

VOLUNTEER DELAWARE 50+

New Castle County Edition



Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of Social Services. The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of Volunteers.

ENROLL TODAY!

VOLUNTEER OPPORTUNITIES & COMMUNITY RESOURCES

[Volunteer.Delaware.gov /Volunteer-Delaware50](http://Volunteer.Delaware.gov/Volunteer-Delaware50)



Honor. Serve. Unite.

Volunteer Delaware 50+ & September Birthdays
Pages 1 – 4

The Spirit of Volunteerism
Pages 5 – 6

Spotlight:
Stockings for Soldiers
Pages 7 – 8

News From Our Partners, Volunteer Opportunities & Community Resources
Pages 9 – 33



New Castle County Community Partners

A Matter of Balance 302-255-9101	DE Ecumenical Council on Children and Families - 302-225-1040	Newark Senior Center 302-737-2336
Alzheimer's Association 215-561-2919	Delaware Hospice 302-478-5707	Meeting of the Minds
Amanecer Counseling & Resource Cnt 302-576-4136	DE Museum of Natural History 302-658-9111X 324	Newark Meals on Wheels
American Cancer Society 1-800-227-2345	DE Senior Medicare Patrol 302-255-9510	Senior Surfers
American Red Cross of Delmarva 302-656-6620	Delaware Theatre Company 302-594-1100	Patches of Love
Big Brothers Big Sisters of Delaware 302-998-3577 ext 105	Easterseals Delaware 302-324-4444	Osher Lifelong Learning Institute (OLLI) 302-573-4417
Blood Bank of Delmarva 302-737-8405	Family Promise of Northern NCC 302-998-2222	PAWS for People 302-351-5622
Brandywine Valley SPCA 302-858-4202	Food Bank of Delaware 302-292-1305 ext 254	People to People: Delaware Chapter info@ptpde.org
CareWear Project Knitters and Crocheters Bags2Mats for the Homeless 302-255-9746	Forget Me Not Families 302-416-2897	Read Aloud Delaware 302-656-5256
CASA (Office of Child Advocate) Count Appnt. Spec. Advo. 302-255-1730	Grand Opera House 302-658-7897	Shoes That Fit: Delaware Chapter 302-234-9319
Channie P. Bradley Senior Services 215-520-7525	Habitat for Humanity of NCC Construction Site: 302-652-0365 ReStore Wilmington: 302-652-5181 ReStore Middletown: 302-449-1414	Special Olympics Delaware 302-831-4653
Child, Inc. 302-762-8989	Hagley Museum & Library 302-658-2400 X257	St. Anthony's Community Center 302-421-3721
Children & Families First 302-777-9757	Literacy Delaware 302-658-5624	City Fare Meals on Wheels 302-421-3734
Children Empowered by Love, Inc. childrenempoweredbylove@comcast.net	Lutheran Community Services 302-654-8886	St. Anthony's Senior Center 302-421-3735
ChristianaCare 302-733-1284 Wilmington Hospital 302-428-2206	MOT Jean Birch Senior Center 302-378-4758	Stockings for Soldiers Delaware Inc. info@StockingsForSoldiers.org
ChristianaCare in Collaboration with AccentCare (formerly known as Seasons Hospice) 302-533-3800	NAMI DE (National Alliance on Mental Illness-) 302-427-0787	Supporting Kidds Inc. 302-235-5544
Connecting Generations 302-656-2122 x0013	New Castle County Dept. of Community Services 302-395-5640	Thomas Edison Charter School 302- 778-1101
ContactLifeline 302-761-9800 ex. 1002	New Castle County Libraries 302-395-5617	Tri-State Bird Rescue & Research Inc. 302-737-9543 x102
Delaware Center for Horticulture 302-658-6262 ext. 108	NCC Senior Roll Call Lifeline (302) 395-8159	United Way of Delaware 302-573-3705
	Nemours Children Hospital 302-651-6096	Volunteer Delaware 302-381-3594
		Volunteer Delaware 50+ NCC Advisory Council 302-255-9746
		Wilmington Senior Center 302-651-3400
		Winterthur Museum, Garden & Lib. 1-800-448-3883
		VITAS Healthcare 302-451-4000



Volunteer Delaware 50+ focuses on helping individuals 50 years of age and older, use the skills and talents learned over the years, or develop new ones while serving in a variety of volunteer activities within the community. Volunteer Delaware 50+ volunteers determine their preferred level of commitment. Come join the more than 2,500 Volunteer Delaware 50+ members and start making a difference today!

What are the benefits of becoming a Volunteer Delaware 50+ member?

- All members receive supplemental insurance protection in case anything happens **while** they are volunteering with one of our community partners (excess volunteer liability insurance & excess automobile liability insurance)
- Opportunity for outstanding volunteers to attend a free recognition luncheon and enter to win door prizes (must meet required hours)
- Opportunity to receive a monthly listing of one-time volunteer projects, upcoming events and ongoing volunteer opportunities (sent via email)
- Invitation to attend free educational workshops on topics pertaining to the 50+ community (sent via email)
- Tracking of hours and years of service

Why do you collect my volunteer hours?

- Helps us to qualify for grants and places us in a better position to advocate for continued funding, not only for our program but also for our community partners
- Helps us to quantify all the amazing volunteer work Delawareans are doing for our state/in our communities
- Helps us to identify and recognize our outstanding volunteers through our annual Volunteer Recognition Luncheon

Are you already a volunteer with one of our community partners and would like to also be a member of Volunteer Delaware 50+?

We are always looking-for and inviting non-profit organizations to join us and become a community partner in order to offer even more opportunities to our members. If you are already a volunteer with one or more of our community partner and would like to also become a member of Volunteer Delaware 50+ please contact your local office.

New Castle County: please call 302-255-9746 or email Guadalupe.Murphy@delaware.gov

For more information please visit Volunteer.Delaware.gov/Volunteer-Delaware50





Anna Marie Adams

Carol Baboolal

Nancy Brock

Regina Brothers

Pauline Browne

Susan Cherrin

Jeanne Curtis

Donna L. Draper

Patricia Dunphy

Linda Fairchild

Kathy Garbett

Douglas Giambra

Patricia Gonzoph

Candie Hart

Elizabeth Hastings

Dewittfield Henry

Marilyn Huebner

Rosemary Jackson

Charles H. Jones

JoAnn Littleton

Bob Ludolph

Sheri Maloney

Carolyn C. Miller

Joan Miller

Rebecca Pernol

Renee Y Pickett

Brenda Potts

Thomas V. Powderly

Georgia Roberts

Gail Scarborough

Patricia Seramone

Leslie Sherman

Carolyn Stankiewicz

Mary Jo Sweeney

Carol Swygert

Michael Tyrrell

Jeannie Van Dan

Christine van Veen

Diana Walker

Patricia Wingate

The Spirit of Volunteerism

“The Volunteer Reward program shows that they care about their volunteers.”

Allen Russakow

Volunteer with Community Partner: Blood Bank of Delmarva

Written by Bob Ludolph, Volunteer Delaware 50+ Volunteer

Allen Russakow has been a blood donor since the 1980's. Allen started donating while working as a facilities engineer with Dupont. In Circleville, Ohio. After relocating to Delaware in 2001, he began donating with the Blood Bank of Delmarva, at their mobile drives and at the downtown Wilmington location. When the Concord location opened, he began donating there. Allen soon become a regular and became friends with the Concord phlebotomists and decided he would become a Blood Bank of Delmarva Volunteer when he retired.

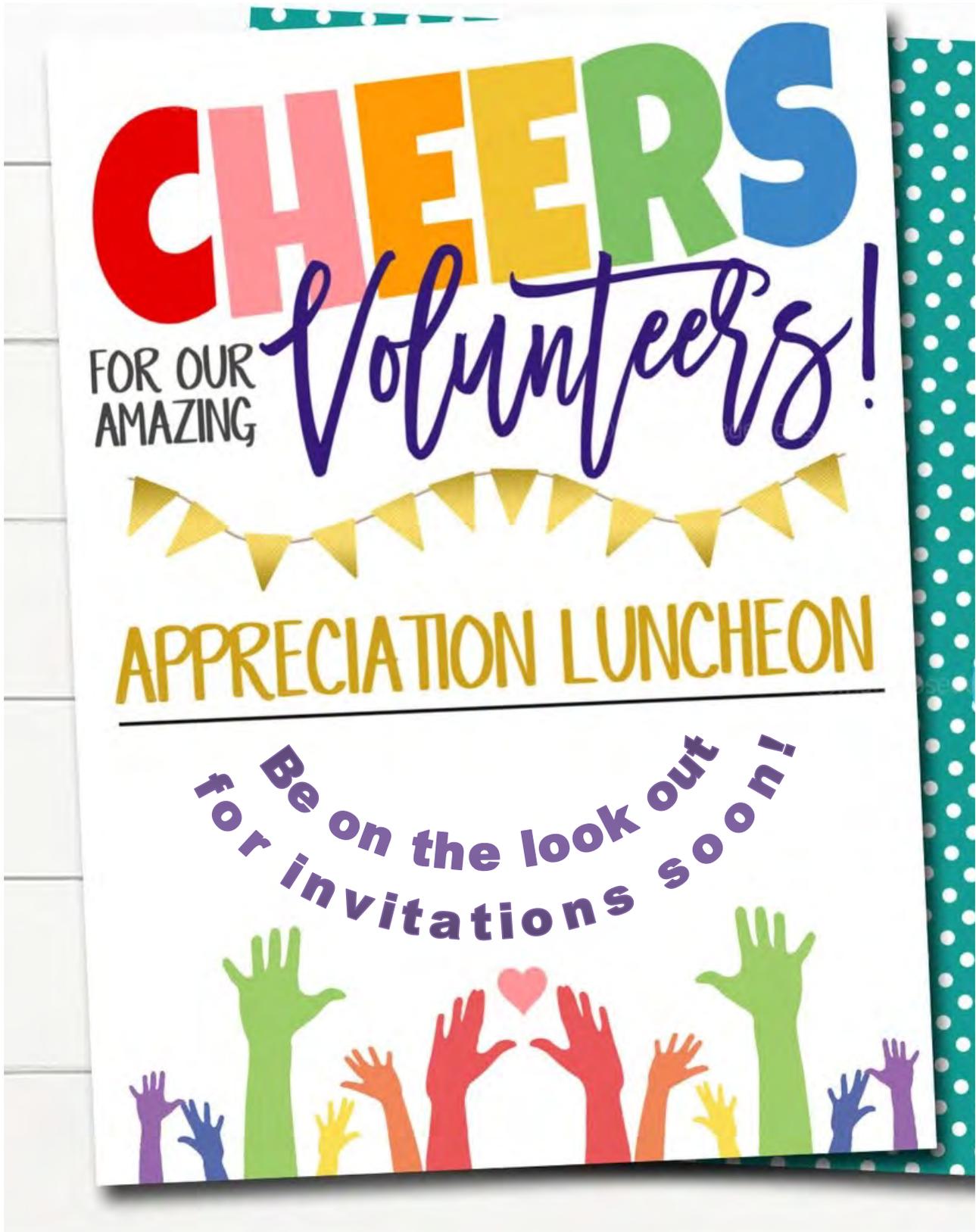
When asked, how volunteering makes him feel, Allen replied with, “Volunteering provides me with an activity outside of the house where I can interact with people, particularly donors. Blood donors are truly giving their time for the benefit of society and that makes it special. My impact is to allow the phlebotomists to focus their time on processing the donors while I take care of the little things that can eat away from that valuable time. I never expected to receive anything for giving my time to BBD, but the BBD volunteer rewards program show that they care about their volunteers!”

* * * * *

10 ways to show appreciation for your VOLUNTEERS!!!

1. Film a THANK YOU video!
2. Plan a night out such as seeing a movie, show or sports event. Even showing a movie or documentary related to the organization's cause would be fun with good food and conversations.
3. Mail a handwritten note every now and then or near a special day like their birthday.
4. Highlight a volunteer in a newsletter, Facebook post or create a small board outside your office!
5. Display photos of your volunteers in action!
6. Host a private social or networking event for your volunteers to connect.
7. Update your volunteers regularly on the impact they are contributing to.
8. Create a rewards program where volunteers can earn point merchandise for hours served or types of volunteer 'work'.
9. Recognize your volunteers
10. Create a private Facebook group where your volunteers can connect with one another and build a supportive group.

Get excited to CELEBRATE the most rewarding volunteer 'work' you completed in 2023!





Since we send out roughly 10,000 stockings a year, we need about the same amount of every item on our Project Shopping List to go into the stockings, so please consider bringing some of the needed items with you. Even consider organizing a collection drive at your school, church, synagogue, scout troop, service club, or workplace to collect items we need. For a copy of the *Project Shopping List*, please visit the **Items Needed** tab at stockingsforsoldiers.org or email info@StockingsForSoldiers.org.

The **BEST** way to help us is to hold a collection drive.

**Donation
Deadline:**
November 18

**Donation
Hours:**
AM Hours:
Tu & Th
1:00 - 3:00pm

PM Hours:
M, Tu, W, & Th
6:30 - 8:30pm

**Location &
Times:**
Brandywine
Town Center:
5300
Brandywine
Parkway
Wilmington,
19803
next to Bob's
Discount
Furniture



21st Annual Stockings for Soldiers

FROM: October 7th, 2024 **TO:** November 30th, 2024

Please Help Send Some Holiday Cheer to Our Troops.

Our brave Troops in Harm's Way would love to receive stockings for the holidays. Over the past **20 years**, our project has sent over **151,000** stockings to our deployed troops. We want to continue to let them know we are thinking of them while they are away from home and their families. We need your help to fill their stockings with Holiday Cheer and Goodies that remind them of home.

Suggested Items:
Please see the link to our Wish List on Amazon on our website's Home Page.

<ul style="list-style-type: none"> • Small Individually Packages Meals: TUNA, Lasagna, Beef-A-Roni Smaller package (8 oz or less) • Chewing Gum • Slim Jims/ Beef Jerky • Toothbrushes & Small Toothpastes • Small Candy, chocolate is great. Mini-candy bars Candy: Christmas/ Halloween • Snowman Soup • Fruit Snacks • Beanie Babies 	<ul style="list-style-type: none"> • Granola/Fruit/Break fast Bars • Cookies/Nuts/ Pretzels/Trail Mix Less than 12 oz. size • Flavored drink mixes (Single Packets) Lemonade, teas, hot cocoa, coffee • Paperback Books (no romance novels) • Lip Balm • Baby Wipes • Razors • Ramen Noodle soup in Bricks only No Cup of Noodles, please 	<ul style="list-style-type: none"> • Crew Socks are NOT needed due to HUGE donation from ♥BOMBAS♥ • Toiletries & lotions (small sizes) • Mole Skin • Foot powder, sun block • DVD Movies & Music CDs • Pocket games & puzzles, Pens • Fly Swatters • Crossword, Sudoku Puzzles • Letters of Appreciation from children
--	---	---

No aerosol cans No bars of soap No hand sanitizer, please.



**For more information, contact Volunteer Delaware 50+
at 302-255-9746 or email Guadalupe.Murphy@delaware.gov**

Volunteer with us for this annual event!!!



With all the items being collected, we will need help at our Stocking Store! Come help us with all of the different jobs that need to be done during our operating hours. We especially need help in November when we stuff the stockings.

Volunteer Dates & Hours

Dates: Mondays through Thursdays starting **October 7 through November 30**

Times: **6:30pm to 8:30pm**

Roles may include, receiving and sorting donations, stuffing the stockings, boxing and preparing items for shipping.

Volunteer Location:

Brandywine Town Center, 5300 Brandywine Parkway, Wilmington, Delaware 19803
(to the right of Bob's Furniture)

Please consider donating a "worn out" American flag to our project so that it can be repurposed to honor both our active and retired US veterans.

Stars from each flag will be used to create small packs called "Star Packs". Each pack contains one star and the following message:

I am part of our American Flag. I have flown over a home in the U.S.A. but I can no longer fly. The sun and wind have caused me to become tattered and torn. Please carry me as a reminder that YOU are not forgotten.



Worn/not flyable flag dimensions: 5' x 8'

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
21st Annual Stockings For Soldiers						
1 <small>New Daytime ONLY Drop-Off Donations 1-3:00</small>		1	2	3	4	5
6	7 <small>1-3:00</small>	8 <small>1-3:00</small>	9	10 <small>1-3:00</small>	11	12
1st Week - OPEN for Donations & WELCOME Volunteers					Store Closed	Store Closed
Receiving Stockings & Sorting Goodies						
6:30 - 8:30 6:30 - 8:30 6:30 - 8:30 6:30 - 8:30						
13	14	15 <small>1-3:00</small>	16	17 <small>1-3:00</small>	18	19
Store Closed	Receiving Stockings & Sorting Goodies				Store Closed	Store Closed
6:30 - 8:30 6:30 - 8:30 6:30 - 8:30 6:30 - 8:30						
20	21	22 <small>1-3:00</small>	23	24 <small>1-3:00</small>	25	26
Store Closed	Receiving Stockings & Sorting Goodies				Store Closed	Store Closed
6:30 - 8:30 6:30 - 8:30 6:30 - 8:30 6:30 - 8:30						
27	28	29 <small>1-3:00</small>	30	31 <small>1-3:00</small>		
Store Closed	Receiving Stockings & Sorting Goodies				Store Closed	Store Closed
6:30 - 8:30 6:30 - 8:30 6:30 - 8:30 6:30 - 8:30						

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Stockings For Soldiers						
1 <small>New Daytime Drop-Off Donations Only 1-3:00</small>						
Store Closed	Receiving & Sorting Goodies				Store Closed	Store Closed
6:30 - 8:30 6:30 - 8:30 6:30 - 8:30 6:30 - 8:30						
3	4	5 <small>1-3:00</small>	6	7 <small>1-3:00</small>	8	9
Store Closed	Sorting/Stuffing Stockings & Packing Boxes				Store Closed	OPEN
6:30 - 8:30 6:30 - 8:30 6:30 - 8:30 6:30 - 8:30						
10	11	12 <small>1-3:00</small>	13	14 <small>1-3:00</small>	15	16
Store Closed	Stuffing Stockings & Packing Boxes				Store Closed	Store Closed
6:30 - 9:00 6:30 - 9:00 6:30 - 9:00 6:30 - 9:00						
17	18	19	20	21	22	23
Store Closed	Stuffing & Packing Closing Boxes		Thanksgiving Closed	Closed	Store Closed	OPEN
6:30 - 9:00 6:30 - 9:00 6:30 - 9:00 6:30 - 9:00						
24	25	26	27	28	29	30
Store Closed	Stuffing & Closing	Stuffing & Closing	Stuffing & Closing	Stuffing & Closing	Clean Up	Boxes - on their way
6:30 - 10:00 Load Truck Load Truck Load Truck Load Truck 6:30 - 10:00						

A NOTE FROM OUR PARTNER

We are thrilled to announce that registration for the **2024 Volunteer Delaware Conference** is now open!

Join us on October 10 at Bally's Dover for an inspiring day of collaboration, learning, and volunteer leadership.

What can you expect?

- Keynote Speaker: John Mollura, Former NASA Test Leader,
- Business and Nonprofit Panels discussing impactful community service, including PAWS for People, Special Olympics DE, Charity Crossing, Blood Bank of Delmarva, and Brandywine Valley SPCA
- Workshop: Led by Alex Anderson on mastering productivity
- Networking opportunities, and much more!

2024 VOLUNTEER DELAWARE CONFERENCE

NOW OPEN!





JOHN MOLLURA
KEYNOTE
Former Rocket Scientist & NASA Test Leader



ALEX ANDERSON
Software Engineer
Speaker, Adventurer

OCT 10TH
*8:45am - 3pm
8am: Registration & Breakfast

Register Here





1131 N Dupont Hwy.,
Dover, DE 19901



Plus, our **Volunteer Delaware Dog Ambassadors** from **PAWS for People** will be joining us in their Halloween costumes to greet attendees and add some fun to the day.

Tickets are just \$30 and are available now on Eventbrite. Don't miss out on this exciting opportunity to connect, learn, and grow together!

To register, visit Eventbrite and search Volunteer Delaware Conference or enter www.eventbrite.com/e/volunteer-delaware-conference-tickets-949048959987

We can't wait to see you there!

A NOTE FROM OUR PARTNER**Thank you Sister Theresa for your YEARS of service!**

In 2003, Sister Theresa founded a small outreach program at St. Paul's Church in Wilmington Delaware, working with children, adults, and families facing mental and behavioral challenges. Working long hours alone, she grew the program into a 501(c)3 nonprofit, incorporated in 2010 as the Family Counseling Center of St. Paul's. The Center grew into Amanecer Counseling & Resource Center in 2021.

* * *

Our founder, Sister Theresa Marie Elitz was born and raised in Philadelphia. She attended St. Hubert's High School in Northeast Philadelphia. After working in the business world, she joined the Order of the Sisters of St. Francis of Philadelphia. Sister earned her degree in nursing, and worked as an RN in North and Central America, and the Caribbean. She went back to school to become a licensed mental health therapist and continued to work with Latinos in the United States.

Sister Theresa has instilled some very important values, which our team has embraced, and which has helped shape the culture at Amanecer. Our compassionate, holistic approach to care – we call it Heal with Love or Con Amor Sanamos – is part of our bilingual, culturally competent mental and behavioral health counseling, parenting skills training, and peer supervision and consulting programs. A compassionate, empathetic, and genuine approach to others is a prerequisite, and is so important in the eyes and hearts of the people who walk through our doors.

She is passionate about mental health, especially how it affects behavior and decision-making. Addressing the root issues is key to helping prevent these traumatic events.

She also shares a concern regarding the severe shortage of bilingual, culturally competent mental health therapists in Delaware and across the United States. Sister Theresa has supervised and trained many therapists. Her peer supervision model is helping Amanecer forge relationships with universities and colleges to recruit, train, supervise, and employ master level students who are candidates to become licensed, culturally competent mental health therapists.

Our team is blessed and grateful to work with her. Sister Theresa is a tireless direct-care worker and advocate. She provides a caring and learning environment. And she connects with the people in our community. We are lucky colleagues!

Rob McCreary – Executive Director and Development
Amanecer Counseling & Resource Center



To learn how you can get involved or support Amanecer Counseling & Resource Center, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

A NOTE FROM OUR PARTNER

Volunteers Needed !!!

Amanecer Counseling & Resource Center, envisions a community where every individual has the opportunity to improve their quality of life through emotional and behavioral health services. We offer compassionate and bilingual behavioral health services that help Latinos heal, grow and thrive. Our name has changed, but our mission established in 2003 by our founder, continues to focus on the wellbeing of Latino families.

Volunteers are needed in the following areas:

- **Community Events Volunteer:** assist with event planning, promoting and implementation of program events and initiatives.
- **Fund Raising Volunteer:** support team in the developing new fundraising initiatives and provide support where needed.

Walk & Rock for Mental Health Volunteers are

needed to support in various

areas, such as setup, registration, t-shirt/snack table, assisting exhibitors, course monitor, water station and breakdown. Funds raised from the event will support Amanecer's three core programs - culturally sensitive, trauma-informed behavioral health counseling; case management and advocacy; workforce development for graduate level interns seeking clinical licensure. Services primarily benefit women, men, and children within the Latino population and are provided by bilingual program staff.

To learn how you can get involved or support Amanecer Counseling & Resource Center, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



Walk & Rock for Mental Health

A fun-filled day that promotes mental health awareness and builds community.

Support Amanecer Counseling & Resource Center and its mission to see Latinos heal, grow, and thrive. Unrestricted funds will support bilingual, culturally responsive behavioral health programs in Delaware.

SUNDAY

September 22, 2024



- Location: Finnegan's Pub, 1701 Lovering Ave. Wilmington, DE 19806



- Race: Registration opens at 8:00 a.m. Race starts at 9:00 a.m.



- Music and entertainment to follow at Finnegan's

Register today: amanecerde.org/run *



A NOTE FROM OUR PARTNER

In Delaware, 1 In 10 Children Will Lose A Parent Or Sibling By Age 18.

Supporting Kidds Volunteers Needed !!!

Volunteers are the cornerstone of the support we offer grieving children and families, and are integral to the success of our mission and vision. We value the time, talent, knowledge, and compassion contributed by each and every volunteer. All of our volunteers make a difference in the lives of children and families in a permanent and meaningful way! Opportunities include:

Support Group Facilitators:

Supporting Kidds Volunteer Support Group Facilitators play a crucial role in ensuring access to our bereavement support programs and services. Following the completion of a comprehensive training program, Volunteer Support Group Facilitators create a safe, accepting, and welcoming space for grieving children and families under the supervision of Supporting Kidds Clinical Staff.

Special Projects

Volunteer:

We look forward to welcoming you to our team! As a volunteer organization, we rely on caring and committed people to help us with special projects and committees, as well as fundraising throughout the year. There are many opportunities to get involved!

For more information,
contact
Volunteer Delaware 50+
at 302-255-9746 or email
Guadalupe.Murphy@
delaware.gov

"Supporting Kidds offers an outlet for children to be around other kids that have suffered a loss similar to their own. This unique setting makes children feel safe and teaches them that there is support and people who truly care. Coming here was one of the best decisions I could have made."



Mother of a 6-year-old girl




13TH ANNUAL PEDO GOLF TOURNAMENT & DINNER

In honor of the 13th year of the tournament we have
a goal to get 13 new sponsors!

By participating as a Sponsor, not only will you receive company recognition at our golf tournament, but you will also help the **1 in 10 (19,600) children** in Delaware who will lose a parent or sibling by age 18!

Sponsorships range from \$500-\$5,000.
For more information reach out to
Cassidi.Succarotte@SupportingKidds.Org



September 30, 2024
Fieldstone Golf Club, Wilmington DE

**SHOES
THAT FIT**
Every child deserves them

A NOTE FROM OUR PARTNER



**INVEST IN THEIR CHILDHOOD—
AND FUTURE.**

Shoes That Fits tackles one of the most visible signs of poverty in America by giving children in need new athletic shoes to attend school with dignity and joy, prepared to learn, play and thrive.



In Delaware, Shoes That Fit partners with Title 1 schools, school service centers, and strategic non-profit partners to focus on children in the state that could most benefit from our services, e.g. homeless students.

**For more information, please contact Volunteer Delaware 50+ at
302-255-9746 or email Guadalupe.Murphy@delaware.gov**

A NOTE FROM OUR PARTNER

Walktoberfest

Saturday September 21st, 9 am - 2 pm

Concordia Lutheran Church

3003 Silverside Rd, Wilmington, DE 19810

5K Walk/Run to take
place at 10 am

All food, drink,
and activities are

FREE!!



Support Delaware Food Pantries while having a good time!

We're so pumped to kick off this brand-"new" event, and we want YOU to be part of it!

Whether you're strutting your stuff in the walk/run or just here for the Oktoberfest fun, it's going to be an epic day.

We're teaming up with our awesome friends at Concordia Lutheran Church to raise some serious support for LCS's food programs that **served over 42,000 people** last year all powered by your love and generosity!

So, mark your calendars, gather your crew, and get ready for a day of free fun, free food, and community vibes. We can't wait to see you there!

WALKTOBERFEST VOLUNTEERS NEEDED!!!

Lutheran Community Services is looking for some awesome volunteers to help make this event a success!

Areas where we need the most support includes:

- Route volunteer
- Registration/ Sign-in volunteers
- T-Shirt Hand Out- WALK and/ or Oktoberfest
- Raffle Table
- Pumpkin Decorating Table
- Setup / Cleanup
- Bounce House
- Event Donation Pick Up Volunteer

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

A NOTE FROM OUR PARTNER

DO YOU HAVE CONCERNS ABOUT FALLING



A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

CONCERNED ABOUT FALLS? A MATTER OF BALANCE HELPS MANAGE FALLS AND BOOSTS ACTIVITY LEVELS FOR OLDER ADULTS.

THIS PROGRAM EMPHASIZES PRACTICAL STRATEGIES TO MANAGE FALLS.

YOU WILL LEARN TO:

PARTICIPANTS LEARN TO VIEW FALLS AND FEAR OF FALLING AS CONTROLLABLE
SET GOALS FOR INCREASING ACTIVITY
MAKE CHANGES TO REDUCE FALL RISKS
EXERCISE TO INCREASE STRENGTH AND BALANCE

WHO SHOULD ATTEND?

ANYONE CONCERNED ABOUT FALLS
ANYONE INTERESTED IN IMPROVING BALANCE, FLEXIBILITY AND STRENGTH
ANYONE WHO HAS FALLEN IN THE PAST
ANYONE WHO HAS RESTRICTED ACTIVITIES BECAUSE OF FALLING CONCERNS

FREE

CLASSES ONCE A WEEK FOR 8 WEEKS

STARTING:

BEAR LIBRARY

(302)-838-3300

OCTOBER 9TH - DECEMBER 4TH

(NO CLASS ON 11/27)

WEDNESDAYS, 10:30 AM TO 12:30 PM

NEWARK SENIOR CENTER

(302) 737-2336

NOVEMBER 5TH - JANUARY 7TH

(NO CLASSES ON 12/24 & 12/31)

TUESDAYS, 10:00 AM TO 12:00 PM

FOR MORE INFORMATION

ARUNDHATI GHOSH

302-255-9101

ARUNDHATI.GHOSH@DELAWARE.GOV

**VOLUNTEER
DELAWARE 50+**



**A MATTER OF
BALANCE**

MANAGING CONCERNS ABOUT FALLS

COACHES NEEDED STATEWIDE

Many older adults experience concerns about falling and restrict their activities.

A MATTER OF BALANCE

is an award-winning program designed to help seniors manage falls and increase their activity levels.

**Become a Coach
Join us for free training!**

2024

October 30th and 31st

2025

**January 29th and 30th
or
April 30th and May 1st**

**10:00 a.m. - 2:30 p.m.
Williams State Service Center
805 River Road
Dover, DE**

**For more information or to register contact
Volunteer Delaware 50+**

**Danielle.Briggs@delaware.gov
302-515-3020**

**Arundhati.Ghosh@delaware.gov
302-255-9101**

Sussex County

New Castle County

COACHES WANTED

OPEN HOUSE**September 5, 2024****Time: 12:00 - 1:00 PM****www.redcross.org/volopenhouse****A NOTE FROM OUR PARTNER****THE AMERICAN
RED CROSS****VIRTUAL INFORMATION
SESSION****OUR MISSION**

The American Red Cross aims to prevent and alleviate human suffering. Our services range from disaster relief such as single family fires or multi-state disasters to supporting local blood drives and U.S. military, veterans, and their families.

IMPACT

Every day—including holidays—a dedicated team of American Red Cross volunteers spring into action to deliver comfort and hope to families devastated by disasters. Over 2023, local volunteers have responded to **1,225 emergencies** in the National Capital & Greater Chesapeake region as part of more than **60,000 disasters** that the Red Cross responds to each year across the country.

Every day, roughly **36,000 units** of red blood cells are needed in the U.S. Through generous donations, The Red Cross provides approximately **40%** of the nation's blood supply.

**AT A GLANCE****REGISTER**

- www.redcross.org/volopenhouse
- QR Code Below

ATTEND

- Wednesday, 25th, 2024
- 12:00-1:00pm

SERVE

- Complete the application
- Train for positions
- Sign up for shifts

**JOIN US**

For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

A NOTE FROM OUR PARTNER



Get in Touch!

If you're interested in volunteering, donating, or would like to learn more, contact us at:

302-998-2222
info@familypromisede.org



Every Child Deserves a Home

When families lose their homes, they shouldn't have to lose each other. Family Promise NNCC keeps families together when they experience homelessness and helps them quickly move into their own housing.

Our mission is to prevent and end homelessness for families by engaging volunteers, donors, and the faith community.

We envision a community in which every family has a home, a livelihood, and the resources for lasting independence. We believe in working with our community to end family homelessness. Challenges faced by our community require a community solution.

At any time, you can securely make a tax-deductible donation online at **familypromisede.org** or scan



facebook.com/FamilyPromiseDE
 Instagram: @FamilyPromiseDE

Preventing & Ending Homelessness for Families



We serve over 150 families experiencing homelessness each year!

A Community Based Solution

Family homelessness is an issue

Families with children experiencing homelessness, account for 40% of all homeless in Delaware. One in three people experiencing homelessness in Delaware is a child.

Gap in services

The majority of shelters in the state have stipulations on the populations they serve (men only, women and children only etc.) Resources exist for homeless individuals, less so for families.

We take any family

We're the only shelter in Delaware that has always provided shelter and services to families with children regardless of their size, make-up, or composition.

We partner with local congregations

We're partnered with 45+ local congregations to provide meals and support for families experiencing homelessness. We're working with our neighbors to address family homelessness.

Diversified Programs

Hospitality Center

The Center provides needed temporary shelter for 8 families experiencing homelessness. We provide case management services to assist families addressing barriers to housing. Our team assists families to identify housing, pay for housing, and remain housed.

We partner with 45+ congregations that provide families with meals, hospitality, and activities 365 nights a year.

Pathway to Housing

This is a community based program that works with families in other situations of homelessness. Staff provide assistance and case management services to quickly house families.

Pathway to Diversion

Families are diverted from shelter altogether within 7-14 days by utilizing social resources and providing families direct assistance to secure/maintain their permanent housing.

You Can Make A Difference!

Volunteer

Provide meals, supplies, fellowship, or work on many one-time projects to keep our facility looking good.

Donate

Our programs are scalable. Your donation will directly help us serve more families!

Wish-list

Supply drives and In-kind donations support our programs. Contact us for current needs: Cleaning supplies, bedding, kitchen items.

Sponsorships

Local businesses can sponsor one of our many events. Make a corporate donation or engage in group volunteer activities!



For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

Blood Bank of Delmarva

A NOTE FROM OUR PARTNER

Tap into saving lives

May 20–September 10, 2024



Every presenting donor at a 2024 Blood for a Brew drive will get a FREE 2024 Blood for a Brew Tour t-shirt and be entered into a sweepstakes at the end of the campaign for a chance to win a gift card from select breweries.

The annual Blood for a Brew campaign is critical to raise awareness on the need for blood and to encourage new blood donors to come forward and save a life. BBD is proud to share that 19 breweries have committed to hosting blood drives this summer; this is more than double the number of breweries that comprised the first Blood for a Brew tour in 2021.

For tour dates and locations, visit: www.delmarvablood.org/blood-for-a-brew

THANK YOU TO THE PARTICIPATING BREWERIES FOR YOUR SUPPORT

- 2SP Brewery Aston
- 2SP Tap House, Chadds Ford
- 5th Company Brewing
- Big Oyster Brewery
- Burley Oak
- Camp Adventureland
- Constitution Yards
- Crooked Hammock Brewery, Lewes
- Crooked Hammock Brewery, Middletown
- Dewey Beer Company
- Dogfish Head Craft Brewery
- Dogfish Head Craft Brewery, Milton
- Evolution Craft Brewing Company
- Liquid Alchemy
- Mispillion River Brewing
- Ocean View Brewing Company
- Revelation Craft Brewing Company
- Stewart's Brewing Company
- Twisted Irons
- Two Stones Pub Middletown
- Two Stones Pub, Newark
- Two Stones Pub, Wilmington
- Volunteer Brewing Company
- Wilmington Brew works

 Blood Bank of Delmarva

Volunteers Needed

You join a team of volunteers and staff committed to making our community better. You can recruit, care for, and/or give great service to blood donors. You can assist staff behind scenes so they accomplish more. Your time and skills help BBD have safe lifesaving blood.

You can help to:

- Promote donating blood and recruit volunteers at community events
- Enhance the donor experience by greeting and welcoming our donors, sanitizing donor areas, helping donors through the donation journey, restocking supplies in donation area, or serving them in the refreshment area after they saved a life in a center or at mobile drives
- Administrative support (office, video, photo, etc.)
- Create smiles in the mascot Bloodhound suit
- Let us know what skills you bring! Let's start something new!

REQUIREMENTS

- Complete an online volunteer application
- Attend an online orientation
- Attend specific training
 - Online and/or in person
- Ages 14-15 must have parent/adult actively volunteering with them
- 16-17 can volunteer alone in a greater role
 - Other roles may be available if part of a school HOSA or Allied Health program connected

**For more information, contact
Volunteer Delaware 50+
at 302-255-9746 or email
Guadalupe.Murphy@delaware.gov**



delmarvablood.org/volunteer | awilliamson@bbd.org | 302.737.8405 ext 819



Shelter Skip Day Program is now available at all Brandywine Valley SPCA Campuses.

Studies have shown that shelter dogs who were able to take field trips off campus were 5x more likely to be adopted than dogs who did not go on outings. These field trips offer beneficial mental stimulation with meeting new people and enjoying different environments, where our dogs can exert pent up energy and reduce their stress levels. These experiences also allow for the dogs to gain useful social and life skills that improve their mental stability and make them better adoption candidates.

This program provides a super fun and rewarding day for Community Service Groups that want to participate in Pack Walks, as well as those who love the company of a dog, but are unable to have their own. By taking a dog off campus for the day, that animal is able to connect with the community with a broader reach, which in turn increases

the chance of adoption and potentially reduces the length of stay in the shelter. Brandywine Valley SPCA will provide specific Backpacks with all of the necessary supplies for an outing in addition to suggested destination locations. Skip the Shelter Day Participants will also have the opportunity to Foster the animal overnight, as well as the ability to adopt if they find their forever love during a field trip!

We are so thrilled for this program and the benefits for our dogs, especially those that tend to be overlooked on campus, as well as those who have been in the shelter for an extended length of stay! We would love to be able to share the news with more members of the community. So far this has been very successful and the dogs are LOVING their days out.

A NOTE FROM OUR PARTNER

Shelter Skip Day

Play Hooky With Us!

Our dogs would love to spend time out of their kennels with you! Volunteer to take an adoptable dog out for a fun outing such as a hike, a coffee date, or a meal at a pet friendly location. Field trips can last from an hour to all day. Whatever works for you, works for us!

Scan for more info!

For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

A NOTE FROM OUR PARTNER

VOLUNTEER WITH US



The Grand Opera House
The baby grand
The Playhouse

Show Corps Volunteer:

Bartender (licensed)
Ticket Check
Usher
Coat Check

Grand Marshals:

Administrative Support
Welcome Visitors
Special Events / Tours

**Enjoy wonderful performances
while volunteering!!!**

www.thegrandwilmington.org/support-us/ways-volunteer

**For more information, contact Volunteer Delaware 50+
at 302-255-9746 or email Guadalupe.Murphy@delaware.gov**

A NOTE FROM OUR PARTNER

BECOME A VOLUNTEER ADULT LITERACY TUTOR!



Orientation: Tuesday, September 3, 2024, 1:00 - 2:00 pm or 6:30 - 7:30 pm via ZOOM

Training: Tuesdays September 10, 17, 24, 1:00 - 3:00 pm or 6:30 - 8:30 pm via ZOOM

**Apply
NOW!**

No experience required
Training and support provided
One to one or small groups
Teaching can be online or in person



For more information, contact
Volunteer Delaware 50+
at 302-255-9746 or email
Guadalupe.Murphy@delaware.gov

40 TH ANNIVERSARY
DELAWARE
HOSPICE

Apply Today!

Seamstress and Crafter Volunteers Needed



Delaware Hospice is looking for crafty volunteers who would like to share their skills with our patients and families.

A One-of-a-Kind Memory of Your One-of-a-Kind Loved One

Memory Bears are crafted at no charge for families of patients in one of our Delaware Hospice programs. Bear patterns and supplies are provided for all orders and made possible through program donations.



Twiddle Muffs are knitted and crocheted muffs which help to alleviate agitation and restlessness in patients with Alzheimer's disease and Dementia. Patients and families benefit from the calming sensory objects.

Patient Care Volunteers Needed

At Delaware Hospice, our team of volunteers provide companionship to patients, respite for caregivers, assist with shopping and errands, and so much more!

Patient Care Volunteers

- Check-in calls with patients.
- Care calls: provide a listening ear to patients.
- Visit with a patient (read, share stories, play cards or board games).
- Provide transportation to doctor appointments, store or pharmacy.
- Walk with a patient.
- Run an errand.
- Provide vigil support as a patient nears death.
- Give haircuts to patients.
- Assemble and deliver care gifts to patients.
- Pet Therapy Visits.
- Music Therapy Visits.

RN Volunteers

- Medication disposal after a patient has passed or is discharged.
- Assist staff with vaccination clinics.
- Assist with clinical staff education.

Vet-to-Vet Volunteers

- Veterans visit patients who are also veterans and talk about the patient's military experiences.



NEW OPPORTUNITIES

Office Support Volunteers Needed

At Delaware Hospice, our team of volunteers offer a wide range of talents to support our patients, families and staff.

Office Support Volunteers may assist with:

- File documents
- Assemble patients information packets
- Assist with mailings
- Provide clerical support
- Run errands
- Assist with medical records
- Answer telephones



For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

VITAS[®] Healthcare

For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

NEW OPPORTUNITIES



Will You Provide Comfort and Care to the Most Vulnerable?

Join us! Our hospice volunteers become part of our team, building careers and lifelong friendships

VITAS* Healthcare volunteers add to hospice patients' quality of life during their remaining months, weeks, and days. By providing companionship, volunteers ensure patients and their loved ones have the support they need. As a **VITAS volunteer**, you'll receive comprehensive training and potentially earn rewards of your service. You'll become part of our professional team of doctors, nurses, aides, chaplains and social workers—and forge alliances that you'll carry with you, possibly for life.

Fetch a friend to join the VITAS[®] paw pals

"I like being tickled by my friends at the nursing home. I give them big kisses to say thank you! Don't just lie around feeling bored... become a VITAS Paw Pals volunteer, and get a whiff of the good life!"

Registered Paw Pals bring joy to hospice patients by visiting them at home, in nursing homes and assisted living communities, as well as in hospitals.

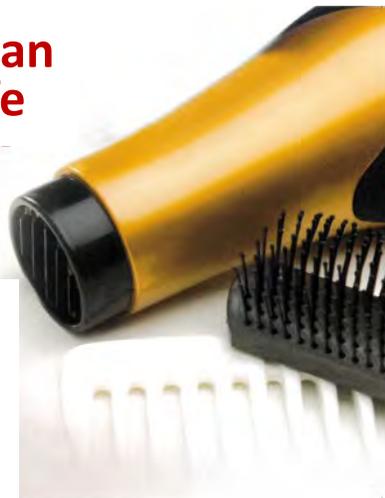
VITAS Paw Pals treat hospice patients and their families to ...

- Unconditional love and friendship
- Entertainment and amusement
- Companionship
- Happy memories of past pets
- Comfort during times of loss, pain and stress
- Activity and motion



These Tools Can Change a Life

Do you enjoy doing hair or pampering people or have cosmetology experience? Join us and become a VITAS* Healthcare Volunteer and to help patients in need and make them look and feel beautiful.



Bring joy and comfort to hospice patients.

Be Their Voice, Tell Their Story

Help a hospice patient turn their memories into a memoir as a VITAS LifeBio volunteer.



Even after death, the story of a life lives on by those who are willing to tell it. Join our team as a **VITAS* Healthcare LifeBio Volunteer**. Leverage your listening and writing skills to help hospice patients tell their stories, creating keepsake biographies for their loved ones to cherish for years to come.

Bring joy and comfort to hospice patients and families.

Brandywine Valley SPCA
FINDING THE HEART IN HUMANITY

BE A HERO
for Homeless Pets

BECOME A BVSPCA VOLUNTEER
DOVER | GEORGETOWN | NEW CASTLE | WEST CHESTER

SIGN UP TODAY!
BVSPCA.ORG/VOLUNTEER

ONGOING OPPORTUNITIES

DELAWARE HOSPICE
Since 1982

Volunteers NEEDED

We need your help.
Delaware Transitions by Delaware Hospice offers free, non-medical support for individuals and their families struggling with all aspects of a serious illness.

Contact us today!
Sussex County, DE
Melody Cline
302-746-4756
mcline@delawarehospice.org

Kent & New Castle Counties, DE
Chester & Delaware Counties, PA
Rolonda Sutton-Greene
302-478-5707
rgreene@delawarehospice.org

Join our volunteer team to help by:

- Running errands for clients
- Providing transportation
- Visiting clients

For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

Use your compassion and talents to make a difference. Volunteer with AccentCare® Hospice today.

You can support our local patients and families by becoming a:

<p>Ambassador Volunteer</p> <ul style="list-style-type: none"> • Community outreach, volunteer recruitment <p>Legacy Volunteer</p> <ul style="list-style-type: none"> • Create legacies: books, journals, CDs, memory bears, crafts <p>Office Volunteer</p> <ul style="list-style-type: none"> • Administrative assistance <p>Social & Companionship Volunteer</p> <ul style="list-style-type: none"> • Reading, walking, caregiver relief <p>Music Companionship Volunteer</p> <ul style="list-style-type: none"> • Play, sing and share music with patients, families and friends <p>Children's Bereavement Camp Volunteer</p> <ul style="list-style-type: none"> • Work with camp staff and children 	<p>Bereavement Volunteer</p> <ul style="list-style-type: none"> • Emotional support for patient family and friends <p>Spiritual Presence Volunteer</p> <ul style="list-style-type: none"> • Support patient's faith related requests <p>Vigil Volunteer</p> <ul style="list-style-type: none"> • Companionship during patient's last hours <p>Pet Visitation Volunteer</p> <ul style="list-style-type: none"> • Patient visits with certified Pet Partners or Therapy Dogs <p>Special Projects Volunteer</p> <ul style="list-style-type: none"> • Volunteer support for special groups or events like We Honor Veterans
---	---

For more information, please scan the QR code or contact our volunteer service coordinator at: VeronicaFlemmings@AccentCare.com or 302.533.3800

accentCare.
accentcare.com/volunteer

AccentCare welcomes all persons in need of its services and does not discriminate on the basis of age, disability, race, color, national origin, ancestry, religion, gender, gender identity and/or gender expression, sexual orientation, or source of payment.
© 2024 AccentCare, Inc. All rights reserved.

CareWear Project
VOLUNTEER DELAWARE 50+
NCC: 302-255-9746
Sussex: 302-515-3020

**3rd Friday of every Month
10 - 11am**

**B'nai B'rith House
8000 Society Dr.
Claymont, DE 19703**

For more information, call 302-255-9746 or email Guadalupe.Murphy@delaware.gov

ONGOING OPPORTUNITIES

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



The mission of ContactLifeline is to keep people alive and safe, to help them through crises, and to connect them with relevant community resources.

Volunteers are needed (in-person training provided) to provide support and be a good listener to someone experiencing a crisis. Various shifts available.



The CareWear Project consists of dedicated volunteers of all ages who create beautiful handmade winter items such as hats, scarves, mittens, quilts and blankets which are then distributed to children, families and individuals via our local partnerships.

Please consider donating new or usable yarn to help our volunteers create more warm winter items for those in need!!!

Call: 302-255-9746



The MOT Senior Center is a non-profit, non-

residential community center located in the heart of Middletown, DE. Adults age 50 and over can join and participate in programs, trips & social activities tailored to adults and seniors. Those striving to maintain an independent lifestyle can make new friends, share in a meal, play a game, exercise, take a class or learn a new skill. The social interaction provided at the Center is essential to physical and mental health.

The Center also offers a variety of volunteers opportunities, some include:

- HEALTH
- ACTIVITES
- ADMIN SUPPORT
- EDUCATION
- HOME VISIT
- OUTREACH



Use your drive for good.

Change lives one ride at a time.

What's often standing between people with cancer and lifesaving treatment is a ride to get there. And we need you now more than ever.

The American Cancer Society provides free rides to treatment for people with cancer. As a trained volunteer driver, you can change someone's life in as little as one hour a week by ensuring a ride is available, so care isn't stopped or delayed.



Volunteer with NAMI Delaware

HELPLINE VOLUNTEERS & SUPPORT GROUP FACILITATORS NEEDED



NO PREVIOUS EXPERIENCE NECESSARY

REQUIREMENTS

- Must be passionate about supporting those living with mental illness and their families
- Able to listen to potentially difficult stories with empathy and compassion

Support Group facilitators must have lived experience as peers or family members.

For more information please visit:
www.namidelaware.org/join

ONGOING OPPORTUNITIES



When you donate your gently used clothing to Forget Me Not Families, they become someone else's new garments. Because of YOUR generosity, we are able to bless individuals and families regularly and provide decent clothing and other donated items to those in our community facing difficult times. Please help us to continue to bless even more families by donating items you no longer need.

In addition to accepting gently used adult and children clothing, we also accept personal care items, underwear and socks, shoes, blankets and all things children such as toys, children's furniture, diapers, wipes and care items.

VOLUNTEER - SPREAD THE WORD

Drop off location:

- 132 Sandy Drive, Newark, 10713
- 501 W. Main Street, Middletown
- 1183 S. DuPont Highway, New Castle
- 1458 Bear Corbitt Rd, Bear
- 220 Casho Mill Rd, Newark
- 2410 Newport Gap Pike, Wilmington
- 1000 Old Lancaster Pike, Hockessin



For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



Help us turn plastic bags into **PLastic yARN (PLARN)**

2024 10-noon PLARN PARTY

BENEFITS BAGS2MATS FOR THE HOMELESS, A VOLUNTEER DELAWARE 50+ INITIATIVE

Newark Senior Center

200 Whitechapel Dr, Newark, 19713

2nd & 4th Wednesday of each month



Volunteers collect, loop and crochet plastic material into mats in order to create a barrier between the wet, dirty or cold ground. One mat = 500-600 bags
For more information, email Guadalupe.Murphy@delaware.gov.

@Bags2MatsDE

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

BECOME A CASA VOLUNTEER.

A voice for Delaware's abused and neglected children in the courtroom and the community

To learn more, visit <https://tinyurl.com/DECASA>



ONGOING OPPORTUNITIES

1: 2,418

That's the ratio of bilingual therapists (43) to Latino population (104,000) in Delaware.



Volunteer Opportunities

- Events – assist with event planning, promoting and implementation of program events and initiatives.
- Fundraising – support team in developing new fundraising initiatives and provide support where needed

Amanecer Counseling & Resource Center envisions a community where every individual has the opportunity to improve their quality of life through emotional and behavioral health services.

Amanecer is committed to providing services to the vulnerable, impoverished, uninsured, and under-insured children, adults, and families who need them most. amanecerde.org



What is a CASA?

A CASA (Court Appointed Special Advocate) is a specially trained volunteer appointed by a Family Court Judge to advocate for the best interest of a child experiencing foster care.

What do CASAs do?

- Advocate for children experiencing foster care due to abuse and neglect.
- Establish strong, stable connections with their assigned youth.
- Advocate to ensure the child receives needed essential services.
- Attend meetings and gather information from parties involved in the child's life.
- Work with the Child Attorney and CASA Coordinator to make recommendations in court for what's best for the child.
- Remains involved in the case until the child is reunified with their family or when that is not possible, works to find a safe and permanent home.
- Meet with the child face-to-face at least once a month.
- Attend all court hearings to testify to their findings and recommendations as the child's advocate.

Why Become a CASA?

Our mission is to be a voice for Delaware's abused and neglected children through skilled volunteers, community collaboration, and quality representation, instilling a need for safe and permanent relationships that will build healthy and resilient children.



VOLUNTEERS NEEDED

2024 STATE BOWLING COMPETITION

SPECIAL OLYMPICS DELAWARE



11:30 AM TO 7:00PM
SATURDAY, SEPTEMBER 7, 2024
MIDDLETOWN, DE



CREATIVE MENTORING®

A School-Based Mentoring Program That Works!



BECOME A MENTOR TODAY!

- Mentors meet with their students for an hour once a week during the school year.
- Mentors come from all walks of life: retirees, high school students, office workers, church members, community volunteers, etc. Anyone with a passion for helping children and an ability to accept kids “where they are” can be a successful mentor.
- Mentoring allows adults to give something of themselves in a way that’s both selfless and deeply fulfilling.
- Mentors have the privilege of watching their mentees’ lives improve as a result of the help, friendship, and guidance they provide.

A Creative Mentor is an adult or high school student who volunteers to make a difference in the life of a child by spending time with them in their schools.

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

ONGOING OPPORTUNITIES

FOOD PANTRY VOLUNTEERS NEEDED



**Hope Lutheran
3rd Thursday of the month
2:00 - 4:00 PM**

DONATIONS APPRECIATED

Canned or boxed items & not expired

Peanut butter, jams, jelly, cereal, cereal bars, canned meat, tuna, spaghetti sauce, noodles, pasta, canned fruit, canned vegetables, beans, soups

The generous will themselves be blessed, for they share their food with the poor. Proverbs 22:9



230 Christiana Rd, New Castle, DE 19720



HEALING PET THERAPY SINCE 2005

You Can Make a Difference with PAWS

Our Mission

PAWS for People is a nonprofit organization committed to improving the lives of people in our community by lovingly providing individualized, therapeutic visits with our specially trained volunteers and their certified gentle, affectionate pets.



We Need You to Make it Happen!

Do you have a sweet, people-friendly, gentle, dog, cat or bunny? Would you like to give back to your community? PAWS needs volunteers with their own gentle, affectionate pets to help us spread hope and healing throughout our community.

PAWS volunteers visit hospitals, nursing homes, cancer centers, schools, libraries and anywhere people can benefit from interaction with a pet.

Volunteer Opportunities

PAWS offers specialized training which includes an evaluation of the person/pet team, an introduction to pet therapy, and instruction on best practices for visits.

Our volunteer teams are supported by PAWS staff throughout their training and visiting, including a guided first visit and ongoing assistance with visit placements. PAWS volunteers are the heart of our organization and are valued and celebrated!

Our greatest need is for volunteers with weekday, daytime availability. For more information on volunteering or to make a contribution, please visit our website:



ONGOING OPPORTUNITIES



Volunteers Needed

Deliver meals to home bound seniors citizens weekdays

Monday – Friday

Meals on Wheels volunteers deliver over 100 nutritious meals each weekday to homebound residents in the Newark area.



Volunteers Needed
MEALS ON WHEELS

We are currently looking for volunteers for our Wilmington, Bear and New Castle locations.

Deliver a nutritious meal and a friendly smile to the elderly homebound.

Pickup time: Weekdays between 10:30 and 11:15

Delivery takes about 1.5 hours

How often you deliver is up to you!



- If you are interested please email: mealsonwheels@cityfare.org
- Or call or text: 302-293-0008



For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

DONATIONS
Collection Bin Locations

Together We Are Making A Difference In Delaware!



Main Facility
132 Sandy Drive, Newark

Wilmington
Church of God
2410 Newport Gap Pike

Newark
John R. Downes Elementary
220 Casho Mill Rd.

Bear
Academy for Creative Enrichment
1458 Bear Corbett Rd

Middletown
Neighborhood House
219 W Green St.

Hockessin
Hockessin Montessori
1000 Old Lancaster Pike

Reybold Group
116 E Scotland Dr.



ForgetMeNotFamilies.com



Warming Our Communities With Threads of Love



To learn more or donate, visit : DEgives.org/orgs/the-CareWear-Project

ONGOING OPPORTUNITIES

Facilities and Landscaping

VOLUNTEERS NEEDED



Help create and maintain habitats for our wild bird patients!

JOIN US!



Scan here!



Sign up today!
Learn life's lessons... from the masters



Here at VITAS® Healthcare, we are matching talented volunteers (that's you!) with elders near the end of life who have a story to share.

Why? To capture memories—life's meaningful moments, then design a family treasury, a gift for loved ones to keep.

Preserve a legacy—use your artistic skills to develop a “digital biography” captured on CD/DVD, featuring a hospice patient’s voice/ video recalling his or her life stories—mix it up with music, photos, captions.

You will:

- Receive “life review” interview training, improve technical and creative skills.
- Earn service learning and community service hours.
- Connect with people from different generations and cultures—make a difference in their lives.

Save and share...some of life's most important moments.

For information on this and other exciting volunteer opportunities, contact:

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

Meet diverse people and have fun while engaging in cross cultural activities in Delaware!



Promoting Peace through Understanding by fostering cross-cultural exchange and experiences.

info@ptpde.org

Bring your computer skills and volunteer from home to make an impact in our community on one of our many exciting committees.

- Public Relations Committee**
Create fliers and social posts, assist with mailing list and announcements
Skills: Canva and Mail Chimp
- Program Committee**
Brainstorm ideas for virtual and in person, exchange programs, support tech in online meetings
Skills: Zoom
- Fundraising Committee**
Assist grant research & writing, foster philanthropic relations
Skills: Word, Excel, Google Docs/Sheets
- Membership Committee**
Increase public awareness, encourage partnerships, new membership and volunteers
Skills: Excel/Google Sheets

RESOURCES

CHARITY CROSSING'S

Giveaway Items:
Household items,
Pet Items, Packaged Foods,
Toys, Clothing, etc

UPCOMING GIVEAWAY

Please **DO NOT SELL** Donated Items.
Respect our Volunteers.
Follow Guest Guidelines.
Violators will not be allowed.

Helping Our Community and Environment
Recycle | Reuse | Reclaim | Restore | Repurpose

DIAL 2-1-1 to get connected to local resources.

Bill Payment Assistance

Disaster Services

Education

Employment & Financial Support

Food

Health Care

Personal & Household Items

Transportation

211 is here to help. **DIAL 2-1-1** **TEXT** your zip code to 898-211 **LEARN MORE** delaware211.org

For an updated listing of giveaway dates and locations, visit: charitycrossing.org/cc-giveaway

With one simple (anonymous) phone call, concerned individuals and those experiencing harm can connect with free, voluntary services and resources that could save a life. For more information visit dhss.delaware.gov/dsaapd/aps.

REPORT HARM OF VULNERABLE ADULTS

NEGLECT • ABUSE • EXPLOITATION

888-APS-4302

Delaware Adult Protective Services

Smart911®

RESIDENTS AND FAMILIES

Protect What Matters Most

Be prepared for any emergency by giving public safety the information they need to better help and communicate with you.

Smart911 is a free national service brought to you by the New Castle County Department of Public Safety

Delaware Aging & Disability Resource Center

The Delaware ADRC is your one-stop access point for information, assistance, and referral to resources that support older Delawareans, adults with disabilities, and caregivers.

CONTACT DELAWARE ADRC

Phone: 1-800-223-9074 (toll-free)
Email: DelawareADRC@delaware.gov

SMP

Senior Medicare Patrol
Preventing Medicare Fraud

Protect Yourself and loved ones from Medicare fraud.

Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse.

Delaware Senior Medicare Patrol
1- 800-223-9074
barbara.jackson@delaware.gov

Senior Roll Call Lifeline

is a free program provided by New Castle County, Division of Police, that makes daily calls to the homes of our elderly or disabled members to ensure they are doing well and do not require emergency assistance. If after several attempts the calls are unsuccessful, emergency help is sent to the home to check on the well-being of the member. For more information call 302-255-9878.

RESOURCES



FRIDAY

4TH FRIDAYS

"connecting people from place to place"

1-888-323-HOPP (4677)
WWW.THEHOPP.ORG

FOOD GIVEWAY SITES

ASBURY AFRESH UMC // 10 AM - 300 E. BASIN RD. NEW CASTLE— WILMINGTON MANOR LION CLUB // 10:30AM - WESTERN SENIOR CENTER, 1 BASSETT AVE, NEW CASTLE— PENIEL UMC // 11 AM - 115 E MARKET ST, NEWPORT— RICHARDSON PARK UMC // 11 AM - 11 N MARYLAND AVE. WILM— TREE OF LIFE 11:30 AM - 10 PIKE PLACE, NEWARK BOYS AND GIRLS CLUB EZION MT CARMEL // 12 PM - 800 N. WALNUT ST, WILM— BETHESDA UMC // 12:30 PM - 2313 CONCORD PIKE, WILM— DALE UMC // 12 PM - 143 E. LAKE ST. MIDDLETOWN— KINGWOOD UMC // 12 PM - 300 MARROWS RD, NEWARK

For an updated list of locations, call 1-888-323-4677 or visit The Hopp -Harvest Outreach People Project on Facebook

FOOD GIVEAWAY

WEEKLY

atTAcK Addiction Resource Center
(302-365-5221)(near McGlynns)
210 Peoples Plaza, Newark
* Day/Times: M, T, W & F: 10am - 4pm
Thu: noon - 6pm
Sat: 9am - noon

MONTHLY

Dream Center
Last Friday of the Month: 10am-1pm
302-286-7406
310 Ruther Dr. Newark

Hope Lutheran
Third Thursday: 2pm-4pm
230 Christiana Rd. New Castle

The Journey
Second Saturday: 10am-12pm
302-738-2892
721 E. Chestnut Hill Rd. Newark

The HOPP
4th Fridays - 1-888-323-4677
Multiple times & locations - see top



For a listing of Food Bank of Delaware Community Food Pantry Partners and locations, please visit:

<https://www.fbd.org/get-help/community-food-pantries>



DIVISION OF SOCIAL SERVICES COMMUNITY PARTNER SUPPORT UNIT

The Community Partner Support Unit Library team will be onsite at the following library locations to assist clients in applying for benefits and services as well as to connect them to additional resources.

APPOQUINIMICK PUBLIC LIBRARY	KIRKWOOD LIBRARY
BRANDYWINE PUBLIC LIBRARY	NEWARK PUBLIC LIBRARY
BEAR PUBLIC LIBRARY	ROUTE 9 LIBRARY AND INNOCATION CENTER
DOVER PUBLIC LIBRARY	WILMINGTON PUBLIC LIBRARY
HARRINSTON PUBLIC LIBRARY	WOODLAWN PUBLIC LIBRARY

Through our network of more than 250 community and business partners, we are here to connect you to employment opportunities and other services, including the following:

ASSIST application process	Long-term nursing care
Applying for food benefits	Home energy assistance
Medicaid	Learning about other DHSS agencies
Childcare	Referrals to partner organizations

Walk-ins are welcomed, or a virtual appointment are available at:
<https://delawarelibraries.libcal.com/appointments/socialworkers>

For more information on becoming a community partner, and office hours at each library, contact Ryan Kirby, Libraries Team Administrator, by email at Ryan.Kirby@Delaware.gov, or call (302) 792-0919. To refer a client, email DHSS_DSS_CPSSU_DLF@delaware.gov.

RESOURCES



FRIDAY

4TH FRIDAYS

"connecting people from place to place"

1-888-323-HOPP (4677)
WWW.THEHOPP.ORG

FOOD GIVEAWAY SITES

ASBURY AFRESH UMC // 10 AM - 300 E. BASIN RD. NEW CASTLE— WILMINGTON MANOR LION CLUB // 10:30AM - WESTERN SENIOR CENTER, 1 BASSETT AVE, NEW CASTLE— PENIEL UMC // 11 AM - 115 E MARKET ST, NEWPORT— RICHARDSON PARK UMC // 11 AM - 11 N MARYLAND AVE. WILM— TREE OF LIFE 11:30 AM - 10 PIKE PLACE, NEWARK BOYS AND GIRLS CLUB EZION MT CARMEL // 12 PM - 800 N. WALNUT ST, WILM— BETHESDA UMC // 12:30 PM - 2313 CONCORD PIKE, WILM— DALE UMC // 12 PM - 143 E. LAKE ST. MIDDLETOWN— KINGWOOD UMC // 12 PM - 300 MARROWS RD, NEWARK

For an updated list of locations, call 1-888-323-4677 or visit The Hopp -Harvest Outreach People Project on Facebook

FOOD GIVEAWAY

WEEKLY

atTAcK Addiction Resource Center
(302-365-5221)(near McGlynns)
210 Peoples Plaza, Newark
* Day/Times: M, T, W & F: 10am - 4pm
Thu: noon - 6pm
Sat: 9am - noon

MONTHLY

Dream Center
Last Friday of the Month: 10am-1pm
302-286-7406
310 Ruther Dr. Newark

Hope Lutheran
Third Thursday: 2pm-4pm
230 Christiana Rd. New Castle

The Journey
Second Saturday: 10am-12pm
302-738-2892
721 E. Chestnut Hill Rd. Newark

The HOPP
4th Fridays - 1-888-323-4677
Multiple times & locations - see top



For a listing of Food Bank of Delaware Community Food Pantry Partners and locations, please visit:

<https://www.fbd.org/get-help/community-food-pantries>



DIVISION OF SOCIAL SERVICES COMMUNITY PARTNER SUPPORT UNIT

The Community Partner Support Unit Library team will be onsite at the following library locations to assist clients in applying for benefits and services as well as to connect them to additional resources.

APPOQUINIMICK PUBLIC LIBRARY	KIRKWOOD LIBRARY
BRANDYWINE PUBLIC LIBRARY	NEWARK PUBLIC LIBRARY
BEAR PUBLIC LIBRARY	ROUTE 9 LIBRARY AND INNOVATION CENTER
DOVER PUBLIC LIBRARY	WILMINGTON PUBLIC LIBRARY
HARRINSTON PUBLIC LIBRARY	WOODLAWN PUBLIC LIBRARY

Through our network of more than 250 community and business partners, we are here to connect you to employment opportunities and other services, including the following:

ASSIST application process	Long-term nursing care
Applying for food benefits	Home energy assistance
Medicaid	Learning about other DHSS agencies
Childcare	Referrals to partner organizations

Walk-ins are welcomed, or a virtual appointment are available at:
<https://delawarelibraries.libcal.com/appointments/socialworkers>

For more information on becoming a community partner, and office hours at each library, contact Ryan Kirby, Libraries Team Administrator, by email at Ryan.Kirby@Delaware.gov, or call (302) 792-0919. To refer a client, email DHSS_DSS_CPSSU_DLFB@delaware.gov.