

# NCC VOLUNTEER OPPORTUNITIES

Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of Social Services. The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of Volunteers.

**ENROLL TODAY!**



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**★ WAYS TO ★**  
**SERVE**  
*Those Who*  
**SERVED**

**HAPPY INDEPENDENCE Day!**

★ This Independence Day, consider honoring the men and women who have protected our freedoms.

Whether assisting homeless veterans, supporting military families, preserving veterans' stories, or helping with community events, volunteers continue to strengthen our nation by serving those who served us.

**★ WAYS YOU CAN MAKE A DIFFERENCE ★**

 <b>ASSIST HOMELESS VETERANS</b> Help provide meals, clothing, shelter support, and essential resources to veterans in need.	 <b>SUPPORT MILITARY FAMILIES</b> Offer your time to programs that provide relief, resources, and encouragement to military families.	 <b>PRESERVE VETERANS' STORIES</b> Help document oral histories, letters, and photos to honor the legacy and sacrifices of our nation's heroes.	 <b>HELP WITH COMMUNITY EVENTS</b> Volunteer at parades, flag ceremonies, fundraising events, and veteran appreciation activities.
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**YOUR TIME. YOUR HEART. THEIR FREEDOM.**  
*Thank You for Your Service!*

**GET INVOLVED TODAY!**  
Every act of service makes a lasting impact.

**FREEDOM WAS EARNED THROUGH SACRIFICE—  
LET'S HONOR THAT SACRIFICE THROUGH SERVICE.**

# VOLUNTEER DELAWARE 50+



Volunteer Delaware 50+ can serve as a strong recruitment pipeline for your organization. Our program focuses on engaging experienced individuals who actively choose to serve—bringing professional skills, reliable availability, and a strong commitment to long-term volunteerism.



## AS A COMMUNITY PARTNER, YOUR OPPORTUNITIES WILL BE:



Promoted directly to prospective volunteers



Highlighted during outreach events



Featured in our monthly newsletter (including ongoing and one-time opportunities)



## BENEFITS FOR YOUR VOLUNTEERS:



Connect with Volunteer Delaware 50+ staff for recognition and storytelling opportunities



Track and centralize volunteer hours across multiple organizations



Participate in our annual Volunteer Recognition Luncheon



Receive supplemental insurance coverage (Excess Volunteer Liability & Excess Automobile Liability)



## IMPORTANT TO KNOW

Your existing volunteers must provide consent to enroll in Volunteer Delaware 50+ to receive full program benefits. Participation is **free** and will not affect their role within your organization.



## STEPS TO BECOME A COMMUNITY PARTNER:

- 1 Meet with the Volunteer Delaware 50+ team
- 2 Share your volunteer recruitment needs
- 3 Participate in a mutual review process (Program focus: volunteers age 50+)
- 4 Establish a formal Memorandum of Understanding (MOU) with the State of Delaware

*Know an organization in New Castle County that could use support?*



**CONTACT OUR  
NEW CASTLE OFFICE:**

**302-255-9882**



## VOLUNTEER DELAWARE 50+ JOINS NATIONAL CONFERENCE IN WASHINGTON, D.C.

The Volunteer Delaware 50+ team recently traveled from Delaware to Washington, D.C. to attend the Points of Light Conference, a national gathering focused on the power of volunteerism and community service.

It was an energizing few days surrounded by people from across the country—and even international organizations—all sharing a common goal: finding meaningful ways to strengthen communities through service. From small local programs to large global initiatives, the conversations highlighted just how powerful volunteering can be when people come together with purpose.

One of the most inspiring parts of the conference was seeing youth volunteers being recognized on a national stage. Their creativity, leadership, and commitment to service were celebrated throughout the event, reminding everyone that volunteering truly spans all ages—from youth to older adults and everyone in between.

The conference also highlighted the upcoming America 250, encouraging organizations to think about how service and civic engagement can play a role in honoring the nation's 250th anniversary. Many sessions explored how communities—including those here in Delaware—can connect history, education, and volunteer service in meaningful ways.

For the Volunteer Delaware 50+ team, the experience was both inspiring and grounding. Coming back to Delaware, the team felt renewed energy to continue building opportunities for older adults to stay engaged, connected, and active in their communities through service.

From Delaware to Washington, D.C., the experience reaffirmed that when people come together in service, communities grow stronger, more connected, and more hopeful.

**CELEBRATING  
JULY  
BIRTHDAYS**



**Cynthia Amon  
Harold Barber  
William Bines  
Bob Bloom  
Helene Burke  
Shelita Caldwell  
Arrelee Candy  
Aguida Carter  
William Cattie  
Peter Curcio  
Carisa Davis  
Jack 'John' Flannery  
Ann Follette  
Theresa Gallagher  
Lynda Giambra  
Connie Greendonner  
Jacqueline Hagelberg**

**Janice Henry  
Eric Herring  
Emily Hicks  
Christine Jadach  
Inga Yna Jones-  
Sullivan  
Carol Jester Kusel  
Patricia Lane  
Sharon Marshall  
Raelene Maser  
Loretta Millan  
Janet Montanaro  
Nancy Moore  
Jay Muthukamatchi  
J. David Myers  
Dale Nebe  
Cindy O'Neil  
Melissa Oberholzer  
Rose Perry**

**Margie Plasmier  
Lynn Porro  
Susan Rau  
Kathleen Robinson  
Patti Root  
Diana Rykaczewski  
Ethel Scheper  
Cheryl Scott  
Rose Selvaggi  
Rakhee Sen  
Mary Sheridan  
Marie Stevens  
Sinina Talley  
Aram Terzian  
Nina Tolbert  
Theresa Winner  
Danny Young**

# Platinum Picnic 2026 Celebrates 75 Years at Chase Center

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The **Platinum Picnic 2026** at Chase Center was a warm milestone celebration honoring 75 years of service under the elegant “White Diamond” theme. Hosted by New Castle County, the event welcomed more than 600 guests for a joyful day of recognition, connection, entertainment, and appreciation.

Volunteer Delaware 50+ was proud to take part, sharing volunteer opportunities and healthy aging programs that help older adults stay active and engaged across Delaware. Staff connected with attendees throughout the event and highlighted key initiatives, including A Matter of Balance, a program that helps build confidence, improve balance, and reduce the risk of falls.

Attendees also learned about the Bags2Mats initiative, which transforms recycled plastic bags into sleeping mats for individuals experiencing homelessness—supporting both sustainability and community care. The celebration also helped strengthen community partnerships and highlighted the many ways Volunteer Delaware 50+ continues to support civic engagement across the state.



## Suzanne Stone

Author, *Volunteering Around the Globe: Life Changing Travel Adventures & Volunteer Delaware 50+ Member*

I am a life-long volunteer. My first experiences were with the Smithsonian Institution. I lived in Bethesda, MD, when I realized I was facing an empty nest and would have free time (that I was currently devoting to PTA activities). It was easy to think of the Smithsonian as a place to put my time; I loved many of the museums. The Smithsonian provides very extensive education for volunteers. After successfully passing the exam after my training, I began volunteering at the Museum of American History. For one year, I served in the Hands-On History Room, explaining artifacts and describing history to children aged 5-10. One of the favorite activities was making a small rope, using the same technology as used in rope walk factories.

Then I spent 14 years as a docent in the museum, explaining a few of the permanent objects and providing insight into many of the exhibits. We took guests through the entire museum so they could see the full range of materials, and spent more time in three or four of the exhibits, as we were comfortable. On days when no one wanted a tour, I would stand in an exhibit or by one of the objects (my favorite was the old doll house) and answer guests' questions.

When I moved to New Orleans, I continued volunteering – at the World War II Museum and the Historic New Orleans Collections, as well as during house tours.

I also began traveling to Israel, specifically to volunteer. I worked with an organization that painted and repaired homes of needy people and also introduced us to soup kitchens in need of helpers. I would travel for 3-4 weeks and spend every morning volunteering and every afternoon touring. Before this I had lived in Israel for one

year and spent three, very fulfilling weeks on an archeological dig. It was the first season at an old Roman bathhouse, and we dug out the floor.

Thus, when approached by a publisher with whom I'd worked with my paid job for book ideas, I suggested "volunteer vacations;" traveling around the world to provide volunteer services in a wide variety of ways. Thus began my book, *Volunteering Around the Globe: Life Changing Travel Adventures*. I interviewed 25 people about their experiences and discovered many common points:

- Everyone found volunteering to be more meaningful than they had thought it would be.
- Many people felt tested, and most discovered inner (and outer) strengths they did not know they possessed.
- Those who traveled with family members returned with stronger bonds and with greater appreciation for each other, a recognition of mutual support, and memories that will last their lifetimes.
- We all discovered that people are just people, all over the world.

As you can see, meaningful travel is transformative. Not only for the people whose lives you touch, but for you.

The same is true for volunteer activities, closer to home. And that is why I currently volunteer with the Wilmington Drama League, the Grand, Nemours Hospital, and Osher Lifelong Learning.

### Will you share your volunteer journey?

Volunteer Delaware 50+ is currently accepting stories, reflections, poetry and artwork that captures volunteer experiences. To submit, please email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov) or call 302-255-9882.



# WAYS TO SERVE THOSE WHO SERVED

VETERANS & MILITARY VOLUNTEER OPPORTUNITIES  
in New Castle County, Delaware

HONOR. SUPPORT. MAKE A DIFFERENCE.



Honoring our nation's heroes can be as simple as giving your time and talents. Consider volunteering with one of these organizations serving veterans and military families in our community.



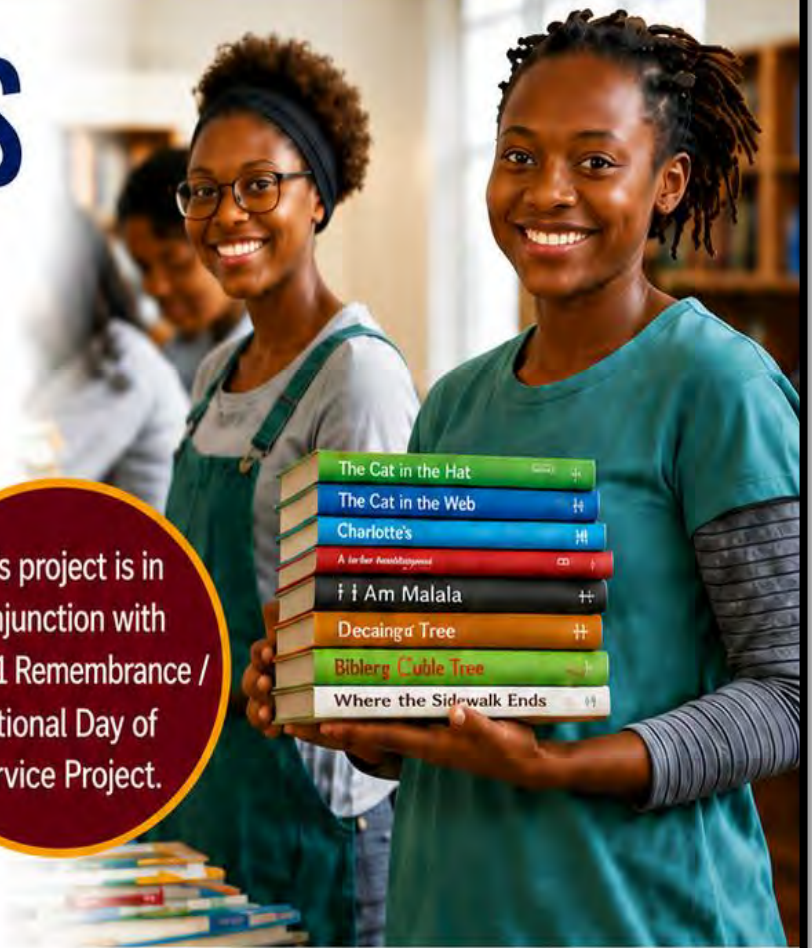
 <p><b>DELAWARE CENTER FOR HOMELESS VETERANS</b></p> <p>(302) 691-7411</p> <p>dchv.org</p>	<p>The organization provides housing and supportive services to homeless veterans throughout Delaware.</p> <ul style="list-style-type: none"> <li>★ Assist with meal service</li> <li>★ Organize donations</li> <li>★ Administrative support</li> <li>★ Facility improvement projects</li> <li>★ Veteran outreach activities</li> </ul>
 <p>DELAWARE VETERANS POST #1 delvets.com</p> <p>AMERICAN LEGION STAHL POST #30 stahlpost30.org</p>	<ul style="list-style-type: none"> <li>★ Event planning</li> <li>★ Fundraising</li> <li>★ Memorial Day and Veterans Day ceremonies</li> <li>★ Honor guards and community outreach</li> <li>★ Supporting veteran assistance programs</li> </ul>
 <p>Delaware</p> <p>(302) 677-2491</p>	<ul style="list-style-type: none"> <li>★ Welcome service members</li> <li>★ Support military family events</li> <li>★ Staff hospitality programs</li> <li>★ Assist with special military appreciation activities</li> </ul>
 <p>WILMINGTON REGIONAL OFFICE</p> <p>(800) 827-1000 volunteer.va.gov</p>	<ul style="list-style-type: none"> <li>★ Caregiver Support Program</li> <li>★ Compassionate Contact Corps</li> <li>★ Volunteer Transportation Network</li> <li>★ Student Volunteers</li> </ul>
 <p>VITAS is looking for veterans of the armed services and others who want to honor and support our living heroes. All volunteers are trained to meet specific end-of-life needs of veterans to improve their quality of life.</p>	<ul style="list-style-type: none"> <li>★ Veteran-to-veteran companionship visits</li> <li>★ End-of-life support for veterans</li> <li>★ Recognition ceremonies honoring veterans</li> <li>★ Family support and respite assistance</li> <li>★ Administrative and outreach support</li> </ul>

For more information about opportunities, please call the Volunteer Delaware 50+ NCC office at 302-255-9882 or email Arundhati.Ghosh@delaware.gov or Guadalupe.Murphy@delaware.gov.

# READ ACROSS DELAWARE

Help us spread the joy of reading!  
 Donate new and gently used books to support literacy throughout Delaware. Your contribution can open new worlds for readers of all ages.

This project is in conjunction with the 9/11 Remembrance / National Day of Service Project.



## BOOK DRIVE VOLUNTEERS NEEDED!!!

### HOW YOU CAN VOLUNTEER:



Volunteers are needed for two summer book drives.



THURSDAY, JULY 16<sup>TH</sup>



THURSDAY, AUGUST 20<sup>TH</sup>



1 PM – 3 PM



**BEAR LIBRARY**  
 (101 Governors Pl,  
 Bear, DE 19701)



### FOR MORE INFORMATION:

Please call the Volunteer Delaware 50+ NCC Office at **302-255-9882** or email [Arundhati.Ghosh@delaware.gov](mailto:Arundhati.Ghosh@delaware.gov).

A NOTE FROM OUR PARTNER



Phoenix Family Resources Delaware

THANK YOU!



THANK YOU

Phoenix Family Resources Volunteer,  
**Michael James**  
for your help loading donations.



Phoenix Family Resources Delaware

for passing along more than

**25 POUNDS**

of yarn to benefit the **CareWear Project.**



The yarn will be distributed to volunteers who volunteer their time to create warm items for **vulnerable populations** such as those going through medical treatments, newborns, veterans, low income families and those that are **unhoused.**



To learn more about the CareWear project, please visit Volunteer Delaware 50+ at [Volunteer.Delaware.gov/carewear-project](http://Volunteer.Delaware.gov/carewear-project).

**VOLUNTEER DELAWARE 50+**  
302-255-9882 • [Volunteer.Delaware.gov](http://Volunteer.Delaware.gov)



To learn more about Phoenix Family Resources and how you can get involved and support, please visit [phoenixfamilyresourcesde.org](http://phoenixfamilyresourcesde.org).



Phoenix Family Resources Delaware



A NOTE FROM OUR PARTNER

# Celebrating AN ACCOMPLISHMENT!

More than   
 **100**   
 **POUNDS**   
 sorted and saved   
 from the landfill.



Most will be used by the **Bags2Mats** volunteers who crochet and weave the plastic material into mats for the homeless.



Tough or too small of plastic has been donated to **Eco Plastics** to be transformed into purposeful products.

Thank you 

to our amazing volunteers for making a difference for people and our planet!



To learn more about the **Bags2Mats** program, please visit <https://www.facebook.com/Bags2MatsDE>



## A NOTE FROM OUR PARTNER

**WEDNESDAYS • 5:00–8:00 P.M.**

Relax and enjoy an after-work stroll along the Brandywine's most beautiful mile on summer Wednesday evenings.

*Bring the whole family for summer fun in a beautiful outdoor setting.*

**ENJOY:**

- Scenic evening walks through Hagley
- Bring your own picnic dinner
- Local food trucks available
- Outdoor fun for all ages
- Dog-friendly evenings

**ADMISSION:**

- \$5 per person
- Free for Hagley Members
- Free for children under age 6

**PLEASE NOTE:** Summer Nights at Hagley are weather dependent.  
Check Hagley's home page for updates before attending.

**SUMMER WEDNESDAY DATES**

**July 1, July 8, July 15, July 22, July 29,  
August 5, August 12, August 19, August 26**

# STATEWIDE BOOK DRIVE





# READ ACROSS

# DELAWARE



Help spread the joy of reading. Donate new and gently used books to support literacy throughout Delaware. This project is in conjunction with the 9/11 Remembrance / National Day of Service Project.

## WHAT YOU CAN DONATE

-  Children's books (Pre K–12)
-  Picture books
-  Educational materials
-  Young adult novels


## DROP-OFF DATES

**May 15 – August 11**


## DROP-OFF HOURS

**9 AM – 3 PM**

## DROP-OFF LOCATIONS

 **New Castle County**  
Herman M. Holloway  
Campus  
(Debnam Building)

 **Kent County**  
James Williams State  
Service Center

 **Sussex County**  
Adams State Service  
Center



**FOR MORE INFORMATION, CALL**  
**302-515-3024**



**ALTERNATIVE FORMATS**  
available upon request.

**CONTACT:** Bobbi Jo Tice: [bobbi.tice@delaware.gov](mailto:bobbi.tice@delaware.gov)

State Office of Volunteerism  
**VOLUNTEER**  
**DELAWARE**  
[volunteer.delaware.gov](http://volunteer.delaware.gov)



**AmeriCorps**



**DELAWARE**  
**HEALTH AND**  
**SOCIAL SERVICES**

**For more information in New Castle County**  
**Please call Volunteer Delaware 50+ at 302-255-9882.**

**A NOTE FROM OUR PARTNER**

# HELP US TURN PLASTIC BAGS INTO MATS for the Homeless



**TOGETHER, WE CAN RECYCLE PLASTIC BAGS AND CREATE COMFORT AND HOPE.**

**WORKSHOPS HELD:**  
Second and Fourth Thursday of each month.

**TIME:**  
9:30 AM - 11:30 AM

**LOCATION:**  
Newark Senior Center  
200 Whitechapel Dr.  
Newark, DE

**HOW IT WORKS**



**WHY IT MATTERS**

Mats create a barrier between the wet, dirty, and cold ground, as well as help retain body heat.

**ONE MAT =**  
Approximately **600** Plastic Bags!

**VOLUNTEER DELAWARE 50+**  
Volunteers collect, cut, loop then crochet or weave the plastic material into a mat. Mats create a barrier between the wet, dirty, and cold ground, as well as help retain body heat. One mat = 600 bags.

*No experience needed!*  
Whether you crochet, weave, cut bags, or just want to help, there's a place for you!

**FOR MORE INFORMATION**

Email: [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)

Call: 302-255-9746



## Bags2Mats for the Homeless

**Stay Connected. Make an Impact.**

**FOLLOW US ON FACEBOOK!**

**SEE PROJECTS IN ACTION**  
Photos, stories, and updates from events.

**LEARN THE PROCESS**  
See how plastic bags become life-changing sleeping mats.

**FIND EVENTS & WORKSHOPS**  
Discover ways to volunteer and get involved.

**MEET OUR VOLUNTEERS**  
Connect with caring people across Delaware.

**SEE THE IMPACT**  
Follow the difference your support helps make in our communities.

**VISIT OUR FACEBOOK PAGE!**  
[facebook.com/Bags2MatsDE](https://facebook.com/Bags2MatsDE)



Scan to visit our page!

*Every Mat Makes a Difference.*

**LITERACY Delaware**

## BECOME A VOLUNTEER ADULT LITERACY TUTOR!

**No experience required**

Attend an online information session to learn more about becoming an adult literacy tutor



**Please visit our website to register**

[www.literacydelaware.org](http://www.literacydelaware.org)

*"You can make a difference in someone's life allowing them to succeed."*

**Connecting Generations**

## BECOME A MENTOR TODAY!

- Mentors meet with their students for an hour once a week during the school year.
- Mentors come from all walks of life: retirees, high school students, office workers, church members, community volunteers, etc. Anyone with a passion for helping children and an ability to accept kids "where they are" can be a successful mentor.
- Mentoring allows adults to give something of themselves in a way that's both selfless and deeply fulfilling.
- Mentors have the privilege of watching their mentees' lives improve as a result of the help, friendship, and guidance they provide.

For more information please call Volunteer Delaware 50+ at 302-255-9882 or email [Arundhati.Ghosh@delaware.gov](mailto:Arundhati.Ghosh@delaware.gov).

## A NOTE FROM OUR PARTNER



OFFICE OF THE CHILD ADVOCATE  
DELAWARE



### Our Mission:

A voice for Delaware's abused and neglected children through skilled volunteers, community collaboration, and quality representation, instilling a need for safe and permanent relationships that will build healthy and resilient children.

### What is a CASA?

A CASA (Court Appointed Special Advocate) is a specially trained volunteer from the community who is appointed by a Family Court Judge to advocate for the best interest of a child experiencing foster care, in the courtroom and in the community.

### What do CASAs do?

- Advocate for children experiencing foster care due to abuse and neglect.
- Establish strong, stable connections with their assigned youth.
- Advocate to ensure the child receives needed services such as medical, mental health, education, housing and career services.
- Attend meetings and gather information from parties involved in the child's life.
- CASAs work with the Child Attorney and CASA Coordinator to make recommendations of what's best for the child, and the wishes of the child in the courtroom.
- Remains involved in the case until the child is reunified with their family or when that is not possible, works to find a safe and permanent home.
- A CASA is required to meet with the child face-to-face at least once a month.
- A CASA is a party to the case and is required to attend all court hearings to testify to their findings and recommendations as the child's advocate.



For more information please call  
Volunteer Delaware 50+ at 302-255-9882  
or email [Arundhati.Ghosh@delaware.gov](mailto:Arundhati.Ghosh@delaware.gov).



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**Volunteer Delaware 50+**  
 at 302-255-9882 or email  
**Arundhati.Ghosh@delaware.gov.**



**Phoenix Family Resources**  
 Phoenix Community Resource & Reuse Hub

**Essential Resources for Stability, Dignity, and Recovery**

**YOU ARE WELCOME HERE**  
 A safe place for support and connection.








*Scan to learn more or get connected.*

**Community Resources Available**

-  Clothing & seasonal essentials
-  Hygiene supplies & personal care
-  Food support
-  Peer recovery support
-  Harm reduction & recovery support
-  Workforce readiness assistance

**Bring This Card When You Visit Phoenix**

- Clothing
- Food
- Hygiene supplies
- Harm reduction resources
- Peer recovery support

📍 6 Church Dr., New Castle, DE | 📞 302-487-5351

*Phoenix, We Rise Up.*

**A NOTE FROM OUR PARTNER**



**Join the ReStore Volunteer Team!**

Passionate about affordable housing?  
 The ReStore Team needs volunteers to sort, price, and organize donations to help build homes in New Castle County. Volunteer shifts are available at Prices Corner and Middletown.

**Store Hours:**

Prices Corner: Tue – Sat, 10 AM – 5 PM

Middletown: Wed – Sat, 10 AM – 5 PM

**Volunteer Duties Include:**

- Sorting and pricing home goods, tools, appliances, and more
- Answering customer and donor questions
- Testing and preparing electronics, power tools, and appliances
- Light cleaning and organizing

Help make a meaningful impact! Become a ReStore Team Volunteer today!

Contact us to get started

302-255-9101

302-255-9756



**Meet diverse people and have fun while engaging in cross cultural activities in Delaware!**



Promoting Peace through Understanding by fostering cross-cultural exchange and experiences.

[info@ptpde.org](mailto:info@ptpde.org)

Bring your computer skills and volunteer from home to make an impact in our community on one of our many exciting committees.

**Public Relations Committee**

Create fliers and social posts, assist with mailing list and announcements

Skills: Canva and Mail Chimp

**Program Committee**

Brainstorm ideas for virtual and in person exchange programs, support tech in online meetings

Skills: Zoom

**Fundraising Committee**

Assist grant research & writing, foster philanthropic relations

Skills: Word, Excel, Google Docs/Sheets

**Membership Committee**

Increase public awareness, encourage partnerships, new membership and volunteers

Skills: Excel/Google Sheets



**SECOND & FOURTH WEDNESDAY**  
of the month  
**Newark Senior Center**  
**200 Whitechapel Dr.**  
**10:00 AM**

Group's emphasis is on producing donations to various community groups. Members are welcome to work on their own projects, share pattern ideas, or attend to learn new skills. For additional information, please visit the reception desk.



For a listing of CareWear affiliated groups with times and locations, please email Volunteer Delaware 50+ at [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov) or call 302-255-9746.

**ONGOING OPPORTUNITIES**



**CareWear**  
VOLUNTEER DELAWARE 50+ Project  
NCC: 302-255-9746  
Sussex: 302-515-3020

*Knot Your Average Fiber Group*

**EVERY WEDNESDAY**  
**Hockessin Public Library**  
**1023 Valley Rd**  
**Hockessin, 19707**  
**1:00 - 2:00 PM**

**The CareWear Project**

CareWear is a volunteer group in Delaware that knits, crochets, and sews handmade cold-weather items like hats, scarves, and blankets for vulnerable community members. Items are distributed through local nonprofits, churches, hospitals, and service agencies, and volunteers can choose their own projects while staying connected with other crafters.

THANK YOU  
*volunteers*

**Crochet Club Plus**

**Meeting Time:**  
**5:30 PM**

**Meeting Locations:**  
**FIRST & SECOND TUESDAY/ MONTH**  
**Newark Wesleyan Church**  
**708 W Church Rd. Newark**  
**THIRD AND FOURTH TUESDAY/ MONTH**  
**VFW Post 475**  
**100 Veterans Dr. Newark**



Ask us about addition CareWear locations, to include Hockessin, N. Wilmington & New Castle.

**CareWear N. WILMINGTON**

**THIRD FRIDAY**  
of the month  
**10:00 AM**  
B'nai B'rith House  
8000 Society Dr.  
Claymont 19703

2026 Meeting Dates		
1/16	5/15	9/18
2/20	6/19	10/16
3/20	7/17	11/20
4/17	8/21	12/18

*Addition dates and locations include Hockessin, New Castle & Newark.*

For more information, visit [Volunteer.Delaware.gov/CareWear-Project](http://Volunteer.Delaware.gov/CareWear-Project) or email [Volunteer Delaware 50+ at Guadalupe.Murphy@delaware.gov](mailto:Volunteer Delaware 50+ at Guadalupe.Murphy@delaware.gov).

For more information, please contact Volunteer Delaware 50+ at 302-255-9882 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)

**ONGOING OPPORTUNITIES**



*What do these birds have in common?*



*They all need a ride!*

*How can you help them?*

**BECOME A TRANSPORTER**

The Newark Senior Center

# Song Birds

Thursdays 10:00 AM

Do you enjoy singing and sharing music? Come join the Newark Senior Center SongBirds - no audition required. Male voices are especially needed Group meeting every Thursday from 10:00 AM - 11:30 AM. There is a \$4 monthly fee.

## VOLUNTEERS NEEDED!

HELP us SORT DONATIONS!

Lend a Hand, Make a Difference!

HELP US SORT & ORGANIZE CLOTHING, FOOD, & SUPPLIES FOR THOSE IN NEED!

**VOLUNTEERS NEEDED!**  
No Experience Needed

**Sign Up Today!**

[mavanhopeondeck@gmail.com](mailto:mavanhopeondeck@gmail.com)

Earle's Legacy Resource Center  
54 Albe Drive, Unit F  
Newark, DE 19702  
[HopeOnDeck.org](http://HopeOnDeck.org)

## YOU CAN HELP PRISONERS LEARN HOW TO MAKE BETTER DECISIONS FOR THEIR LIVES.

As a trained VOLUNTEER, you will can help an inmate to:

- Eliminate reactive behavior
- Learn decision making skill to be able to make good decisions.
- Replace victim image thoughts with confidence and self-worth
- Develop goal-setting skills

**WHY VOLUNTEER?**

Your experience, encouragement, and leadership can have a lasting impact on someone working to rebuild their life and become a productive member of the community.

**VOLUNTEERS ARE NEEDED**

TO FACILITATE EVENING CLASSES IN WILMINGTON & SMYRNA, DELAWARE

**EVENING CLASSES 6:00 PM - 8:00 PM**

Your time and guidance can help individuals build confidence, improve decision-making skills, and create a better future.

**ONE CONVERSATION CAN INSPIRE CHANGE. ONE VOLUNTEER CAN MAKE A DIFFERENCE.**

— THRESHOLDS OF THE STATE OF DELAWARE, INC. —

**CONTACT INFORMATION**

- NCC Team: 302-745-1758
- 302-781-0750
- MiltChaski@gmail.com
- PorterDallas646@gmail.com

*Be the change. VOLUNTEER TODAY!*

Helping individuals make better decisions for a brighter tomorrow.

**ONGOING OPPORTUNITIES**

For more information, please contact Volunteer Delaware 50+ at 302-255-9882 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)

**Use your compassion and talents to make a difference. Volunteer with AccentCare® Hospice today.**

**You can support our local patients and families by becoming a:**

**Ambassador Volunteer**  
• Community outreach, volunteer recruitment

**Legacy Volunteer**  
• Create legacies: books, journals, CDs, memory bears, crafts

**Office Volunteer**  
• Administrative assistance

**Social & Companionship Volunteer**  
• Reading, walking, caregiver relief

**Music Companionship Volunteer**  
• Play, sing and share music with patients, families and friends

**Children's Bereavement Camp Volunteer**  
• Work with camp staff and children

**Bereavement Volunteer**  
• Emotional support for patient family and friends

**Spiritual Presence Volunteer**  
• Support patient's faith related requests

**Vigil Volunteer**  
• Companionship during patient's last hours

**Pet Visitation Volunteer**  
• Patient visits with certified Pet Partners or Therapy Dogs

**Special Projects Volunteer**  
• Volunteer support for special groups or events like We Honor Veterans



For more information, please scan the QR code or contact our volunteer service coordinator at: [VeronicaFlemmings@AccentCare.com](mailto:VeronicaFlemmings@AccentCare.com) or 302.533.3800

For more information, please contact Volunteer Delaware 50+ at 302-255-9882 or email [Arundhati.Ghosh@delaware.gov](mailto:Arundhati.Ghosh@delaware.gov).

**DELAWARE HOSPICE**

Since 1982

At Delaware Hospice, our team of volunteers provide companionship to patients, respite for caregivers, assist with shopping and errands, and so much more!

**Patient Care Volunteers**

- Check-in calls with patients.
- Care calls: provide a listening ear to patients.
- Visit with a patient (read, share stories, play cards or board games).
- Provide transportation to doctor appointments, store or pharmacy.
- Walk with a patient.
- Run an errand.
- Provide vigil support as a patient nears death.
- Give haircuts to patients.
- Assemble and deliver care gifts to patients.
- Pet Therapy Visits.
- Music Therapy Visits.

**RN Volunteers**

- Medication disposal after a patient has passed or is discharged.
- Assist staff with vaccination clinics.
- Assist with clinical staff education.

**Vet-to-Vet Volunteers**

- Veterans visit patients who are also veterans and talk about the patient's military experiences.

**Patient Care Volunteers Needed**

**Blood Bank of Delmarva Volunteers Needed**

You join a team of volunteers and staff committed to making our community better. You can recruit, care for, and/or give great service to blood donors. You can assist staff behind the scenes, so they accomplish more. Your time and skills help BBD have safe lifesaving blood.



**You can help to:**

- Promote donating blood and recruit volunteers at community events
- Enhance the donor experience by greeting and welcoming our donors, sanitizing donor areas, helping donors through the donation journey, restocking supplies in donation area, or serving them in the refreshment area after they saved a life in a center or at mobile drives
- Administrative support (office, video, photo, etc.)
- Create smiles in the mascot Bloodhound suit
- Let us know what skills you bring! Let's start something new!

**REQUIREMENTS**

- Complete an online volunteer application
- Attend an online orientation
- Attend specific training
  - Online and/or in person
- Ages 14-15 must have parent/adult actively volunteering with them
- 16-17 can volunteer alone in a greater role
  - Other roles may be available if part of a school HOSA or Allied Health program connected

**VOLUNTEER WITH US**



The Grand Opera House  
The baby grand  
The Playhouse

**Show Corps Volunteer:**  
Bartender (licensed)  
Ticket Check  
Usher  
Coat Check

**Grand Marshals:**  
Administrative Support  
Welcome Visitors  
Special Events / Tours

Enjoy wonderful performances while volunteering!!!

[www.thegrandwilmington.org/support-us/ways-volunteer](http://www.thegrandwilmington.org/support-us/ways-volunteer)

## RESOURCES



## Healthy Heart Ambassador Blood Pressure Self-Monitoring Program

**Do you want to better manage your blood pressure (BP)? We are here to help!**

Join the **Healthy Heart Ambassador** program to lower your BP through behavior change and support.

**In this four-month program, you will get:**

- ✓ **A FREE BP Monitor** for those who qualify.
- ✓ **Easy Training** on how to track your BP at home.
- ✓ **Personal Support:** Two virtual sessions per month with a Healthy Heart Ambassador.
- ✓ **Healthy Eating Tips:** Monthly online nutrition seminars and “Simple Cooking with Heart” demo.

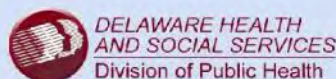


### To Join, You Must:

- Be a Delaware resident
- Be 18 years or older
- Have a high BP diagnosis
- Not have had a cardiac event in the last year (heart attack or stroke)
- Not have an irregular heartbeat (atrial fibrillation or other arrhythmias)
- Not have lymphedema (swelling in the limbs)

### Get More Info and Sign Up:

- **Call: 302-208-9097**
- **Email: [DHSS\\_DPH\\_HHA@delaware.gov](mailto:DHSS_DPH_HHA@delaware.gov)**
- **Scan this QR Code:**



## RESOURCES

- **Adult Protective Services** : With one simple (anonymous) phone call, concerned individuals and those experiencing harm can connect with free, voluntary services and resources that could save a life. For more information visit [dhss.delaware.gov/dsaapd/MakeTheCall](http://dhss.delaware.gov/dsaapd/MakeTheCall) or call 1-888-277-4302. Report abuse, neglect, exploitation or abandonment.



- **Delaware Aging & Disability Resource Center**: The ADRC is your one-stop access point for information, assistance and referral to resources that support older Delawareans, adults with disabilities and caregivers. For more information, visit [dhss.delaware.gov/dsaapd](http://dhss.delaware.gov/dsaapd) or call 1-800-223-9074.



- **Meals on Wheels**: If you, or a family member, are in need of help with a balanced home-delivered meal contact the Meals On Wheels program which delivers in your local area.
  - City Fare Meals On Wheels: 302-421-3734; [CityFare.org](http://CityFare.org)
  - Newark Senior Center: 302-737-5747; [NewarkSeniorCenter.com](http://NewarkSeniorCenter.com)



- **Meeting of the Minds at the Newark Senior Center**: This is a guided group experience for adults in their early stages of dementia, Alzheimer's or other cognitive impairment. Through diverse social, physical, mental and creative activities, participants gain improved self-esteem, socialization and a sense of belonging. Monday-Friday from 10am-2pm. \$32/day to include lunch and transportation. For more information call the center at 302-737-2336.



- **Musical Memories Care (MMC)**: Easterseals provides music-based therapy and therapeutic arts programming designed for individuals with Alzheimer's, dementia, and cognitive or physical disabilities. These programs allow caregivers and clients to connect through sing-alongs, percussion instruments, and live performances. MMC gathers every 3rd Wednesday of the month, 11:30 AM – 2:00 PM at the The Smyrna Opera House. For more information, visit [smyrnaoperahouse.org/event/musical](http://smyrnaoperahouse.org/event/musical) or call 302-653-4236.



- **Senior Medicare Patrol**: The Senior Medicare Patrol (SMP) empower and assist Medicare beneficiaries, their families and caregivers to prevent, detect, and report health care fraud, errors and abuse. For more information, call SMP at 1-800-223-9074.



- **Senior Roll Call Lifeline**: A free program provided by New Castle County, Division of Police, that makes daily calls to the homes of our elderly or disabled members to ensure they are doing well and do not require emergency assistance. If after several attempts the calls are unsuccessful, emergency help is sent to the home to check on the well-being of the member. For more information call 302-255-9878.



- **Smart 911**: Be prepared for any emergency by giving public safety the information they need to better help and communicate with you. Smart911 is a free national service brought to you by the New Castle County Department of Public Safety.



- **State Service Centers Food Pantry**: All service centers now have open to the public food pantries. Must bring valid ID to show Delaware residency. For a list of food resources visit [FBD.org](http://FBD.org) or call 211.

- **Vial of L.I.F.E**: A program, offered FREE by NCC Emergency Medical Services, assists seniors and disabled residents by providing vital medical information during emergencies. To get your Vial of L.I.F.E, contact 302.395.8184 or email [vialoflife@newcastlede.gov](mailto:vialoflife@newcastlede.gov).



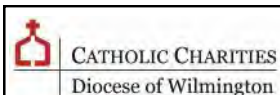
## RESOURCES

- **YMCA Wellness Exchange:** A welcoming community health hub located at the Central YMCA. Designed to address some of the most pressing health challenges our community faces, the Wellness Exchange connects neighbors with education, support, and resources that promote long-term health and wellness. This FREE program is open to both YMCA members and non-members. For more information, visit [YMCAdel.org/ymca-wellness-exchange](http://YMCAdel.org/ymca-wellness-exchange) or call 302-254-9622.



## Challenged with rising energy costs?

- **United Way of Delaware (Delmarva Power Customer Relief Fund):** [uwde.org/utilityassistancede](http://uwde.org/utilityassistancede)
  - This is a one-time fund, and customers who have already received Customer Relief Fund assistance, including through Energize Delaware, are not eligible to apply again.
- **Energize Delaware (Delaware Sustainable Energy Utility /SEU):** [EnergizeDelaware.org](http://EnergizeDelaware.org)
  - Customers are only eligible to participate in one program and may not participate in both programs. Eligible Delmarva Power customers will participate in the Delmarva Power Customer Relief Fund and all other utility customers may be eligible for the Delaware Energy Fund. When the Delmarva Power Customer Relief Fund has been expended, Delmarva Power customers may qualify for the Delaware Energy Fund so long as they meet program qualifications. or [Delmarva.com](http://Delmarva.com)
    - **Home Energy Checkup and Counseling (HEC2)**
    - **Delaware Energy Fund**
- **LIHEAP:** [DHSS.Delaware.GOV/DSS/LIHEAP](http://DHSS.Delaware.GOV/DSS/LIHEAP)
  - **Catholic Charities:** 302-655-9624 (New Castle County)
    - **Winter Heating Fuel Assistance**
    - **Crisis Assistance**
    - **Catholic Charities Basic Needs**
  - **First State Community Action Agency (FSCAA) - HELP Program:** 800-372-2240
    - **Summer Cooling Assistance Program (SCAP):** provides room-sized air conditioners to qualified recipients.
  - **Energy Coordinating Agency (ECA):** 302-504-6111, 215-609-1000 or email [DEAPDocs@ecasys.org](mailto:DEAPDocs@ecasys.org)
    - **Weatherization Assistance Program (WAP)** (partnership with DNREC- Department of Natural Resources and Environmental Control)
    - **Repairing Replacing Heaters and Conserving Energy (RRHACE)**(partnership with FSCAA): assists eligible households with the repair or replacement of inefficient or inoperable HVAC systems.





## New Castle County Community Partners by Interest

### • **Animals**

- \* Brandywine Valley SPCA, 302-858-4202
- \* PAWS for People, 302-351-5622
- \* Tri-State Bird Rescue and Research, 302-737-9543

### • **Community Development / Engagement**

- \* Children and Families First (champion children and families; school), 302-777-9757
- \* DE Ecumenical Council on Children and Families, 302-225-1040
- \* Hagley Museum & Library, 302-658-2400
- \* New Castle County Dept of Community Services (Festivals), 302-395-5640
- \* Osher Lifelong Learning Institute (OLLI), 302-573-4417
- \* Volunteer Delaware 50+ NCC Advisory Council Inc.
- \* Western YMCA

### • **Computer Skills**

- \* Senior Surfers (Newark Senior Center), 302-737-2336

### • **Culture**

- \* People to People: Delaware Chapter info@ptpde.org

### • **Economic Support Services**

- \* Family Promise of Northern NCC (homelessness), 302-998-2222
- \* Habitat for Humanity NCC (construction), 302-998-2222
- \* Lutheran Community Services, 302-654-8886
- \* Shoes That Fit, 302-234-9319

### • **Environment / Nature**

- \* Bags2Mats for the Homeless, 302-255-9882
- \* Delaware Museum of Nature and Science, 302-658-9111

### • **Food / Nutrition**

- \* Meals on Wheels, 302-737-2336
- \* St. Anthony's- City Fare Meals on Wheels, 302-421-3734
- \* Newark Senior Center Meals on Wheels, 302-737-2336
- \* Food Bank of Delaware, 302-292-1305

### • **Health**

- \* A Matter of Balance, 302-255-9101
- \* Autism Delaware
- \* Alzheimer's Association, 215-561-2919
- \* American Cancer Society, 1-800-227-2345
- \* American Red Cross, 302-656-6620
- \* Blood Bank of Delmarva, 302-737-8405
- \* Special Olympics Delaware, 302-831-4653

### • **Hospital**

- \* Christina Care Hospital, 302-733-1284
- \* Wilmington Hospital, 302-428-2206
- \* Nemours Children Hospital, 302-651-6096

### • **Hospice / Palliative / Respite**

- \* Christiana Care in Collaboration with Accent Care (Seasons), 302-533-3800

- \* Delaware Hospice, 302-478-5707

- \* VITAS Healthcare, 302-451-4000

### • **Knit / Sew**

- CareWear Project (N. Wilmington, Newark (Crochet Club Plus, Hockessin (Must Love Yarn) (Patches of Love) 302-255-9746

### • **Legal / Advocacy / Ombudsman**

- \* CASA (Court Appointed Special Advocate) (Child Advocate), 302-255-1730
- \* CHILD Inc. (domestic violence services), 302-762-8989
- \* Long-Term Care Ombudsman Program, 302-255-9108

### • **Library**

- \* Appoquinimink Library / Bear Library
- \* Brandywine Hundred Library (19803)
- \* Claymont Library / Elsmere Library
- \* Hockessin Library / Kirkwood Library
- \* Newark Free Library / Route 9 Library (19720)
- \* Woodlawn Library (19805)

### • **Mental Health**

- \* Amanecer Counseling & Resource Center, 302-576-4136
- \* Contact Lifeline (suicide prevention), 302-761-9800
- \* Supporting Kidds Inc. (grieving children), 302-235-5544

### • **Mentoring / Tutoring**

- \* Connecting Generations 302-656-2122 x0013
- \* Literacy Delaware, 302-658-5624
- \* Thomas Edison Charter School, 302- 778-1101
- \* Thresholds of the State of Delaware, 302-478-3053

### • **Performing Arts / Music / Singing / Ushering**

- Delaware Theatre Company, 302-594-1100
- Grand Opera House, 302-658-7897

### • **Reading to Children**

- \* Children Empowered by Love  
childrenempoweredbylove@comcast.net
- \* Read Aloud Delaware, 302-656-5256

### • **Senior Centers / Services**

- \* Absalom Jones Senior Center, 302-995-7636
- \* Channie P. Bradley Senior Services
- \* MOT Jean Birch Senior Center, 302-378-4758
- \* NCC Senior Roll Call Lifeline, 302-395-8159
- \* Newark Senior Center, 302-737-2336

### • **Thrift**

- \* Habitat for Humanity ReStore (Wilmington: 302-652-5181; Middletown: 302-449-1414)
- \* Earle's Legacy Resource Center, Hope On Deck, info@hopeondeck.org
- \* Phoenix Family Resources (clothing), 302-593-7532

### • **Veterans / Military**

- \* Stockings for Soldiers, info@StockingsForSoldiers.org