

VOLUNTEER DELAWARE 50+

New Castle County Edition



Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of Social Services. The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of Volunteers.

ENROLL TODAY!

VOLUNTEER OPPORTUNITIES & COMMUNITY RESOURCES

[Volunteer.Delaware.gov](http://Volunteer.Delaware.gov/Volunteer-Delaware50)
/Volunteer-Delaware50

Women's History Month is celebrated all month in March!

At Volunteer Delaware 50+ more than 70% of the volunteers on our roles are **women**. Why do we need to celebrate women's history? The reasons abound. Starting in the early days of our country's founding, women played supporting roles, caring for home and hearth. When men went off in multiple wars (Mexican-American, Indian Wars, the Civil War, Spanish American War, through the World Wars, and Korea) women took on the many supporting roles which were not mainstream for them. Women obtained skills such as processing food and making uniforms. They learned to drive and started to operate farm machinery. In the later wars, women spies were key to unlocking crucial enemy secrets, and codes. Several factories depended on a predominantly women work force to run machinery needed for war and for home goods. These roles came without rights. Conventions, and conferences suffrage movements were forming in the mid to late 1800's. First came the 14th amendment to the constitution guaranteeing all persons born in the US dual process, citizenship and equal protection in 1870. The 19th amendment, ratified in 1920 offered women the right to vote. It was in 1974, the Equal Opportunities Credit Act (EOCA) that women could obtain their own credit card without a man's signature. Purchasing a home was also impossible for a woman alone until the 1970's. If you are one of the 70% of our women readers, consider your strength and character. You and your ancestors, distant and those you remember, remind us of a journey of gutsy determination. Volunteer Delaware 50+ women do everything from building homes to comforting the sick. Let's celebrate the past and present during this Women's History Month! Pass it on!!

Ann Gorrin, Volunteer Delaware 50+ Program Manger

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50+ & March
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Opportunities &
Community
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**Community Partner
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New Castle County Community Partners by Interest

- **Animals**
 - Brandywine Valley SPCA
 - PAWS for People
 - Tri-State Bird Rescue and Research
- **Community Development / Engagement**
 - Children and Families First (champion children and families; school)
 - DE Ecumenical Council on Children and Families
 - Easterseals Delaware (disabilities, seniors, caregivers)
 - Hagley Museum & Library
 - New Castle County Dept of Community Services (Festivals)
 - Osher Lifelong Learning Institute (OLLI)
 - Volunteer Delaware 50+ NCC Advisory Council Inc.
 - Winterthur Museum, Garden & Library
- **Computer Skills**
 - Senior Surfers (Newark Senior Center)
- **Culture**
 - People to People: Delaware Chapter
- **Economic Support Services**
 - Family Promise of Northern NCC (family homelessness)
 - Forget Me Not Families (clothing resource)
 - Habitat for Humanity of NCC (construction)
 - Lutheran Community Services
 - Phoenix Family Resources (clothing resource)
 - Shoes That Fit (raise funds for children shoes)
- **Environment / Nature**
 - Bags2Mats for the Homeless
 - Delaware Center for Horticulture
 - Delaware Museum of Nature and Science
- **Food / Nutrition**
 - Meals on Wheels
 - St. Anthony's- City Fare Meals on Wheels
 - Newark Senior Center Meals on Wheels
 - Food Bank of Delaware
- **Health**
 - A Matter of Balance
 - Alzheimer's Association
 - American Cancer Society
 - American Red Cross
 - Blood Bank of Delmarva
 - Meeting of the Minds (Newark Senior Center)
 - Special Olympics Delaware
- **Hospital**
 - Christina Care Hospital
 - Wilmington Hospital
 - Nemours Children Hospital
- **Hospice / Palliative / Respite**
 - ChristianaCare in Collaboration with AccentCare (Seasons)
 - Delaware Hospice
 - VITAS Healthcare
- **Knit / Sew**
 - CareWear Project (N. Wilmington, Newark (Crochet Club Plus, Hockessin (Must Love Yarn)(Patches of Love
- **Legal / Advocacy / Ombudsman**
 - CASA (Court Appointed Special Advocate)(Child Advocate)
 - CHILD Inc. (domestic violence services)
 - DE Senior Medicare Patrol (SMP)
- **Library**
 - Appoquinimink Library / Bear Library
 - Brandywine Hundred Library (19803)
 - Claymont Library / Elsmere Library
 - Hockessin Library
 - Kirkwood Library / Newark Free Library
 - Route 9 Library (19720) / Woodlawn Library (19805)
- **Mental Health**
 - Amanecer Counseling & Resource Center
 - ContactLifeline (suicide prevention)
 - NAMI DE (National Alliance on Mental Illness)
 - Supporting Kidds Inc. (grieving children)
- **Mentoring / Tutoring**
 - Connecting Generations
 - Literacy Delaware
 - Thomas Edison Charter School
- **Performing Arts / Music / Singing**
 - Delaware Theatre Company
- **Reading to Children**
 - Children Empowered by Love
 - Read Aloud Delaware
- **Senior Centers / Services**
 - Absalom Jones Senior Center
 - Channie P. Bradley Senior Services
 - MOT Jean Birch Senior Center
 - NCC Senior Roll Call Lifeline
 - Newark Senior Center
 - St. Anthony's Senior Center
 - Wilmington Senior Center
- **Thrift Shop**
 - Habitat for Humanity ReStore (Wilmington, Middletown)
- **Ushering**
 - Grand Opera House
- **Veterans / Military**
 - Stockings for Soldiers



Volunteer Delaware 50+ focuses on helping individuals 50 years of age and older, use the skills and talents learned over the years, or develop new ones while serving in a variety of volunteer activities within the community. Volunteer Delaware 50+ volunteers determine their preferred level of commitment. Come join the more than 2,500 Volunteer Delaware 50+ members and start making a difference today!

What are the benefits of becoming a Volunteer Delaware 50+ member?

- All members receive supplemental insurance protection in case anything happens **while** they are volunteering with one of our community partners (excess volunteer liability insurance & excess automobile liability insurance)
- Opportunity for outstanding volunteers to attend a free recognition luncheon and enter to win door prizes (must meet required hours)
- Opportunity to receive a monthly listing of one-time volunteer projects, upcoming events and ongoing volunteer opportunities (sent via email)
- Invitation to attend free educational workshops on topics pertaining to the 50+ community (sent via email)
- Tracking of hours and years of service

Why do you collect my volunteer hours?

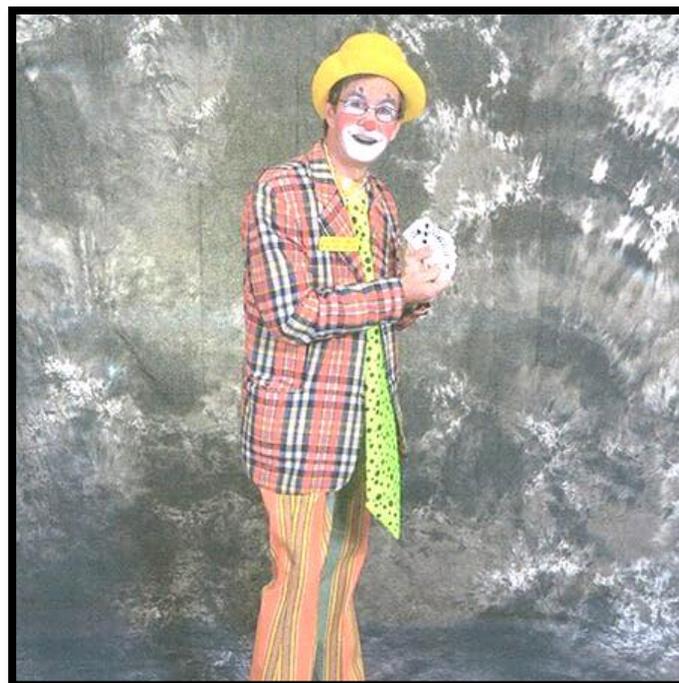
- Helps us to qualify for grants and places us in a better position to advocate for continued funding, not only for our program but also for our community partners
- Helps us to quantify all the amazing volunteer work Delawareans are doing for our state/in our communities
- Helps us to identify and recognize our outstanding volunteers through our annual Volunteer Recognition Luncheon

Are you already a volunteer with one of our community partners and would like to also be a member of Volunteer Delaware 50+?

We are always looking-for and inviting non-profit organizations to join us and become a community partner in order to offer even more opportunities to our members. If you are already a volunteer with one or more of our community partner and would like to also become a member of Volunteer Delaware 50+ please contact your local office.

New Castle County: please call 302-255-9101 or email Guadalupe.Murphy@delaware.gov or Arundhati.Ghosh@delaware.gov.

For more information please visit Volunteer.Delaware.gov/Volunteer-Delaware50



David Myers visits Nemours Children's Hospital as caring clown Dr. D. Doofus and loves making kids smile.



ATTENTION VOLUNTEERS

Have you started volunteering with a new organization or had any changes to your contact info?

We're refreshing our system and want to make sure we have all your details, so we can capture all the precious volunteer hours you're giving back to the community!

📞 Call us at **302-255-9878** and update your info today!

Thanks for making a difference!
You're the heart of our community!



 VOLUNTEER
DELAWARE 50+





Volunteer Delaware 50+ and Blood Bank of Delmarva: A Powerful Community Partnership

This past February, Volunteer Delaware 50+ staff visited the Blood Bank of Delmarva in Newark, DE, to explore ways to support their urgent need for volunteers and blood donations. We had the opportunity to meet Volunteer & Community Relations Specialist, Angela Williamson, who shared how the Blood Bank's efforts are critical in serving 19 hospitals across three counties.

The Blood Bank is facing a severe shortage of blood donations, which is having a significant impact on hospitals and emergency services. With an immediate need for more donations, it is essential to ensure that there is enough supply for patients, trauma victims, and accident victims. The Blood Bank is actively seeking community partnerships and volunteers to help meet this growing demand.

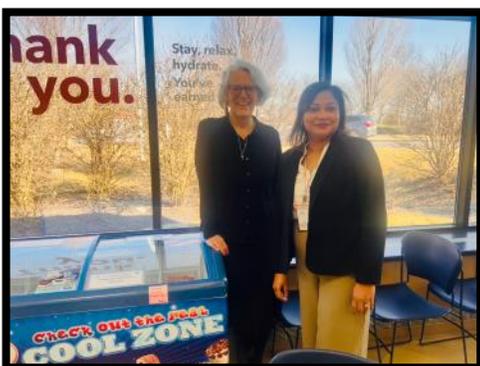
Volunteer Opportunities

- **Greeter:** Welcome and assist donors.
- **Donor Care Support:** Sanitize beds and monitor donors.
- **Mobile Processor Volunteer:** Help process blood at mobile sites.
- **Community Outreach Ambassador:** Promote blood donation and recruit donors.
- **Cafeteria Volunteer:** Provide refreshments and monitor donors post-donation.

Key Observations

- **Volunteer Support:** Volunteers play a crucial role in assisting with donor care and ensuring the Blood Bank runs smoothly.
- **Community Engagement:** The Blood Bank is working to engage more organizations and local groups to increase awareness and mobilize new volunteer donors.
- **Blood Shortage:** The Blood Bank urgently needs more volunteers to sign up and donate blood to meet the demands of hospitals, trauma centers, and emergency services.
- **Supporting 19 Hospitals:** The Blood Bank supports 19 hospitals, emphasizing the importance of a steady blood supply for emergencies.

The Blood Bank of Delmarva is a lifeline for Delaware, supporting local hospitals and emergency services. The urgent need for blood donations and **volunteers** is critical, and we hope that with continued community collaboration, we can rise to meet this demand. Together, we can ensure a steady supply of blood and vital support for Delaware's healthcare system, helping to save lives across the state.





March

BIRTHDAYS

Sonja Abreu

Marcia Barone

Lois Barth

David Boyer

Catherine Campbell

Virginia Crane

Olga Crowther

Joyce Flatau

Susan Fuesler

Patricia Goldstein

Ruth Govatos

Steven Greengold

Anna Harris

Dawn W. Heinz

Susan Kadel

Nancy Kritzar Berlin

Neal Lerner

Mary Lynch

Shirlie Maness

Sandra Meredith

Marjorie Miles

Renée Newton

Ronald Pierce

Donna Rhine

Susan Rosenthal

Ysidra Santos

Elizabeth Shook

Sandra Slemko

Suzanne Smiley

Janet Stephens

Chris Stranahan

Dolores Thackrah

Phyllis Waecker

Kathryn Wayne

Kathleen (Teenie)

Zierdt



MANAGING CONCERNS ABOUT FALLS

INSIGHTS FROM A MASTER TRAINER: Q&A ON "A MATTER OF BALANCE" SCOTT MARTIN



What motivated you to become a volunteer coach for the "A Matter of Balance" program, and do you find most rewarding about this role?

I initially became a coach to make use of teaching skills that I didn't get to use as often as I would have liked in my career. But what keeps me at it is being able to connect with other seniors around the possibilities and challenges of being an older adult. I find it inspiring how some of our participants find ways to live full and rewarding lives in spite of chronic illnesses and limited mobility. Matter of Balance participants teach me how to live life.

Can you describe a typical session from your perspective? What activities or strategies do you use to engage participants effectively?

I approach each session by asking myself what is the most important information people need to know on this topic and how can I present that in a way that is understandable and interesting. I also ask myself how the current topic fits into the big picture of A Matter of Balance that I would describe as letting go of self-defeating thoughts and making incremental behavior change particularly in the areas of physical activity and socialization. I try to model cognitive restructuring by sharing disempowering thoughts that I struggle with. I also share my own struggles with changing behavior like leaving one arm free or limiting how much time I sit watching tv each evening.

What challenges have you faced as a coach in the "A Matter of Balance" program, and how have you overcome them?

The biggest challenge I have experienced are those occasional classes where people do not seem to bond and are hesitant to share. This most likely to happen when a class draws from the community at large rather than a senior center or other organization where people already know one another. If the class isn't gelling I try to do more small group work for no more than 5 to 10 minutes at a time so as to stay in people's comfort zone. I also do my best to get people talking to one another before class starts and during the break. Sometimes nothing I do makes a difference and at those times I try to remember that there are some things I just can't control.

How do you tailor your approach to meet the diverse needs of participants, especially those with varying levels of mobility and balance issues?

I try to take people where they are and to state often that there is no "one size fits all" approach to fall prevention. I emphasize that people are in charge of their own health and have to make decisions that are best for them. I also remind people that any change is better than no change at all. That we should start small and build over time.

What feedback have you received from participants about the program, and how has it impacted your approach as a coach?

People tell me that they enjoy having an opportunity to talk about falls with people who will not judge them. They also say that they like hearing about other people's fall experiences and what they are doing to try and stay safe. This reminds me that although lecture comes very naturally for me it is discussion where the real learning takes place.



A NOTE FROM OUR PARTNER



Stockings For Soldiers



www.StockingsForSoldiers.org

We would like to **THANK** all the wonderful people involved with *Volunteer Delaware 50+* for their generous, exemplary efforts to help our community project. We are especially grateful for fabulous Team from Sussex County for holding such a huge collection drive of items for our U.S. Military. They are so awesome!!



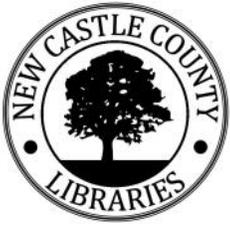
Stockings For Soldiers has been able to send **160,000** Christmas stockings to our deployed Members of the Military over the past **21** years along with **343** tons of donated items. Our Mission is to make sure that our troops know they have not been forgotten during the Christmas holidays. **THANK YOU** to all our Volunteers from New Castle County, Kent County and Sussex County.



Please join with us during October and November to support our U.S. Military.

THANK YOU

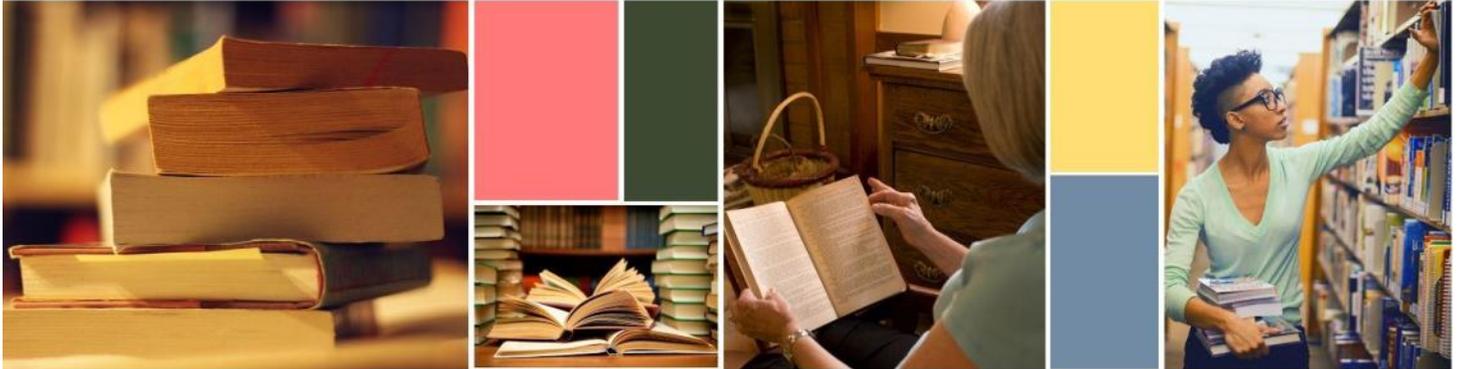




A NOTE FROM OUR PARTNER

BOOK BUDDY

A Program for the Homebound and Their Caregivers in New Castle County



The Book Buddy Program is an outreach program of the New Castle County Libraries. The service is designed to provide access to library materials for the **homebound and their caregivers** who are unable to get to the library or to those living in **assisted living communities** in New Castle County.

Book Buddy volunteers deliver library materials to those enrolled in the program on a regular basis. There is no fee for this service.

Sample Volunteer Duties:

- Looking up items in the online catalog
- Placing holds
- Pickup and delivery of requested items to patron
- Maintain Record of requested items
- Recording volunteer hours at Library

New Castle County Libraries

- Appoquinimink Library
- Bear Library
- Brandywine Hundred Library (19803)
- Claymont Library
- Corbit-Calloway Memorial Library (19730)
- Delaware City Library
- Elsmere Library
- Hockessin Library
- Kirkwood Library (19808)
- Newark Free Library
- New Castle Public Library
- North Wilmington Library
- Route 9 Library (19720)
- Wilmington Library
- Woodlawn Library (19805)



For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

A NOTE FROM OUR PARTNER



American Red Cross **Disaster Action Team volunteers** are there day and night, to turn tragedy into hope.

For more information, please contact Volunteer Delaware 50+ at 302-255-9101 or email Arundhati.Ghosh@delaware.gov.



American Red Cross

Disaster Action Team





NAMI Delaware
National Alliance on Mental Illness *Join the Movement!*

Have you heard the news?

Delaware NAMI Volunteers are now eligible to become members of **Volunteer Delaware 50+**.

Benefits Include:

- Supplemental Liability Insurance
- Recognition and awards celebration
- Invitations to join one-time special service projects
- Notice of ongoing local volunteer needs
- Networking opportunities with volunteers and non-profit leaders
- Invitations to participate in educational programs
- Tracking of hours and years of service

»»»» **ENROLL TODAY** ☎ 302-255-9882

VOLUNTEER DELAWARE 50+
302-255-9882 • Volunteer@Delaware.gov



Arundhati.Ghosh@delaware.gov
Guadalupe.Murphy@delaware.gov

A NOTE FROM OUR PARTNER

Important mentions for the month of March

Women's History Month
St Patrick's Day
National Reading Month
Disability Awareness Month
Multiple Sclerosis Awareness Month
National Kidney Month
National Social Work Month
Harriet Tubman Day



A MATTER OF BALANCE
MANAGING CONCERNS ABOUT FALLS

COACHES NEEDED STATEWIDE

Many older adults experience concerns about falling and restrict their activities.

A MATTER OF BALANCE is an award-winning program designed to help seniors manage falls and increase their activity levels.

Become a Coach join us for free training!

2025
April 30th and May 1st
10:00 a.m. - 2:30 p.m.

Williams State Service Center
805 River Road
Dover, DE

For more information or to register contact

Danielle.Briggs@delaware.gov
302-515-3020

Arundhati.Ghosh@delaware.gov
302-255-9101

VOLUNTEER DELAWARE 50+

Wilmington Senior Center

Volunteers are needed to help the Wilmington Senior Center with a variety of exciting activities which will engage our members and increase our ability to serve the greater Wilmington community.

Positions range from office assistance to community events, on-going leadership opportunities to one-time activities, fundraising to program-related positions, and from highly skilled tasks to tasks requiring little education or training.

Volunteer with us on Saturday, March 29, 2025, for the Inaugural Wilmington Senior Center Brandy & Wine on the Brandywine 5K Run!

A NOTE FROM OUR PARTNER

BRANDY & WINE ON THE BRANDYWINE

Wilmington Senior Center 5K

March 29, 2025
Saturday

5K starts at 9:00AM
from the Senior Center

1901 N. Market St.
Wilmington, DE. 19802

SCAN
FOR REGISTRATION & INFO

Brandy & Wine on the Brandywine 5K Run!

Registration is open for anyone interested in **volunteering** their time for our upcoming WSC Brandy & Wine on the Brandywine 5K Run!

To learn how you can get involved and volunteer, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov





A NOTE FROM OUR PARTNER

FEBRUARY WRAP-UP



We had a unique opportunity to provide health education by volunteering to read for United Way of Delaware Love Literacy Week. Our educators read to the 1st and 2nd grade classrooms of Maurice Pritchett Sr. Academy in Wilmington, Delaware. We read books on playground safety and personal hygiene, gave away dental kits, and did activities with the students.

THE IMPACT OF LITERACY ON HEALTH OUTCOMES

More than 4 in 10 adults have fair to poor literacy skills. Those with inadequate literacy have a difficult time processing health information.



This leads to difficulties understanding medication usage, poor chronic illness control, and receiving less preventive care.



Because of this, patients may delay seeking medical attention in a timely manner, resulting in detrimental effects on their health outcomes.

MARCH IS NATIONAL NUTRITION MONTH!

Healthy habits start young! Do these five things to improve your child's nutrition and encourage smart eating habits:

1. Have regular family meals
2. Serve a variety of healthy foods and snacks
3. Be a role model by eating healthy yourself
4. Avoid battles over food
5. Involve kids in the process



LOOKING FORWARD

We are gearing up for a very busy March, as we are beginning a new three-part series on vaping, drug and alcohol use, and opioid prevention. We are also participating in Delaware HOSA's State Leadership Conference for future health professionals, along with continuing recurring educational sessions and adding a new school to our roster.

A NOTE FROM OUR PARTNER**DO YOU HAVE CONCERNS
ABOUT FALLING****A MATTER OF
BALANCE**

MANAGING CONCERNS ABOUT FALLS

**CONCERNED ABOUT FALLS? A MATTER OF BALANCE HELPS MANAGE FALLS
AND BOOSTS ACTIVITY LEVELS FOR OLDER ADULTS.****FREE SPRING CLASSES ONCE A WEEK FOR 8 WEEKS STARTING:****NEWARK SENIOR CENTER
NEWARK
(302) 737-2336****MARCH 11TH - MAY 6TH
TUESDAYS, 10:00 AM TO 12:00 PM
NO CLASS ON 4/22****APPOQUINIMINK LIBRARY
MIDDLETOWN
(302) 378-5588****MARCH 11TH - APRIL 29TH
TUESDAYS, 2:00 PM TO 4:00 PM****HOWARD WESTON SENIOR CENTER
NEW CASTLE
(302) 328-6626****MARCH 13TH - MAY 1ST
THURSDAYS, 9:30 AM TO 11:30 AM****WOODLAWN LIBRARY
WILMINGTON
(302) 571-7425****MARCH 18TH - MAY 6TH
TUESDAYS, 10:30 AM TO 12:30 PM****BRANDYWINE HUNDRED LIBRARY
WILMINGTON
(302) 477-3150****MARCH 24TH - MAY 12TH
MONDAYS, 1:00 PM TO 3:00 PM****BEAR LIBRARY
BEAR****(302) 838-3300
MARCH 26TH - MAY 14TH
WEDNESDAYS, 10:30 AM TO 12:30 PM****NEW CASTLE SENIOR CENTER
NEW CASTLE
(302) 326-4209****APRIL 22ND - JUNE 10TH
TUESDAYS, 10:00 AM TO 12:00 PM****For more information****Arundhati Ghosh****302-255-9101****arundhati.ghosh@delaware.gov**

A NOTE FROM OUR PARTNER**Urgent Need for CASA Volunteers**

The Court Appointed Special Advocate Program (CASA) of Delaware is expanding its efforts to advocate for abused and neglected children. The number of children entering foster care continues to increase daily. The CASA Delaware program needs additional 200 volunteers to help advocate for these vulnerable children, and to ensure each child has a CASA volunteer by their side.

Currently, CASA Delaware only represents 50% of the children in foster care. Research shows that children with a CASA volunteer to advocate for them are:

- Less likely to re-enter foster care.
- More likely to find a safe, permanent home, spending less time in foster care.
- More likely to perform better in school.

CASA volunteers are trained members of the community who are appointed by a Family Court Judge to be a voice for Delaware's abused and neglected children. CASAs have varied professional, educational, and ethnic backgrounds. They are selected based on their objectivity, competence, and commitment. Each volunteer accepted into the program must complete 30 hours of initial training. Each CASA volunteer is supported by a CASA Program Coordinator and a Child Attorney to advocate for the best interests of children.

*The problems of child abuse and neglect belong to all of us.
Be part of the solution. Be a CASA volunteer.*

APPLY TODAY! Applications are due by March 20th for the Spring New Castle County training.

For more information, please contact Volunteer Delaware 50+ at 302-255-9101 or email Arundhati.Ghosh@delaware.gov.

A NOTE FROM OUR PARTNER



Recycling for a Better Tomorrow

Eco Plastic Products, a 501(c)(3) non-profit, is on an exciting mission to fight plastic pollution by turning recyclable plastics into practical, durable products! Founded in 2018, this team has been transforming waste into something impactful. From their first vibrant park bench made entirely of recycled plastics to donating products across the globe, Eco Plastic Products is proving that together, we can create a cleaner, healthier planet.



Since the **Bags2Mats program** in New Castle County has grown to accept more than just traditional shopping bags from the public, the donations of plastics have been great. However, all plastics are not the same and the program unfortunately cannot use all that us donated for various reasons. As of 2025 Bags2Mats for the Homeless in NCC will donate any material we cannot use to the non-profit, Eco Plastics Products in Wilmington. So far, we have donated 35 pounds of unwanted plastics and its only February. This donation not only be keep plastics out of OUR landfills but will also help our LOCAL community through the creation of sustainable products.



Volunteer support is essential to advancing the mission. By donating time and energy, volunteers help transform plastic waste into valuable products, support this amazing initiative, and expand the impact of this important work.

Bags2Mats NCC Workshops :
Newark Senior Center
Second and Fourth Thursday of the month
9:30 AM- 11:30 AM
For more information, please email Guadalupe.Murphy@delaware.gov or call 302-255-9746.

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

A NOTE FROM OUR PARTNER

Volunteer With Us!

We are recruiting volunteers for the following positions/projects:

ReStore Regular

Construction Regular

Neighborhood Revitalization Assistant

Financial/Administrative Assistant

Family Support Committee Member

Family Selection Committee Member

Development Committee Member

Warehouse Manager

Rock the Block Participant



For more information, please contact Volunteer Delaware 50+ at 302-255-9101 or email Arundhati.Ghosh@delaware.gov.



A NOTE FROM OUR PARTNER



Join the ReStore Volunteer Team!

Passionate about affordable housing?
 The ReStore Team needs volunteers to sort, price, and organize donations to help build homes in New Castle County. Volunteer shifts are available at Prices Corner and Middletown.

Store Hours:

Prices Corner: Tue – Sat, 10 AM – 5 PM

Middletown: Wed – Sat, 10 AM – 5 PM

Volunteer Duties Include:

Sorting and pricing home goods, tools, appliances, and more

Answering customer and donor questions

Testing and preparing electronics, power tools, and appliances

Light cleaning and organizing

Help make a meaningful impact! Become a ReStore Team Volunteer today!

Contact us to get started

302-255-9101

302-255-9756



A NOTE FROM OUR PARTNER



VOLUNTEERS NEEDED FOR NEIGHBORHOOD REVITALIZATION!

RESPONSIBILITIES:

- COORDINATE COMMUNITY PROJECTS (CLEANUP, LANDSCAPING, REPAIRS)
- ENGAGE WITH RESIDENTS AND GATHER FEEDBACK
- COLLABORATE WITH LOCAL ORGANIZATIONS AND VOLUNTEERS
- MANAGE PROJECT LOGISTICS AND ASSIST WITH DOCUMENTATION

SKILLS:

- PASSION FOR COMMUNITY SERVICE
- STRONG COMMUNICATION AND ORGANIZATIONAL SKILLS
- ABILITY TO PERFORM PHYSICAL TASKS
- LANDSCAPING OR PROJECT MANAGEMENT EXPERIENCE A PLUS

TIME COMMITMENT:

FLEXIBLE, 6-MONTH COMMITMENT, 1 DAY/WEEK, 6-24 HOURS/MONTH

JOIN US AND MAKE A DIFFERENCE!

CONTACT US TO GET STARTED

302-255-9101

302-255-9756





A NOTE FROM OUR PARTNER

Literacy Delaware's Team SCRABBLE™ Fundraising Event!

Get your
tickets
NOW!



Along the Brandywine



FRIDAY
MARCH 28, 2025
5:30 PM
CHRIST CHURCH
CHRISTIANA HUNDRED
505 BUCK ROAD
WILMINGTON DE 19807

- \$50 per person; teams of up to 6 players
- Heavy hors d'oeuvres, beer and wine
- Teams work collaboratively to build the highest scoring board for three rounds of play
- Raffle baskets available; bring cash or checks
- Proceeds support our adult literacy learners

For more information, please
contact Volunteer Delaware 50+
at 302-255-9101 or email
Arundhati.Ghosh@delaware.gov.



ONGOING OPPORTUNITIES

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

Use your compassion and talents to make a difference. Volunteer with AccentCare® Hospice today.

You can support our local patients and families by becoming a:

Ambassador Volunteer
• Community outreach, volunteer recruitment

Legacy Volunteer
• Create legacies: books, journals, CDs, memory bears, crafts

Office Volunteer
• Administrative assistance

Social & Companionship Volunteer
• Reading, walking, caregiver relief

Music Companionship Volunteer
• Play, sing and share music with patients, families and friends

Children's Bereavement Camp Volunteer
• Work with camp staff and children

Bereavement Volunteer
• Emotional support for patient family and friends

Spiritual Presence Volunteer
• Support patient's faith related requests

Vigil Volunteer
• Companionship during patient's last hours

Pet Visitation Volunteer
• Patient visits with certified Pet Partners or Therapy Dogs

Special Projects Volunteer
• Volunteer support for special groups or events like We Honor Veterans



For more information, please scan the QR code or contact our volunteer service coordinator at: VeronicaFlemmings@AccentCare.com or 302.533.3800

accentCare.

accentcare.com/volunteer



2025 CareWear Meeting Locations

- **Claymont: N. Wilmington CareWear** at B'nai B'rith House
 - Group Leader: Anna Marie Adams (302-985-1123)
 - Meeting Date/Time: Third Friday of every month from 10am-11:00am
 - Location: 8000 Society Drive, Claymont 19730
- **Hockessin: Must Love Yarn Fiber Group** at the Hockessin Library
 - Group Leader: Library Staff (302-239-5160)
 - Meeting Date/Time: Wednesdays at 1:00pm
 - Location: 1023 Valley Road, Hockessin 19707
- **Newark: Crochet Club Plus** at the Newark Wesleyan Church & VFW Post 475
 - Group Leader: E. Talley Brown – connect with us on Facebook (302-255-9746)
 - Meeting Dates/Times: 5:30 pm - 7:30pm
 - First and Second Tuesdays of the month
 - * Location: Newark Wesleyan Church – 708 W Church Rd, 19711
 - Third and Fourth Tuesdays of the month
 - * Location: VFW Post 475 – 100 Veterans Dr, Newark 19711
- **Newark: Sit N Stitch** at the Newark Senior Center
 - Group Leader: Kathleen Robinson (robinskmb@yahoo.com)
 - Meeting Date/Time: Second & Fourth Wednesday/month from 10am - 12pm
 - Location: 200 White Chapel Drive, Newark 19713
- **New Castle: The CareWear Project** NCC Office
 - Guadalupe Murphy: Guadalupe.Murphy@delaware.gov or 302-255-9746
 - Office Hours: Mon - Fri, 8:00am-4:00pm
 - Charles Debnam Building, 1901 N. Dupont Highway, New Castle, DE 19720

Blood Bank of Delmarva

BLOOD BANK OF DELMARVA

DONOR REFRESHMENT VOLUNTEERS

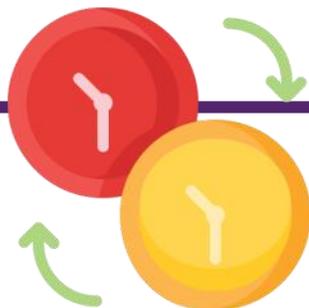
in centers or mobiles; 18+

Active role, interact with people, restock, and sanitize tables. Training Online and in person. Center Schedule: 3 hours, once a month or once a week



VOLUNTEER NOW

ONGOING OPPORTUNITIES



2025 Bags2Mats Workshops at the Newark Senior Center
(200 Whitechapel Dr, Newark, DE 19713)

Workshops will occur on the **second & fourth THURSDAY** of every month **from 9:30 AM - 11:30 AM**

Program Description:

The Bags2Mats for the Homeless program consist of dedicated volunteers who recycle plastic bags and soft-like plastic material to create mats for the homeless in Delaware. Those passionate about volunteering, serving the homeless and the environment, are welcome to join us every month to collect, cut, and loop plastics, to ultimately be crochet or weaved onto a 3x6 loom to make the mats. The plastic mats help to retain body heat while also keeping bedding and other belongings dry and clean. Scraps of plastic are also used to make pillows to accompany the mats. Volunteers meet weekly but home and group volunteers are also always welcome.

1. January 9 & 23
2. February 13 & 27
3. March 13 & 27
4. April 10 (NO 4/24- flea market)
5. May 8 & 22
6. June 12 & 26
7. July 10 & 24
8. August 14 & 28
9. September 11 & 25
10. October 9 – last meeting for 2025
11. NO November workshops
12. NO December workshops



Help us turn plastic bags into PLastic yARN (PLARN)



9:30am-11:30am Bags2Mats

Benefitting the Bags2Mats for the Homeless, a VOLUNTEER DELAWARE 50+ initiative.

Newark Senior Center

200 Whitechapel Dr, Newark 19713

2nd & 4th Thursday of each month



Volunteers collect, cut, loop then crochet or weave the plastic material into a mat. Mats create a barrier between the wet, dirty, and cold ground, as well as help retain body heat. One mat = 600 bags
For more information, email Guadalupe.Murphy@delaware.gov.

f @Bags2MatsDE

Every tomorrow should have you in it.

I ♥ you
Get Screened™



ONGOING OPPORTUNITIES

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



New Castle County Advisory Council Inc.

Are you a Volunteer Delaware 50+ Member or Community Partner?

Do you enjoy meeting with others?

Have skills with planning engaging events?

Are you creative and enjoy making the world a better place through volunteerism?

YOU may be our next New Castle County Volunteer Delaware 50+ Advisory Council Member!

We are looking for a few volunteers and/or community partners to help our Advisory Council grow! Please contact the Volunteer Delaware 50+ NCC office at 302-255-9882 for more information.

Front Desk Volunteers Needed



Are you eager to make a positive impact in a compassionate environment? Our in-patient center is seeking friendly and dedicated Front Desk Volunteers to welcome our patients, families, and visitors with a smile.

Why Volunteer With Us?

- Make a Difference Daily:** Your welcoming presence provides comfort and reassurance to those in need.
- Join a Supportive Community:** Collaborate with a team committed to compassionate, expert care and mutual support.
- Flexible Scheduling:** Choose shifts that fit your availability with ease, and manage your volunteer hours in our online scheduling system.

Openings Available: 7 days a week

Shift Length: 4-hour blocks

Operating Hours: 8:00 AM – 8:00 PM

Location: 100 Patriots Way, Milford

Role of a Front Desk Volunteer:

- Greet Visitors:** Be the first friendly face that welcomes everyone to our center.
- Assist with Administrative Tasks:** Support our staff with various administrative duties as needed.
- Prepare Refreshments:** Help make coffee and ensure our visitors have a comfortable experience.



Meet diverse people and have fun while engaging in cross cultural activities in Delaware!



Promoting Peace through Understanding by fostering cross-cultural exchange and experiences.

info@ptpde.org

www.ptpde.org

Bring your computer skills and volunteer from home to make an impact in our community on one of our many exciting committees.

Public Relations Committee

Create fliers and social posts, assist with mailing list and announcements

Skills: Canva and Mail Chimp

Program Committee

Brainstorm ideas for virtual and in person exchange programs, support tech in online meetings

Skills: Zoom

Fundraising Committee

Assist grant research & writing, foster philanthropic relations

Skills: Word, Excel, Google Docs/Sheets

Membership Committee

Increase public awareness, encourage partnerships, new membership and volunteers

Skills: Excel/Google Sheets

ONGOING OPPORTUNITIES



Shoes That Fit- Delaware Shoe Bank Model (Fall 2025- Forward)



- New Castle County Homeless Advocates**
- Appoquinimink School District
 - Brandywine School District
 - Christina School District
 - Colonial School District
 - NCC Vo-Tech School District
 - Red Clay School District

- Sussex County Homeless Advocates**
- Cape Henlopen School District
 - Delmar School District
 - Indian River School District
 - Laurel School District
 - Milford School District
 - Seaford School District
 - Sussex Vo-Tech School District
 - Woodbridge School District

- Kent County Homeless Advocates**
- Caesar Rodney School District
 - Capital School District
 - Lake Forrest School District
 - Smyrna School District

- Receive sneaker shipments
- Maintain onsite inventory of sneakers for emergency/pick up orders
- School liaison
 - Collects orders from schools
 - Coordinate delivery to schools
- Deliver to schools
- Maintains accounting for shoe inventory
- Supports end of year and grant reporting

CALIFORNIA

California office ships 500 shoes at a time to Friendship House based on prior year shoe requests (sizes, M/F)

- BENEFITS**
- Leverages the expertise of two long-term Delaware non-profits to support an essential service to School Districts
 - Reduces shipping costs by delivering all sneakers to one location in NCC
 - Adds a physical presence in NCC for added service to provide emergency or pick up order fulfillment
 - Maintains/Sustains the value of the STF DE sneaker program - convenient ordering and delivery of shoes for homeless students at no cost to the requesting school

SHOES THAT FIT
Every child deserves them®
DELAWARE CHAPTER

Obtains funding to purchase all sneakers for Student Shoe Bank



ONGOING OPPORTUNITIES

40 TH ANNIVERSARY
DELAWARE
HOSPICE



Apply Today!

Seamstress and Crafter Volunteers Needed

Delaware Hospice is looking for crafty volunteers who would like to share their skills with our patients and families.



Memory Bears are crafted at no charge for families of patients in one of our Delaware Hospice programs. Bear patterns and supplies are provided for all orders and made possible through program donations.



Twiddle Muffs are knitted and crocheted muffs which help to alleviate agitation and restlessness in patients with Alzheimer's disease and Dementia. Patients and families benefit from the calming sensory objects.

**Patient Care
Volunteers Needed**

At Delaware Hospice, our team of volunteers provide companionship to patients, respite for caregivers, assist with shopping and errands, and so much more!

Patient Care Volunteers

- Check-in calls with patients.
- Care calls: provide a listening ear to patients.
- Visit with a patient (read, share stories, play cards or board games).
- Provide transportation to doctor appointments, store or pharmacy.
- Walk with a patient.
- Run an errand.
- Provide vigil support as a patient nears death.
- Give haircuts to patients.
- Assemble and deliver care gifts to patients.
- Pet Therapy Visits.
- Music Therapy Visits.

RN Volunteers

- Medication disposal after a patient has passed or is discharged.
- Assist staff with vaccination clinics.
- Assist with clinical staff education.

Vet-to-Vet Volunteers

- Veterans visit patients who are also veterans and talk about the patient's military experiences.

**Office Support
Volunteers Needed**

At Delaware Hospice, our team of volunteers offer a wide range of talents to support our patients, families and staff.

Office Support Volunteers may assist with:

- File documents
- Assemble patients information packets
- Assist with mailings
- Provide clerical support
- Run errands
- Assist with medical records
- Answer telephones



For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



When you donate your gently used clothing to Forget Me Not Families, they become someone else's new garments. Because of YOUR generosity, we are able to bless individuals and families regularly and provide decent clothing and other donated items to those in our community facing difficult times. Please help us to continue to bless even more families by donating items you no longer need.

In addition to accepting gently used adult and children clothing, we also accept personal care items, underwear and socks, shoes, blankets and all things children such as toys, children's furniture, diapers, wipes and care items.

VOLUNTEER - SPREAD THE WORD

Drop off location:

132 Sandy Drive, Newark, 10713
 501 W. Main Street, Middletown
 1183 S. DuPont Highway, New Castle
 1458 Bear Corbitt Rd, Bear
 220 Casho Mill Rd, Newark
 2410 Newport Gap Pike, Wilmington
 1000 Old Lancaster Pike, Hockessin



ONGOING OPPORTUNITIES



CREATIVE MENTORING®

A School-Based Mentoring Program That Works!



BECOME A MENTOR TODAY!

- Mentors meet with their students for an hour once a week during the school year.
- Mentors come from all walks of life: retirees, high school students, office workers, church members, community volunteers, etc. Anyone with a passion for helping children and an ability to accept kids "where they are" can be a successful mentor.
- Mentoring allows adults to give something of themselves in a way that's both selfless and deeply fulfilling.
- Mentors have the privilege of watching their mentees' lives improve as a result of the help, friendship, and guidance they provide.

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

VITAS® Healthcare

For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

ONGOING OPPORTUNITIES



Will You Provide Comfort and Care to the Most Vulnerable?

Join us! Our hospice volunteers become part of our team, building careers and lifelong friendships

VITAS* Healthcare volunteers add to hospice patients' quality of life during their remaining months, weeks, and days. By providing companionship, volunteers ensure patients and their loved ones have the support they need. As a **VITAS volunteer**, you'll receive comprehensive training and potentially earn rewards of your service. You'll become part of our professional team of doctors, nurses, aides, chaplains and social workers—and forge alliances that you'll carry with you, possibly for life.

Fetch a friend to join the VITAS® paw pals



"I like being tickled by my friends at the nursing home. I give them big kisses to say thank you! Don't just lie around feeling bored... become a VITAS Paw Pals volunteer, and get a whiff of the good life!"

Registered Paw Pals bring joy to hospice patients by visiting them at home, in nursing homes and assisted living communities, as well as in hospitals.

VITAS Paw Pals treat hospice patients and their families to ...

- Unconditional love and friendship
- Entertainment and amusement
- Companionship
- Happy memories of past pets
- Comfort during times of loss, pain and stress
- Activity and motion



These Tools Can Change a Life

Do you enjoy doing hair or pampering people or have cosmetology experience? Join us and become a VITAS* Healthcare Volunteer and to help patients in need and make them look and feel beautiful.



Bring joy and comfort to hospice patients.

Be Their Voice, Tell Their Story

Help a hospice patient turn their memories into a memoir as a VITAS LifeBio volunteer.



Even after death, the story of a life lives on by those who are willing to tell it. Join our team as a **VITAS* Healthcare LifeBio Volunteer**. Leverage your listening and writing skills to help hospice patients tell their stories, creating keepsake biographies for their loved ones to cherish for years to come.

Bring joy and comfort to hospice patients and families.

Blood Bank of Delmarva Volunteers Needed

You join a team of volunteers and staff committed to making our community better. You can recruit, care for, and/or give great service to blood donors. You can assist staff behind scenes so they accomplish more. Your time and skills help BBD have safe lifesaving blood.



You can help to:

- Promote donating blood and recruit volunteers at community events
- Enhance the donor experience by greeting and welcoming our donors, sanitizing donor areas, helping donors through the donation journey, restocking supplies in donation area, or serving them in the refreshment area after they saved a life in a center or at mobile drives
- Administrative support (office, video, photo, etc.)
- Create smiles in the mascot Bloodhound suit
- Let us know what skills you bring! Let's start something new!

REQUIREMENTS

- Complete an online volunteer application
- Attend an online orientation
- Attend specific training
 - Online and/or in person
- Ages 14-15 must have parent/adult actively volunteering with them
- 16-17 can volunteer alone in a greater role
 - Other roles may be available if part of a school HOSEA or Allied Health program connected

Scan the QR code for more information or to join our lifesaving team:



delmarvablood.org/volunteer | awilliamson@bbd.org | 302.737.8405 ext 819

ONGOING OPPORTUNITIES

For more information, contact Volunteer Delaware 50+ at 302-255-9882 or email Guadalupe.Murphy@delaware.gov

New Castle County Police

Senior Roll Call Lifeline Volunteers

Volunteers needed to help oversee the automated dialer, attentive to signs of distress or the sound of answering machines, and follow set protocols until they establish contact with the subscriber or dispatch assistance.



Volunteer shifts run from 6:30am - 10:30am daily



New Castle County
Public Safety Building,
3601 N. DuPont Hwy,
New Castle, DE 19720



Have you heard the news?

Senior Roll Call Lifeline Volunteers are eligible to become members of Volunteer Delaware 50+.



Benefits Include:

- Supplemental Liability Insurance
- Recognition and awards celebration
- Invitations to join one-time special service projects
- Notice of ongoing local volunteer needs
- Networking opportunities with volunteers and non-profit leaders
- Invitations to participate in educational programs
- Free tracking of volunteer hours and years of service

ENROLL TODAY ☎ 302-255-9882



Arundhati.Ghosh@delaware.gov
Guadalupe.Murphy@delaware.gov

VOLUNTEER WITH US



The Grand Opera House
The baby grand
The Playhouse

Show Corps Volunteer:

- Bartender (licensed)
- Ticket Check
- Usher
- Coat Check

Grand Marshals:

- Administrative Support
- Welcome Visitors
- Special Events / Tours

Enjoy wonderful performances while volunteering!!!

www.thegrandwilmington.org/support-us/ways-volunteer

RESOURCES

The Vial of L.I.F.E program, offered free by New Castle County Emergency Medical



Services, assists seniors and disabled residents by providing vital medical information during emergencies. Simply fill out a medical form, place it in a labeled bottle in your refrigerator, and attach the provided magnet to signal EMS. This ensures that essential details are quickly accessible when you need help. To get your Vial of L.I.F.E, contact 302.395.8184 or email vialoflife@newcastlede.gov. Stay safe and prepared!

CHARITY CROSSING'S

UPCOMING GIVEAWAY

Giveaway Items:
Household items,
Pet Items, Packaged Foods,
Toys, Clothing, etc

Please DO NOT SELL Donated Items.
Respect our Volunteers.
Follow Guest Guidelines.
Violators will not be allowed.

Every month, Charity Crossing Volunteers host around 75 giveaway events. One person per household can participate in **ONLY ONE** event **PER WEEK**. Registration is **REQUIRED**.

Wednesdays: Amazing Grace Outreach:
4843 Summit Br Road, Middletown



Saturdays

- PACS at Phoenixville: 101 Buchanan St, Phoenixville, PA
- Campus Community School: 350 pear St, Dover
- Trinity AME Church: 27 Lockwood St, Middletown
- Lion of Judah Bible Café: 304 Aiken Ave, Perryville, MD

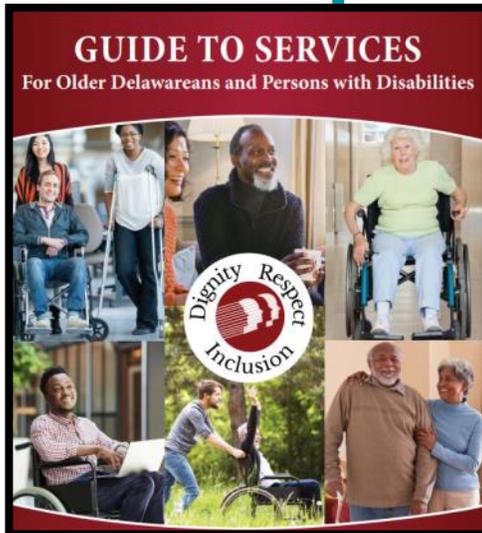
Sundays

- Rosehill Community Center: 19 Lambson Ln, New Castle
- Hispanic American Association: 3900 Kirkwood Hwy, Wilmington
- The Apostolic Church: 16 E Mt Vernon St, Smyrna
- Herlihy: 320 E 5th St, Wilmington
- PCI Front St: 510-500 Front Street, Wilmington

To view a pdf version online, visit:
dhss.delaware.gov/dhss/dsaapd

The Delaware ADRC is your one-stop access point for information, assistance and referral to resources that support older Delawareans, adults with disabilities and caregivers.

CONTACT DELAWARE ADRC
Phone: 1-800-223-9074
Email:
DelawareADRC@delaware.gov



For an updated listing of giveaway dates and locations, visit:
charitycrossing.org/cc-giveaway



Protect Yourself and loved ones from Medicare fraud.

Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse.

Delaware Senior Medicare Patrol
1- 800-223-9074
barbara.jackson@delaware.gov

Sign Up for Meals

- City Fare Meals On Wheels / St. Anthony's Center:
302-421-3734
- Newark Senior Center:
302-737-5747



MealsOnWheelsDE.org



New Castle County Community Partners

A Matter of Balance 302-255-9101	DE Ecumenical Council on Children and Families - 302-225-1040	Nemours Children Hospital 302-651-6096
Alzheimer's Association 215-561-2919	Delaware Hospice 302-478-5707	Newark Senior Center 302-737-2336
Amanecer Counseling & Resource Cnt 302-576-4136	Delaware Museum of Nature and Science 302-658-9111X 324	Meeting of the Minds Newark Meals on Wheels Senior Surfers
American Cancer Society 1-800-227-2345	DE Senior Medicare Patrol 302-255-9510	Osher Lifelong Learning Institute (OLLI) 302-573-4417
American Red Cross of Delmarva 302-656-6620	Delaware Theatre Company 302-594-1100	PAWS for People 302-351-5622
B'nai B'rith House	Easterseals Delaware 302-324-4444	People to People: Delaware Chapter info@ptpde.org
Blood Bank of Delmarva 302-737-8405	Family Promise of Northern NCC 302-998-2222	Phoenix Family Resources 302-593-7532
Brandywine Valley SPCA 302-858-4202	Food Bank of Delaware 302-292-1305 ext 254	Read Aloud Delaware 302-656-5256
CareWear Project Bags2Mats for the Homeless 302-255-9746	Forget Me Not Families 302-416-2897	Shoes That Fit: Delaware Chapter 302-234-9319
Crochet Club Plus (Newark) Knitters and Crocheters Must Love Yarn (Hockessin) Patches of Love	Grand Opera House 302-658-7897	Special Olympics Delaware 302-831-4653
CASA (Office of Child Advocate) Count Appnt. Spec. Advo. 302-255-1730	Habitat for Humanity of NCC Construction Site: 302-652-0365 ReStore Wilmington: 302-652-5181 ReStore Middletown: 302-449-1414	St. Anthony's Community Center 302-421-3721
Channie P. Bradley Senior Services 215-520-7525	Hagley Museum & Library 302-658-2400 X257	City Fare Meals on Wheels 302-421-3734
CHILD, Inc. 302-762-8989	Literacy Delaware 302-658-5624	St. Anthony's Senior Center 302-421-3735
Children & Families First 302-777-9757	Lutheran Community Services 302-654-8886	Stockings for Soldiers Delaware Inc. info@StockingsForSoldiers.org
Children Empowered by Love, Inc. childrenempoweredbylove@comcast.net	MOT Jean Birch Senior Center 302-378-4758	Supporting Kidds Inc. 302-235-5544
ChristianaCare 302-733-1284 Wilmington Hospital 302-428-2206	NAMI DE (National Alliance on Mental Illness) - 302-427-0787	Thomas Edison Charter School 302- 778-1101
ChristianaCare in Collaboration with AccentCare (formerly known as Seasons Hospice) 302-533-3800	New Castle County Absalom Jones Senior Center 302-995-7636	Tri-State Bird Rescue & Research Inc. 302-737-9543 x102
Connecting Generations 302-656-2122 x0013	Carousel Park Equestrian Center 302-395-5632	VITAS Healthcare 302-451-4000
ContactLifeline 302-761-9800 ex. 1002	Depart. of Community Services 302-395-5640	Volunteer Delaware 302-381-3594
Delaware Center for Horticulture 302-658-6262 ext. 108	New Castle County Hope Center 302-395-5632	Volunteer Delaware 50+ NCC Advisory Council 302-255-9746
	New Castle County Libraries 302-395-5617	Wilmington Senior Center 302-651-3400
	NCC Senior Roll Call Lifeline (302) 395-8159	Winterthur Museum, Garden & Lib. 1-800-448-3883