhance international understanding and friendship through educational, cultural, and humanitarian activities involving the exchange of ideas and experiences directly among peoples of different countries and diverse cultures.

#### **Volunteer Opportunities:**

<u>Opportunity 1</u>: Administrative tasks virtually on a as needed basis, based on your schedule. Basic Word/PC skills required

**Opportunity 2:** Assist Fundraising Committee with researching

grants, etc. and philanthropic partnerships

<u>Opportunity 3:</u> Assist Program Committee with coordinating

cultural programs on Zoom, etc.

For more information about People to People please contact Mary Cella at info@ptpde.org or visit <a href="www.ptpde.org">www.ptpde.org</a>.

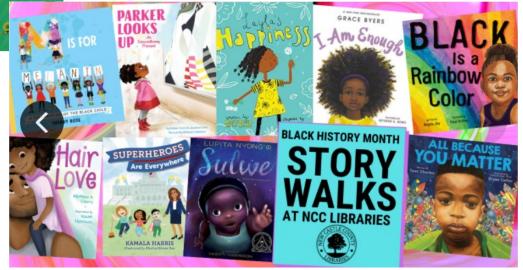


# VIRTUAL BLACK HISTORY MONTH EXPERIENCE

## A NOTE FROM OUR PARTNER

www.nccde.org/930/Celebrate-Black-History-Month





# happenings Worderful Winter



#### FREE STORY WALKS

Story walks are outdoor presentation of picture books located at or around your local NCC Libraries or parks throughout the month of February. Read them all as you take a stroll with your kids. Great experience for all ages.

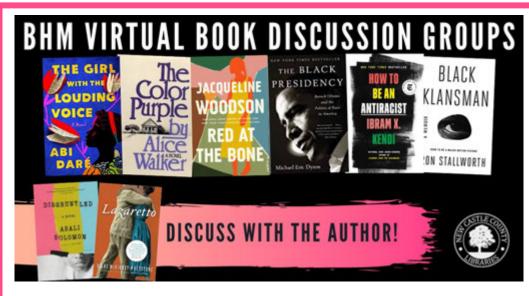
For a full list of titles and locations please visit

https://www.nccde.org/930/Celebrate-Black-History-Month

Join the team that makes all of New Castle County events and programs possible.

For more information about becoming a volunteer, please visit:

<a href="https://nccde.org/517/Volunteer-Opportunities">https://nccde.org/517/Volunteer-Opportunities</a>



Adults can join in these live online book discussion groups.

Groups meet via zoom.

Space is limited, so registration is required.

For a list of titles, group dates and registration links visit: <a href="https://www.nccde.org/930/Celebrate-Black-History-Month">https://www.nccde.org/930/Celebrate-Black-History-Month</a>

# **Celebrate Black History**



# **REGISTRATION IS REQUIRED!**

https://www.nccde.org/93o/Celebrate-Black-History-Month

A Student's Quest for Racial Reckoning in Delaware February 3, 2021, 6:00 PM - 8:00 PM @ Online on Zoom -



Founder of the Delaware Social Justice Remembrance Coalition, Savannah Shepherd, speaks of her experience visiting the Equal Justice Initiative and the journey

toward implementing its community remembrance project in Delaware.

Louis Armstrong Life & Music February 7, 2021, 2:30 PM - 3:30 PM @ Online on Zoom -



Louis Armstrong was a very influential figure in early jazz.
Armstrong had the distinction of becoming the first black American entertainer to crossover via mass media to white

audiences and became THE most pivotal person promoting race relations in the entertainment business.

# The First Black Democrats February 13, 2021, 11:00 AM - 12:00 PM @ Online on Zoom -



Bishop Alexander Walters,
Reverend J. Milton Waldron,
and others made the
considered, and
controversial, argument to
support the Democratic
Party in the early 1900s.
Using primary source

documents and first person narratives, host Syl Woolford presents the thinking behind their decisions. Presented by Syl Woolford.

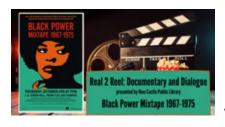
## A NOTE FROM OUR PARTNER

Jazz and the Civil Rights Movement, February 16, 2021, 4:30 PM - 5:30 PM @ Online on Zoom



Master flutist and educator Galen Abdur-Razzaq discusses the tie between jazz and the civil rights movement. Enjoy a conversation, Q& A, and flute performance.

Real 2 Reel: Documentary and Dialogue -"The Black Power Mixtape 1967-1975" February 19, 2021, 7:00 PM - 9:00 PM @ Online



Real 2 Reel: Documentary and Dialogue - "The Black Power Mixtape 1967-1975" The best documentaries engage your mind and your heart. Join us this month as we watch "The Black Power Mixtape 1967-1975" (2011),

which features footage shot by a group of Swedish journalists documenting the Black Power Movement in the United States, edited together by a contemporary Swedish filmmaker. Stay after the credits for a lively discussion if you'd like. Registration is required. For more information, please email cheryl.clem@newcastlede.gov.

#### Mlanjeni Magical Theater: I Remember Dr. King February 20, 2021, 11:00 AM - 12:00 PM (a) Online on Zoom



Join us for a magical event full of puppets, stories, and music! The Mlanjeni Magical Theater will be performing a show about Dr. Martin Luther King Jr. and the Civil Rights Movement! Families are more

than welcome to help the Route 9 Library celebrate Black History Month through performing arts.

#### Bessie Coleman February 24, 2021, 6:30 PM - 7:30 PM @ Online in Zoom



This mixed media presentation, presented by Sharon Moore, uncovers and appreciates the power, ingenuity, and strength of Bessie Coleman, depicted in costume by presenter Sharon

Moore. The circumstances surrounding her life might suggest that obtaining basic needs would be sufficient. Yet, she exceeded acquiring the basics and forged forward as a pioneer in territory only moderately developed — aviation. She propelled beyond barriers in a male-dominated arena and became a flyer.



**FEBRUARY 4** 

WORLD CANCER DAY

8 PM ET

Join us on Thursday, February 4 for a nationwide virtual kickoff on Facebook Live. We'll come together as a community to kickstart another year of celebrating lives, sharing stories, and using our strength as a community to fight for a cancer-free future. Relayers make the impossible possible.

Visit <a href="https://bit.lv/Relay2021Kickoff">bit.lv/Relay2021Kickoff</a> for more information.



The CareWear Project consists of many dedicated volunteers who knit and crochet year-round for vulnerable populations in New Castle County. Crafters of all ages create beautiful hand-made cold weather clothing and blankets which are then distributed to families and individuals through area non-profits, social service agencies and hospitals as part of Make A Difference Day. To-date over 26,000 items have distributed.

# YARN DONATIONS NEEDED!!!

To donate new / clean yarn please email Guadalupe.Murphy@delaware.gov or call 302-255-9746.







Start the New Year with a kitchen full of fresh, local produce and other locally-made items while supporting the Food Bank's Delaware Food Works workforce development initiative!

# FRESH FOODS FOR SALE EVERY THURSDAY AND FRIDAY FROM 1-6PM AT THE FOOD BANK IN NEWARK!

#### WHAT'S AVAILABLE?

- Assorted greens, carrots, turnips and more grown on the Food Bank farm (farm pictured to the right)
- Baked breads from the Food Bank's Chef Tiarra Thomas
- · Crab cakes from Henretty's
- Meats and eggs from Powers Farms
- Ice cream from Woodside Farm Creamey
- · Cheese from Chesapeake Gold Farms
- Coffee from Pike Creek Coffee Roasters
- Chocolate from Double Spiral Chocolate
- Jams and jellies from Backyard Jams & Jellies
- Honey from Swarmbustin' Honey
- And more!





### FIND THE FARM STAND AT 222 LAKE DRIVE IN NEWARK!

# WHEN YOU ARRIVE, ENTER THE FRONT PARKING LOT AND PARK IN THE CUL-DE-SAC!

Proceeds from farm stand sales benefit the Food Bank of Delaware's Delaware Food Works workforce development initiative.



# Special Olympics PLUNGE HAS GONE

DISCOVER Wawa

It's not important how you Plunge, it's important who you Plunge for.

# SIGN-UP

Make sure you register by Feb. 7 at midnight. Bears don't let Bears Plunge alone - once you sign up, get your friends to join you!

# SPLASH

Your Plunge, your way. Get creative and get your pack of Bears together (safely socially distanced and/or with masks, of course) or Plunge yourself - however and wherever you choose.

# SHARE

We know your Plunge will be awesome, share it with us! Post photos and videos on social media - you might just go viral! #PlungeDE #BackyardBeach

Feeling competitive? Enter our Virtual Plunge Contest! It's easy to do and you could win some beary cool prizes. For full contest details, visit plungede.org.





























# PEACE CORPS VOLUNTEERS:

## PROMOTING PEACE THROUGH UNDERSTANDING: LIFE IS CALLING

Promoting Peace Corps and international experiences through the eyes of Return Peace Corps Volunteers. Peace Corps Volunteers share their experiences as volunteers abroad and how host country nationals have been impacted as well as the volunteers during their service. Building understanding is a mutual mission for both PTPDE and PC.

WHEN: February 11, 2021 - 6pm to 7:30pm

Please register via this link: <a href="https://tinyurl.com/ptpde">https://tinyurl.com/ptpde</a>

ZOOM meeting details will be shared prior to the start of the program



# Meet the speakers!









PTPI was founded by President Dwight D. Eisenhower and is dedicated to the principle of "Peace Through Understanding"

Website: <a href="https://www.ptpde.org">www.ptpde.org</a> Email: info@ptpde.org



New Location Expands Medical Capabilities & Enhances Quality of Life for Adoptables.



We're excited to announce the purchase of a property in New Castle that will replace our current New Castle Campus with a larger, more comprehensive shelter and low-cost veterinary care facility. A former veterinary specialty center, the new campus will double our capacity to treat and spay/neuter family

pets, establish an intensive care unit (ICU) for shelter animals and family pets, and improve the quality of life for shelter animals waiting to be matched with families.

The 12,268 square foot facility sits on three acres at 290 Churchmans Road. We plan to use the veterinary space to expand services to pet families and shelter pets while adding 7,658 square feet of state-of-the-art space for shelter animals. The current New Castle Campus opened in 2016 after we leased and renovated a lumber warehouse. It has served us well, but the time has come to expand to further increase our positive impact on Delaware's animals.

Expected to be the largest and most full-featured of our four campuses, this facility will include resources for family pets and shelter animals in New Castle County as well as our other service areas based on its central location. Highlights include:

- First in-house shelter ICU in Delaware to treat shelter animals that currently go for outside emergency care as well as for families who can't afford specialty care for their pets
- Double the clinic space for veterinary care for family pets
- Double the spay/neuter capacity
- New specialty surgery capabilities for shelter pets & family pets from all of our locations
- Quarantine treatment rooms to help more shelter & family pets with contagious diseases
- Indoor/outdoor dog runs & outdoor dog play yards (currently 1 indoor yard)
- Double the cat housing capacity
- Outdoor catio for adoptable cats
- Large community room for humane education & service groups

Your donation to help us open this new campus will help us reach more animals in need while giving families more options to care for the pets they love so they don't become shelter animals.

Please donate today as an investment in the animals depending on all of us.

To make a donation or to learn more please visit

https://bvspca.org/Newcastle.













Virtual Senior Programs bring fitness and educational programs directly into the homes of seniors across New Castle County. New videos are released weekly on Tuesdays and Thursdays along with upcoming special workshops and other programs. These programs are designed to cultivate creative skills and

personal enrichment through entertaining and intellectual activities, as well as physical exercise.

Join us on Tuesdays for Tai Chi with Winston and Thursdays for Quilting with Maryann. Videos are available to watch through this page as well as on YouTube and Facebook.











# Free Legal Advice/Assistance for Veterans

Every first Wednesday of the month from 1:30 – 2:30 p.m.

Call-in Information:

Phone: 872-701-0185

Access Code: 103 735 391#



# AVOID COVID-19 Vaccine Scams

As COVID-19 vaccine distribution begins, here are signs of potential scams:

- You are asked to pay out of pocket to get the vaccine.
- You are asked to pay to put your name on a vaccine waiting list or to get early access.
- Advertisements for vaccines through social media platforms, email, telephone calls, online, or from unsolicited/unknown sources.
- Marketers offering to sell or ship doses of the vaccine for payment.
- Protect Yourself. Do not give out your personal information to unknown sources.
- If you believe you have been the victim of COVID-19 fraud, immediately report it to:
- HHS-OIG Hotline: 1-800-HHS-TIPS | tips.hhs.gov
- FBI Hotline: 1-800-CALL-FBI | ic3.gov
- CMS/Medicare Hotline: 1-800-MEDICARE

For accurate, up-to-date information about COVID-19, visit:

oig.hhs.gov/coronavirus fbi.gov/coronavirus justice.gov/coronavirus









#### RESOURCES



# Free Chronic Pain Workshop The Delaware Chronic Pain Self-Management Program

# Virtual Chronic Pain Self-Management Program

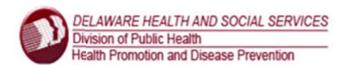
January 20-February 24, 2021 Wednesdays from 1:00pm to 3:30pm (1/20, 1/27, 2/3, 2/10, 2/17 & 2/24)

# More knowledge about chronic pain management can:

- Help prevent and/or delay health complications
- Identify techniques to help diminish chronic pain
- Help people with chronic pain understand the importance of an action plan for chronic pain control
- Improve chronic pain self-management

# Sign up for free classes!





Register online at <a href="www.HealthyDelaware.org/SelfManagement">www.HealthyDelaware.org/SelfManagement</a>
For questions or help with registration call
Self-Management Programs at 302-990-0522 or email us at
DPHSMP@Delaware.gov

#### RESOURCES



# Free Diabetes Workshop The Delaware Diabetes Self-Management Program

# Virtual Diabetes Self-Management Workshop

January 12-February 16, 2021 Tuesdays from 9:30am to 12:00pm (1/12, 1/19, 1/26, 2/9 & 2/16)

# More knowledge about managing diabetes can:

- Help you prevent and/or delay health complications
- Improve your hemoglobin A1C (average blood sugar reading)
- Help you make better food choices and lose weight
- Help you better control your glucose levels through exercise and stress management
- Help you communicate better with your health care providers

# Sign up for free classes!





Register online at <u>www.HealthyDelaware.org/SelfManagement</u>
For questions or help with registration call

Self-Management Programs at 302-990-0522 or email us at DPHSMP@Delaware.gov

#### RESOURCES



# Free Cancer Workshop

The Delaware Cancer: Thriving & Surviving Self-Management Program

# Virtual Cancer: Thriving & Surviving Self-Management Program

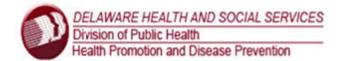
February 4 - March 11, 2021 Thursdays from 2:30pm to 5:00pm (2/4, 2/11, 2/18, 2/25, 3/4 & 3/11)

# More knowledge about living with cancer can:

- · Help prevent and/or delay health complications
- Support techniques to deal with frustration, fatigue, pain, isolation, poor sleep and living with uncertainty
- Help evaluate and make decisions about treatment and complementary therapies
- Help with communicating effectively with family, friends and health professionals

# Sign up for free classes!





Register online at <a href="https://www.HealthyDelaware.org/SelfManagement">www.HealthyDelaware.org/SelfManagement</a>
For questions or help with registration call
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