

VOLUNTEER DELAWARE 50+

New Castle County Edition

Welcome



Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of Social Services. The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of Volunteers.
ENROLL TODAY!

VOLUNTEER OPPORTUNITIES & COMMUNITY RESOURCES

[Volunteer.Delaware.gov](http://Volunteer.Delaware.gov/Volunteer-Delaware50)
[/Volunteer-Delaware50](http://Volunteer-Delaware50)

FLIP the SCRIPT on aging



Volunteer Delaware 50+ & May Birthdays
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Spotlight:
Literacy Delaware
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News From Our Partners & Volunteer Opportunities
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Community Resources
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New Castle County Community Partners by Interest

- **Animals**
 - Brandywine Valley SPCA
 - PAWS for People
 - Tri-State Bird Rescue and Research
- **Community Development / Engagement**
 - Children and Families First (champion children and families; school)
 - DE Ecumenical Council on Children and Families
 - Easterseals Delaware (disabilities, seniors, caregivers)
 - Hagley Museum & Library
 - New Castle County Dept of Community Services (Festivals)
 - Osher Lifelong Learning Institute (OLLI)
 - Volunteer Delaware 50+ NCC Advisory Council Inc.
 - Winterthur Museum, Garden & Library
- **Computer Skills**
 - Senior Surfers (Newark Senior Center)
- **Culture**
 - People to People: Delaware Chapter
- **Economic Support Services**
 - Family Promise of Northern NCC (family homelessness)
 - Forget Me Not Families (clothing resource)
 - Habitat for Humanity of NCC (construction)
 - Lutheran Community Services
 - Phoenix Family Resources (clothing resource)
 - Shoes That Fit (raise funds for children shoes)
- **Environment / Nature**
 - Bags2Mats for the Homeless
 - Delaware Center for Horticulture
 - Delaware Museum of Nature and Science
- **Food / Nutrition**
 - Meals on Wheels
 - St. Anthony's- City Fare Meals on Wheels
 - Newark Senior Center Meals on Wheels
 - Food Bank of Delaware
- **Health**
 - A Matter of Balance
 - Alzheimer's Association
 - American Cancer Society
 - American Red Cross
 - Blood Bank of Delmarva
 - Meeting of the Minds (Newark Senior Center)
 - Special Olympics Delaware
- **Hospital**
 - Christina Care Hospital
 - Wilmington Hospital
 - Nemours Children Hospital
- **Hospice / Palliative / Respite**
 - ChristianaCare in Collaboration with AccentCare (Seasons)
 - Delaware Hospice
 - VITAS Healthcare
- **Knit / Sew**
 - CareWear Project (N. Wilmington, Newark (Crochet Club Plus, Hockessin (Must Love Yarn)(Patches of Love
- **Legal / Advocacy / Ombudsman**
 - CASA (Court Appointed Special Advocate)(Child Advocate)
 - CHILD Inc. (domestic violence services)
 - DE Senior Medicare Patrol (SMP)
- **Library**
 - Appoquinimink Library / Bear Library
 - Brandywine Hundred Library (19803)
 - Claymont Library / Elsmere Library
 - Hockessin Library
 - Kirkwood Library / Newark Free Library
 - Route 9 Library (19720) / Woodlawn Library (19805)
- **Mental Health**
 - Amanecer Counseling & Resource Center
 - ContactLifeline (suicide prevention)
 - NAMI DE (National Alliance on Mental Illness)
 - Supporting Kidds Inc. (grieving children)
- **Mentoring / Tutoring**
 - Connecting Generations
 - Literacy Delaware
 - Thomas Edison Charter School
- **Performing Arts / Music / Singing / Ushering**
 - Delaware Theatre Company
 - Grand Opera House
- **Reading to Children**
 - Children Empowered by Love
 - Read Aloud Delaware
- **Senior Centers / Services**
 - Absalom Jones Senior Center
 - Channie P. Bradley Senior Services
 - MOT Jean Birch Senior Center
 - NCC Senior Roll Call Lifeline
 - Newark Senior Center
 - St. Anthony's Senior Center
 - Wilmington Senior Center
- **Thrift Shop**
 - Habitat for Humanity ReStore (Wilmington, Middletown)
- **Veterans / Military**
 - Stockings for Soldiers



Volunteer Delaware 50+ focuses on helping individuals 50 years of age and older, use the skills and talents learned over the years, or develop new ones while serving in a variety of volunteer activities within the community. Volunteer Delaware 50+ volunteers determine their preferred level of commitment. Come join the more than 2,500 Volunteer Delaware 50+ members and start making a difference today!

What are the benefits of becoming a Volunteer Delaware 50+ member?

- All members receive supplemental insurance protection in case anything happens **while** they are volunteering with one of our community partners (excess volunteer liability insurance & excess automobile liability insurance)
- Opportunity for outstanding volunteers to attend a free recognition luncheon and enter to win door prizes (must meet required hours)
- Opportunity to receive a monthly listing of one-time volunteer projects, upcoming events and ongoing volunteer opportunities (sent via email)
- Invitation to attend free educational workshops on topics pertaining to the 50+ community (sent via email)
- Tracking of hours and years of service

Why do you collect my volunteer hours?

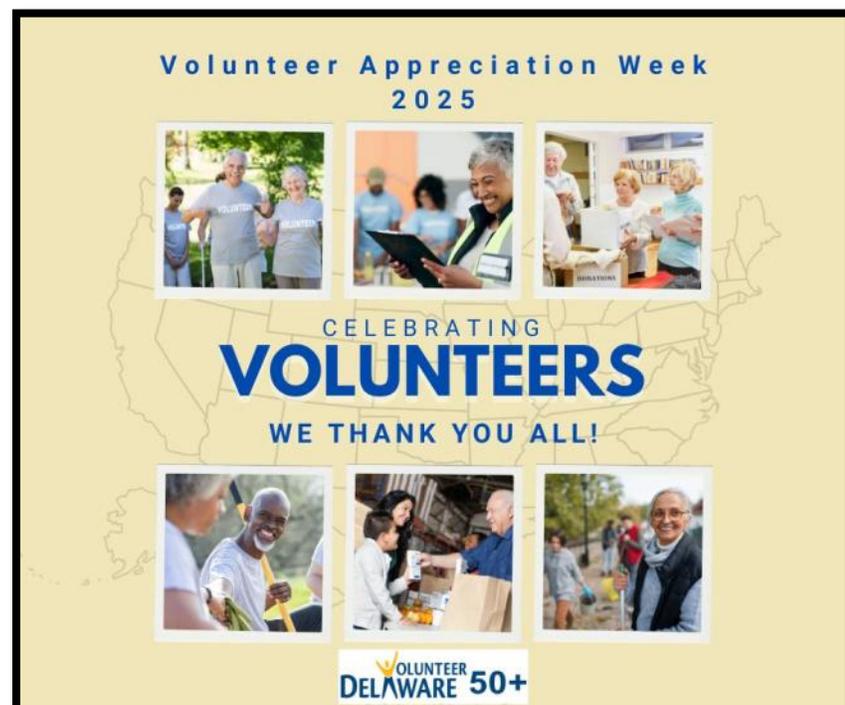
- Helps us to qualify for grants and places us in a better position to advocate for continued funding, not only for our program but also for our community partners
- Helps us to quantify all the amazing volunteer work Delawareans are doing for our state/in our communities
- Helps us to identify and recognize our outstanding volunteers through our annual Volunteer Recognition Luncheon

Are you already a volunteer with one of our community partners and would like to also be a member of Volunteer Delaware 50+?

We are always looking-for and inviting non-profit organizations to join us and become a community partner in order to offer even more opportunities to our members. If you are already a volunteer with one or more of our community partner and would like to also become a member of Volunteer Delaware 50+ please contact your local office.

New Castle County: please call 302-255-9101 or email Guadalupe.Murphy@delaware.gov or Arundhati.Ghosh@delaware.gov.

For more information please visit Volunteer.Delaware.gov/Volunteer-Delaware50



Volunteer Delaware 50+ Service Days

In 1900, the typical American could expect to live only until their mid-40s. Now, that figure stretches well into the 70s. Today, an American who reaches age 65 can expect to live, on average, nearly 20 more years. Contrast that to 1900, when just 4 percent of Americans even made it to 65.

We've added 30 years to average life expectancy. What would life look like if we ALL optimized the extra 30 years? And what if that optimization simultaneously addressed some of America's most pressing public problems? [<https://www.washingtonpost.com/opinions/2024/12/02/seniors-service-ameriacorps/>]

This would look similar to **Volunteer Delaware 50+** or AmeriCorps Seniors programs. We know we are preaching to the choir since most of our readers are already a Volunteer Delaware 50+ member. Imagine what Volunteer Delaware 50+ would look like if **every** member, invited just **ONE** friend to join them to volunteer in the community?

Need a suggestion?

Volunteer Delaware 50+ can help you find an opportunity.

Starting in June, Volunteer Delaware 50+ will offer a quarterly serve opportunity with one of our community partners. During this time members can invite a friend to volunteer with them and introduce them to their volunteer opportunity!

Would you like to bring a friend to serve with you?

WE WANT TO HEAR FROM YOU!

Please call us at 302-255-9878 or email one of our Volunteer Coordinators at arundhati.ghosh@delaware.gov or Guadalupe.Murphy@delaware.gov.





Mary Anttila

John Boyle

Rebecca Boyle

Theresa Boyle

Joan Burke

Carol Burns

Donna Calhoun

Marianne Cinaglia

Verna Clark

Richard Clement

Sandra Cloutier

Connie Conner

Jill Constantine

Susan Croes

Gregory D. Cullen

Edith Dare

Jean Donaldson

Veronica Dula

Rita Edery

Elizabeth Eldridge

Alma Fickensher

Cynthia Frank

David Fruchtman

Marvin Goldstein

Lynn Good

Karen Gordon

Lillian Gray

Kathryn Heinold

Dorothy Hill

Barbara Hitchens

Douglas Irish

James Kerrigan

Charles Laws

Kathryn Lyons

William G Matt

Frances McCoombe

Eloise Middleton

Victoria Morisco

Wanda Neville

Wendy Noblett

LaVon Robinson

E. Ann Rooney

Maria Rousk

Susan Ruffin

Joanne Russell

Suzan Sbandi

Tom Sheldon

Evelyn Marie Smith

Susan Terborg

Rosemary Volpe

Catherine Wevodau

Maureen Wizda

Paul Wojtkowski



The Power of Literacy

We help adults learn to **spea**k English.

We help adults learn to **read**.

We help people **succeed**.



72%

A mother's reading skill is the greatest determinant of her children's future academic success. Children of parents with low literacy have a 72% chance of being at the lowest literacy levels themselves.

Literacy Delaware relies on volunteer tutors to reach adults with low foundational literacy skills in Delaware. Literacy Delaware provides the training, teaching materials, books and ongoing support.

To become a Literacy Delaware tutor, you must:

- Complete application, submit references and complete a background check.
- Complete tutor training; offered virtually/online.
- Commit to at least 4 hours of instruction per week; 90 hours of instruction per year.
- Be at least 18 years old.



How can Volunteer Delaware 50+ Community Partners Help?

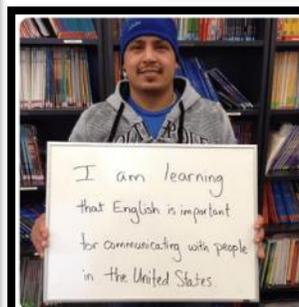
Community partnerships are essential to help connect with those in the community. Partner organizations can help with learner and tutor recruitment and provide meeting space.



292,000

Nearly 300 thousand adults in Delaware cannot read or write above a third-grade level.

To learn more about Literacy Delaware and how you can become a volunteer, please email admin@literacydelaware.org, call 302-658-5624 or visit LiteracyDelaware.org.



My goal is to...

Get a Better Job

Ernie was able to get a better job by being a Literacy Delaware learner.

A NOTE FROM OUR PARTNER



BECOME A VOLUNTEER ADULT LITERACY TUTOR!

No experience required.

Upcoming New Tutor Information Sessions

Attend an online session to learn more about becoming an adult literacy tutor

**Tuesday, May 6
6:30 pm - 7:30 pm
Tuesday, June 3
1:00 pm - 2:00 pm**



**Please visit
our website
to register**

For more information, please contact Volunteer Delaware 50+ at 302-255-9101 or email Arundhati.Ghosh@delaware.gov.

**A NOTE FROM OUR PARTNER**

Did you catch Arundhati Ghosh, our New Castle County ***A Matter of Balance*** Coordinator, on The Monthly Purpose? How exciting it was to be able to share information about ***A Matter of Balance*** on the CAUSE Community Network with more than 65K subscribers.

The April 'Finding Balance' episode focused on just that, finding and keeping balance. The Monthly Purpose is focused on discovering a journey of personal and collective growth. Each show explores the importance of physical health, meaningful activities, and building strong community relationships.

Sharing information about ***A Matter of Balance*** was a perfect fit, given that, for many, the fear of falling can be paralyzing, resulting in a decrease in physical activities and overall health. ***A Matter of Balance*** is an evidence-based program that empowers older adults to live confidently and fearlessly.

To learn more about the C.A.U.S.E's Monthly Purpose, visit linktr.ee/causetheworld .

To learn more about ***A Matter of Balance*** in New Castle County and how you can participate in a FREE class OR become a trained coach, please call 302-255-9101 or email New Castle County Coordinator at Arundhati.Ghosh@delaware.gov or visit volunteer.delaware.gov/matter-of-balance .

A NOTE FROM OUR PARTNER

A MATTER OF
BALANCE

MANAGING CONCERNS ABOUT FALLS

COACHES NEEDED STATEWIDE

Many older adults experience concerns about falling and restrict their activities.

A MATTER OF BALANCE

is an award-winning program designed to help seniors manage falls and increase their activity levels.

Become a Coach
Join us for free training!

2025

July 30th & 31st

or

October 29th & 30th

10:00 a.m. - 2:30 p.m.

**Williams State Service Center
805 River Road
Dover, DE 19901**

For more information or to register contact

Volunteer Delaware 50+

Arundhati.Ghosh@delaware.gov

302-255-9101

Danielle.Briggs@delaware.gov

302-515-3020

For more information, please contact Volunteer Delaware 50+ at 302-255-9101 or email Arundhati.Ghosh@delaware.gov.

A NOTE FROM OUR PARTNER

southern park

Spring festival

may 10, 2-7pm

GAMES 🎮 FOOD 🍌 LASER TAG 🎯 3-HOLE MINIGOLF

FREE ADMISSION

1276 Shallcross Lake Road, Middletown | Park & Ride from Cedar Lane Elementary

newcastlede.gov/events

PRESENTED WITH THE GENEROUS SUPPORT OF

COMMUNITY POWERED FEDERAL CREDIT UNION

New Castle County | DE Parks & Recreation

MARCUS HENRY COUNTY EXECUTIVE

CALL TO ARTISTS



- Open to NCC Residents
- Long-term Exhibition Opportunity
- At the New Castle County Government Center

The Public Arts Commission invites all NCC artists to apply to be featured in an installation at the County Executive's Office at the Government Center in New Castle

APPLICATION DEADLINE MAY 19, 2025

- 30-40 artworks will be selected
- Installation will include artists' contacts
- Submissions can be any 2D or 3D medium
- Fine, folk and craft artists are all encouraged
- On view for at least two years

For full details and to submit your work for consideration scan QR code below




Learn more about the New Castle County Public Arts Commission at NEWCASTLEDE.GOV/2663/PUBLIC-ARTS-COMMISSION



Food Bank OF DELAWARE

GET YOUR SPRING PLANTS!

NEWARK

SATURDAY, MAY 17

10AM-2PM

RACE AGAINST DOMESTIC VIOLENCE 5K

BENEFITING child INC

SUNDAY, MAY 18, 2025 • AUTUMN ARCH BREWERY

Join us for the 28th Annual Race Against Domestic Violence to benefit our mission!

From Autumn Arch Brewery, we'll enjoy a morning run/walk, awards ceremony and event reception with race-themed T-shirts, post race snacks and of course Autumn Arch adult beverages.



Register Today!





SUMMER KICK-OFF CELEBRATION

Saturday, May 24
10 AM to 4 PM

This special day at Hagley Museum and Library is packed with fun for all ages, making it the perfect way to welcome summer as a community. From hands-on activities to exciting demonstrations, there's something for everyone to enjoy!

Kids 14 & under get in FREE!

A NOTE FROM OUR PARTNER



This inspiring morning will bring together community leaders, supporters, and change-makers to celebrate the impact of affordable housing and discuss how we can continue building brighter futures together!

join us
Habitat NCC's Annual Breakfast
JUNE 5, 2025
8 am - 9 am
DuPont Country Club
1001 Rockland Rd, Wilmington, DE
To RSVP or Sponsor the event, visit
www.habitatncc.org/give/breakfast



Scan Here To RSVP

For more information,
please contact
Volunteer Delaware 50+
at 302-255-9101
or email
Arundhati.Ghosh@delaware.gov

HEALTHY HABITS FOR YOUR BRAIN






Get moving

Engage in regular exercise. This includes activities that raise your heart rate and increase blood flow to the brain and body.




Your *generosity* helps save lives



Call for Community Artists 2025 Pathways to Hope Art Contest

NAMI Delaware invites artists of all backgrounds to participate in our upcoming art competition and exhibition, **Light in the Darkness: Faith and Mental Health Through Art.**

This event aims to explore the profound connection between spirituality and mental health. This Art Competition and Exhibition invites you to explore the powerful intersection of faith and mental health. Through creative self-expression, artists offer a window into often unseen experiences—sparking conversations, shifting perceptions, and inspiring change. We each carry the potential to be agents of transformation, guiding how our communities understand, respond to, and envision mental wellness and spiritual connection in a more compassionate future.

Opportunity is open to individuals aged 13 years old and above (two categories).

**Submission Deadline:
June 30, 2025**

To learn more, visit
[NAMIdelaware.org/artcontest2025](https://www.namidelaware.org/artcontest2025)

A NOTE FROM OUR PARTNER

PATHWAYS TO *hope* Art CONTEST

JULY 26
2025

THEME: LIGHT IN THE DARKNESS: FAITH AND MENTAL HEALTH THROUGH ART

For registration, requirements and other information please visit the link below

www.namidelaware.org/artcontest2025

NAMI Delaware
National Alliance on Mental Illness

Hagley Museum and Library

Hagley Museum and Library is now a drop-off location for the **Food Bank of Delaware!** From Monday, April 21, to Friday, June 6, bring your healthy, nonperishable food items to our Visitor Center and help support families in need throughout our community.

✔ Bring 5 most needed food items and receive FREE admission that day or a complimentary pass for a future visit—your choice!

Here's a list of most needed items <https://bit.ly/43SQLt7>

🕒 Drop off anytime during museum hours, 10 a.m. to 5 p.m. (closed Wednesdays)

📍 200 Hagley Creek Rd., Wilmington, Delaware

WE'RE HELPING HUNGRY DELAWAREANS!

SUPPORT OUR VIRTUAL FOOD DRIVE

Food Bank OF DELAWARE

DONATIONS



**American
Red Cross**

A NOTE FROM OUR PARTNER



Help save lives in your community by supporting blood collection.

Did you know someone in the US needs blood every two seconds? To meet this critical need, the American Red Cross is looking for friendly, customer focused individuals to volunteer at blood drives in your community. The primary role of a Blood Donor Ambassador volunteer is to engage with donors by greeting, registering, answering questions, providing information, and supporting them through the recovery process at the refreshments table. The special attention volunteers give helps create a favorable impression that encourages ongoing donor support.

**Resolve to make a difference.
Become a Blood Donor Ambassador**

**For more information, please contact Volunteer Delaware 50+ at
302-255-9101 or email Arundhati.Ghosh@delaware.gov.**

A NOTE FROM OUR PARTNER



CONFERENCE

Caregiver Conference

Easterseals hosts the only conference in Delaware focused on family caregivers.

 Wednesday, August 27
8:30am - 2:30pm

 The Rollins Center at Bally's Hotel Resort
1131 N Dupont Hwy
Dover, DE
This is a hybrid event


easterseals
Delaware & Maryland's
Eastern Shore

Refill Your Cup!

Join us at the 15th Annual Caregiver Conference, where we celebrate YOU, the caregiver. The conference is essential for providing support, resources, and a sense of community, helping caregivers prioritize their well-being while they care for others. This year's Caregiver Conference focuses on "Refilling Your Cup," emphasizing the importance of self-care and rejuvenation for those who give so much of themselves to support their loved ones. The Keynote Speaker is Daphne Johnston, co-founder and Executive Director of Respite for All Foundation. This year, the Conference will take place The Rollins Center at Bally's Hotel Resort and feature exhibitors and a panel of caregivers. A virtual option will be available for viewing on the day of the event.

The Easterseals Caregiver Conference is indeed a valuable resource for caregivers in Delaware, offering support, education, and a sense of community. It's the only conference in Delaware specifically focused on family caregivers, providing a unique opportunity for learning, networking, and sharing experiences.

Join us on Wednesday, August 27th!

To register for this event, please visit:

DEmd.easterseals.com/take-action/attend-an-event

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

A NOTE FROM OUR PARTNER

Thank you everyone for all your support in donating soft plastics!



At this time we are only taking traditional plastic shopping bags and large clean trash bags.

If you are addicted to recycling soft plastics we invite you join us and donate your #2, #4 and #5 plastics to one of our favorite Bags2Mats partners, Eco Plastic Products.

Plastics are accepted on Thursdays. Donations must be clean and again, **ONLY** # 2, 4, 5 type of plastics are accepted.

Transforming waste into meaningful change.

**HDPE**

high-density polyethylene

- detergent jugs
- jug containers (milk, water)
- shampoo bottles
- shopping bags

**LDPE**

low-density polyethylene

- case wrap
- bread bags
- dry clean liner
- newspaper sleeves
- packaging wrap
- produce bags
- shopping bags

**PP**

polypropylene

- bottle caps
- buckets
- cereal liners
- containers (yogurt, butter)
- straws
- prescription bottles
- utensils (clean)

**LET'S CONNECT**

302-575-9227
18 Germay Drive
Wilmington, DE 19804
ecoplasticproducts.org

CLEAN #2, #4, #5 plastics ONLY

**DONATIONS ACCEPTED
EVERY THURSDAYS**

8:30 AM - 3:30 PM

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



NEWARK SENIOR CENTER

Celebrating Life After 50!

A NOTE FROM OUR PARTNER

Volunteer Opportunities at the Newark Senior Center

- ◆ Meals on Wheels Delivery: Meals are delivered Monday through Friday and can be picked up between 10:30am - 11:00am. Each route takes about 90 minutes. Requirements include a valid driver's license, insured vehicle and a clear background check.
- ◆ Gift Shoppe Volunteer: Volunteers handle sales of handmade consignment items. Volunteers are asked to work once or twice a month from 10am to 1pm. Training provided.
- ◆ Meeting of the Minds Program Volunteer: Volunteers are asked to commit to 1 weekday/week from 9:30am to 2:15pm.
 - ◆ Meeting of the Minds is a guided group experience for adults in the early stages of dementia, Alzheimer's or other cognitive impairment. Through diverse social, physical, mental, and creative activities; participants gain improved self esteem, socialization and a sense of belonging.
- ◆ Reception Desk: We are seeking upbeat individuals with experience with computers and customer service to work at the NSC Reception Desk. Volunteers are asked to commit to a minimum of one shift every other week. Shifts are weekdays from 9am to Noon, or Noon to 3pm. Volunteers are responsible for giving tours of the Center, answering the phones, and using the computer to register people for memberships, activities, and classes.
- ◆ Lunchtime Cashier: Shift available include Monday-Friday: 11:30am - 1:00pm. Training will be provided.
- ◆ Social Committee: Would you like to see more evening and weekend social events at the center? We need your help! If you are interested in helping to plan and execute more social activities at the Newark Senior Center please let the team know!
- ◆ NSC Monthly Newsletter Distribution

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

A NOTE FROM OUR PARTNER

Springing into Action: Coaches Who Make a Difference



A Matter of Balance

Spring sessions have begun in New Castle County! These classes, designed for adults with balance concerns, fear of falling, or a history of falls, are led by volunteer coaches who are giving back to the community by helping others regain confidence and improve their balance.

For more information, contact Arun Ghosh at 302-255-9101.

ONGOING OPPORTUNITIES

What is a CASA?

A CASA (Court Appointed Special Advocate) is a specially trained volunteer appointed by a Family Court Judge to advocate for the best interest of a child experiencing foster care.

What do CASAs do?

- Advocate for children experiencing foster care due to abuse and neglect.
- Establish strong, stable connections with their assigned youth.
- Advocate to ensure the child receives needed essential services.
- Attend meetings and gather information from parties involved in the child's life.
- Work with the Child Attorney and CASA Coordinator to make recommendations in court for what's best for the child.
- Remains involved in the case until the child is reunified with their family or when that is not possible, works to find a safe and permanent home.
- Meet with the child face-to-face at least once a month.
- Attend all court hearings to testify to their findings and recommendations as the child's advocate.

For more information, please contact Volunteer Delaware 50+ at 302-255-9101 or email Arundhati.Ghosh@delaware.gov.

Why Become a CASA?

Our mission is to be a voice for Delaware's abused and neglected children through skilled volunteers, community collaboration, and quality representation, instilling a need for safe and permanent relationships that will build healthy and resilient children.

ONGOING OPPORTUNITIES



**Volunteer Appreciation
Week 2025**

— ” —
 Thank you to my conversation class tutor for helping me to understand some words meaning. She makes the learning easy and fun. Thank you"

— ” —
 LITERACY DELAWARE
 LEARNER JAMES

Register NOW to attend an information session to learn more about becoming a volunteer adult literacy tutor. No experience needed.



VOLUNTEERS NEEDED FOR NEIGHBORHOOD REVITALIZATION!

- RESPONSIBILITIES:**
 COORDINATE COMMUNITY PROJECTS (CLEANUP, LANDSCAPING, REPAIRS)
 ENGAGE WITH RESIDENTS AND GATHER FEEDBACK
 COLLABORATE WITH LOCAL ORGANIZATIONS AND VOLUNTEERS
 MANAGE PROJECT LOGISTICS AND ASSIST WITH DOCUMENTATION
- SKILLS:**
 PASSION FOR COMMUNITY SERVICE
 STRONG COMMUNICATION AND ORGANIZATIONAL SKILLS
 ABILITY TO PERFORM PHYSICAL TASKS
 LANDSCAPING OR PROJECT MANAGEMENT EXPERIENCE A PLUS
- TIME COMMITMENT:**
 FLEXIBLE, 6-MONTH COMMITMENT, 1 DAY/WEEK, 6-24 HOURS/MONTH
 JOIN US AND MAKE A DIFFERENCE!
- CONTACT US TO GET STARTED**
 302-255-9101
 302-255-9756



Meet diverse people and have fun while engaging in cross cultural activities in Delaware!



Promoting Peace through Understanding by fostering cross-cultural exchange and experiences.

info@ptpde.org

www.ptpde.org

Bring your computer skills and volunteer from home to make an impact in our community on one of our many exciting committees.

- Public Relations Committee**
 Create fliers and social posts, assist with mailing list and announcements
 Skills: Canva and Mail Chimp
- Program Committee**
 Brainstorm ideas for virtual and in person exchange programs, support tech in online meetings
 Skills: Zoom
- Fundraising Committee**
 Assist grant research & writing, foster philanthropic relations
 Skills: Word, Excel, Google Docs/Sheets
- Membership Committee**
 Increase public awareness, encourage partnerships, new membership and volunteers
 Skills: Excel/Google Sheets

ONGOING OPPORTUNITIES

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



Use your compassion and talents to make a difference. Volunteer with AccentCare® Hospice today.

You can support our local patients and families by becoming a:

Ambassador Volunteer

- Community outreach, volunteer recruitment

Legacy Volunteer

- Create legacies: books, journals, CDs, memory bears, crafts

Office Volunteer

- Administrative assistance

Social & Companionship Volunteer

- Reading, walking, caregiver relief

Music Companionship Volunteer

- Play, sing and share music with patients, families and friends

Children's Bereavement Camp Volunteer

- Work with camp staff and children

Bereavement Volunteer

- Emotional support for patient family and friends

Spiritual Presence Volunteer

- Support patient's faith related requests

Vigil Volunteer

- Companionship during patient's last hours

Pet Visitation Volunteer

- Patient visits with certified Pet Partners or Therapy Dogs

Special Projects Volunteer

- Volunteer support for special groups or events like We Honor Veterans



For more information, please scan the QR code or contact our volunteer service coordinator at: VeronicaFlemmings@AccentCare.com or 302.533.3800

accentCare.

accentcare.com/volunteer



2025 CareWear Meeting Locations

- Claymont: *N. Wilmington CareWear* at B'nai B'rith House
 - Group Leader: Anna Marie Adams (302-985-1123)
 - Meeting Date/Time: Third Friday of every month from 10am-11:00am
 - Location: 8000 Society Drive, Claymont 19730
- Hockessin: *Must Love Yarn Fiber Group* at the Hockessin Library
 - Group Leader: Library Staff (302-239-5160)
 - Meeting Date/Time: Wednesdays at 1:00pm
 - Location: 1023 Valley Road, Hockessin 19707
- Newark: *Crochet Club Plus* at the Newark Wesleyan Church & VFW Post 475
 - Group Leader: E. Talley Brown – connect with us on Facebook (302-255-9746)
 - Meeting Dates/Times: 5:30 pm - 7:30pm
 - ◆ First and Second Tuesdays of the month
 - * Location: Newark Wesleyan Church – 708 W Church Rd, 19711
 - ◆ Third and Fourth Tuesdays of the month
 - * Location: VFW Post 475 – 100 Veterans Dr, Newark 19711
- Newark: *Sit N Stitch* at the Newark Senior Center
 - Group Leader: Kathleen Robinson (robinskmb@yahoo.com)
 - Meeting Date/Time: Second & Fourth Wednesday/month from 10am - 12pm
 - Location: 200 White Chapel Drive, Newark 19713
- New Castle: The CareWear Project NCC Office
 - Guadalupe Murphy: Guadalupe.Murphy@delaware.gov or 302-255-9746
 - Office Hours: Mon - Fri, 8:00am-4:00pm
 - Charles Debnam Building, 1901 N. Dupont Highway, New Castle, DE 19720

Blood Bank of Delmarva

BLOOD BANK OF DELMARVA

DONOR REFRESHMENT VOLUNTEERS

in centers or mobiles; 18+

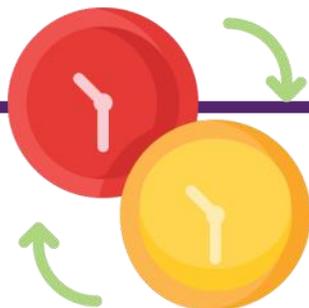
Active role, interact with people, restock, and sanitize tables. Training Online and in person. Center Schedule: 3 hours, once a month or once a week

VOLUNTEER NOW

For more information, please contact 302-255-9101 or email Arundhati.Ghosh@delaware.gov.



ONGOING OPPORTUNITIES



2025 Bags2Mats Workshops at the Newark Senior Center
(200 Whitechapel Dr, Newark, DE 19713)

Workshops will occur on the **second & fourth THURSDAY** of every month **from 9:30 AM - 11:30 AM**

Program Description:

The Bags2Mats for the Homeless program consist of dedicated volunteers who recycle plastic bags and soft-like plastic material to create mats for the homeless in Delaware. Those passionate about volunteering, serving the homeless and the environment, are welcome to join us every month to collect, cut, and loop plastics, to ultimately be crochet or weaved onto a 3x6 loom to make the mats. The plastic mats help to retain body heat while also keeping bedding and other belongings dry and clean. Scraps of plastic are also used to make pillows to accompany the mats. Volunteers meet weekly but home and group volunteers are also always welcome.

1. January 9 & 23
2. February 13 & 27
3. March 13 & 27
4. April 10 (NO 4/24- flea market)
5. May 8 & 22
6. June 12 & 26
7. July 10 & 24
8. August 14 & 28
9. September 11 & 25
10. October 9 – last meeting for 2025
11. NO November workshops
12. NO December workshops



Help us turn plastic bags into PLastic yARN (PLARN)



9:30am-11:30am Bags2Mats

Benefitting the Bags2Mats for the Homeless, a VOLUNTEER DELAWARE 50+ initiative.

Newark Senior Center

200 Whitechapel Dr, Newark 19713

2nd & 4th Thursday of each month



Volunteers collect, cut, loop then crochet or weave the plastic material into a mat. Mats create a barrier between the wet, dirty, and cold ground, as well as help retain body heat. One mat = 600 bags
For more information, email Guadalupe.Murphy@delaware.gov.

f @Bags2MatsDE

Every tomorrow should have you in it.

I ♥ you
Get Screened™



ONGOING OPPORTUNITIES

40TH ANNIVERSARY DELAWARE HOSPICE

Apply Today!

Seamstress and Crafter Volunteers Needed



Delaware Hospice is looking for crafty volunteers who would like to share their skills with our patients and families.



Memory Bears are crafted at no charge for families of patients in one of our Delaware Hospice programs. Bear patterns and supplies are provided for all orders and made possible through program donations.



Twiddle Muffs are knitted and crocheted muffs which help to alleviate agitation and restlessness in patients with Alzheimer's disease and Dementia. Patients and families benefit from the calming sensory objects.

Patient Care Volunteers Needed

At Delaware Hospice, our team of volunteers provide companionship to patients, respite for caregivers, assist with shopping and errands, and so much more!

Patient Care Volunteers

- Check-in calls with patients.
- Care calls: provide a listening ear to patients.
- Visit with a patient (read, share stories, play cards or board games).
- Provide transportation to doctor appointments, store or pharmacy.
- Walk with a patient.
- Run an errand.
- Provide vigil support as a patient nears death.
- Give haircuts to patients.
- Assemble and deliver care gifts to patients.
- Pet Therapy Visits.
- Music Therapy Visits.

RN Volunteers

- Medication disposal after a patient has passed or is discharged.
- Assist staff with vaccination clinics.
- Assist with clinical staff education.

Vet-to-Vet Volunteers

- Veterans visit patients who are also veterans and talk about the patient's military experiences.

Office Support Volunteers Needed

At Delaware Hospice, our team of volunteers offer a wide range of talents to support our patients, families and staff.

Office Support Volunteers may assist with:

- File documents
- Assemble patients information packets
- Assist with mailings
- Provide clerical support
- Run errands
- Assist with medical records
- Answer telephones



For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

Front Desk Volunteers Needed



Are you eager to make a positive impact in a compassionate environment? Our in-patient center is seeking friendly and dedicated Front Desk Volunteers to welcome our patients, families, and visitors with a smile.

Why Volunteer With Us?

- ✔ **Make a Difference Daily:** Your welcoming presence provides comfort and reassurance to those in need.
- ✔ **Join a Supportive Community:** Collaborate with a team committed to compassionate, expert care and mutual support.
- ✔ **Flexible Scheduling:** Choose shifts that fit your availability with ease, and manage your volunteer hours in our online scheduling system.

Openings Available: 7 days a week
Shift Length: 4-hour blocks
Operating Hours: 8:00 AM – 8:00 PM
Location: 100 Patriots Way, Milford

Role of a Front Desk Volunteer:

- ✔ **Greet Visitors:** Be the first friendly face that welcomes everyone to our center.
- ✔ **Assist with Administrative Tasks:** Support our staff with various administrative duties as needed.
- ✔ **Prepare Refreshments:** Help make coffee and ensure our visitors have a comfortable experience.



ONGOING OPPORTUNITIES



CREATIVE MENTORING®

A School-Based Mentoring Program That Works!



BECOME A MENTOR TODAY!

- Mentors meet with their students for an hour once a week during the school year.
- Mentors come from all walks of life: retirees, high school students, office workers, church members, community volunteers, etc. Anyone with a passion for helping children and an ability to accept kids “where they are” can be a successful mentor.
- Mentoring allows adults to give something of themselves in a way that’s both selfless and deeply fulfilling.
- Mentors have the privilege of watching their mentees’ lives improve as a result of the help, friendship, and guidance they provide.



Join the ReStore Volunteer Team!

Passionate about affordable housing?

The ReStore Team needs volunteers to sort, price, and organize donations to help build homes in New Castle County. Volunteer shifts are available at Prices Corner and Middletown.

Store Hours:

Prices Corner: Tue – Sat, 10 AM – 5 PM

Middletown: Wed – Sat, 10 AM – 5 PM

Volunteer Duties Include:

- Sorting and pricing home goods, tools, appliances, and more
- Answering customer and donor questions
- Testing and preparing electronics, power tools, and appliances
- Light cleaning and organizing

Help make a meaningful impact! Become a ReStore Team Volunteer today!

Contact us to get started

302-255-9101

302-255-9756



For more information, please contact Volunteer

Delaware 50+ at 302-255-9746 or email

Guadalupe.Murphy@delaware.gov

VITAS® Healthcare

For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

ONGOING OPPORTUNITIES



Will You Provide Comfort and Care to the Most Vulnerable?

Join us! Our hospice volunteers become part of our team, building careers and lifelong friendships

VITAS* Healthcare volunteers add to hospice patients' quality of life during their remaining months, weeks, and days. By providing companionship, volunteers ensure patients and their loved ones have the support they need. As a **VITAS volunteer**, you'll receive comprehensive training and potentially earn rewards of your service. You'll become part of our professional team of doctors, nurses, aides, chaplains and social workers—and forge alliances that you'll carry with you, possibly for life.

Fetch a friend to join the VITAS® paw pals



"I like being tickled by my friends at the nursing home. I give them big kisses to say thank you! Don't just lie around feeling bored... become a VITAS Paw Pals volunteer, and get a whiff of the good life!"

Registered Paw Pals bring joy to hospice patients by visiting them at home, in nursing homes and assisted living communities, as well as in hospitals.

VITAS Paw Pals treat hospice patients and their families to ...

- Unconditional love and friendship
- Entertainment and amusement
- Companionship
- Happy memories of past pets
- Comfort during times of loss, pain and stress
- Activity and motion



These Tools Can Change a Life

Do you enjoy doing hair or pampering people or have cosmetology experience? Join us and become a VITAS* Healthcare Volunteer and to help patients in need and make them look and feel beautiful.



Bring joy and comfort to hospice patients.

Be Their Voice, Tell Their Story

Help a hospice patient turn their memories into a memoir as a VITAS LifeBio volunteer.



Even after death, the story of a life lives on by those who are willing to tell it. Join our team as a **VITAS* Healthcare LifeBio Volunteer**. Leverage your listening and writing skills to help hospice patients tell their stories, creating keepsake biographies for their loved ones to cherish for years to come.

Bring joy and comfort to hospice patients and families.

Blood Bank of Delmarva

Volunteers Needed

You join a team of volunteers and staff committed to making our community better. You can recruit, care for, and/or give great service to blood donors. You can assist staff behind scenes so they accomplish more. Your time and skills help BBD have safe lifesaving blood.

You can help to:

- Promote donating blood and recruit volunteers at community events
- Enhance the donor experience by greeting and welcoming our donors, sanitizing donor areas, helping donors through the donation journey, restocking supplies in donation area, or serving them in the refreshment area after they saved a life in a center or at mobile drives
- Administrative support (office, video, photo, etc.)
- Create smiles in the mascot Bloodhound suit
- Let us know what skills you bring! Let's start something new!

REQUIREMENTS

- Complete an online volunteer application
- Attend an online orientation
- Attend specific training
 - Online and/or in person
- Ages 14-15 must have parent/adult actively volunteering with them
- 16-17 can volunteer alone in a greater role
 - Other roles may be available if part of a school HOSEA or Allied Health program connected

Scan the QR code for more information or to join our lifesaving team:

delmarvblood.org/volunteer |
 awilliamson@bbd.org |
 302.737.8405 ext 819

ONGOING OPPORTUNITIES

For more information, contact Volunteer Delaware 50+ at 302-255-9882 or email Guadalupe.Murphy@delaware.gov

New Castle County Police

Senior Roll Call Lifeline Volunteers

Volunteers needed to help oversee the automated dialer, attentive to signs of distress or the sound of answering machines, and follow set protocols until they establish contact with the subscriber or dispatch assistance.

Volunteer shifts run from 6:30am - 10:30am daily

New Castle County Public Safety Building, 3601 N. DuPont Hwy, New Castle, DE 19720



Have you heard the news?

Senior Roll Call Lifeline Volunteers are eligible to become members of Volunteer Delaware 50+.

Benefits Include:

- Supplemental Liability Insurance
- Recognition and awards celebration
- Invitations to join one-time special service projects
- Notice of ongoing local volunteer needs
- Networking opportunities with volunteers and non-profit leaders
- Invitations to participate in educational programs
- Free tracking of volunteer hours and years of service

ENROLL TODAY ☎ 302-255-9882

Arundhati.Ghosh@delaware.gov
Guadalupe.Murphy@delaware.gov

VOLUNTEER WITH US

The Grand Opera House
The baby grand
The Playhouse

Show Corps Volunteer:

Bartender (licensed)
Ticket Check
Usher
Coat Check

Grand Marshals:

Administrative Support
Welcome Visitors
Special Events / Tours

Enjoy wonderful performances while volunteering!!!

www.thegrandwilmington.org/support-us/ways-volunteer

RESOURCES

The Vial of L.I.F.E program, offered free by New Castle County Emergency Medical



Services, assists seniors and disabled residents by providing vital medical information during emergencies. Simply fill out a medical form, place it in a labeled bottle in your refrigerator, and attach the provided magnet to signal EMS. This ensures that essential details are quickly accessible when you need help. To get your Vial of L.I.F.E, contact 302.395.8184 or email vialoflife@newcastlede.gov. Stay safe and prepared!

CHARITY CROSSING'S

Giveaway Items:
Household items,
Pet Items, Packaged Foods,
Toys, Clothing, etc

UPCOMING GIVEAWAY

Please **DO NOT SELL** Donated Items.
Respect our Volunteers.
Follow Guest Guidelines.
Violators will not be allowed.

Every month, Charity Crossing Volunteers host around 75 giveaway events. One person per household can participate in **ONLY ONE** event **PER WEEK**. Registration is **REQUIRED**.

Wednesdays: Amazing Grace Outreach:
4843 Summit Br Road, Middletown



Saturdays

- PACS at Phoenixville: 101 Buchanan St, Phoenixville, PA
- Campus Community School: 350 pear St, Dover
- Trinity AME Church: 27 Lockwood St, Middletown
- Lion of Judah Bible Café: 304 Aiken Ave, Perryville, MD

Sundays

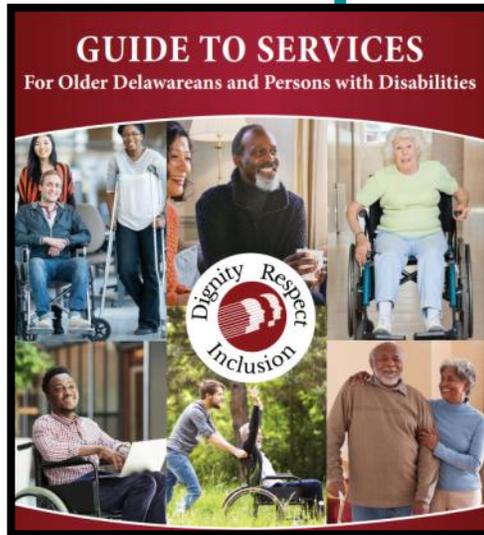
- Rosehill Community Center: 19 Lambson Ln, New Castle
- Hispanic American Association: 3900 Kirkwood Hwy, Wilmington
- The Apolostic Church: 16 E Mt Vernon St, Smyrna
- Herlihy: 320 E 5th St, Wilmington
- PCI Front St: 510-500 Front Street, Wilmington

For an updated listing of give-away dates and locations, visit:
charitycrossing.org/cc-giveaway

To view a pdf version online, visit:
dhss.delaware.gov/dhss/dsaapd

The Delaware ADRC is your one-stop access point for information, assistance and referral to resources that support older Delawareans, adults with disabilities and caregivers.

CONTACT DELAWARE ADRC
Phone: 1-800-223-9074
Email:
DelawareADRC@delaware.gov



Protect Yourself and loved ones from Medicare fraud.

Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse.

Delaware Senior Medicare Patrol
1- 800-223-9074
barbara.jackson@delaware.gov

Sign Up for Meals

- City Fare Meals On Wheels / St. Anthony's Center:
302-421-3734
- Newark Senior Center:
302-737-5747



MealsOnWheelsDE.org



Meeting of Minds

This is a guided group experience for adults in the early stages of dementia, Alzheimer's or other cognitive impairment.

Through diverse social, physical, mental, and creative activities; participants gain improved self esteem, socialization and a sense of belonging.



"He is usually not a man of many words but now when he comes home, he will talk about his day at the dinner table. The program has truly done wonders for him. It took him some time to come around to the idea but now he looks forward to coming to the Center- the bus ride, the people, everything. Meeting of Minds has even improved his vocabulary."
- Meeting of Minds Caregiver

Meeting of Minds is held Monday - Friday from 10:00am - 2:00pm

Cost: \$32/day and includes lunch and transportation

(must live within NSC Transportation routes to be eligible for transportation)

Participants must register for a minimum of 2 days/week

Meeting of Minds is best suited for individuals who still have a moderate level of independence. Please call or email Laura to discuss eligibility and to visit the program.

Laura Greene

302-737-2336 ext 124 or lgreene@newarkseniorcenter.com

RESOURCES

FIND HELP

24/7/365 • CONFIDENTIAL

988 Suicide & Crisis Lifeline
Call or text 988 Chat 988Lifeline.org

Veterans Crisis Line
Dial 988 (press 1) Text 838255

Disaster Distress Helpline
1-800-985-5990

FOR MENTAL HEALTH AND SUBSTANCE USE

SAMHSA's National Helpline
1-800-662-HELP (4357)

FindTreatment.gov

FindSupport.gov

samhsa.gov/find-help



New Castle County Senior Roll Call Lifeline

The Senior Roll Call Lifeline is a complimentary service offered by the New Castle County Police that calls its members' homes daily to check on their well-being and ensure they do not need emergency assistance. If multiple attempts to reach someone are unsuccessful, help is dispatched to their home for a well-being check.

(302) 395-8159

seniorrollcall@newcastlede.gov

NewCastleDE.gov/2335/Senior-Roll-Call

3601 N DuPont Hwy, New Castle DE 19720



Easterseals Support Groups

If you are caring for an adult with a disability or aging condition, join our Caregiver Support Group to share experiences, learn about resources, and provide support for one another.

When

Virtual and in-person options:

- 2nd and 4th Tuesday at 10am
- 1st Wednesday at 1pm

More info

Contact one of our case managers:

- New Castle – 302-221-2076
- Milford – 302-253-1129

"One of the greatest gifts a person can give another is support. Anything is possible when you have the right people there to support you."

resources@esdel.org
302-221-2291
de.easterseals.com





RESOURCES

New Castle County Community Partners

A Matter of Balance 302-255-9101	DE Ecumenical Council on Children and Families - 302-225-1040	Nemours Children Hospital 302-651-6096
Alzheimer's Association 215-561-2919	Delaware Hospice 302-478-5707	Newark Senior Center 302-737-2336
Amanecer Counseling & Resource Cnt 302-576-4136	Delaware Museum of Nature and Science 302-658-9111X 324	Meeting of the Minds Newark Meals on Wheels Senior Surfers
American Cancer Society 1-800-227-2345	DE Senior Medicare Patrol 302-255-9510	Osher Lifelong Learning Institute (OLLI) 302-573-4417
American Red Cross of Delmarva 302-656-6620	Delaware Theatre Company 302-594-1100	PAWS for People 302-351-5622
B'nai B'rith House	Easterseals Delaware 302-324-4444	People to People: Delaware Chapter info@ptpde.org
Blood Bank of Delmarva 302-737-8405	Family Promise of Northern NCC 302-998-2222	Phoenix Family Resources 302-593-7532
Brandywine Valley SPCA 302-858-4202	Food Bank of Delaware 302-292-1305 ext 254	Read Aloud Delaware 302-656-5256
CareWear Project Bags2Mats for the Homeless 302-255-9746	Forget Me Not Families 302-416-2897	Shoes That Fit: Delaware Chapter 302-234-9319
Crochet Club Plus (Newark) Knitters and Crocheters Must Love Yarn (Hockessin) Patches of Love	Grand Opera House 302-658-7897	Special Olympics Delaware 302-831-4653
CASA (Office of Child Advocate) Count Appnt. Spec. Advo. 302-255-1730	Habitat for Humanity of NCC Construction Site: 302-652-0365 ReStore Wilmington: 302-652-5181 ReStore Middletown: 302-449-1414	St. Anthony's Community Center 302-421-3721
Channie P. Bradley Senior Services 215-520-7525	Hagley Museum & Library 302-658-2400 X257	City Fare Meals on Wheels 302-421-3734
CHILD, Inc. 302-762-8989	Literacy Delaware 302-658-5624	St. Anthony's Senior Center 302-421-3735
Children & Families First 302-777-9757	Lutheran Community Services 302-654-8886	Stockings for Soldiers Delaware Inc. info@StockingsForSoldiers.org
Children Empowered by Love, Inc. childrenempoweredbylove@comcast.net	MOT Jean Birch Senior Center 302-378-4758	Supporting Kidds Inc. 302-235-5544
ChristianaCare 302-733-1284 Wilmington Hospital 302-428-2206	NAMI DE (National Alliance on Mental Illness) - 302-427-0787	Thomas Edison Charter School 302- 778-1101
ChristianaCare in Collaboration with AccentCare (formerly known as Seasons Hospice) 302-533-3800	New Castle County Absalom Jones Senior Center 302-995-7636	Tri-State Bird Rescue & Research Inc. 302-737-9543 x102
Connecting Generations 302-656-2122 x0013	Carousel Park Equestrian Center 302-395-5632	VITAS Healthcare 302-451-4000
ContactLifeline 302-761-9800 ex. 1002	Depart. of Community Services 302-395-5640	Volunteer Delaware 302-381-3594
Delaware Center for Horticulture 302-658-6262 ext. 108	New Castle County Hope Center 302-395-5632	Volunteer Delaware 50+ NCC Advisory Council 302-255-9746
	New Castle County Libraries 302-395-5617	Wilmington Senior Center 302-651-3400
	NCC Senior Roll Call Lifeline (302) 395-8159	Winterthur Museum, Garden & Lib. 1-800-448-3883