



## 2019 VOLUNTEER OPPORTUNITIES WITH OUR COMMUNITY PARTNERS

### *Volunteer Recognition Luncheon*

On behalf of the Volunteer Delaware 50+ program, I would like to express our gratitude for your volunteer services and dedication. We want you to know that we have noticed your efforts and your impact on our community. You have been constantly making subtle but important differences in people's lives as child advocates, volunteer coaches, long term ombudsmen, medical drivers, meals on wheels volunteer drivers, and many more. Not only that, but you've done it all with immense enthusiasm, which we cannot help but admire.

With an unparalleled passion and compassion, you immersed yourself in meaningful service and turned our hopes into reality by meeting our community's critical needs and beyond. The 50+ hours of volunteer services you've accumulated are no small feat, and you should really pat yourself on the back for it as well. As a token of our appreciation, we are inviting you to be our guest for our annual Volunteer Recognition Luncheon. Please RSVP by Friday, October 18<sup>th</sup>. You may do so by contacting Guadalupe Murphy at 302.255.9746 or by email at [guadalupe.murphy@delaware.gov](mailto:guadalupe.murphy@delaware.gov).

If you are not sure whether or not you reached a minimum of 50 volunteer service hours, please contact your volunteer coordinator, at the station where you volunteered last year, to verify that for you.

We truly hope you can join us!

On behalf of all of us at Volunteer Delaware 50 +thank you once again!

~ Layokat 'Kate' Rasulova, Volunteer Coordinator

**Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of State Service Centers. Their mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of volunteers.**

**For More Information Visit:  
[Volunteer.Delaware.gov](http://Volunteer.Delaware.gov)**



### **Just A Little Reminder**

News and announcements

### **One-Time Volunteer Opportunities**

Looking for a one-day special event to kick off your volunteer journey or learn about a new organization?

### **Ongoing Volunteer Opportunities**

Looking for a reoccurring opportunity where you can help and build great relationships?

JUST A LITTLE  
*Reminder*

You are cordially invited to attend the  
2019 New Castle County Volunteer Delaware 50+

## Volunteer Recognition Luncheon

***"VOLUNTEERS ARE SWEET AND COOL!"***

You've reached 50+ hours of volunteer service and we want to honor you!

Allow us to do so by joining us on Wednesday, November 13, 2019

Executive Banquet and Conference Center  
205 Executive Drive, Newark, DE 19702

Time: 11:00 am - 2:00 pm

Please RSVP by October 18th:

[nccrecognition2019.eventbrite.com](http://nccrecognition2019.eventbrite.com) or

[Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov) or (302) 255-9746

Seating is on a limited, first call basis.

This event is sponsored by the

Division of State Service Centers - State Office of Volunteerism  
and the New Castle County Volunteer Delaware 50+ Advisory Council



DELAWARE HEALTH AND SOCIAL SERVICES  
Division of State Service Centers  
State Office of Volunteerism

Dear Members and Volunteers!

We are gearing up for our most exciting event, our annual volunteer recognition luncheon. This year we wanted to offer you the opportunity to be part of the process. We would like to showcase your stories through your own words and /or pictures, and were wondering if you had some time to share them with us.

Do you have a fun, funny, crazy, silly story that happened while you were volunteering? Does volunteering mean something different to you? Have any of your experiences been a real tearjerker? If you answer yes to any of these questions and would not mind sharing the details with us, we would love to have a chat.

We can do it over the phone or in the person, whichever way works best for you. Just send us your contact details, and we will get in touch with you.

We really appreciate any support you can give us in this endeavor, and hope you are as excited as we are to showcase your stories.

Thank you for all you do!



# JUST A LITTLE *Reminder*

## VOLUNTEER DELAWARE 50+

For the tenth year, Volunteer Delaware 50+/State Office of Volunteerism within the Division of State Services Center is offering its support to Stocking for Soldiers as part of the September 911 Day of Service and will place barrels throughout the state to collect goodies for our troops and their K9 partners serving overseas.

In support of this effort, we are collecting items such **travel-sized toiletries, small candies, gum, DVDs, small cans of tuna or other non-perishables, ramen noodles, lib balms, socks, razors, and more.**

Other ways to donate include financial contributions to cover the cost of postage, letters of appreciation to a soldier or the stockings themselves. The patterns for the stockings are available at [the website](#).

Donations are being accepted at the following locations. **Public libraries in New Castle County**

- Bear Libraries, 101 Governors Place, Bear
  - Hockessin Library, 1023 Valley Road, Hockessin
  - Newark Free Library, 750 Library Ave, Newark
- Buildings on Herman Holloway Campus, 1901 N. DuPont Highway, New Castle County**

- Main Administration Building
- Charles Debnam Building
- Springer Building

### Volunteer Delaware 50+ program looking for volunteers!

- ⇒ Volunteer to provide office support or assist with one or more of our programs:
  - Volunteer Delaware 50+ Office Support / Special Events Volunteer: assist with day-to-day operations– may include data entry, filing, assembling packets, sorting/inventory, helping with marketing & outreach initiative.
  - Stocking for Soldiers Projects: volunteer to assist with picking up donations from libraries and dropping them off at our office.
  - CareWear Program: volunteer to make winter items for those in need.
  - A Matter of Balance: volunteer to become a certified coach.
- ⇒ We really would love to hear more of your volunteer stories. These could be stories of recognition and appreciation or personal accounts that could really inspire others who are thinking about getting involved in volunteerism to make that first step and get involved in their own way and help local organizations in need.
- ⇒ Provide support and/or encouragement to the Volunteer Coordinator at your site to submit your volunteer hours to our program on the 10th of every month.

For more information about Volunteer Delaware 50+ in New Castle County please call 302-255-9882 or visit us at <https://volunteer.delaware.gov/volunteer-delaware50> OR [www.facebook.com/VolunteerDelaware](https://www.facebook.com/VolunteerDelaware) (don't forget to like us on Facebook)3



## 16<sup>th</sup> Annual Stockings for Soldiers



FROM: October 7<sup>th</sup>, 2019 TO: December 6<sup>th</sup>, 2019

**Please Help Send Some Holiday Cheer to Our Troops.  
Our brave Troops in Harm's Way would love to receive stockings for the holidays.**

Over the past 15 years, our project has sent over **106,000** stockings to our wonderful troops. We want to continue to let them know we are thinking of them while they are away from home and their families. We need your help to fill them up with Holiday Cheer and Goodies that remind them of home .

**2019** GOAL—10, 000 personalized Stocking with the following items in each stocking.

### **Suggested Donation Items (*Donations Accepted from Oct. 7<sup>th</sup> to Nov. 30<sup>th</sup>, 2019*)**

*Single packet drink mix:*

*Lemonade, Teas, Hot Cocoa & Coffee*

*Small Individually packages meals*

*Tuna/Lasagna/Beefaroni 8 oz. or less*

*Granola/fruit/Breakfast Bars*

*Cookies/Nuts/Pretzels & Trail Mix*

*12 oz. or less*

*Slim Jims/Beef Jerky*

*Christmas/Halloween candy*

*Fruit Roll ups/Gushers*

*Ramen Noodles Soup singles*

*Black or White Crew Socks*

*Toothbrushes & Small Toothpaste*

*Hand/foot Warmers/fly swatters*

*Chap Stick & Lip balms*

*Razors (individual or packs)*

*Baby wipes, foot powder, sun block*

*Crossword Puzzles & Sudoku*

*Pocket games and puzzles*

*Paperback books (no romance novels)*

*Some Gog/Canine items for our K9 Heroes*

*DVD Movies*

*Beanie Babies*

**No aerosol cans or bars of soap please.**

**Holiday Greeting Cards!!!**

**Send a Personal Holiday Messages of Support & Friendship**

(include return address/email, you might hear back from a soldier. Limit: 100 cards per person)

**#1** LOCATION of the Stocking Store - BRANDYWINE TOWN CENTER 5131 Brandywine Parkway

**#2** Mailing Donations, Boxes & Letters: 1911 Foulk Road, Wilmington, DE 19810

**FOR ADDITIONAL INFORMATION PLEASE VISIT:**

[Stockingsforsoldiers.org](http://Stockingsforsoldiers.org)



## JUST A LITTLE *Reminder*



### We need your help with Stockings for Soldiers

We spend October collecting 10,000 of every item on our Shopping List. In November, we continue to collect the items requested but on Sat., November 9th, we start the Stuffing process to fill the stockings. We need all hands on deck until Dec. 5<sup>th</sup>, 2019. Please see our Calendar for specific dates and times on our website: [www.StockingsForSoldiers.Org](http://www.StockingsForSoldiers.Org).



### We thank you so much for assisting us to make a holiday season a little brighter for our soldiers!

#### **Donate items that go into our stockings**

Please donate items for our stockings and consider organizing a collection campaign at your school, church, synagogue, scout troop, service club, or workplace to collect items we need. Even consider holding a contest between schools, clubs, or organizations to see who can collect the most items. Refer to the link above for a complete list of items (which is in the form of a printable flyer):

#### **Sew stockings**

Many of our volunteers have been sewing and stockpiling stockings since January. It is important that all of the stockings be the same size and have a finished measurement of 15" by 9". Please refer to the pattern on our website.

#### **Volunteering in Person at the Stocking Store**

Come join us at the Stocking Store to help with all of the different jobs that need to be done during our operating hours. Please see our instructions at our website.

#### **Knit wool caps**

These are valued by our soldiers as warm winter helmet liners in the frigid mountainous regions of Afghanistan. Please refer to our Knitting Instructions on our website.

#### **Purchase and donate fabric for stockings and polar fleece for our small blankets**

Even if you do not sew, your contribution of fabric and polar fleece are much appreciated and will be used by those who do sew but don't have the funds to buy additional material. You can also cut out the stockings with our pattern.

#### **Collect "gently used" music CDs, DVD movies, and paperback books**

Please no romance novels or VHS tapes.

#### **Make packets of "Snowman Soup" for our troops**

Please refer to our SNOWMAN SOUP recipe on our website. This is a great project for young volunteers to do with their families.

#### **Ask your dentist to contribute toothbrushes, toothpaste, and floss Donate some items for our brave K9 soldiers**

These specially trained dogs and their handlers would love to receive some goodies also. Please refer to our K9 DOG Shopping List for requested items.

#### **Write greeting cards and letters of support to our troops**

Write Christmas/greeting cards and letters of support to our troops. Please limit the cards written to no more than **100** per person.

#### **Donate used US Flags**

We are looking for "worn out" US Flags that are old and tattered and CANNOT be flown any longer.

### Art and Book Fair at Hockessin PAL - Nov 2

If you enjoy the arts or maybe you're an avid reader, this opportunity is for you!

The Hockessin Art & Book Fair will showcase local artists and authors, and gives attendees an opportunity to purchase their work on Saturday, November 2, 2019

#### Volunteer Information:

18 and older. Anyone under 18 will need to be accompanied by an adult.

o 8:30am – 11:30am: Vendor Check In – 6 volunteers needed

o 10:30am – 2:30pm: Greeters – 2 people needed

2:30pm – 5pm – Clean Up – 6 people needed

Stay for one shift or for the entire day!

## Old Swedes Foundation

Old Swedes Historic site is looking for a volunteer to work during the week as a tour guide. We have school groups and children events scheduled for September

Volunteers can assist the lead guide with lessons activities, set up, and take down.

We also need volunteers for the following events

- **Premier Party occurring October 5 in the evening**
- **Ghost Tours scheduled for October 17 and 24**

## DELAWARE

**DIVISION FOR THE VISUALLY IMPAIRED**  
*Improving Perception*

### Volunteer Needs at the Division for the Visually Impaired

The Division for the Visually Impaired is looking for a volunteer to help us with consumer satisfaction surveys. The volunteer will call our client base and ask for a rating on our daily services. Training will be provided and the volunteer can pick a schedule that works best for them. If you are outgoing and like speaking with people, this is a perfect opportunity for you.

This opportunity will occur at the DVI Instructional Material Center anywhere between the hours of 8am-4pm Mon-Fri.

Directions: Instructional Material Resource Center is located on 1901 North DuPont Highway  
New Castle , DE 1970

### International Nights | Ministry of Caring's Emmanuel Dining Room

Each month the Emmanuel Dining Room hosts a lively gathering of guests who come as much for the easy camaraderie as for the delights inspired by the fare of selected foreign countries. All proceeds help to feed those in need every day.

**We are in need of servers  
for this event!**

**When:** Sunday, October 27.  
Octoberfest (Chef Delaware  
Saengerbund)

**Volunteer Time:** 4:30 PM -7:30 PM

**Where:** Francis X. Norton Center,  
917 North Madison Street  
Wilmington 19801





## A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

2019 A Matter of Balance 8-week Workshops | Volunteer Delaware 50+

**Enrolling Now for Fall 2020 Classes!!!**

Registration is **REQUIRED** to join a small group of adults for two hours once a week for eight weeks. Various times and locations are available.

**The MOB workshop is designed to benefit community-dwelling older adults who:**

- Are concerned about falls,
- Have sustained a fall in the past,
- Restrict activities because of concerns about falling,
- Are interested in improving flexibility, balance and strength,
- Are age 50 or older, ambulatory and able to problem solve

**At the workshops you will learn to:**

- View falls and fear of falling as controllable,
- Set realistic goals for increasing activity,
- Change the environment to reduce fall risk factors,
- Promote exercise to increase strength and balance

**Essential program components and activities:**

- Problem - solving,
- Assertiveness and training,
- Cognitive restructuring - learning to shift from negative to positive thinking patterns,
- Group discussion and sharing practical solutions,
- Exercise training



**Here's what participants have said about their experience:**

"I am already noticing a difference in my physical being. I plan to continue these exercises. Also, the concerns about falling are interfering less with my social activities. I feel great." -62-year old female-

**To register for an upcoming MOB workshop please contact Layokat 'Kate' Rasulova at [Layokat.Rasulova@state.de.us](mailto:Layokat.Rasulova@state.de.us) or call 302-255-9690.**



**NEW CASTLE  
COUNTY | DE**

New Castle County,  
Department of Community Services

**Sleep Under the Stars at Carousel Park  
Oct 19 (rain date: Oct 26)**

Are you, your group, or team looking for community service projects...especially fun ones? Sleep under the Stars volunteers assist in providing a fun family event held by the Department of Community Services.

**Volunteer opportunities Include:**

Help youngsters enjoy fun games and crafts, helping hay riders on and off the wagons, help load camping gear into wagons (a good workout!), parking assistance, and floating from assignment to assignment in order to assist where needed.

Volunteers can sign up at [newcastlede.gov/volunteer](http://newcastlede.gov/volunteer).



New Castle Senior Center **Annual Bazaar** will be held on **Saturday, October 19**. We are always looking for help. We need volunteers the Thursday before the event at 3 pm to move boxes, books, etc. to our bazaar area, the Friday before the event from 9 am – 12 pm to set up everything and Saturday 9 am-12 pm and 12 pm-3 pm to help in different areas (kitchen, bookstore, craft area, etc.).



# VOLUNTEER DELAWARE 50+

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Updated 1/2019

**For more information on any of our community partners and their available volunteer opportunities,  
 please call Volunteer Delaware 50+ at 302-255-9882.**



## Nemours Alfred I. duPont Hospital for Children

### Alfred I. DuPont Hospital for Children

Our volunteers provide support to both clinical and clerical departments. Openings for these positions change constantly. Please note that not all opportunities are available at any given time.

#### Recreational Activities with Children

- \* Read Aloud Delaware: Flexible hours Mon.-Fri. 8:30AM to 4PM
- \* KINfolk: distributes computers to children while being hospitalized. Computer knowledge is necessary. Flexible hours Mon.-Sun. 8AM to 8PM
- \* Child Life Program: help children deal with illness and hospitalization through play and self-expression activities. Flexible hours Mon.-Fri. 10AM-8PM; Sat. & Sun. 11AM-5PM

#### Family Comfort / Support

- \* Emergency Services: assist team behind the scenes. Flexible hours Mon.-Sun. 9AM-midnight
- \* Family Resource Center/ Ronald McDonald Family Room: Flexible hours Mon.-Sun. 9AM-8:30PM



#### Reception

- \* Unit Welcome Desk: Flexible Hours Sun.-Sat. 8AM-8PM
- \* Surgical Services: Support families & staff. Flexible Hours Mon.-Fri. 7:30AM-3PM

#### Clinical Department Support

- \* Medical Imaging: Escort and act as a greeter. Flexible Hours Mon.-Fri. 9AM-5PM
- \* Patient Escort: Flexible Hours Mon.-Fri. noon-4PM; Sat. 9AM-1PM

#### Therapeutic Services

- \* Inpatient Rehab Gym / Outpatient Gym: assist behind the scenes and aid therapists when needed. Flexible Hours Mon.-Fri. 9AM-4PM



### Adopt- A- Family

The following job descriptions are not all-inclusive, but are only a guide to some of the jobs that volunteers can do as an Adopt-A-Family volunteer. All volunteers need to understand that confidentiality is vital to our clients and our sponsors.

#### Year-round Positions

- \* Data Entry Operator / Clerical / Inventory Clerk
- \* Marketing/Promotion: may assist in developing, designing and distributing publications and promotional materials; group presentations
- \* Donation Sorter (Clothing Closet in New Castle)

#### Ongoing Seasonal Positions

- \* Adopt-A-Student Program Volunteer (needed July-September): assist with sorting, organizing and distributing of backpacks, school supplies, uniform gift cards and other types of support.
- \* Holiday Program Volunteer (needed November-December): assist with the organizing, sorting and distribution of gifts for families in need. May include matching sponsors with families, shopping, data entry, answering and directing calls, acting as a greeter, sorting or taking photos for the program.

### American Cancer Society

Volunteer to Save Lives! As an American Cancer Society volunteer you can honor a survivor or a loved one lost to cancer, help save lives of people in your local community, and around the world. It only takes a little time to do a lot of good. Discover how rewarding it is to be a volunteer.



- \* **Community Office Support Volunteer:** American Cancer Society offices are always bustling with activity! Our local offices are open to the public and are the center for our support in communities nationwide.
- \* **MSABC Volunteer:** Our **Making Strides Against Breast Cancer** events depend on volunteers to be successful. MSABC walks raise awareness and funds to save lives from breast cancer. From the opening ceremony to the post-walk entertainment, these events are a celebration of survivors and opportunity to remember loved-ones lost. Roles include Team Leaders, Participants, General Volunteers and Committee Members.
- \* **Relay for Life:** At Relay For Life events teams camp out overnight and take turns walking or running around a track or path at a local high school, park, or fairground to raise funds for the fight against cancer. Even if you aren't a night owl, there's a place for you at a Relay For Life event with pre-event and day of event opportunities.



**Big Brothers Big Sisters**  
of Delaware

**Big Brothers Big Sisters**  
of Delaware

### **Hundreds of Delaware youth need caring, adult role models.**

A Mentor is someone who, along with parents, provides a younger person with support, counsel, friendship, reinforcement, and a constructive example. Mentors are good listeners. They are people who care and who want to help youngsters bring out strengths that already exist.

The focus of the relationship is on the child and his/her thoughts, feelings, and dreams. This develops the child's sense of importance, self-esteem, and competence.

A good Mentor plays multiple roles in the life of a child. Mentors are supportive friends, role models, confidants, advocates, and much more. A positive trusting relationship with an adult can indeed be the turning point in a child's life.

- \* **Mentor** – Volunteers are needed to work with individual children from single parent families, helping them with school work, providing support and motivation and helping them with any issues that may arise.



- \* **Special Projects Volunteer** – Volunteers needed to assist with community program activities for mentors and mentees.



### **American Red Cross** of Delmarva



**American  
Red Cross**

Red Cross Volunteers touch lives every day. They are as diverse as the people receiving Red Cross services. It takes all kinds of people to make this organization work—different ages, different backgrounds and different skills. There is a variety of things to do and you can navigate your own volunteer path. Opportunities include:

- \* **Blood Services** – coordinate blood drives or serve as a blood drive volunteer
- \* **Community Outreach and Recruitment** – speak to groups and individuals to help spread the mission of the Red Cross. Positions may also include being a writer/blogger or a photographer.
- \* **Disaster Services** – help people affected by disasters ranging from home fires to hurricanes by providing food, shelter, essential relief supplies and comfort and hope. Positions also include being a Disaster Action Team Member, Disaster Services Casework Responder, or a Disaster Services Dispatcher.
- \* **Fundraising / International Humanitarian Services** – help to raise funds to support various programs within the organization
- \* **Preparedness Education / Health and Safety Training** — teach groups vital lifesaving skills and/or how to prepare for disasters and emergencies such as first aid/CPR/AED, babysitting, water safety and pet first aid.
- \* **Leadership** – serve on a Red Cross board or decision-making committee
- \* **Service to the Armed Forces** – Connect families and veterans with resources in response to emergencies, train military families in coping and resilience skills, and supply recreational and therapeutic support in military and VA health care facilities.

### **American Red Cross** of Delmarva

Are you a retired or former educator that misses time in the classroom but doesn't miss state testing and parent conferences? Consider joining the American Red Cross

in our mission of preparing Delmarva's third-fifth graders for emergencies through the pillowcase project. We are looking for someone with the organizational and leadership skills required to schedule presentations in classrooms across the peninsula and then work with the team of trained volunteers who deliver the lessons in the classroom to meet our goal of educating hundreds of

students about ways to decrease anxiety and build coping skills in an emergency situation. Does this sound like fun? Start your Red Cross journey today at [www.RedCross.org/Volunteer](http://www.RedCross.org/Volunteer)



## A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS



REDUCE YOUR FEAR OF FALLING. IMPROVE YOUR BALANCE. FEEL BETTER.

### A Matter of Balance

A Matter of Balance is a program based upon research conducted by the Roybal Center for Enhancement of Late-Life Function at Boston University. It is designed to reduce the fear of falling and increase the activity levels of older adults who have concerns about falls.

The program is in need of volunteer coaches! Join us for a

#### **FREE A Matter of Balance Coach Training!**

#### **Accepting Application Now!**

Upon certification, volunteer will be responsible for implementing the A Matter of Balance sessions through the use of lesson plans, workbooks, group discussion and activities.

#### **Training Expectations:**

Attend eight hours of coach training and earn A Matter of Balance Certification.

Attend 2.5 hours of facilitator training update annually.

Agree to facilitate two Matter of Balance classes within one year of certification.

#### **Classroom Responsibilities:**

Two Coaches are required to teach the class to participants. New coaches will be paired with an experienced coach.

Prepare for each class by reviewing

the Matter of Balance manual and materials.

Present the class according to the directions, training and materials provided.

Encourage interactive discussion about the concepts and skills presented.

Demonstrate and coach the exercises outlined in the Matter of Balance Program.

Promote socialization and a solution-oriented environment among the participants.

A Master Trainer will provide support and mentoring to each coach.

#### **Criteria for Leadership:**

Good communication and interpersonal skills, enthusiasm, dependability, willingness to lead a small group, interest in working with older adults, life experiences valued - with education or health care experience a plus, ability to perform range of motion and low-level endurance exercises, ability to carry up to 20 lbs.



DELAWARE HEALTH AND SOCIAL SERVICES  
Division of State Service Centers  
State Office of Volunteerism



### Art Therapy Express

Art Therapy Express Program, Inc. enhances the learning capabilities and social skills of participants by providing both therapy and education. Our visual and expressive art programs are designed exclusively for children and adults with multiple and severe disabilities: physical, intellectual, emotional, visual and hearing impairments, learning disabilities, communication disorders, autism, asperger's syndrome, traumatic brain injury, post traumatic stress disorder and terminal illnesses. By providing an original and innovative way of incorporating visual arts, creative movement, drama and music, we assure a sense of equality among all persons with differing abilities.

We are so thankful for all the help we receive from volunteers. All support is greatly appreciated. Some opportunities include:

#### **\* Art Studio Class Volunteer:**

volunteers can assist participants while they complete their art during studio sessions

#### **\* Special Events Volunteer:**

Volunteers can assist in the planning and managing of ATE events

- Administrative Support:** Volunteer are needed to provide support to the volunteer coordinator, in marketing, social media, or fundraising activities.





fosters, we would barely be able to scratch the surface on animal welfare needs within our community. Your time means everything to our four-legged friends.

**Volunteer Requirements:** Four hours each month / 16 years or older / One community event every two months

- \* **Administration** – in need of computer savvy volunteers
- \* **Adoption Counselors** – help us match pets with their forever homes
- \* **Animal Health Center** – assist with creating sterilized surgical packs for our extensive spay and neuter services or with minor administrative tasks.
- \* **Baking for the Pups** – the BVSPCA has several approved recipes that are easy to bake at home
- \* **Children Programs** – help children foster a positive relationship with animals through activities and educational programs
- \* **Dogs & Cats on Tour** – take adoptable shelter animals to participating pet stores, local community events, or other fundraisers & talk to customers and attendees about our available pets and the Brandywine Valley SPCA.
- \* **Dog & Cat Volunteer Program** – work closely with staff to meet all the needs of our adorable adoptable pets including training, exercising, grooming, and other enriching activities
- \* **Henry's Cupboard** – helping out at our biweekly pet food pantry for low income families at Henry's Cupboard
- \* **Homemade Toys for Cats** – create fun and easy cat toys to provide entertainment and enrichment for the cats and kittens while they are in our care. We can provide you with project instructions.
- \* **Junior Volunteer** – is your grandchild interested in volunteering? If they are between 8-15 years of age, they can tag along as you help out, and participate in several activities such as puppy socialization, kitten socialization, grooming, reading to companions, etc. all under your supervision.
- \* **Kong Stuffing Party** – help us feed our dogs in an enriching way! The kongs (a hard hollow rubber toy) are stuffed with a mixture of kibble and peanut butter; and then frozen for a delicious treat for our four legged friends.
- \* **Marketing** – Help us capture all of our shelter pet's unique quirks through photography, videographer, pet biographies & marketing design!



**We are also always in need of pet supplies, office supplies and cleaning products such as paper towels, bleach, towels & sheets.**

## Claymont Community Center

At the heart of our programs are our exceptional volunteers. If you have time or talent to share, come join our volunteer team. You'll enjoy helping neighbors improve their quality of life, and you'll see first-hand how our programs make a positive difference.



**CLAYMONT  
COMMUNITY CENTER**  
Continuing to Build A  
Brighter Tomorrow



Unsure about the time commitment?

We have a wide range of short-term and long-term projects to choose from with flexible hours. Perhaps you'd like to volunteer for just a couple hours to call BINGO as an activities volunteer. Or maybe you'd like to donate more time by tutoring a child, teaching an art class for seniors, greeting people entering the center, lending a hand in the Food Closet, or serving on our Board of Directors.

You can also help by doing administrative work, joining a committee, or working on our grounds/facilities. Groups are also welcome to help out for a day when extra hands are needed. At the Claymont Community Center, you are sure to find a volunteer opportunity that's right for you!





The mission of the Center for the Creative Arts is to provide high quality visual and performing arts opportunities; programs, events and exhibitions designed to nurture the creative spirit in people of all ages and abilities.

Explore drawing, painting, sculpture, pottery, fused glass, mosaics, stained glass, mixed media, theater, music, dance and much more to find what's right for you.

- \* **Office Help** - Friday the staff needs a *Front Desk* volunteer during the hours of 12-3pm and 3-6pm.
- \* **Committees** - Serve on a committee in an area of your expertise or interest. We have several special events per year, a gallery committee, a facilities committee, an artisans show committee and some other committees that meet a few times per year.
- \* **Outdoor Jobs** - CCArts has approximately 3 acres of property. We are always in need of grounds help
- \* **Events Volunteer** - CCArts holds about 3 or 4 big events per year. For each event, we need a few volunteers to help with the opening reception. The jobs which might be needed include: wine server, raffle ticket seller, food sales, floater, setup or cleanup.

## B'NAI B'RITH HOUSE

B'nai B'rith House is a senior living facility that offers various activities in several program areas.

Volunteer are especially needed in the following areas:

- \* **Activities Volunteer** - Volunteer may assist in the planning, preparation and conducting of activities. This may include (but not limited to) BINGO or resident trips
- \* **Blood Bank Coordinator** - Liaison between B'nai B'rith House and Blood Bank of Delmarva. Promotes membership, collects dues, and handles all paperwork.
- \* **CareWear Volunteer** - **participate in** making knitted or crochet winter items for those in need
- \* **Commissary Manager / Volunteer** - responsible for purchasing and pricing of all goods in commissary. In addition, volunteer will record transactions to keep an accurate record of inventory, maintain orderliness of store and assist residents with purchases.
- \* **Special Events Volunteer** - assist with special projects in order to raise fund for the group.



### Child Inc.

CHILD, Inc. is a non-profit organization, based in New Castle County that works on behalf of abused, neglected, and dependent children, and victims of domestic violence. For both victims and perpetrators, CHILD, Inc. offers resources including support groups and counseling.

The Domestic Violence Advocacy Program (DVAP) is a service of CHILD, Inc., which provides support to victims of domestic violence. The DVAP is looking for volunteers to provide support services to victims of domestic violence. Located in the New Castle County Courthouse, our program assists these individuals, most of whom are petitioning for Protection from Abuse (PFA) orders in Family Court. Our role is to offer information and encouragement in a non-judgmental manner. Volunteers advocates receive initial and ongoing formal and informal training in providing direct service to victims of intimate partner violence. Because this position requires training, empathy, and high ethical standards we ask for a commitment of at least **one year** to the program.

**Volunteer Duties:** DVAP volunteers typically work at least 2 four-hour shifts a month between 8:30 a.m. and 4:30 p.m. During a 4-hour shift, a volunteer advocate may:

- \* Call current clients to see how they are
- \* Respond to telephone and in-person inquiries
- \* Provide referrals to available social, legal, and court services
- \* Assist clients with their written petitions
- \* Accompany clients to court for emergency hearings as they arise





### ContactLifeline

Our mission is to keep people alive and safe, to help them through crises, and to connect them with relevant community resources. ContactLifeline strives to provide the highest quality telephone counseling, crisis intervention, information and referral, education and prevention services for persons in crisis and for persons in need of listening services.

#### Crisis Hotline Worker

Volunteers commit to serve 8 hours per month (at the listener's convenience) in the phone room in the role of nonjudgmental active listener using nondirective problem solving skills. Workers agree to remain anonymous and sign an oath of confidentiality related to callers and Phone Room location. They also agree to adhere to the philosophy, policies and procedures of CONTACT, DE.. Volunteers successfully complete 50 hours of Basic Training including 4 apprenticeship training sessions on the phone. Their continuing education includes mandatory attendance at Team Meeting and they are encouraged to attend other In-Service training.

#### Reassurance Program Worker

Volunteer will check on the wellbeing of vulnerable persons on a daily basis. Befriend the elderly, homebound, handicapped or those in need of daily reassurance by telephone. Volunteer will encourage people to take responsibility for their basic life necessities--eating, going to the doctor, taking their medications, etc. Volunteer will reassure patients recently released from the hospital. Volunteer will serve as an intermediary between clients and other services. Volunteer will help people to remain in their own homes and prevent the need for institutionalization.

### FISH of Northern Delaware

Fish of Northern Delaware is an organization made up of volunteers who dedicate their time to assist those 60 years of age and older to make their medical appointments by providing them with reliable transportation.

Volunteer must use their personal vehicle and pay for their own gas, and must be able to commit to be a driver for a couple of days per month. You may choose to volunteer during the hours that are convenient for you. Program hours of operation: 8am-4pm; Monday – Thursday.

We are also in need of volunteers to handle the scheduling of client appointments to various facilities such as doctor's dentist or pharmacy. Volunteers will coordinate schedules for van drivers and must be able to keep good records. Must have own phone and computer.



### Churchman Village

Churchman Village is a long-term care center facility that specializes in rehabilitation services to improve the speed and scope of recovery following injury and do so in a private and dignified manner.

Churchman Village is a not-for-profit center.

For active seniors, Churchman Village also offers a vibrant Independent Living Community, known as the Atrium at Churchman Village. Volunteer opportunities include:

- \* **Activity Volunteer** – Host/assist with special games/projects and/or holiday events
- \* **Encouragement Cards** – Write inspirational message and send cards thru mail to others who need extra, encouragement support.
- \* **Friendly Visitor** – Visit with selected residents routinely to build support relationship, talk, read, play games, assist correspondence etc.

**BECOME A**  
**VOLUNTEER**  
**DRIVER**



### CareWear Project

The CareWear Project consists of many dedicated members who knit and crochet year round beautifully crafted cold weather clothing and blankets for our county's most neediest people. Whether it is a veteran who have valiantly served our country, newborns whose mothers are children themselves with few resources, the elderly afflicted with Alzheimer's, the homeless, those suffering from the complications of aids, or others needing help, the members of CareWear have risen year after year to the challenge of making lives a little better and brighter.

CareWear members meet monthly to turn in their completed items and pick up yarn. Completed items may include adult/children/toddler/baby – hats/scarves/mittens/gloves/booties/sweaters – lap robes/blankets/afghans (M-XL) & chemo caps. Items are then sorted and stored awaiting the yearly distribution which takes place on the last Friday of October and coincides with Make a Difference Day.

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- \* **Knitter / Crocheter** – will volunteer to make knitted or crochet items for those in need according to program guidelines/requests
- \* **CareWear Support** – assist staff in the coordination of program meetings, organizing of inventory in preparation for annual distribution and/or entering hours into an electronic database.

#### 2019 Meeting Dates & Locations:

New Castle Senior Center  
400 South St. New Castle, 19720  
2nd Wednesday of the month – 10AM

B'nai B'rith House  
8000 Society Dr., Claymont, DE 19703  
3rd Friday of the month – 10PM



### Blood Bank of Delmarva

As a volunteer, your invaluable contribution will make a lifelong impact in your local community and will allow the BBD to better recruit donors; collect the lifesaving blood; and process, test, and distribute lifesaving components to the many hospitals in the Delmarva area.

Volunteer Opportunities include:

- \* **Administrative/Office**  
Computer work, filing, emails, calling-you tell us what you like to do!
- \* **Blood Donor** – available to most!  
Call for eligibility questions (Diabetics CAN donate)
- \* **Canteen (Refreshment Station)**  
enjoy people? Greet donors, serve refreshments and goodies, and observe donors during a 15 minute period.
- \* **BBD Ambassador Volunteers** – have fun interacting with people and sharing information about the

need of blood donation in the community mostly weekends and evenings, but some weekdays available too!

- \* **Mobile Unit Volunteer** – help to set up/tear down/register donors
- \* **Special Events Volunteer** – assist with pre, day-of and post event duties. Other opportunities may include taking photographs/videos to capture and promote the organization.
- \* **Host a Blood Drive** – contact 1888-8blood8 and let them know you want to host a drive!



## Children & Families First

Children & Families First approaches care through a trauma-informed lens to help children reach their full potential. The trauma of abuse, neglect, and tragedy weigh heavily in the lives of our children and families. We ask not, "What's wrong with you?" but "What HAPPENED to you?"

Children & Families First strengthens Delaware families by delivering an innovative and effective continuum of community-based social services. We know our communities and meet their changing needs through replication of evidence-based programs and services.



We can offer volunteer opportunities to fit any schedule. We welcome volunteers who have an interest in assisting children and families, sharing their skills and offer a chance for volunteers to learn and grow.

Our current needs at our 809 N Washington St. Wilmington location include:

### \* Child Activities Assistance

(Second Tuesday of each month, 5:30PM-8PM)

We operate family meetings and trainings in the evenings and seek volunteers to help us with activities to entertain the children while their parents attend meetings about Foster Care and Adoption. We seek individuals who enjoy working with children from toddler up to 12 years of age.

### \* Front Desk Coverage / Greeter / Light Clerical

(Saturday mornings, 9AM-11AM) or  
(Third Wednesday of each month, 6PM-7:30PM)

We need volunteers to greet and sign in families who are enrolled in our program, from parenting classes to Foster Care and Adoption. Some light clerical needs include: Data collection and input using Excel and Word documents and databases, filing and organizing of records and copying materials and assembling packets.



## Connecting Generations

Every year mentors and students are making connections that make a difference.

Well, we like to ask....

Who mentored You?

How many times have you thought to yourself that you should volunteer because you would like to make a difference in someone's life, as well?

Creative Mentoring is a great opportunity for you to do all that and more. We're all about inspiring youth and improving future generations.

Mentoring helps children achieve success in school and life by helping to build self-esteem, self-confidence, interpersonal communication skills, social values, aspirations and school engagement. Through personal one-on-one time in schools, mentors work with students to develop their unique qualities and to reach their full potential. If you have 30 to 60 minutes a week to invest in a student, we need you!

We find that mentors get as much out of the relationship as the students. Come join us and make a difference in the life of a student!







## CHRISTIANA CARE HEALTH SYSTEM

### Christiana Care

Christiana Care depends on community volunteers to help deliver a consistently high level of service and care. Our volunteers are a vital resource, bringing valuable talent and perspective, and a shared sense of commitment that benefits our patients. As a volunteer, you will be able to enrich the lives of our patients and families. Some volunteers acquire new and different skills, and others bring a vast wealth of knowledge and life experience. Some volunteers work directly with patients and their families, while others prefer to work in a variety of interesting and challenging settings that do not involve patient care.

#### Volunteer Locations:

Christiana Hospital (Newark); Wilmington Hospital (Wilmington);

Riverside Health Care Center (Wilmington)

The Evergreen Center (Alzheimer's Center- Newport Gap Pike, Wilmington);

Riverside Adult Day Program (Lea Boulevard, Wilmington)

- \* **Activities Assistance** (Riverside Adult Day Program & The Evergreen Center) - We are looking for volunteers to come to the centers and share their talents with our clients. Volunteer may assist in the planning, preparation and conducting of activities.
- \* **Clerical Support Team** – assist staff with clerical responsibilities
- \* **Exceptional Experience Team** – May include providing comfort measures for families and guests, assisting with wayfinding, escorting patients and families and delivering mail and flowers.
- \* **Pastoral Care Volunteer** – will contact recently admitted patients and/or families to inform them of pastoral care services provided in the hospital
- \* **Patient Escort** – will transport patients by wheelchair to various departments
- \* **Patient Support Team** – help create an exceptional experience for patients and their families throughout the healthcare journey and may also provide assistance to staff.
- \* **Ronald McDonald Family Room** – This is a facility for families visiting their sick and pre-mature infants in the special care nursery unit. Volunteers welcome families in a professional and friendly manner, inform families of guidelines and procedures and welcome children to the playroom. Provide support services as directed by staff.

## ONGOING OPPORTUNITIES



## Delaware Museum of Natural History

### Delaware Museum of Natural History

Attention nature lovers!

The Delaware Museum of Natural History seeks dedicated volunteers to support various educational, administrative, and scientific efforts. The Museum's mission is to excite and inform people about the natural world through exploration and discovery. As a volunteer, you can contribute your time, skills, energy, and enthusiasm on a weekly basis or for a one-day event.

To become a volunteer, you need only bring your interest in nature – we will provide you with the training necessary for a successful volunteer experience. Benefits include free admission to the Museum for you and your immediate family, discounts in the Museum Store, and discounts on classes.

- \* **Administration Volunteer** – flexible hours—might also include assisting with bulk mailing in the membership department
- \* **Nature Nook Volunteer** – provides interactive activities—encourage children to use senses and simple tools. In need of volunteers who enjoy interacting with young children and who will be comfortable facilitating educational interactions.
- \* **Science In Action Volunteer** – lead science experiments and activities for visitors of all ages, teaching scientific principles and methods in a fun and hands-on way.
- \* **Scientific Collections Volunteer** – help keep our collections organized and accessible to researchers. Seeking volunteers with an interest in natural history to work behind the scenes in caring for those unique resources. No special knowledge is required and all training is provided.
- \* **Special Events Volunteer** – lend support at special family-oriented events & programs by staffing booths, helping with craft activities, and guiding visitors through the Museum galleries.





### Delaware Center for Horticulture

Since 1977, the Delaware Center for Horticulture (DCH) has cultivated a greener community by bringing people and

plants together. Our work includes creating and maintaining the first Urban Farm in the city of Wilmington, creating and supporting over 40 community gardens, beautifying public landscapes, planting and advising on the urban placement of trees, and hosting community events and educational programs. Volunteers are needed in the following areas:

- \* **Brochures Volunteer** - pick up a route list and 7-12 packets of brochures to deliver to local community centers and entertainment venues.
- \* **Community Garden Volunteer** — assist with weeding, mulching, and doing general clean up in community gardens throughout Wilmington - Spring/Fall
- \* **Lecture registration** — check-in registrants, collect payment then may attend the lecture for free
- \* **Mailings** - help to fold, stuff, and stamp large mailings in November, February and March
- \* **Photographer** — help to document events, photograph our gardens, and photograph DCH plantings
- \* **Secret Garden Volunteer**— Every other Friday, year round, a group of volunteers work with preschool children from the Ministry of Caring daycare. Volunteers work in the classroom and at the Children's Secret Garden a block from the daycare.
- \* **Special Events Volunteer** - may include helping with the planning, day-of and post-event duties for Arbor Day Volunteer (April) and Bare Root Planting Volunteer (March and November).



### Delaware Hospice

We rely on a large network of compassionate and sincere volunteers to provide the community with an extensive range of programs and services. If you can associate with any of the following talents, Delaware Hospice may have a volunteer opportunity that is right for you:

# DELAWARE HOSPICE

*Since 1982*

**Companion/Family Support/Transitions:** I'm a great listener. I'm comfortable being in the presence of someone who might be vulnerable, tired, frustrated, or just in need of some company.

**Vigil:** I'm able to serve as a quiet presence and source of strength during the very intimate and emotional moments of an individual's final hours. I can provide peace and comfort directly or on the sidelines, but I'm also able to create enough boundaries so I don't become overwhelmed emotionally myself.

**Bereavement:** I can relate to the pain associated with loss, and I'm able to visit, listen, write notes of encouragement, or make phone calls to help people as they heal through grief. I don't feel the need to hurry someone along the process, and will wait patiently as they move at their own pace.

**New Hope:** I have a passion for working with children who have suffered a loss. I relate to their special needs and am willing to learn more. I can assist leaders with crafts, games, and activities designed to help children identify and cope with their feelings.

**Office Administration:** I enjoy coordinating the details of office organization and data entry. No job is too small for me, such as filing or making copies. I know that working with even small details makes a vital contribution to Delaware Hospice and its mission.

**Community Education:** I demonstrate strong communications skills and enjoy the idea of raising awareness about the special needs people face at the end of life. I'm comfortable with public speaking and/or writing, and I like the idea of promoting a philosophy in which I passionately believe.

**The Delaware Hospice Center:** I'm personable and enjoy making people feel welcome. I can play card games or just sit and talk with patients, bake cookies for guests, or greet family members visiting loved ones. I'm happy to help with tasks that might be necessary around the center. I love to plan parties, make appeals for community support through fundraising, or serve as an extra hand during public events such as the Annual Jazz Brunch, the Festival of Trees, 5-K runs/walks, and our Annual Golf Outing.

## DELAWARE HOSPICE VOLUNTEER DEPARTMENT

### WAYS VOLUNTEERS SERVE

#### Patient Care Volunteers

- Patient check-in calls
- Care calls – provide a listening ear for patients
  - Visit with patient (read to patient, share stories, play cards or board games)
  - Provide transportation to doctor's appointments, store, or pharmacy.
- Walk with patient
  - Run an errand
  - Pray with patient or read Bible or sacred text
  - Provide vigil support as patient nears death
  - Give haircuts for patients
  - Assemble and deliver care gifts to patients

#### Vet-to-Vet

- Volunteers who are military veterans visiting patients who are veterans to talk about patient's military experiences

#### Office Volunteers

- Clerical support families
- General office duties
- Run errands

#### Community Ed Volunteers

- Help at health fairs
- Help with presentations in community

#### Development Volunteers

- Help prepare for fundraising events
- Help during fundraising events
- Be a part of a variety of event committees

#### Bereavement Volunteers

- Help with mailings to bereaved clients
- Assist with Fall & Spring Memorial Services
  - Check-in calls to bereaved clients

#### Memory Bear Volunteers

- Seamstress to create Memory Bears
- Organize and tracking Memory Bear orders
- Creates "Bear Kits" for seamstresses

#### Medical Records Volunteers

- Filing, Assemble packets, Mailings

#### New Hope Volunteers

- Camp New Hope
- Clerical support and mailings

#### Transitions Volunteers

- Run errands for clients
- Provide transportation
- Visit clients

#### Volunteer Chaplains at DH Inpatient Unit

- Provide spiritual support for patients and families
- Pray and read with patients

#### RN Volunteers

- Weekly Check-in calls to all patients
- Delaware Hospice Center
- Medication disposal visits

#### Delaware Hospice Center Volunteer

- Reception desk volunteer, Bake cookies, Sew crochet or knit lap quilts
- Clerical support, Patient and family support, vigil support, medication pick - up & delivery to patients' name

#### Staff Education Volunteer

- General office support





**DELAWARE  
THEATRE  
COMPANY**

The mission of Delaware Theatre Company is to create theatre of the highest professional quality in Delaware and thereby enrich the vitality of the area through artistic programming, education and community service. From 1979 to today, discover the history behind the only theatre in Delaware developing new shows for Broadway!

Volunteers are needed in the following areas during main stage productions, special presentations, and educational performances.

- \* **Ticketing Tackers Volunteer** – Ticket takers are in place to assure that patrons arrive at the theatre with tickets for the correct performance –patrons with tickets for another date or time should be directed by ticket takers to go to the box office or house manager, where we can assist them in exchanging their tickets. They rip/cut off ticket barcodes to be collected for a daily attendance count.
- \* **Programs Volunteer** – Volunteers in the house should ensure that each patron who would like a program has one and that anyone needing assistance finding his seat is helped.
- \* **Seating Volunteer** – walk patrons to seating location, whether in the Lower Seating (A-G) or in the Upper Seating (G-M) areas. Volunteers also may assist in any seating discrepancies and report them to the house manager.
- \* **Special Events / Administrative Support** – Non-performance duties include stuffing marketing materials for mailings and assisting staff during special events.



**Jewish Family  
Services of Delaware**

Inspired by this fundamental Jewish value, Jewish Family Services supports

people of all backgrounds by assisting families through life transitions, helping youth and children grow stronger, and ensuring the safety and dignity of older adults.

Volunteer activities are individually assigned based on a volunteer's unique skills, interests, and availability. JFS Volunteers may also provide supplementary support to members of the agency through the Village Network.

Opportunities may include:

- Administrative Volunteer - may include making daily/ weekly friendly phone calls or assisting as a Silver Survey Volunteer
- Fundraiser
- Meal Assistant (VN)
- Medical Transportation (VN)
- Medicare Educator
- Member Support (VN) - may include assisting members with errands, in-home tasks such as gardening or grocery shopping or providing companionship
- Tax Preparer



### Delaware Alliance for Nonprofit Advancement

DANA is committed to enhancing and strengthening the nonprofit sector by providing low cost education, consulting, and advocacy support for nonprofit leaders and boards of directors.

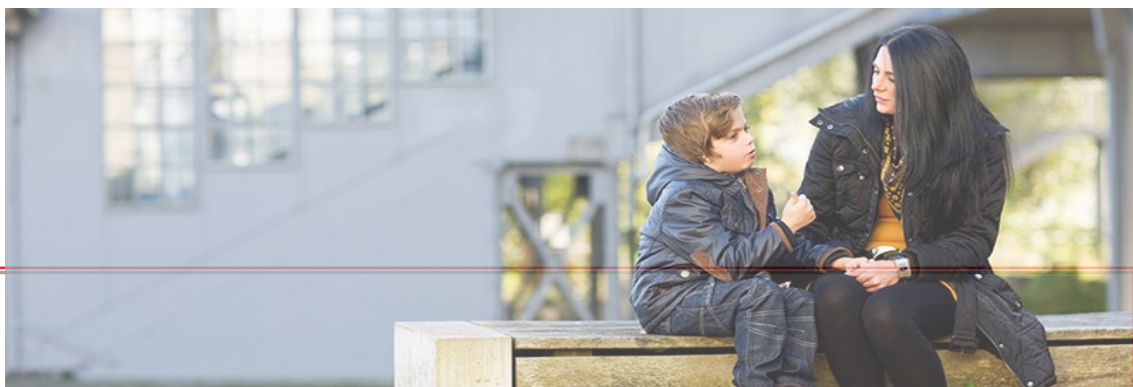
DANA's Excellence Academy is the resource to build up nonprofit leaders and organizations – providing individual and group training that helps develop expertise, skills and advocacy for our members throughout the State. The value-added and proprietary services strengthen your organization's infrastructure and leadership to help deliver on their missions efficiently and effectively.

DANA is in need of a Volunteer Coordinator Assistant to provide day-to-day administrative support.



PLAN WELL. LIVE WELL. AGE WELL.





The Court Appointed Special Advocate Program (CASA) of Delaware is expanding its efforts to represent the interests of abused and neglected children in Court. The program is seeking qualified adults to serve as CASA volunteers. CASA is a part of the Office of the Child Advocate.

CASA volunteers are trained members of the community who are appointed by a Family Court Judge to speak up for the best interests of abused and neglected children in Court proceedings. The CASA volunteer conducts an independent investigation into the child's life and provides information and recommendations to the Judge in the case.

CASA volunteers work with attorneys,

social workers, and family members to attain the goal of a safe and permanent home for each child.

CASA volunteers have varied professional, educational and ethnic backgrounds. They are selected on the basis of their objectivity, competence and commitment. Each volunteer accepted into the program must complete 30 hours of initial training. Casework supervision is provided by full time Program Coordinators from The Office of the Child Advocate.

Recent legislation now ensures that each child/youth experiencing foster care in Delaware is represented by an attorney. However, only half of these

children have a CASA!

CASA volunteers commit to spending at least one year: establishing a strong, stable connection with assigned child(ren), gathering information and making recommendations to the court about the child's best interest, and advocating to make sure the child receives needed services. Too often, a CASA volunteer is the only consistent adult in the life of the child.

Children with a CASA benefit in countless ways. They are more likely to be placed in a safe, permanent home; more likely to receive better services; and more likely to have fewer placement changes.



**Greenbank Mills  
& Philips Farm** est. 1677

Greenbank Mill Associates, Inc. is a not-for-profit organization dedicated to preserving the Greenbank Mill National Historical District as a public museum, and expanding public knowledge of Red Clay Valley industrial, agricultural, and social history through on-site educational and recreational programming.

**The museum offers many areas of interest and ways to volunteer.**

<b>Volunteer Coordinator</b>	<b>Trip Coordinator</b>	<b>Visitor Services</b>	<b>Museum Advancement</b>	<b>Livestock</b>	<b>Maintenance &amp; Restoration</b>	<b>Special Events</b>
<ul style="list-style-type: none"> <li>- Oversees volunteer station-</li> <li>-Act as a liaisons.</li> <li>-Reports Volunteer hours.</li> </ul>	<ul style="list-style-type: none"> <li>- dye garden</li> <li>- medicinal garden</li> <li>- heritage garden</li> </ul>	<ul style="list-style-type: none"> <li>- gift shop cashier</li> <li>- docent/tour guide</li> <li>- children's programs</li> <li>- school tours</li> </ul>	<ul style="list-style-type: none"> <li>- marketing</li> <li>- public relations</li> <li>- membership</li> <li>- Graphic design/web management</li> </ul>	<ul style="list-style-type: none"> <li>- Pasture maintenance</li> <li>- Livestock feeding</li> <li>- Barn maintenance</li> <li>- health days</li> </ul>	<ul style="list-style-type: none"> <li>- general maintenance</li> <li>- carpentry</li> <li>- historic machinery</li> <li>- historic restoration</li> </ul>	<ul style="list-style-type: none"> <li>- Colonial interpreters</li> <li>- event planning</li> <li>- set-up</li> <li>- ticket sales</li> </ul>

# DELAWARE

**DIVISION FOR THE VISUALLY IMPAIRED**  
*Improving Perception*

## Vocational Rehabilitation Team Aid

Volunteer will be asked to do some light administrative duties which would include sorting and filing of client documents. There may also be the chance to work with some of our counselors and other staff members by attending department meetings, community outreach events, and some trainings as well. In addition, volunteers may get the opportunity to learn how the division counselors conduct the proper assessments with our clients. Training will be provided and availability is flexible during business hours of Monday-Friday, 8:00am-4:30pm.

## Instructional Materials and Resource Center Aid

The center is responsible for creating Braille, Large Print, Audio, and Accessible PDF formats for school age students. Volunteers will help by printing and binding books, checking in/out equipment for the schools, and creating audio recordings of student novels. There will also be some light typing and proofing projects as well. Braille certification is not required for this opportunity. If you have a passion to learn new things while working in a relaxed and friendly environment this is a great opportunity for you. Training will be provided. The Materials Center operates from 8:00am-4:30pm Monday-Friday. This position is flexible to meet the needs of the volunteer.

## Communications Department Assistant

Volunteer will be asked to help promote the agency through various social media platforms. They may also be asked to assist in the creation of newsletters, flyers, and other agency wide documents. A strong social media and Microsoft Suite background is required for this opportunity. Day and time may be flexible, while some work can be done remotely.



## Exceptional Care for Children

Exceptional Care for Children improves the lives of technology-dependent children and their families through skilled nursing, transitional services, and palliative care. We are a haven for healing fragile bodies when improvement is possible, and a refuge for nurturing vulnerable spirits when a cure is unattainable.

As Delaware's first and only pediatric skilled nursing facility and a Top-100 Nursing Home, Exceptional Care for Children takes pride in caring for our very inspiring residents and providing them with as normal a childhood as possible despite their medical challenges.

- \* Resident Play Dates – Anytime Monday - Friday, 9:00AM - 8:00PM, Saturday - Sunday, 10:00AM - 8:00PM.

**Please note: Resident Play Dates volunteer role requires a consistent schedule since it involves the wellness of children. Please only attend a tour/orientation session if you plan on visiting on a consistent, weekly or monthly basis.**

- School - Assisting residents with educational goals
  - Play Therapy - Assisting residents with therapy goals that are disguised through a play environment
  - Living Room - Playing with residents in an unstructured setting to include reading a book, watching a movie, playing with a toy, playing on the computer, homework help, doing an arts and craft activity, etc.
  - Art Therapy – volunteers interested in art therapy or currently perusing a degree in this field can visit with the residents for art related projects; this particular role is typically paired with one of ECC's Activity Aides
  - Pet Therapy – Volunteers visiting as part of a pet therapy program (Paws for People, National Capital Therapy Dogs)
  - Mentor - Mentor volunteers visit with one specific resident
- \* Special Events Volunteer – provide support at special or fund-raising events such as Bingo, Bags & Brunch, Tacos N' Ritas 5K/10K etc.

**Resident Play Dates Requirements:** Volunteering can begin once you have (in any order): Attended one Volunteer Tour & Orientation session to ensure comfort level is suitable / Complete a Supervised Volunteer Packet / Received a negative two-step Tuberculin Skin Test OR negative Tuberculin bloodwork OR a negative Tuberculin Chest X-Ray within the past year.



### Food Bank of Delaware

The Food Bank's beginnings can be found at Westminster Presbyterian Church where Retha Fisher, Director of Community Services, formed a Food Closet Study Committee in 1977 to help improve the church's hunger-relief efforts. Four years later Food Conservers, Inc., was established (name later changed to the Food Bank of Delaware).

We have grown from humble beginnings as an organization who served 50 agencies out of a basement in the Northeast State Social Service Center in Wilmington to a statewide hunger-relief organization with operations in both Newark and Milford. Today we are the only facility in Delaware with the equipment, warehouse and staff to collect donations from all sectors of the food industry and safely and efficiently redistribute them to those who need it most.



### WE NEED YOUR HELP MORE THAN EVER!

- \* **Clerical** — Assist staff with various clerical tasks
- \* **Coalition to End Hunger** — Serves on Advocacy Committee that presents the film, "A Place at the Table" to various organizations.
- \* **Community Supported Agriculture Volunteer** — assist with partnership between the Food Bank and local growers to provide SNAP recipients and others the ability to purchase/receive local seasonal food.
- \* **CSFP Volunteer** — The Commodity Supplemental Food Program Volunteer works with a nutritionist to offer food/nutrition demonstrations to senior citizens.
- \* **Food Sorting** — sort food into different food categories
- \* **Kitchen Volunteer** — assist kitchen staff with assembling and packing meals for the children in our programs
- \* **Store Volunteer**: help to stock, organize and/or manage our small shopping area from which agencies shop for needed products. Volunteers may be responsible for maintaining orderliness, taking inventory, and assisting customers with purchases.
- \* **Special Events Volunteer** — assist with the preparation and execution of special or one-time events. This may include fundraisers or helping to pack children's food backpacks.

## Golden Ages Senior Center

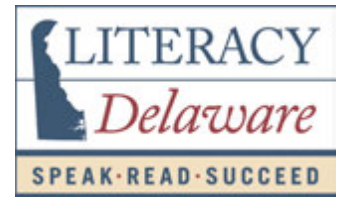
The Golden Ages Senior Center is designed for the senior population of our community, who enjoy meeting and connecting with new friends, going on trips, and giving back to the community. Meetings are held at The Resurrection Center except during the months of July & August. Volunteer roles include:

- \* **Culinary Assistant** — assist with the preparation of breakfast or lunch for the senior center.
- \* **Entertainment Volunteer** — Assist with the entertainment in the senior center.
- \* **Food Security** — help to pick up bread and deliver to the center or sick/shut-in individuals.
- \* **Senior Center Aide** — assist where needed— tasks may include assisting staff with meetings, events, and providing general administrative support.
- \* **Senior Center Driver** — provide transportation for other members of the senior center to medical appointments, outings and critical errands.

**Center Location: The Resurrection Center  
3301 N Market St. Wilmington, DE 19802**

### Literacy Delaware

We depend on the volunteer service of our trained tutors to help learners improve English language skills as well as those learning or improving basic reading, writing, and math skills.



**Volunteer Requirements:** Be at least 18 years old, complete orientation and tutor training, complete a background check, commit to at least 4 hours of instruction per week / at least 90 hours of instruction per year.

Literacy Delaware will match trained tutors with waiting learners. Tutors and learners then set up meetings at mutually convenient times and locations. Program will provide tutors with all teaching materials at no cost







## The Grand Opera House

The Grand Show Corps currently has over 200 volunteers, and we continue to grow thanks to people like you. The Grand Opera House is a multi-level theater that presents world-renowned artists and a wide variety of

entertainment. The baby grand is home of live at the baby grand as well as various community groups. The Playhouse on Rodney Square is home of Delaware's Broadway Experience. The majority of our shows are scheduled in the evenings with some weekend afternoons. We also have occasional student performances during weekday mornings and afternoons.

- \* **Volunteer Show Corps** — Each member of the Show Corps is assigned to a squad and each squad is assigned to a show. Squad responsibilities include ticket-taking, ushering, coat-check, bartending, and patron safety. On average, each squad is scheduled three to five times a month. Those who are unable to volunteer during the weekdays due to full-time employment will not be asked to do so. Every volunteer is required to work all 3 theaters based on assignment.
- \* **Grand Marshals** – provide administrative and staff support. Opportunities include:
  - Leading tours that inform the public of The Grand's historical, technical, and cultural splendor
  - Acting as a host/hostess for the Arts Academy at The Grand
  - Serving as receptionist in The Grand's administrative office
  - Welcoming and directing visitors upon their arrival at The Grand
  - Assisting The Grand's staff at special events
  - Completing simple office tasks, such as filing, mailings, data entry



Healthy Foods for Healthy Kids (HFHK) is a non-profit organization whose vision is to inspire and motivate youth to develop lifelong, wholesome eating habits by experiencing the joy of growing, cooking, and eating garden-fresh produce. HFHK's mission is to design and implement food and garden-based educational programs for Delaware schools that support content standards and promote student health. HFHK programs run during the academic year, and allow every student to participate in hands-on learning activities. .

- \* **Adopt a Garden Volunteer** — Chose a school that is conveniently located for you, and become a part of the school team that oversees continuity of the HFHK Education Cultivation Program. HFHK school gardening seasons run from September-December (fall season) or March-June (spring season), and you would work with the Garden Coordinator (school teacher) at your chosen school to coordinate activities and times that work for you and for the school schedule. You may be asked to assist with a class of students in the garden, or help set up the garden for the growing season.



**Lutheran Senior Services Inc. at Luther Towers**

Luther Towers offers affordable independent and

assisted living apartments for seniors 62 years of age and older. There are several volunteer opportunities for both residents and non-resident to get involved. These include:

**Activities Volunteer (BINGO, crafts, exercise classes) | Board Member | Gift Shop/Mini Mart Volunteer | Meal Volunteer | Medical Appointment Driver | Peer Counseling/Sharing | Receptionist / Greeter**

The Luther Tower Aides Association continues a tradition in providing numerous support activities including transport residents to medical appointments. We ask that volunteers volunteer one day per month based upon their availability. , financial support for holiday resident meals, the Gift Shop, and the Pineapple restaurant in Luther Towers I. You can be an aide to the Association in the following ways:

**Fundraiser | Pineapple Café Volunteer | Medical Drivers | Visitation Aide**



## Family Promise of Northern New Castle County



Family Promise®  
of Northern New Castle County

Join Family Promise. Along with the staff, you will be part of the plan to move families along a path to their own independent and sustainable living.

- \* **Employment/Education Tutors:** Assist individuals working toward a certification or exam (CNA, CDL, GED, teaching, etc.).
- \* **Special Events Team**
- \* **Fix It Volunteer:** help with routine repairs and maintenance tasks
- \* **Administrative Volunteer**
- \* **Family Promise Ambassador:** help to promote the mission of Family

- \* **Family Promise Advancement Team Volunteer:** assist in the areas of Fund Development, Public Relations, Finance, Congregation Relations or Personnel.
- \* **Collection Drive Volunteer:** host a drive for needed items such as new pillows, towel sets, cleaning supplies, full

size toiletries and other items are all beneficial to host our families and move them out to a place they can call home.

- \* **Meal Support Volunteer:** assist at meal time for the homeless families staying with our church partners.
- \* **Overnight Volunteers** – provide overnight accommodations for the homeless families staying with our church partners.



THOMAS EDISON  
CHARTER SCHOOL

The Thomas A. Edison Charter School serves 750 students in Kindergarten through 8th grade. We were established in 2000 to provide a rigorous education to a historically underserved population of families in North Wilmington. The Board of Directors, school leadership, and staff embrace a core philosophy summarized by these two statements.

- ◆ All children are capable of learning at high levels if they are taught by caring and dedicated educators, challenged by an engaging and rigorous curriculum, afforded adequate time in school, and held to ambitious state and national standards.
- ◆ Improvements in student performance can be achieved with an efficient school model that transforms how students are taught at every grade level.\

We need help from volunteer who also believe in this philosophy and are willing to act as mentors and educators to our students. Volunteers are needed to work with individual children, helping them with school work, providing support and motivation, and helping them work out problems that they are having.



**GENERATIONS HOME CARE, INC.**  
*Caring for Delawareans Since 1968*

## Generations Home Care, Inc.

Generations Home Care is a private, not-for-profit home health agency. Our Mission is to help Delaware's elderly and adult residents with physical limitations, maintain their independence and enhance their quality of life. By providing exceptional home health care, transportation, homemaker/companion, adult foster care and related services, we enable individuals to remain in their homes and communities.

Please consider joining our team to fill one or several of the following opportunities:

- \* **Phone Greeter:** volunteer will answer phones and route calls to the appropriate staff member. Monday through Friday 10 -2pm
- \* **Card Writer:** volunteer will write out Happy Anniversary Cards and Happy Birthday cards for employees. This would be once a month in the beginning of the month.
- \* **Administrative Supporter:** volunteer will help Regional Director and Director of Business Development with filing of documents
- \* **Transportation Scheduler Assistant:** volunteer will help our scheduling staff with confirmation calls for scheduled rides
- \* **Device Transfer Volunteer:** will help perform Field device transfers for laptops stored in the NCC office (this is done 1x week).



## NEW CASTLE COUNTY | DE

### New Castle County | Department of Community Services

- \* **Book Buddy:** deliver/pick up library materials to the homebound members enrolled in the program on a regular basis.
- \* **Library Assistant**
- \* **Special Events :** lend support by staffing booths, supervising activities, and fundraising, greeting and guiding visitors.
- \* **Therapeutic Riding Volunteers :** At the Carousel Stables the volunteers get the horse ready for the therapeutic riding class; walk alongside the horse, holding onto the rider's leg/ankle, or lead the horse around the ring. After the lesson, the volunteer helps the student brush/interact with the horse.
- \* **Farmers' Market Program** is looking for committed volunteers to help in all markets. Multiple days and times available to meet your schedule.
- \* **The Fix It Café: Repair Coaches needed :** The Fix It Café will be held monthly at Glasgow Park's Bank Barn, it allows residents, who are often elderly or low-income, to bring broken items such as lamps, vacuum cleaners or small kitchen appliances, that would otherwise be thrown away, to be fixed. Fix It Café will be starting in April 2019 and will occur every third Saturday of the month.



### Absalom Jones Senior Center

The Absalom Jones Senior Center provides recreational, educational and nutrition services for seniors 55 years of age and older. The Center is always in need of help in order to provide the best service to our members:

- \* **Activities Volunteer** – Volunteer will assist in the planning, preparation and conducting of activities such as Bingo, Pinochle, crafts and tasks associated with the Drama Club or the Garden Club.
- \* **Administrative/Center Support** — volunteers will assist staff with daily administrative work, may provide computer support, may provide support during holiday events such as making the table arrangements & wreaths and/or send cards to members



### Rockwood Preservation Society

Did you know you could also volunteer to be on the board that supports the Rockwood Park & Mansion? The purpose of the Rockwood Preservation Society is to promote, preserve, and enhance the educational, historical, architectural, and natural resources of Rockwood Park and Mansion.

### Rockwood Park & Museum



Love history? Have a special interest in decorative arts, the Victorian era, architecture, or antiques? You will enjoy guiding visitors back in time to 1895 to explore the Bringham family's turn-of-the-century lifestyle at Rockwood. This rural Gothic home was built in the early 1850's by Joseph Shipley, a Wilmington native, and purchased by Sarah Shipley Bringham, his niece, in 1890. The rooms at Rockwood represent the way the house looked between 1895 and 1901, the early years of the Bringham occupancy.

#### Volunteers are needed to help:

- Be a costumed tour guide
- Assist with one-time projects or special events
- Help set up special exhibits
- Research the collection and archival records
- Garden in the formal garden and surrounding 72 acres

- \* **Fund-raising Volunteer** – There are many ways volunteers can lend support to help raise funds to benefit the center. This might include participating in ongoing fundraising events or smaller one-time projects.
- \* **Meal Assistant** — assist staff with day-to-day tasks in the kitchen/meal area.
- \* **Center Member Assistance Volunteer** – aid members who might be frail/in need of assistance when moving about the Center
- \* **Clothing Closet Volunteer**– assist staff in managing the clothing closet by accepting donations, sorting clothes by size and gender, hanging or folding clothes, and arranging store displays. The volunteer may also be required to give out information and receipts to people who bring in tax-deductible donations.



## LITTLE SISTERS OF THE POOR JEANNE JUGAN RESIDENCE

### Little Sisters of the Poor

Continuing the work of Saint Jeanne Jugan, our mission is to offer the neediest elderly of every race and religion a home where they will be welcomed, cared for as family and accompanied with dignity.

The secret of volunteering at Jeanne Jugan Residence is simple; when you give of yourself to the elderly it comes back to you in ways you cannot imagine. You may volunteer once a month, once a week, or more if you like. There are dozens of opportunities to bring joy to the lives of our senior residents.

- \* **Chapel Volunteers** – help to clean chapel every other Thursday at 9:00am (pool volunteers)
- \* **Dining Room Volunteer** – Assist staff with meal service, (breakfast, lunch or dinner), busing tables and visiting with Residents. We have three dining rooms: Mary Immaculate (independent living), Holy Family (nursing unit) and St. Joseph (nursing unit).
- \* **Kitchen Volunteer** – assist with basic food preparation Mon.-Fri. 9AM - Noon, 2 - 5PM or 2:30 — 5:45PM.
- \* **Laundry Volunteer** – helps to fold clean laundry
- \* **LSP Club Volunteer** – participate and support activities at the Little Sisters of the Poor– clubs include: Sewing, Knitting (also crochet, cross stitch, etc.), Library, Visiting, Memoirs, Baking, Photography and the Garden Buddy Club
- \* **Maintenance Volunteer** – experience is required.
- \* **Office Volunteers** – assist with clerical work
- \* **Special Events Volunteer** – As needed
- \* **Store Volunteers** – Monday thru Fridays 9:30am to 10:30am (pool volunteers)
- \* **Transportation Volunteers** – Requires motor vehicle background check at our expense



*The Milton & Hattie Kutz Home, Inc.*

### The Kutz Home

For over 100 years, families have placed their trust in The Kutz Home to be a welcoming and comfortable environment for their loved ones needing short-term rehabilitation, as well as long-term nursing care. With the help from volunteers, the home maintains a busy schedule of stimulating and enjoyable events for residents of all levels of cognitive and physical ability.

**Requirements to volunteer:** must have two TB tests (we can provide without charge if needed), annual flu shot, background check. Volunteers' talents, gifts, interests and creative ideas certainly exceed the following list. We can grow a new program to match your unique background and our residents' interests.

\* **Reader/Story Teller** — read once a month for 30-60 minutes (4-15 residents). Must have a voice that projects or be willing to use a microphone.

\* **Friendly Visitor** — visit one or

### DeLaWarr State Service Center

The DeLaWarr State Service Center currently offers client services administered by Delaware Health and Social Services (DHSS) divisions: Division of State Service Centers (DSSC), Division of Social Services (DSS), and Division of Public Health as well as houses The Ministry of Caring Emmanuel Dining Room, South.

two residents 1 — 4 times per month.

- \* **Musician/Entertainer** — Sing or play instrument for residents (between 10-40 residents) as frequently (one time or on a regular basis) as desired-30 minutes to one hour in duration.
- \* **Bingo Assistant** — call bingo numbers, and/or assist residents. Times: Mon. & Wed. 3:15 — 4:45PM.
- \* **Crafter** — Plan, prepare, and instruct 3-8 residents in a skill appropriate craft one time a month. You can provide necessary materials.
- \* **Black Jack:** Deal a table of up to 8 residents in Black Jack (either beginner or advanced) Thur. 3:20PM.
- \* **Discussion Group:** Lead a group on current events or any topic on which you are knowledgeable or want to research (5-15 residents). A 45-60 minute discussion can be held one time or as often as you would like to schedule for our monthly calendar.
- \* **Movie with Discussion:** With the residents, select a movie (or bring one from home/library) and lead a group discussion.



## LONG TERM CARE OMBUDSMAN PROGRAM

The Long-Term Care Ombudsman Program is looking for "**Resident Advocates**" to visit with residents in Nursing / Assisted Living Facilities throughout the state of Delaware. Some residents in these facilities don't have anyone to speak up for them when a concern arises. This is where the Ombudsman Volunteers come in to assist. Ombudsman Volunteers are required to have a complete criminal background check and go through a 7.5 hour training. The volunteer must be able to commit to 2 hours minimum of volunteer time per month for a minimum of 6 months.



## THE SALVATION ARMY DELAWARE COMMAND

### Salvation Army Senior Center

The center opened in 1968 for older adults and has continued to grow to meet the ever-changing needs of those whom we serve. Membership is available to those who are 55 years of age and older.

\* **Activities Volunteer** – Volunteer will assist in the planning, preparation and conducting of activities. Activities may include BINGO, crafting, playing piano or participating in nursing home visits.

\* **Administrative Support** – provides administrative support to staff, this may include driving for special events, helping with mailing, participating in planning committees, compiling reports and sending cards to members.

\* **Kitchen Volunteer** – provide support in the kitchen with meal prepping, serving and clean up. May also include collecting funds for meals.



## THE MARY CAMPBELL CENTER

### Mary Campbell Center

The Mary Campbell Center is a homelike and supportive environment that celebrates ability. Since 1976, The Center has provided residency, respite care, and day programs to help young adults and adults with disabilities achieve personal goals and increased independence. Children with special needs

are part of our community, participating in programs after school and in summer camps. The Center recognizes the dreams of all people, regardless of physical or cognitive ability, and we urge the search for a quality of life that is vital to everyone.

The Mary Campbell Center has volunteers from all walks of life. We strive to place volunteers in roles that best fit their needs/wants and schedules. All our volunteers are appreciated.

- \* **Activity Volunteer** — Works with staff to assist in group activities.
- \* **Nail Salon Volunteer** — We have the supplies we just need people to help polish nails!
- \* **Office Volunteer** — provide general clerical support
- \* **One-on-one Volunteer/Reader** — spend time with a resident doing something they enjoy. Many residents enjoy having someone read to them, listen to them, sing to them, or spend time on the Internet.
- \* **Special Events Volunteer** — Helps with holiday and/or other annual special events
- \* **Trip Volunteer** — go on recreational trips with staff in order to assist residents to participate in outings away from the Center





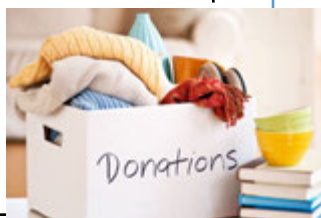
## THE MINISTRY OF CARING INC.

### Distribution Center

Many people who leave emergency shelters for more permanent housing, often start their new lives with little more than the clothes on their backs. To help meet these needs, the Distribution Center was established in 1989 as a collection, storage and distribution point for donated goods. Located in a 5,400 square foot warehouse on Wilmington's East Side, the Distribution Center offers clothing and household items for anyone in need.

We need volunteers to help to sort, organize and/or display donated clothes, household items and other donations. If you cannot volunteer but would still like to help, please consider donating your gently used goods or new toiletry items to our distribution center.

**For more information please call  
(302) 652-0969 or visit our  
Donation Drop Off Location  
1410 North Claymont St. Wilmington,  
19802 - Monday-Friday, 8AM – 3PM**



### International Nights

Each month, from January through October, the Emmanuel Dining Room hosts a lively gathering of guests who come as much for the easy camaraderie as for the delights inspired by the fare of selected foreign countries. All proceeds help to feed those in need every day. We are always in need of servers for this event. The time commitment would be the fourth Sunday of every month from 4:30 PM -7:30 PM. An individual or a group up to 10 may volunteer at a time.

### 2019 Dates

- ⇒ February 24 – Spanish Night (Harry's Savoy Grill & Teixido Family)
- ⇒ March 24 – Irish Night (Chef Association)
- ⇒ April 28 – TBA
- ⇒ May 19 – Greek Night (Chef Bill Bradley)
- ⇒ June 23 – Tuscan Night (Chef Dan Butler, Toscana To Go)
- ⇒ July 21 – Taste of the Chesapeake (Ryan German & Caffé Gelato)
- ⇒ August 25 – Buckley's Favorites (Chef Tom Hannum & Buckley's Tavern)
- ⇒ September 29 – Delaware Gourmet Catering & Chef Jerry Proctor
- ⇒ October 27 – Oktoberfest (Delaware Saengerbund)

non-profit agencies serving Delaware's most vulnerable populations.

### Francis X. Norton

The Francis X. Norton Senior Center located within the Sacred Heart Village offers residents and senior in the local community an activities room, a café, convenience store, hair salon, laundry, fitness center and computer room. The Center is always in need of volunteers to participate and/or support the Quilts for Comfort program.

### Quilts for Comfort Sewer:

Volunteers are welcome to come and quilt on Mondays from 1:00-3:00pm (machines available) and/or quilt from the comfort of their own home and drop off their completed items to the center. Items are then gathered, stored and then distributed to multiple

### Meeting / Donation Drop Off Location:

Francis X. Norton Center at  
the Sacred Heart Village  
920 N Monroe St., Wilmington 19801

### Emmanuel Dining Rooms

**Locations: WEST: 121 N. Jackson St. SOUTH: 500 Rogers Rd, New Castle EAST: 226 N. Walnut Rd.**

- \* **Breakfast Helper** – time commitment- 6:30 AM — 8:30 AM.
- \* **Lunch Committee Volunteer** – meal prep
- \* **Lunch Time Server Volunteer** – time commitment- 11:50AM — 1:00PM.
- \* **Sandwiches/Casseroles Volunteer** – Casseroles are needed that we can freeze for later use, make sandwiches can be given out to our guests for a snack later on in the day.
- \* **Sewing Volunteer** – Aprons are a must have. We need volunteer by making aprons.
- \* **Thanksgiving/Food Drives Volunteer** – During Thanksgiving, we are in need of non-perishable food items and volunteers to help with the sorting of items and assembling of baskets for families in need.
- \* **Christmas Volunteer** – At Christmas, we distribute gifts for hundreds of children in need. We need volunteers such as families, churches, business or other organizations, to help by providing gifts to children. We also need volunteers to help in our warehouse to help receive and organize the gifts.



NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. What started as a small group of families gathered around a kitchen table in 1979 has blossomed into the nation's leading voice on mental health. Over the years the organization has grown to provide a wide range of awareness, advocacy, support, education and housing to support those affected by mental illness in Delaware.

#### Volunteer Opportunities Include:

- \* **NAMI DE Walks** — Our main fundraising event is our annual NAMI Walks which we host the first Saturday of May. Volunteers would help with day-of logistics and pre-event promotion.
- \* **Health Fairs & Exhibitions** — Volunteers would lead a table with fliers and be available to discuss what the organization is about to attendees of the event.
- \* **Helpline Information & Referral Specialist** — Volunteers would be taking calls from people looking for resources. They would enter the caller's information into our Helpline database and connect them to local resources that would best fit their needs if available.
- \* **Front Desk Receptionist/Office Work** — Volunteers would be seated at the front desk, available to transfer calls as they come in and aid in office work. Office work includes: printing/copying, mailing letter using a postage machine, sorting mail, and similar activities.

#### Habitat for Humanity of New Castle County

Established in 1986, Habitat for Humanity of New Castle County has served 300 families and ranks among the top three HFH Northeast affiliates (of 210 affiliates from Delaware to Maine) in terms of housing production.

Habitat is consistently humbled and inspired by the personal impact we have on homeowners. We see homeowners return to school, develop new confidence and secure better jobs. We learn of improvement in their children's school performance and about homeowners' children who want homeownership for themselves. We see families long robbed of hope believing again in themselves, in others, and in the future. Habitat helps short circuit the cycle of poverty for many of our families.

All of our accomplishments would NOT be possible without the help of all of our volunteers. From those in the main office and construction site to those in our ReStores.

#### Main Office

- \* **Clerical** – assist with light administrative and office duties
- \* **Construction Site Crew Leader/Volunteer** – commit to coming out from one to three days a week and helping with general construction work on building sites. This work may involve carpentry, electrical, plumbing, drywall, painting, and landscaping.
- \* **Family Support Volunteer** – Volunteers work with partner families to encourage and support them as they go through the homeownership program.
- \* **Special Events Support**



#### Habitat ReStore

Habitat receives generous amounts of donated materials every year (24 tons in 2005) but, the majority of it cannot be used in the homes. Habitat sells these donations at a discounted rate in the Habitat ReStore, a resale shop that helps Habitat raise additional dollars to build houses.

- \* **Habitat ReStore Volunteer** – Assist the Habitat ReStore team with donation pick up, creatively display items in store, organize and price merchandise on the sales floor, greet customer, assist customers as they navigate the store and during checkout, assist customers purchasing construction materials, furniture, and used appliances. Shifts include: 10AM – 2PM; 12PM – 4PM; 10AM – 4PM.

#### Locations include:

- ⇒ Habitat ReStore Wilmington  
3312 Seminole Avenue,  
Wilmington DE 19808  
Hours: Tues., Wed., & Thurs.  
10:00am – 7:00pm  
Fri. & Sat. 10:00am – 4:00pm
- ⇒ Habitat ReStore Middletown  
600 N. Broad Street,  
Middletown DE 19709  
Hours: Tues., Wed., & Thurs.  
10:00am – 7:00pm  
Fri. & Sat. 10:00am – 4:00pm





## Easterseals Delaware



Easterseals provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play in our communities. Easterseals has been helping individuals with disabilities and special needs, and their families, live better lives for nearly 90 years.

Everyone has something to share! As a volunteer, you can offer your time, talents and expertise once or on an ongoing basis. Easterseals has volunteer opportunities at all 6 locations throughout the year for individuals, clubs, organizations, and corporations.

- \* **Activities Volunteer** – Support activities that take place at Easterseals which can include bingo, sports groups, an art activity or a seasonal celebration.
- \* **Administration Volunteer** – provide support in light clerical work - may also assist with bulk mailing projects
- \* **Entertainment/Presentation Volunteer** – Present a topic of interest to Easterseals participants. Topics may include nutrition, healthy lifestyles, art, music, etc.
- \* **Special Events / Fund-raising Volunteer** – may include: Annual CAI Volleyball Challenge
- \* **Trips Volunteer** – lend a hand during a trip to a museum, garden, park, sporting event, bowling alley or farmers market.



## Tai Ji Quan:

### Moving for Better Balance

Tai Ji Quan: Moving for Better Balance is a nationally recognized evidence based fall prevention program for older adults. The program is an enhancement of traditional Tai Chi transforming movements into therapeutic training for balance and mobility. In twice-weekly one hour classes extending over a six-month period, participants learn, in an easy-to-difficult progression, an 8-posture form and auxiliary exercises that challenge balance and build strength and flexibility.

The program is always looking for volunteers who wish to become **certified instructors** and are able to commit to teaching this six-month course at local community centers.

## Wilmington Drama League

The Wilmington Drama League is a community theater group that produces performing arts.

The Drama League is always in need of volunteers! We survive and thrive on the commitment and energy of our volunteers – you help us out with nearly everything, from day-to-day business work to facility maintenance to building and painting sets to ushering shows to running stage crew and everything in between.



## Hagley Museum and Library

Located along the banks of the Brandywine in Wilmington, Hagley is the site of the gunpowder works founded by E. I. du Pont in 1802. This example of early American industry includes restored mills, a workers' community, and the ancestral home and gardens of the du Pont family. Hagley Museum and Library collects, preserves, and interprets the unfolding history of American enterprise. Hagley's collections document the interaction between business and the cultural, social, and political dimensions of our society from the late 18th century to the present. Volunteer are needed in the areas:

- |   |  |                                    |
|---|--|------------------------------------|
| * Audiovisual Collections & Digital Initiatives   | * Education & Outreach in the Community              | * Invention Convention             |
| * Bike, Hike, & Brews; Science Saturdays, Sunday Strolls; Grand Fonda, & other outdoor events | * Engineering Endeavors                              | * Library                          |
| * Car Show  | * Exhibits (build, repair, maintain)                 | * Maker Fest                       |
| * Computer / Administrative Work / Mailing  | * Fireworks  | * Manuscripts & Archives           |
| * Craft Fair  | * Floral Arranging                                   | * Marketing / membership           |
|   | * Hayrides   | * Photography and/or Videography   |
|   | * Holidays at Hagley (assist with crafts/activities) | * Powder Yard Greeter / Translator |
|   |  | * Workers' Garden                  |
|   |  | * Workers' Hill                    |



The MOT Senior Center is a non-profit, non-residential community center located in the heart of

Middletown, DE. Adults age 50 and over can join and participate in programs, trips & social activities tailored to adults and seniors. Those striving to maintain an independent lifestyle can make new friends, share in a meal, play a game, exercise, take a class or learn a new skill. The social interaction provided at the Center is essential to physical and mental health.

The Center also offers a variety of volunteers opportunities, some include:

- \* **Activities Volunteer** – Volunteer will assist in the planning, preparation and conducting of activities. This may include (but not limited to) decorating, setting up activities and supplies as needed, gathering clientele, facilitating the activity, serving refreshments, cleanup, taking photos, one-on-one with clientele with special needs, and as needed with special projects. Volunteer may instruct seniors in activities such as Bingo, Bridge, Pinochle and other card games, crafts, ceramics, crochet, knitting, quilting, sing along and line dancing.
- \* **Administrative Support** – volunteers will assist staff with daily administrative work such as working on the monthly bulletin board or newsletter, and providing general clerical support in the main office.
- \* **Board Member / Advisory Council Member** – Volunteer will advise and support the agency in forming local policy, planning, and developing operational procedures and practices consistent with the agency's mission and goals. Council members will also help plan center activities, special projects, and fundraising.
- \* **Fund-raising Volunteer** – There are many ways volunteers can lend support to help raise funds to benefit the center. This might include participating in annual fundraising events, smaller one-time projects, volunteering in the gift

shop and participating in on-going fundraising activities such as line-dancing.

- \* **Health/Education Volunteer** – Volunteers can help the center promote both physically and mentally healthy habits by; assisting with taking blood pressure, recording prescription history as part of the Nemours Program, hosting a fitness class, providing healthy foods through the Meals on Wheels program, assisting the kitchen staff, presenting information to members about Medicare, or participating in a mentor/tutoring/reading program.
- \* **Home Visitor / Member Outreach Volunteer** – Volunteer may send get well, sympathy, and "thinking of you" cards to appropriate members on behalf of the agency. Volunteer may also travel to the hospital, nursing homes, or member's house for a friendly visit/to assist with transportation in order for the member to be able to go to appointment or run errands.

### Old Swedes Foundation

Old Swedes Foundation provides for the care, maintenance, preservation and promotion of the Old Swedes Church, Old Swedes Burial Ground and Hendrickson House in the city of Wilmington, Delaware, as historical monuments and points of interest. The Foundation (also known as Old Swedes Historic Site) maintains a library, provides educational tours of grounds, Old Swedes Church and the Hendrickson House, and archives and makes available the historical records of Holy Trinity (Old

### Old Swedes Foundation

Swedes) Church and Burial Ground to those involved in genealogical and historical research.

Do you enjoy history or believe in preserving the past? Then you need to be part of our volunteer corps. Share your love of history and tell the story of the New Sweden Colony and the founding of a nation. Wonderful volunteers contribute their time and talents to help make Old Swedes Historic Site successful. There are opportunities in all areas of the museum operations, from enhancing the visitor experience, to carrying

out projects behind the scenes.

Opportunities include:

- \* **Docent** – Provide tours of Old Swedes Church, Hendrickson House and the Burial Grounds to the general public, groups and schools.
- \* **Ghost Storytellers**
- \* **Gift Shop Volunteer**
- \* **Interpreters**
- \* **Special Events** – Assist with annual events such as the Four Centuries Fête, Santka Lucia Fest, Family Fun Days - Colonial Kids Day and 19th Century Pastimes and other Fund-raising events



## St. Anthony's Community Center

### St. Anthony's Senior Center

St. Anthony's multi-purpose Senior Center offers activities in several program areas and services to anyone 55 years of age and older. Services include transportation, nutritious meals, beauty salon, gift shop & various health screenings. Volunteer opportunities include:

- \* **Activities / Game Coordinators** – assist in the planning, preparation and conducting of activities/games/parties
- \* **Clerical Support** — may include answering phones and assisting with light administrative tasks
- \* **Floor monitors** – Check on the well-being of the clients on their floor.
- \* **Gift Shop** – assist customers and maintain the merchandise displays as needed. Volunteers may also shop for items to stock the store and perform ordering and scheduling tasks
- \* **Meal service** – assist with the prep, serving and clean-up of meals.

### City Fare

City Fare Meals on Wheels, a program of Saint Anthony's Community Center, has operated in Wilmington



since 1986. We provide hot, nourishing meals to homebound elderly and disabled persons in New Castle County who are unable to prepare meals for themselves and who have no one to do so for them. We also provide professional case management to every client. The meals, daily contact by caring volunteers, and staff who coordinate other services as needed allow frail, otherwise forgotten, homebound persons to remain living independently in their own homes.

- \* **City Fare Meals on Wheels Volunteer** – Volunteers needed to deliver meals to the homebound Monday through Friday at lunchtime. Routes take about an hour and a half and are located throughout New Castle County. Volunteers use their own vehicles and must be licensed drivers. Volunteers are encouraged to go in teams of two, so that one person can help read directions and navigate as the other volunteer drives the route. Grab a friend and enjoy a lunch that's good for your heart! Once a month or once a week – deliver where you can, when you can.
- \* **Special Events Support** – Volunteers assist with projects or special events during the year.



### National Veterans Assistance Coalition | Victory Village

The National Veterans Assistance Coalition (NVAC) is a dedicated professional group of staff and volunteers focused on helping veterans receive the benefits and services they have justifiably earned and to provide housing and support services that enhance their personal and professional development.

A project of the National Veterans Assistance Coalition is Victory Village. The property in Middletown, can house up to 30 male homeless veterans and provide service for many more. Victory Village, a non-profit organization, is a one-stop Veterans resource center, including those transitioning back from military life that collaborates with schools to offer training, including a woodworking shop, auto mechanics, and computer programming.

Volunteers are Welcome! We are always looking for volunteers to help us with our upcoming fundraisers/ events or to help in any way that they can. Some opportunities include:

- \* **Administrative Volunteer** – Volunteer will provide general clerical support to the office including making copies, data entry, filing and assist with bulk mailing projects.
- \* **Program Support** – Volunteer in this position will help with painting, minor electrical work, pick up of items for thrift store, grass cutting and other tasks as needed to insure the smooth operation of Victory Village.
- \* **Special Events/ Fund-raiser Volunteer** – can provide support by staffing/selling raffle tickets, booths, supervising activities, greeting and guiding visitors. These opportunities are perfect for those individuals who have limited time to give and are not available on a weekly basis.





## NEWARK SENIOR CENTER

*Celebrating Life After 50!*

### Newark Senior Center

The Newark Senior Center enhances the lives of the 50+ community by providing resources and opportunities for growth in body, mind and spirit. Volunteer are always needed to assist in the following areas:

- \* **Activities Volunteer** – Volunteer will assist in the planning, preparation and conducting of activities such BINGO, Computer Club, Entertainment/Songbirds, and Knit and Stitch,
- \* **Nonprofit Project Consultants**– Consultant for local nonprofits assisting them with short-term projects. NPCs are retired professionals with experience in areas essential for a successful organization including management skills, finance, auditing, marketing, communications and information technology.
- \* **Meeting of Minds Volunteer** – Meeting of Minds is a guided group experience for those with early stages of dementia or memory loss. Through diverse social, mental, creative and physical activities, participants gain improved

self-esteem, socialization and a sense of belonging. We are seeking individuals to assist with program activities.

- \* **Administrative / Receptionist Volunteer** – volunteers will assist staff with daily administrative tasks and will provide overall support. Tasks may include assisting with the newsletter, at the reception desk, library or acting as a greeter.
- \* **Fundraising/Special Events Volunteer** – There are many ways volunteers can lend support to help raise funds to benefit the center. This might include participating in annual fundraising events, smaller one-time projects, volunteering in the gift shop and participating in on-going fundraising activities.
- \* **Health / Education Volunteer** – Volunteers can help the center promote both physically and mentally healthy habits by; presetting Fraud Education workshops, assisting with tax preparations and/or supporting the kitchen/dining room staff
- \* **Newark Mail Group** – Volunteer will be called on an as-needed basis to help with preparing/ process of bulk mail for organizations in need.

### Newark Meals on Wheels

Opportunities to support the Newark Meals on Wheels program at the Newark Senior Center include:

- \* **Meals on Wheels Driver** – Help seniors to continue to live independently in the community by delivering a healthy meal and a friendly smile. Requirements for drivers: a valid driver's license, an insured vehicle, and an hour and a half to donate between 10:45am and 12:30. Volunteers can choose to deliver meals once a week, every other week, once a month, or on a substitute basis.
- \* **Meals on Wheels Cafeteria Aide** – Volunteer will assist in the preparation and packaging of all hot noon meals to be delivered to homebound adults.

### Paws for People

PAWS for People (Pet-Assisted Visitation Volunteer



Services, or PAWS) is a nonprofit organization committed to providing therapeutic visits to any person in the community who would benefit from interaction with a well-trained, loving pet.

There are several ways to get involved!

- \* **Fundraising / Community Events** – There are community events, special events, and fundraisers throughout the year including:
  - PAWS Conference (February) - Volunteers needed to help set up/ clean up, assist with luncheon prep and serving
  - Spring Fling (April) - Luncheon and Silent Auction - Volunteers needed to assist with planning, collecting

**PAWS** for People  
HEALING PET THERAPY SINCE 2005

donated auction items, set up and clean up  
– Barnes & Noble Book fair and Gift Wrap

(Multiple times throughout the year)-  
Volunteers needed to hand out vouchers to shoppers for book fair or gift wrap for holidays

- Wag -N- Walk 5K (October)-  
Volunteers needed to help set up/ clean up course, work various locations throughout course, including water/food stations, assist vendors

- \* **Office Volunteer** – provide light administrative support
- \* **Pet Therapy Teams** – PAWS for People is looking for volunteers with gentle affectionate pets who are interested in becoming certified to provide pet therapy services.
- \* **Special Skills** – You may have a special skill that is just what we need (e.g., photography, carpentry, graphic design, grant writing).

## Lutheran Community Services

LCS has been serving low-income families in



Wilmington and New Castle County, Delaware with emergency food, housing, and other services since 1959. Originally founded to help senior citizens with their independent living needs, we have evolved into a multi-faceted social service agency with many different programs and locations for low-income people of all ages.

To accomplish all that it does, LCS relies heavily on the help of a vast number of talented and dedicated volunteers. Over 400 strong, these volunteers staff the pantries, and also help out in the office.

Volunteer Opportunities Include:

- \* **Garden Volunteer** – During the months of April-September we need volunteers to assist with weeding, planting and harvesting. May volunteer anytime Monday-Friday from 7AM – 5PM.
- \* **Office Volunteer**
- \* **Food Pantry Volunteer**
- \* **Photographer Volunteer**
- \* **LCS Food Drive Coordinator** – Responsibilities include contacting groups to arrange for food drives to benefit LCS. Using the Food Drive kit to assist groups with their drives. Organizing pick up or delivery of the food collected. Managing ongoing relationships with donating groups. Recruiting new groups to do food drives and maintaining records for food drive donors and results.

## The Ronald McDonald House of Delaware



Ronald McDonald House® of Delaware

The Ronald McDonald House of Delaware provides a safe, affordable "home-away-from-home" to families of seriously or chronically ill or injured children who are being treated at area hospitals and operates 3 Ronald McDonald Family Rooms within pediatric units of hospitals across Delaware. The House is a place where families can stay together and receive the kind of special care they need at such difficult times. Families find a bit of comfort and peace and a hot evening meal after a long day at the Hospital.

- \* **House Volunteers** – You can help to keep families together when they need it most by joining our team of House volunteers. These volunteers interact with our staff, other volunteers, and guest families while helping with daily operations. Volunteers provide a welcoming environment seven days per week between 6am and 9pm. House volunteers must be 16 years of age and older and able to make a recurring, weekly commitment of 3 hours per week, or 6 hours

per month for six months to one year.

- \* **Family Room Volunteers** – Family Room volunteers help create a welcoming area for families. Additionally, volunteers help to make sure the rooms are clean and stocked with supplies. These are regular, committed volunteer positions. In order to serve families well, we rely on volunteers to be consistent.
- \* **Family Activities** – Our Activities program provides a lift to our guest families. Doing activities helps alleviate stress and gives families the opportunity to spend time together outside of the hospital. Activity Examples include: Game Night, Arts and Crafts, or Face Painting
- \* **Special Events** – Part of the success of our fundraisers we host are the volunteers that make them great. Our volunteers help with registration, parking, greeting, and raffle sales. Everything they do to help makes a difference in making the event successful.

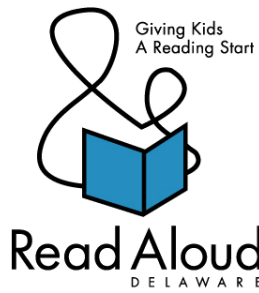
## Tri-State Bird Rescue



The mission of Tri-State Bird Rescue & Research is to achieve excellence in the rehabilitation of injured, orphaned, and oiled native wild birds, with the goal of returning healthy birds to their natural environment. We do this through compassionate care, humane research, and education.

Caring for injured, orphaned, or oiled birds is a rewarding challenge. Tri-State's professional staff is augmented by over 200 active volunteers who donate more than 20,000 hours annually to help care for birds and keep the center running smoothly. Talents are needed in a variety of areas such as bird care, public education, patient reception, landscaping and maintenance, office support, fundraising, marketing, and special events.





Read Aloud Delaware volunteer readers are welcomed by a room full of excited children whenever they enter a preschool classroom. With hands raised as high as they will reach, children exclaim, "Pick me, pick me!" Our volunteers experience this joy daily at more than 100 reading sites

across Delaware. Each reading encounter introduces children ages 1 to 5 years old to the world of literacy and to spark the desire to become lifelong readers. Our mission is to ensure that each preschool child in Delaware is regularly read to one-on-one.

- \* **Volunteer Readers:** Volunteers commit to one or two mornings a week and read to one child at a time for 5-15 minutes each. Placements are made after the volunteer completes an online application, provides 2 references and completes a fingerprinted criminal background check through the state police. Volunteers are assigned to one classroom within the center of their choice and their goal is to read to every child in their classroom every week. This program only takes place Monday-Friday from 9-11:30 am.
- \* **Office Ninjas:** provide administrative support
- \* **Team Leaders:** Acts as the liaison between program staff and fellow volunteers at assigned childcare center.
- \* **Parent Empowerment Presenters:** Retired teachers, especially former reading teachers, are needed to present our three sessions of early literacy activities.
- \* **Mother Goose/Father Goose Enactors:** Extroverted volunteers who love nursery rhymes are needed to perform in classrooms and at special events.
- \* **RAD Rovers:** Volunteers are needed to staff tables at special events to talk to the public about the importance of reading to young children.
- \* **Book Wrangler:** Seeking volunteers with their own vehicle to rotate bags of books from one childcare site to another once every other month for assigned sites. This assignment can be done before or after work.



### The Peter Spencer Family Life Foundation | Ujima After-school Enrichment Program

The Ujima After-school Enrichment Program is a program of the Peter Spencer Family Life Foundation, the 501C-3 Community Development Program of the Mother African Union Church. The after school program currently serves students from various Wilmington schools ranging from kindergarten to eighth grade.

The primary focus of the program is tutoring students one on one, homework assistance, and reading enrichment. While the program has a small staff, dedicated volunteers play an important role in helping the after school program to realize its goals in helping our students to reach their full academic potential.

The program meets Monday through Friday, from 3:00PM to 6:30PM at Mother African Union Church, 812 N. Franklin St in Wilmington.

### New Castle Senior Center

New Castle Senior Center provides recreational, educational and nutrition services for seniors 55 years of age and older. The Center is always in need of help in the following areas in order to provide the best service to our members:

- \* **Activities Volunteer** – Volunteer will assist in the planning, preparation and conducting of day-to-day activities.
- \* **Administrative Support** — volunteers will assist staff with daily administrative/reception work.
- \* **Fundraising** – There are many ways volunteers can lend support to help raise funds to benefit the center.
- \* **Meal Assistant** – Volunteer will perform routine kitchen/meal room duties.



## PATCHES OF LOVE

Patches of Love is a group of volunteers who make quilts, pillowcases and dog beds for organizations that shelter the homeless, work with children in hospitals and work with animals in shelters.

We are in need of the following support:

- \* **Sewers** – Volunteers who can take donated fabric pieces and make quilts in the comfort of their home and then drop off completed items to program staff.

Patches of Love volunteers work year round and they are always looking for organizations in need of warm quilts for those they serve. If you know of any organizations that serve homeless individuals or families in need please contact Volunteer Delaware 50+ at 302-255-9882.

Please also consider donating any thread, new fabric (especially children and teen friendly patterns), or any other sewing materials, we will use it all!



## Stockings for Soldiers

Stockings For Soldiers - Delaware, Inc. was founded to help improve the morale and welfare of members of the armed forces of the United States of America deployed in harm's way. We accomplish our mission by sewing holiday stockings



and filling them with special items for the troops. Many of the stockings that we send are for a specific person with their name on the stocking. For many troops, our gift is all they receive for the holidays. We are trying to send a "touch of home" as well as personal messages of support to remind our troops that we appreciate all they do for us and to let them know that they have not been forgotten over the holidays. We depend on the generosity of others to help us to accomplish our vital mission.

**Although the program does offer more seasonal volunteer opportunities, volunteers are always welcome and encourage to host fundraisers, collection drives or events throughout the year that will ultimately support the program during its pike season (Oct.-Dec.).**

**Other Volunteer Opportunities include:**

- \* **Administrative Volunteer** – provide general clerical support
- \* **Donation Drive Volunteer** – Volunteer will either host, promote or assist with donation drives to benefit Stockings for Soldiers. As a host, volunteer will be responsible for overseeing the drive at their site or within their group. They will act as the point of contact between their organization and Volunteer Delaware 50+. Promoting and assisting with the donation drive could include distributing flyers to individuals or local businesses. Volunteers may also participate by driving to host locations and gathering all the donated items that will then be delivered to the main location.
- \* **Stocking Store Volunteer** – Come join us at the Stocking Store to help with all of the different jobs that need to be done during our operating hours. We especially need help in November when we stuff the stockings. Tasks may include sorting, replenishing and organizing donated items and stuffed stockings. Dates/Time: early October to late November, Monday – Thursday; 6:30 PM to 8:30 PM. Individuals or groups are welcome.



### Delaware Senior Medicare Patrol

Are you bright and outgoing? Do you believe in honesty and integrity?

Want to do something about the rising cost of healthcare? Would you like to help seniors protect themselves from scam artists?

The Senior Medicare Patrol (SMP) is a national group of volunteers of all ages who help senior citizens identify and report Medicare Fraud and Abuse. It's a great way to earn respect and to educate yourself about the ins and outs of Medicare coverage. Most of all, you'll be making a difference by empowering others to stop fraudulent practices.

Delaware Senior Medicare Patrol Program volunteers provide education to beneficiaries and their families about how to prevent, detect, and report Medicare fraud, waste and abuse. Volunteers may give presentations to consumers at senior centers, club meetings and other locations, and provide impartial one-on-one counseling and assistance related to Medicare fraud. Volunteers will receive training from experts on healthcare fraud detection and prevention methods. Project staff and other volunteers provide continuing support and receive a subsidy to cover their travel expenses.

### The First Tee of Delaware



The mission of The First Tee of Delaware is to impact the lives of young people in the State of Delaware and surrounding areas, providing educational programs that build character, instill life-enhancing values and promote healthy choices through the game of golf, by and by creating opportunities for affordable and accessible golf facilities primarily to serve those who have not previously had exposure to the game and its positive values. Opportunities include:

- \* Fundraiser Support – Events include golf tournaments (Mayor's Cup, Delmarva Scramble, The Fall Classic, networking events, and golf related programs. Volunteers are needed for pre-event, day of, and post-event tasks.
- \* Office/Administrative Support – tasks may also include corresponding with our donors/parents of our participants, registration for classes, calendar maintenance, and answering phone calls. Hours: 8-16 hours per week.
- \* Golf Program Support – Assist with our learning programs which include outreach activities at elementary and middle schools; with home schooled children on the golf course; and our training sessions. In New Castle County we are based at the following golf courses: Rock Manor, Ed "Porky" Oliver, and Back Creek.



- \* Marketing & Grant Writing Support – Assist with the execution of our marketing plan and writing grants to fund our outreach and programs. This role would include preparation of marketing collateral, mailing/distribution of marketing materials, managing donor prospect databases as drafting responses to grants that we complete to raise funds. Enhanced utilization of Social Media is also a critical element of our marketing plan and an area of growth for us. Preferred skills needed are good writing skills, intermediate or above skills in the Microsoft Office software, web applications, and experience working in marketing, advertising, sales-like positions. Hours needed per week would be 4-8 hours a week and can be done from home. A "plus" would be experience effectively using social media platforms such as Facebook, Instagram, Pinterest, Twitter & Linked-in.
- \* Information Technology: Computer/Video/Website Support – Assist our Operations Director in enhancing our ability to utilize and maintain our basic IT system; and, improve our capabilities in the use of the IT systems. This work could include supporting enhancements to our Website and helping us expand its "connectivity" to our participants/parents/donors. Preferred skills are advanced IT experience with both software and hardware system components, teaching/mentoring on the use of various software programs, and web based development and applications.



**LIVE UNITED**  
United Way of Delaware

## ONGOING OPPORTUNITIES

### United Way of Delaware

We LIVE UNITED when we Give, Advocate and Volunteer. Thousands of United Way volunteers lend their time and talents in support of our important work. United Way of Delaware will work with you to find a volunteer opportunity that advances your humanitarian goals, while supporting your community and strengthening your team. You will see firsthand the impact a partnership with United Way makes.

- \* **Administrative Support** – Volunteer will provide general clerical support to the office. Tasks may include answering phones, taking messages, making copies, data entry, scheduling, typing and filing.
- \* **Reading Angel** – Books have the power to benefit children in a myriad of ways. As a Reading Angel, reading to students is one of the most important things you can do to prepare them with a foundation for academic excellence. Children who do not read proficiently by third grade are four times more likely to drop out of high school compared to those who read proficiently. Help us by committing to read to students for one hour at a local school.
- \* **Ballard's Reading Buddies** – The program pairs dedicated community members with elementary school students who need extra help with their literacy skills. Volunteers read to the same child weekly throughout the school year. The progress of each student is tracked and measured. This one-on-one approach gives the young reader the focused attention they need to succeed.
- \* **My Very Own Library** – The MVOL program encourages and supports students' love of reading by providing 10 free brand new books to each individual student in participating schools across the state to build their own home libraries. Volunteers are needed to help with parent engagement, at distribution of books events and end of year celebrations.
- \* **Special Events Volunteer** – Volunteers are always needed to support various community events through the year. These may include, M.L. King Jr. Day of Service, World Read Aloud Day, Read Across America Day, National Volunteer Week, Teacher Appreciation Week, Day of Action Projects, Do More 24 Delaware, Back-to-School Bag of Books, Do Something Nice Day, Giving Tuesday, Annual Turkey Drive, Bell Ringing for Salvation Army and Winter Sleigh.



**VITAS**<sup>®</sup>  
Healthcare

Volunteers are motivated for a variety of reasons. VITAS offers different opportunities that allow volunteers to choose a role where they are comfortable and fulfilled. Volunteer opportunities are statewide and ongoing unless otherwise stated.

Direct Patient Care | 11th Hour (Vigil) | Bereavement | Paw Pals Program | Spiritual Care | Veteran Program | Memory Bear Makers | Life Story Volunteers | Alternative/Complimentary Care | Massage Volunteers | Music Volunteers | Art Volunteers | Read to Patients | Handy Help | Photography Volunteers | Hair Care Volunteers | Personal Pampering | Speaker's Bureau | Friendly Visits | Gardening | Reiki/Healing Touch Energy Therapy | Administrative (Newark and Millsboro) | Telephone Assurance Program (Newark and Millsboro)

- \* **More about VITAS' Veterans Program** — Volunteers trained in the special end-of-life needs of veterans assist with replacing lost medals, linking veterans to VA benefits, performing life review, visiting on Veteran's Day, educating veteran's organizations about hospice care, etc.
- \* **Memory Bear Makers** — Volunteers sew memory bears from VITAS patient's clothes to provide comfort and support to the family.
- \* **Music Volunteer** — Trained patient-care volunteers provide support to the patient and family by singing or playing a musical instrument.

**For more information about any of the opportunities please contact Volunteer Delaware 50+ at 302-255-9882.**



### West Center City Senior Center

Located within the William "Hicks" Anderson Community Center (WHACC), the Adult Center provides services for the elderly along with food and nutrition assistance, a clothes closet, crisis services and health programming through the Center's workout room and swimming pool available to the public.

Volunteer opportunities at the center include:

- \* Activities Volunteer
- \* Board Member
- \* Craft Volunteer
- \* Health Volunteer
- \* Meal Assistant
- \* Senior Center Support



### Wilmington VA Medical Center

Volunteers provide many important functions throughout the Medical Center and help make our patients' stay more enjoyable. Volunteers can perform a number of services, and a volunteer's talents are closely matched with one of our many assignments.

When registering to be a Volunteer, we ask that you make a commitment to volunteer 100 hours the first year. The suggested minimum volunteer time for each visit would be 4 hours, however, many choose to volunteer 6 or 8 hours, depending on your schedule.

- \* **Activities / Special Projects Volunteer** — Volunteer may provide support either at the center, such as helping to set up an activity and assisting patients with the activity, or volunteer remotely from home, such as making items at home and donating the goods to the center.
- \* **Administrative Support Volunteer** — Volunteer may provide clerical support within various departments at the VA such as the Volunteer Office or in a Medical Office.
- \* **Patient Volunteer** — Volunteer may provide support in many areas of patient services to ensure the patients and their families have a pleasant experience. Jobs may include patient greeter, patient escort, patient visitor, patient transport, or meal assistant.



### Wilmington Senior Center

The Wilmington Senior Center provides life-sustaining and life-enriching services, opportunities and partnerships that have a positive impact on older adults' physical, mental and social well-being and that contribute to future generations.

Volunteer opportunities at the center include:

- \* **Activities Volunteer** — Volunteer will assist in the planning, preparation and conducting of activities. This may include (but not limited to) decorating, setting up activities and supplies as needed, gathering clientele, facilitating the activity, serving refreshments, cleanup, taking photos, one-on-one with clientele with special needs, and as needed with special projects.
- \* **Board Member / Council Member** — Volunteer will advise and support the agency in forming local policy, planning, and developing operational procedures and practices consistent with the agency's mission and goals. Computer Instructor
- \* **Driver**
- \* **Senior Center Support / Office Volunteer**

### Dupont Grandparent Resource Center

Relative caregivers report that among their greatest needs is emotional support and information. Many of Delaware's caregivers find this assistance through participation in one of the caregiver groups located through the state. Grandparents and other relative caregivers meet on a regular basis to verbalize their concerns, to learn from each other's experiences, and to receive valuable information on resources and programs available to them. Members must be grandparents raising grandchildren.

**Du Pont Grandparent Resource Center Aide** — Center aide does not have to be a member/ grandparent raising grandchildren. Individuals/ groups from the general public may volunteer to provide program support through:

- \* **Childcare Volunteer** — providing care for young children while the grandparents attend short educational workshops, or special meetings.
- \* **Activities Volunteer** — volunteers are welcome to donate activity packets for the children living with their grandparents that they can complete while attending court meetings/appointments, or when the grandparents are attending educational workshops.



### Year Up Wilmington

Year Up provides talented and motivated young adults with the skills, experience, and support that will empower them to reach their potential through professional careers and higher education. Year Up is a one-year, intensive training program that provides low-income young adults, ages 18-24, with a combination of hands-on skills development, coursework eligible for college credit, corporate internships, and wraparound support. The first six months of the program focuses on technical and professional skill building, while the second six months focuses on applying these skills through corporate internships. Mentees also receive coursework eligible for college credits and earn a weekly stipend.

As a **MENTOR** to a Year Up student, you will have a unique opportunity to help young adults navigate new experiences and shape their careers. It is your chance to inspire—and be inspired by—motivated, up and-coming talent in the workforce. You will also have opportunities to network with like-minded professionals. Mentor matching takes place twice a year, in February and September.

#### What are the expectations of Year Up Mentor?

- Email or call your mentee once a week
- Meet face-to-face with your mentee once a month for an 8-month period
- Assist in building and accessing professional networks and in reviewing resumes and college forms
- Encourage continuous learning and problem solving
- Attend the Year Up graduation and recognize your student



#### What makes a GREAT Year Up mentor?

- The ability and desire to work with young adults (ages 18-24) from diverse urban backgrounds
- A positive attitude and good listening skills
- The willingness to share your knowledge and experiences
- Patience, understanding, and a sense of humor

#### Why become a Year Up Mentor?

- Make a difference in a young person's life
- Provide support during the challenging transition to a career and college
- Become part of the Year Up Mentoring community for networking opportunities with like-minded professionals

## WINTERTHUR



Founded by Henry Francis du Pont, Winterthur (pronounced "winter-tour") is an American Treasure. Regarded as one of America's most beautiful historic homes and mansions, on par with Biltmore Estate, Monticello, and Hearst Castle, visitors marvel at du Pont's elegantly-furnished 175-room former home. Winterthur's 60-acre garden is considered one of this nation's great gardens, and its research library serves scholars from around the world. Volunteer opportunities at Winterthur include:

- \* Marketing/Communications Department
  - Communications Volunteer - may be done remotely; conduct news reports with quantitative and qualitative analyses; providing administrative support
- \* Visitor Services Department:
  - Gallery Guide - lead visitors through special temporary exhibits
  - Special Events Volunteer
  - Visitor Service Greeter
  - Volunteer Garden Interpreter - Lead visitors on a 30 minute guided garden walk

#### Other Departments:



MUSEUM



GARDEN



ACADEMIC  
PROGRAMS



CONSERVATION



LIBRARY