

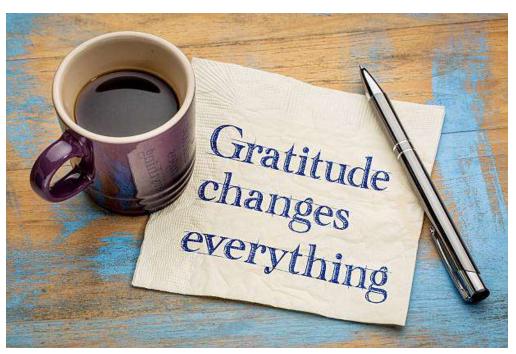
Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of Social Services. The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of Volunteers. **ENROLL TODAY!**

ENROLL IODAI

VOLUNTEER OPPORTUNITIES & COMMUNITY RESOURCES

Volunteer.Delaware.gov /Volunteer-Delaware50

Delaware 50+ &



Spotlight: Page 5

Volunteer

November

Pages 1 – 4

Birthdays

News From Our Partners, Volunteer Opportunities & Community Resources Pages 6 – 23

Volunteer.Delaware.gov / Volunteer.Delaware50



New Castle County Community Partners

A Matter of Balance

302-255-9101

Alzheimer's Association

215-561-2919

Amanecer Counseling & Resource Cnt

302-576-4136

American Cancer Society

1-800-227-2345

American Red Cross of Delmarva

302-656-6620

Big Brothers Big Sisters of Delaware

302-998-3577 ext 105

Blood Bank of Delmarva

302-737-8405

Brandywine Valley SPCA

302-858-4202

CareWear Project

Knitters and Crocheters

Bags2Mats for the Homeless

302-255-9746

CASA (Office of Child Advocate)

Count Appnt. Spec. Advo.

302-255-1730

Channie P. Bradley Senior Services

215-520-7525

Child, Inc.

302-762-8989

Children & Families First

302-777-9757

Children Empowered by Love, Inc.

childrenempoweredbylove@comcast.net

ChristianaCare

302-733-1284

Wilmington Hospital

302-428-2206

ChristianaCare in Collaboration

with AccentCare (formerly

known as Seasons Hospice)

302-533-3800

Connecting Generations

302-656-2122 x0013

ContactLifeline

302-761-9800 ex. 1002

Delaware Center for Horticulture

302-658-6262 ext. 108

DE Ecumenical Council on Children and

Families - 302-225-1040

Delaware Hospice

302-478-5707

DE Museum of Natural History

302-658-9111X 324

DE Senior Medicare Patrol

302-255-9510

Delaware Theatre Company

302-594-1100

Easterseals Delaware

302-324-4444

Family Promise of Northern NCC

302-998-2222

Food Bank of Delaware

302-292-1305 ext 254

Forget Me Not Families

302-416-2897

Grand Opera House

302-658-7897

Habitat for Humanity of NCC

Construction Site: 302-652-0365 ReStore Wilmington: 302-652-5181

ReStore Middletown: 302-449-1414

Hagley Museum & Library

302-658-2400 X257

Literacy Delaware

302-658-5624

Lutheran Community Services

302-654-8886

MOT Jean Birch Senior Center

302-378-4758

NAMI DE (National Alliance on Mental III-

ness- 302-427-0787

New Castle County

Depart. of Community Services

302-395-5640

New Castle County Libraries

302-395-5617

NCC Senior Roll Call Lifeline

(302) 395-8159

Nemours Children Hospital

302-651-6096

Newark Senior Center

302-737-2336

Meeting of the Minds

Newark Meals on Wheels

Senior Surfers

Patches of Love

Osher Lifelong Learning Institute (OLLI)

302-573-4417

PAWS for People

302-351-5622

People to People: Delaware Chapter

info@ptpde.org

Read Aloud Delaware

302-656-5256

Shoes That Fit: Delaware Chapter

302-234-9319

Special Olympics Delaware

302-831-4653

St. Anthony's Community Center

302-421-3721

City Fare Meals on Wheels

302-421-3734

St. Anthony's Senior Center

302-421-3735

Stockings for Soldiers Delaware Inc.

info@StockingsForSoldiers.org

Supporting Kidds Inc.

302-235-5544

Thomas Edison Charter School

302-778-1101

Tri-State Bird Rescue & Research Inc.

302-737-9543 x102

United Way of Delaware

302-573-3705

Volunteer Delaware

302-381-3594

Volunteer Delaware 50+ NCC

Advisory Council

302-255-9746

Wilmington Senior Center

302-651-3400

Winterthur Museum, Garden & Lib.

1-800-448-3883

VITAS Healthcare

302-451-4000



Volunteer Delaware 50+ focuses on helping individuals 50 years of age and older, use the skills and talents learned over the years, or develop new ones while serving in a variety of volunteer activities within the community. Volunteer Delaware 50+ volunteers determine their preferred level of commitment. Come join the more than 2,500 Volunteer Delaware 50+ members and start making a difference today!

What are the benefits of becoming a Volunteer Delaware 50+ member?

- All members receive supplemental insurance protection in case anything happens while they are volunteering with one of our community partners (excess volunteer liability insurance & excess automobile liability insurance)
- Opportunity for outstanding volunteers to attend a free recognition luncheon and enter to win door prizes (must meet required hours)
- Opportunity to receive a monthly listing of onetime volunteer projects, upcoming events and ongoing volunteer opportunities (sent via email)
- Invitation to attend free educational workshops on topics pertaining to the 50+ community (sent via email)
- Tracking of hours and years of service

Why do you collect my volunteer hours?

- Helps us to qualify for grants and places us in a better position to advocate for continued funding, not only for our program but also for our community partners
- Helps us to quantify all the amazing volunteer work
 Delawareans are doing for our state/in our communities
- Helps us to identify and recognize our outstanding volunteers through our annual Volunteer Recognition Luncheon

Are you already a volunteer with one of our community partners and would like to also be a member of Volunteer Delaware 50+?

We are always looking-for and inviting non-profit organizations to join us and become a community partner in order to offer even more opportunities to our members. If you are already a volunteer with one or more of our community partner and would like to also become a member of Volunteer Delaware 50+ please contact your local office.

New Castle County: please call 302-255-9101 or email Guadalupe.Murphy@delaware.gov or Arundhati.Ghosh@delaware.gov.

For more information please visit Volunteer.Delaware.gov/Volunteer-Delaware50









Shannon Asher
Susan Boyles
Nancy B Brynes
Edna Cale
Tracy Channel
Dorothy T. Cheyney
Florence Citro
Paula Jean CobbSheldon
Laura Coxe
Allen Derrickson
Stella Fass
Edward (Ted) Garrison Jr.
Frances Giegerich
John Hannum

Brenda Harris
Corliss Hawk
Judith Heap
Glenzel Henry
Sandi Hicks
Elaine Hill
Claudia Hughes
Stephanie Ingram
Mary Jane Isaacs
Norma lubatti
Micki Jackson
Tom Lagana
Lynne Landrey
Christine Lashbrook
Linda Lawyer

Deborah Lopez Caroline McDonald James Miracle **Vivian Nichols Catherine Offerman Kathy Olson Janice Poff Marguerita Powell** Ellen Pringle **Barbara Riegel** Kathy Rosenberger Lynn M. Sanders Lynne Schauder **Rita Singles-Heite Elizabeth Slippey Gwen Smith Camille Spagnolo Alverna Staus Camille Vance Deborah Vandiver Antoinette Visich** Jan Waldauer Richard E. Ware Jr. **Andrew Weigel**





For more than three weeks, families across the Southeast have been grappling with unimaginable losses from Milton and Helene. More than 1,600 American Red Cross responders are there providing shelter, meals, relief supplies and a shoulder to lean on to make sure no one faces this disaster alone.



Volunteer

Help is needed across the country to support people when disasters strike.

Visit

www.redcross.org/volunteer

Donate Blood

If you live in an unaffected area, schedule an appointment to give.

Visit

www.RedCrossBlood.org/Give



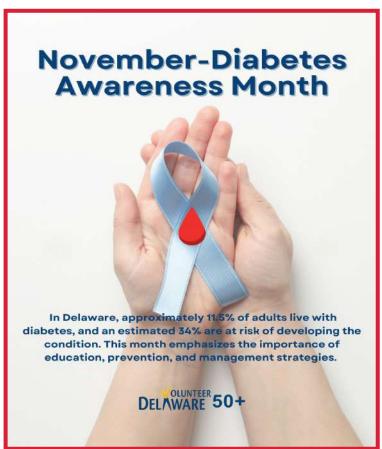
NATIVE AMERICAN

time. We hold these traths to be self-ever vosted equal, that they are exposure by the moliforable Rights, that among the exposure by the moliforable Rights, that among the exposure the se kight, he can be a self-exposure that he can be a self-exposure that he can be to the end of these ends, it is the visit the exposure that he can be the control to the ends, it is the visit the exposure that he can be the exposure that t

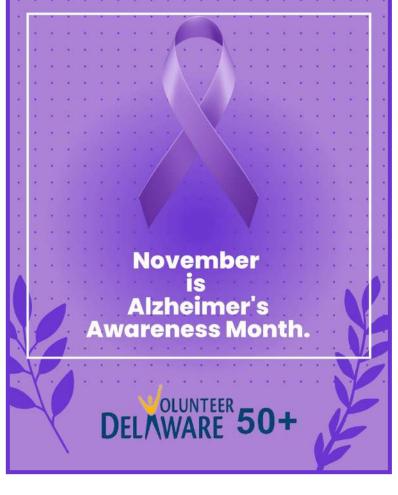
HERITAGE MONTH

November 2024

DELAWARE 50+









VOLUNTEER OPPORTUNITY

Our team is looking for someone to sort plastics and help us complete and mail monthly birthday cards

All supplies provided and you will get additional volunteer hours

Call 302-255-9746 if interested





One of the greatest gifts you can give is your time.

Volunteers Urgently Needed for the Following Positions in Your Community:

Disaster Deployment Volunteer: Support the day-to-day activities within a shelter.

For those able to travel outside of their local area, a commitment of at least 14 consecutive days.

Blood Donor Ambassador: Help Save lives in your community by supporting blood collection at a local blood drive.

Preferred commitment: 1 shift (4-5 hour shift) per month.

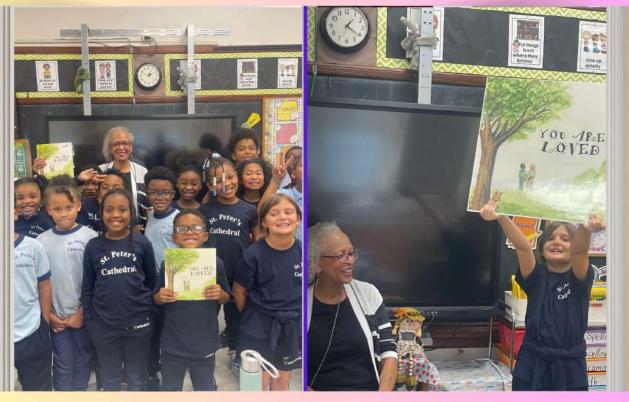
Disaster Action Team Specialist: Assist individuals and families who have been impacted by a home fire or local other disaster.

Preferred commitment: monthly on-call shift.

For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



Board Member Volunteer Opportunity



A recent reading at St. Peter Cathedral School in Wilmington.

Children Empowered by Love, Inc (CEBL) has been a Volunteer Delaware 50+ Community Partner for many years. Judith Gupton-Wiley, Director and lead volunteer of CEBL wrote a children's book entitled "You Are Loved" which the organization donates to young children who are considered "at risk" because of their living environments, physical challenges, and/or other factors that might be impediments to them reaching their full potential to thrive. In addition to CEBL donating the book, Director Gupton-Wiley also gives readings to children groups.

Children Empowered by Love, Inc. is currently taking applications for new Board members.

Also, if you know of a school or children's organization that might like to have a book reading, please contact Volunteer Delaware 50+ at 302-255-9882.

We're Seeking New Advisory Council Members

Are you a Volunteer Delaware 50+ Member or Community Partner?

Do you enjoy meeting with others?

Have skills with planning engaging events?

Are you creative and enjoy making the world a better place through volunteerism?

YOU may be our next New Castle County Volunteer Delaware 50+ Advisory Council Member!

We are looking for a few volunteers and/or community partners to help our Advisory Council grow! Please contact the Volunteer Delaware 50+ NCC office at 302-255-9882 for more information.





Shoes That Fits tackles one of the most visible signs of poverty in America by giving children in need new athletic shoes to attend school with dignity and joy, prepared to learn, play and thrive. In DELAWARE Shoes That Fit partners with Title 1 schools, school service centers, and strategic non-profit partners to focus on children in the state that could most benefit from our services, e.g. homeless students.

School may have started but the need for comfortable, wearable and well fitted shoes is still there. Will you join is supporting local students with new school shoes?

For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov





COACHES NEEDED STATEWIDE

Many older adults experience concerns about falling and restrict their activities.

A MATTER OF BALANCE

is an award-winning program designed to help seniors manage falls and increase their activity levels.

> Become a Coach Join us for free training!

January 29th and 30th

April 30th and May 1st

10:00 a.m. - 2:30 p.m. Williams State Service Center 805 River Road Dover, DE

For more information or to register contact Volunteer Delaware 50+

Danielle.Briggs@delaware.gov 302-515-3020

Sussex County

Arundhati.Ghosh@delaware.gov 302-255-9101

New Castle County

COACHES WANTED



BECOME A VOLUNTEER ADULT LITERACY TUTOR!

No experience required.

Upcoming New Tutor Orientation and Training

Orientation:

Tuesday, November 12, 2024, 1:00 - 2:00 pm or 6:30 - 7:30 pm via Zoom

Training:

Tuesdays November 19,

1:00 - 3:00 pm or 6:30 - 8:30 pm APPLY via Zoom





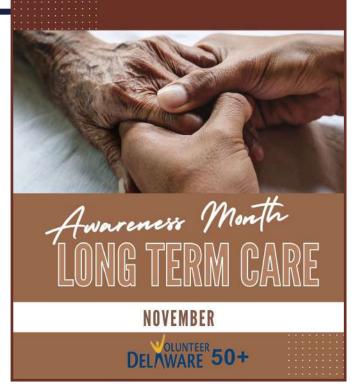
Supporting bird populations long-term really means. supporting insect populations



need insect food to feed their young

SUPPORT THOSE IN NEED



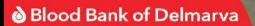


For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov









Volunteers Needed

making our community better. You can recruit, care for, and/or give great service to blood donors. You can assist staff behind scenes so they accomplish nore. Your time and skills help BBD have safe



- Promote donating blood and recruit volunteers at community events
- Enhance the donor experience by greeting and welcoming our donors, sanitizing donor areas, helping donors through the donation journey, restocking supplies in donation area, or serving them in the refreshment area after they saved a life in a center or at mobile drives
- · Administrative support (office, video,
- · Create smiles in the mascot Bloodhound
- · Let us know what skills you bring! Let's start something new!

Scan the QR code for more information or to join our lifesaving team:



- Complete an online volunteer
- Attend an online orientation Attend specific training Online and/or in person
- ges 14-15 must have parent/adult actively
- volunteering with them 16-17 can volunteer alone in a

reeter role
Other roles may be available if part
of a school HOSA or Allied Health
program connected



Use your compassion and talents to make a difference. Volunteer with AccentCare® Hospice today.

You can support our local patients and families by becoming a:

Ambassador Volunteer

Community outreach, volunteer recruitment

Legacy Volunteer

Create legacies: books, journals, CDs, memory bears, crafts

Office Volunteer

· Administrative assistance

Social & Companionship Reading, walking, caregiver relief

Music Companionship

Volunteer
Play, sing and share music with patients, families and friends

Volunteer

Camp Volunteer

Work with camp staff and children

Bereavement Volunteer
 Emotional support for patient family and friends

Spiritual Presence Voluntee

Support patient's faith related requests

Vigil Volunteer

Companionship during patient's last hours

Pet Visitation Volunteer

Patient visits with certified Pet Partners or Therapy Dogs

Special Projects Volunteer

Volunteer support for special groups or events like We Honor Veterans



VeronicaFlemmings@AccentCare.com or 302.533.3800

accentCare.

accentcare.com/volunteer

AccentCare welcomes all persons in need of its services and does not discriminate on the basis of age, dischifty, race, adort, noticed origin, ancestry, religion, gender, gender identify and/or authors are serviced or an



🔾 delmarvablood.org/volunteer | 😂 awilliamson@bbd.org 🕒 302.737.8405 ext 819







Shelter Skip Day Program is now available at all Brandywine Valley SPCA Campuses.

Studies have shown that shelter dogs who were able to take field trips off campus were 5x more likely to be adopted than dogs who did not go on outings. These field trips offer beneficial mental stimulation with meeting new people and enjoying different environments, where our dogs can exert pent up energy and reduce their stress levels. These experiences also allow for the dogs to gain useful social and life skills that improve their mental stability and make them better adoption candidates.

This program provides a super fun and rewarding day for Community Service Groups that want to participate in Pack Walks, as well as those who love the company of a dog, but are unable to have their own. By taking a dog off campus for the day, that animal is able to connect with the community with a broader reach, which in turn increases

ONGOING OPPORTUNITIES

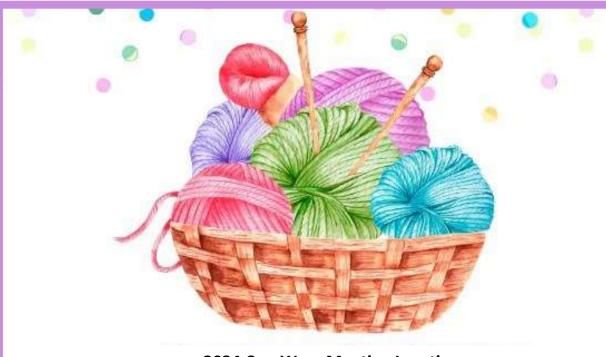


the chance of adoption and potentially reduces the length of stay in the shelter. Brandywine Valley SPCA will provide specific Backpacks with all of the necessary supplies for an outing in addition to suggested destination locations. Skip the Shelter Day Participants will also have the opportunity to Foster the animal overnight, as well as the ability to adopt if they find their forever love during a field trip!

We are so thrilled for this program and the benefits for our dogs, especially those that tend to be overlooked on campus, as well as those who have been in the shelter for an extended length of stay! We would love to be able to share the news with more members of the community. So far this has been very successful and the dogs are LOVING their days out.

For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

ONGOING OPPORTUNITIES



2024 CareWear Meeting Locations

Claymont: N. Wilmington CareWear at B'nai B'rith House

Group Leader: Anna Marie Adams

Meeting Date/Time: Third Friday of every month from 10am-11:00am

Location: 8000 Society Drive, Claymont 19730

Newark: Sit N Stitch at the Newark Senior Center

Group Leader: Kathleen Robinson

Meeting Date/Time: Second and Fourth Wednesday of every month

from 10am-12pm

Location: 200 White Chapel Drive, Newark 19713

Hockessin: Must Love Yarn Fiber Group at the Hockessin Library

Group Leader: Cheryl Clem

Meeting Date/Time: Wednesdays at 1:00pm Location: 1023 Valley Road, Hockessin 19707

Newark: Crochet Club Plus at the VFW Post 475 in Newark

Group Leader: E. Talley Brown

Meeting Date/Time: Tuesdays 5:30 pm- 7:30pm Location: 100 Veterans Dr, Newark 19711







ONGOING OPPORTUNITIES

Volunteers NEEDED

We need your help.

Delaware Transitions by Delaware Hospice offers free, non-medical support for individuals and their families struggling with all aspects of a serious illness.

Join our volunteer team to help by:

- Running errands for clients
- · Providing transportation
- · Visiting clients

Contact us today!

Sussex County, DE

- 💄 Melody Cline
- **302-746-4756**
- mcline@delawarehospice.org

Kent & New Castle Counties, DE Chester & Delaware Counties, PA

- Rolonda Sutton-Greene
- **302-478-5707**
- rgreene@delawarehospice.org

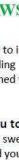




You Can Make a Difference with PAWS

Our Mission

PAWS for People is a nonprofit organization committed to improving the lives of people in our community by lovingly providing individualized, therapeutic visits with our specially trained volunteers and their certified gentle, affectionate pets.



We Need You to Make it Happen!

Do you have a sweet, people-friendly, gentle, dog, cat or bunny? Would you like to give back to your community? PAWS needs volunteers with their own gentle, affectionate pets to help us spread hope and healing throughout our community.

PAWS volunteers visit hospitals, nursing homes, cancer centers, schools, libraries and anywhere people can benefit from interaction with a pet.



Volunteer Opportunities

PAWS offers specialized training which includes an evaluation of the person/pet team, an introduction to pet therapy, and instruction on best practices for visits.

Our volunteer teams are supported by PAWS staff throughout their training and visiting, including a guided first visit and ongoing assistance with visit placements. PAWS volunteers are the heart of our organization and are valued and celebrated!

Our greatest need is for volunteers with weekday, daytime availability. For more information on volunteering or to make a contribution, please visit our website:



The Chuckle Corner

How did the volunteer cheer up the grumpy cat?



They told it, "Purr-sonally, I think you're pawsitively amazing!"



When you donate your gently used clothing to Forget Me Not Families, they become someone else's new garments. Because of YOUR generosity, we are able to bless individuals and families regularly and provide decent clothing and other donated items to those in our community facing difficult times. Please help us to continue to bless even more families by donating items you no longer need.

In addition to accepting gently used adult and children clothing, we also accept personal care items, underwear and socks, shoes, blankets and all things children such as toys, children's furniture, diapers, wipes and care items.

VOLUNTEER - SPREAD THE WORD

Drop off location:

132 Sandy Drive, Newark, 10713 501 W. Main Street, Middletown 1183 S. DuPont Highway, New Castle 1458 Bear Corbitt Rd, Bear 220 Casho Mill Rd, Newark 2410 Newport Gap Pike, Wilmington 1000 Old Lancaster Pike, Hockessin



ONGOING OPPORTUNITIES



CREATIVE MENTORING®

A School-Based Mentoring Program That Works!



BECOME A MENTOR TODAY!

- Mentors meet with their students for an hour once a week during the school year.
- Mentors come from all walks of life: retirees, high school students, office workers, church members, community volunteers, etc. Anyone with a passion for helping children and an ability to accept kids "where they are" can be a successful mentor.
- Mentoring allows adults to give something of themselves in a way that's both selfless and deeply fulfilling.
- Mentors have the privilege of watching their mentees' lives improve as a result of the help, friendship, and guidance they provide.

For more information, please contact Volunteer

Delaware 50+ at 302-255-9746 or email

Guadalupe.Murphy@delaware.gov

ONGOING OPPORTUNITIES



Apply Today!



Seamstress and Crafter Volunteers Needed

Delaware Hospice is looking for crafty volunteers who would like to share their skills with our patients and families.



Memory Bears are crafted at no charge for families of patients in one of our Delaware Hospice programs. Bear patterns and supplies are provided for all orders and made possible through program donations.





Twiddle Muffs are knitted and crocheted muffs which help to alleviate agitation and restlessness in patients with Alzheimer's disease and Dementia. Patients and families benefit from the calming sensory objects.

Patient Care Volunteers Needed

At Delaware Hospice, our team of volunteers provide companionship to patients, respite for caregivers, assist with shopping and errands, and so much more!

Patient Care Volunteers

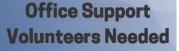
- Check-in calls with patients.
- Care calls: provide a listening ear to patients.
- Visit with a patient (read, share stories, play cards or board games).
- Provide transportation to doctor appointments, store or pharmacy.
- Walk with a patient.
- Run an errand.
- Provide vigil support as a patient nears death.
- · Give haircuts to patients.
- Assemble and deliver care gifts to patients.
- Pet Therapy Visits.
- Music Therapy Visits.

RN Volunteers

- Medication disposal after a patient has passed or is discharged.
- · Assist staff with vaccination clinics.
- · Assist with clinical staff education.

Vet-to-Vet Volunteers

 Veterans visit patients who are also veterans and talk about the patient's military experiences.



At Delaware Hospice, our team of volunteers offer a wide range of talents to support our patients, families and staff.

Office Support Volunteers may assist with:

- File documents
- Assemble patients information packets
- Assist with mailings
- Provide clerical support
- Run errands
- Assist with medical records
- Answer telephones





For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

VITAS[®] Healthcare

For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

Fetch a friend to join the VIJAS

"I like being tickled by my friends at the nursing home. I give them big kisses to say thank you! Don't just lie around feeling bored ... become a VITAS Paw Pak volunteer, and get a whiff of the good life!"



Registered Paw Pals bring joy to hospice patients by visiting them at home, in nursing homes and assisted living communities, as well as in hospitals.

VITAS Paw Pals treat hospice patients and their families to ...

- Unconditional love and friendship
- Entertainment and amusement
- Companionship
- · Happy memories of past pets
- Comfort during times of loss, pain and stress
- Activity and motion

ONGOING OPPORTUNITIES



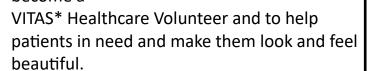
Will You Provide Comfort and Care to the Most Vulnerable?

Join us! Our hospice volunteers become part of our team, building careers and lifelong friendships

VITAS* Healthcare volunteers add to hospice patients' quality of life during their remaining months, weeks, and days. By providing companionship, volunteers ensure patients and their loved ones have the support they need. As a VITAS volunteer, you'll receive comprehensive training and potentially earn rewards of your service. You'll become part of our professional team of doctors, nurses, aides, chaplains and social workers—and forge alliances that you'll carry with you, possibly for like.

These Tools Can Change a Life

Do you enjoy doing hair or pampering people or have cosmetology experience? Join us and become a



Bring joy and comfort to hospice patients.

Be Their Voice, Tell Their Story

Help a hospice patient turn their memories into a memoir as a VITAS LifeBio volunteer.



Even after death, the story of a life lives on by those who are willing to tell it. Join our team as a VITAS* Healthcare LifeBio Volunteer. Leverage your listening and writing skills to help hospice patients tell their stories, creating keepsake biographies for their loved ones to cherish for years to come.

Bring joy and comfort to hospice patients and families.

ONGOING OPPORTUNITIES

Meet diverse people and have fun while engaging in cross cultural activities in Delaware!



www.ptpde.org

Promoting Peace through Understanding by fostering crosscultural exchange and experiences.

info@ptpde.org

Bring your computer skills and volunteer from home to make an impact in our community on one of our many exciting committees.

Public Relations Committee

Create fliers and social posts, assist with mailing list and announcements

Skills: Canva and Mail Chimp

Brainstorm ideas for virtual and in person exchange programs, support tech in online meetings

Fundraising Committee

Assist grant research & writing, foster philanthropic relations

Skills: Word, Excel, Google Docs/Sheets

Membership Committee

Increase public awareness, encourage partnerships, new membership and volunteers

Skills: Excel/Google Sheets

New Castle County be Center



Hope Center Volunteer Job Opportuniti

- · Front Desk Hospitality Liaison
- Greeter & Kindness Spreader
- · General Hospitality Liaison
- Meal Server
- Help Desk/Computer Search Guru

- Morning, afternoon & evening
- school or organization providing chaperones
- On-going positions (single day also available)
- Background check & orientation are required



TODAY!

365 Airport Rd., New Castle



Facilities and Landscaping

Help create and maintain habitats for our wild bird patients!

For more information, contact **Volunteer Delaware 50+** at 302-255-9746 or email Guadalupe.Murphy@ delaware.gov



CHARITY Crossing's

Giveaway Items: Household items, Pet Items, Packaged Foods, Toys, Clothing, etc

UPCOMING GIVERWAY

Please DO NOT SELL Donated Items
Respect our Volunteers.
Follow Guest Guidelines.
Violators will not be allowed.



Helping Our Community and Environment Recycle | Reuse | Reclaim | Restore | Repurpose



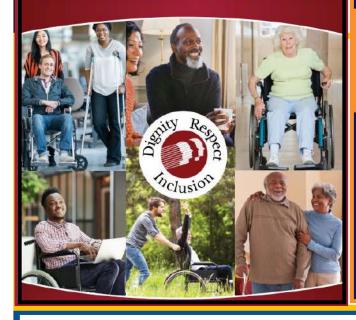
To view a pdf version online, visit: dhss.delaware.gov/dhss/dsaapd

The Delaware ADRC is your one-stop access point for information, assistance and referral to resources that support older Delawareans, adults with disabilities and caregivers.

CONTACT DELAWARE ADRC Phone: 1-800-223-9074 Email: DelawareADRC@delaware.gov

GUIDE TO SERVICES

For Older Delawareans and Persons with Disabilities





RESOURCES

For an updated listing of giveaway dates and locations, visit: charitycrossing.org/cc-giveaway

22[™] ANNUAL DIABETES WELLNESS EXPO



TUESDAY, NOVEMBER 12, 2024

9:00 A.M. TO 3:00 P.M.
DELAWARE TECHNICAL COMMUNITY COLLEGE -TERRY CAMPUS - DOVER
DEL-ONE CONFERENCE CENTER - 100 CAMPUS DR, DOVER, DE

PROMOTING DIABETES SELF-MANAGEMENT AND HEALTHIER LIFESTYLES FOR

- PEOPLE WITH DIABETES AND PREDIABETES
- HEALTH CARE PROVIDERS
- BUSINESSES
- DIABETES-RELATED ORGANIZATIONS
- OTHERS INTERESTED IN HEALTH PROMOTION

EXHIBITORS
GIVEAWAYS
DIABETES INFORMATION
HEALTH SCREENINGS

SKIP THE CHECK-IN LINE & PRE-REGISTER









WWW.DEDIABETESCOALITION.ORG DIRECTOR@DEDIABETESCOALITION.ORG



Preventing Medicare Fraud

Protect Yourself and loved ones from Medicare fraud.

Senior Medicare Patrols (SMPs) empower and

assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse.

Delaware Senior Medicare Patrol 1-800-223-9074 barbara.jackson@delaware.gov



Senior Roll Call Lifeline is a free program provided by New Castle County, Division of Police, that makes daily calls to the homes of our elderly or disabled members to ensure they are doing well and do not grancy assistance. If after several

require emergency assistance. If after several attempts the calls are unsuccessful, emergency help is sent to the home to check on the well-being of the member. For more information call 302-255-9878.

RESOURCES



ASBURY AFRESH UMC // 10 AM - 300 E. BASIN RD.

NEW CASTLE— WILMINGTON MANOR LION CLUB //
10:30AM - WESTERN SENIOR CENTER, 1 BASSETT AVE,
NEW CASTLE— PENIEL UMC // 11 AM - 115 E MARKET
ST, NEWPORT— RICHARDSON PARK UMC // 11 AM 11 N MARYLAND AVE. WILM— TREE OF LIFE 11:30
AM - 10 PIKE PLACE, NEWARK BOYS AND GIRLS CLUB
EZION MT CARMEL // 12 PM - 800 N. WALNUT ST,
WILM— BETHESDA UMC // 12:30 PM - 2313
CONCORD PIKE, WILM— DALE UMC // 12 PM - 143 E.
LAKE ST. MIDDLETOWN— KINGWOOD UMC // 12 PM
- 300 MARROWS RD, NEWARK

For an updated list of locations, call 1-888-323-4677 or visit The Hopp -Harvest Outreach People Project on Facebook

FOOD GIVEAWAY

WEEKLY

atTAcK Addiction Resource Center

(302-365-5221)(near McGlynns) 210 Peoples Plaza, Newark

* Day/Times: M, T, W & F: 10am - 4pm

Thu: noon - 6pm Sat: 9am - noon

MONTHLY

Dream Center

Last Friday of the Month: 10am-1pm

302-286-7406

310 Ruther Dr. Newark

Hope Lutheran

Third Thursday: 2pm-4pm 230 Christiana Rd. New Castle

The Journey

Second Saturday: 10am-12pm

302-738-2892

721 E. Chestnut Hill Rd. Newark

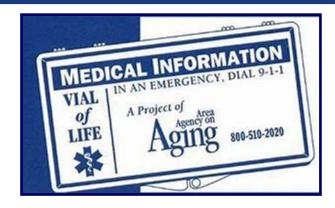
The HOPP

4th Fridays - 1-888-323-4677 Multiple times & locations - see top



For a listing of Food Bank of Delaware Community Food Pantry Partners and locations, please visit:

https://www.fbd.org/get-help/community-foodpantries



The Vial of L.I.F.E program, offered free by New Castle County Emergency Medical Services, assists seniors and disabled residents by providing vital medical information during emergencies. Simply fill out a medical form, place it in a labeled bottle in your refrigerator, and attach the provided magnet to signal EMS. This ensures that essential details are quickly accessible when you need help. To get your Vial of L.I.F.E, contact 302.395.8184 or email vialoflife@newcastlede.gov. Stay safe and prepared!