

# VOLUNTEER DELAWARE 50+

*New Castle County Edition*



Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of Social Services. The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of Volunteers.

**ENROLL TODAY!**

## VOLUNTEER OPPORTUNITIES & COMMUNITY RESOURCES

[Volunteer.Delaware.gov/Volunteer-Delaware50](https://Volunteer.Delaware.gov/Volunteer-Delaware50)



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## New Castle County Community Partners

<b>A Matter of Balance</b> 302-255-9101	<b>DE Ecumenical Council on Children and Families</b> - 302-225-1040	<b>Newark Senior Center</b> 302-737-2336
<b>Alzheimer's Association</b> 215-561-2919	<b>Delaware Hospice</b> 302-478-5707	<b>Meeting of the Minds</b>
<b>American Cancer Society</b> 1-800-227-2345	<b>DE Museum of Natural History</b> 302-658-9111X 324	<b>Newark Meals on Wheels</b>
<b>American Red Cross of Delmarva</b> 302-656-6620	<b>DE Senior Medicare Patrol</b> 302-255-9510	<b>Senior Surfers</b>
<b>Big Brothers Big Sisters of Delaware</b> 302-998-3577 ext 105	<b>Delaware Theatre Company</b> 302-594-1100	<b>Patches of Love</b>
<b>Blood Bank of Delmarva</b> 302-737-8405	<b>Easterseals Delaware</b> 302-324-4444	<b>Osher Lifelong Learning Institute (OLLI)</b> 302-573-4417
<b>Brandywine Valley SPCA</b> 302-858-4202	<b>Family Promise of Northern NCC</b> 302-998-2222	<b>PAWS for People</b> 302-351-5622
<b>CareWear Project</b> <b>Knitters and Crocheters</b> <b>Bags2Mats for the Homeless</b> 302-255-9746	<b>Food Bank of Delaware</b> 302-292-1305 ext 254	<b>People to People: Delaware Chapter</b> info@ptpde.org
<b>CASA (Office of Child Advocate)</b> <b>Count Appnt. Spec. Advo.</b> 302-255-1730	<b>Forget Me Not Families</b> 302-416-2897	<b>Read Aloud Delaware</b> 302-656-5256
<b>Charity Crossing</b> info@charitycrossing.org	<b>Grand Opera House</b> 302-658-7897	<b>Shoes That Fit: Delaware Chapter</b> 302-234-9319
<b>Channie P. Bradley Senior Services</b> 215-520-7525	<b>Greenbank Mills &amp; Phillips Farm</b> 302-999-9001	<b>Special Olympics Delaware</b> 302-831-4653
<b>Child, Inc.</b> 302-762-8989	<b>Habitat for Humanity of NCC</b> Construction Site: 302-652-0365 ReStore Wilmington: 302-652-5181 ReStore Middletown: 302-449-1414	<b>St. Anthony's Community Center</b> 302-421-3721
<b>Children &amp; Families First</b> 302-777-9757	<b>Hagley Museum &amp; Library</b> 302-658-2400 X257	<b>City Fare Meals on Wheels</b> 302-421-3734
<b>Children Empowered by Love, Inc.</b> childrenempoweredbylove@comcast.net	<b>Literacy Delaware</b> 302-658-5624	<b>St. Anthony's Senior Center</b> 302-421-3735
<b>ChristianaCare</b> 302-733-1284 <b>Wilmington Hospital</b> 302-428-2206	<b>Lutheran Community Services</b> 302-654-8886	<b>Stockings for Soldiers Delaware Inc.</b> info@StockingsForSoldiers.org
<b>ChristianaCare in Collaboration with AccentCare (formerly known as Seasons Hospice)</b> 302-533-3800	<b>MOT Jean Birch Senior Center</b> 302-378-4758	<b>Thomas Edison Charter School</b> 302- 778-1101
<b>Connecting Generations</b> 302-656-2122 x0010	<b>NAMI DE (National Alliance on Mental Illness)</b> - 302-427-0787	<b>Tri-State Bird Rescue &amp; Research Inc.</b> 302-737-9543 x102
<b>ContactLifeline</b> 302-761-9800 ex. 1002	<b>New Castle County</b> <b>Depart. of Community Services</b> 302-395-5640	<b>United Way of Delaware</b> 302-573-3705
<b>Delaware Center for Horticulture</b> 302-658-6262 ext. 108	<b>New Castle County Libraries</b> 302-395-5617	<b>Volunteer Delaware</b> 302-381-3594
	<b>NCC Senior Roll Call Lifeline</b> (302) 395-8159	<b>Volunteer Delaware 50+ NCC Advisory Council</b> 302-255-9746
	<b>Nemours Children Hospital</b> 302-651-6096	<b>Wilmington Senior Center</b> 302-651-3400
		<b>Winterthur Museum, Garden &amp; Lib.</b> 1-800-448-3883



Volunteer Delaware 50+ focuses on helping individuals 50 years of age and older, use the skills and talents learned over the years, or develop new ones while serving in a variety of volunteer activities within the community. Volunteer Delaware 50+ volunteers determine their preferred level of commitment. Come join the more than 2,500 Volunteer Delaware 50+ members and start making a difference today!

### What are the benefits of becoming a Volunteer Delaware 50+ member?

- All members receive supplemental insurance protection in case anything happens **while** they are volunteering with one of our community partners (excess volunteer liability insurance & excess automobile liability insurance)
- Opportunity for outstanding volunteers to attend a free recognition luncheon and enter to win door prizes (must meet required hours)
- Opportunity to receive a monthly listing of one-time volunteer projects, upcoming events and ongoing volunteer opportunities (sent via email)
- Invitation to attend free educational workshops on topics pertaining to the 50+ community (sent via email)
- Tracking of hours and years of service

### Why do you collect my volunteer hours?

- Helps us to qualify for grants and places us in a better position to advocate for continued funding, not only for our program but also for our community partners
- Helps us to quantify all the amazing volunteer work Delawareans are doing for our state/in our communities
- Helps us to identify and recognize our outstanding volunteers through our annual Volunteer Recognition Luncheon

### Are you already a volunteer with one of our community partners and would like to also be a member of Volunteer Delaware 50+?

We are always looking-for and inviting non-profit organizations to join us and become a community partner in order to offer even more opportunities to our members. If you are already a volunteer with one or more of our community partner and would like to also become a member of Volunteer Delaware 50+ please contact your local office.

**New Castle County: please call 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)**

*For more information please visit [Volunteer.Delaware.gov/Volunteer-Delaware50](http://Volunteer.Delaware.gov/Volunteer-Delaware50)*

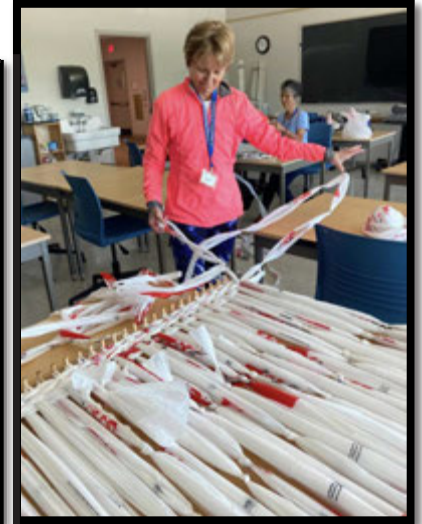






**Jane S. Barfield**  
**Carmilla Barnhart**  
**Laura Barrow**  
**Pre' Belardo**  
**Rebecca Bennett**  
**Hyacinth Boissiere**  
**E. Talley Brown**  
**Susan Burkhard**  
**Mary Cella**  
**Charlotte Clark**  
**Linda L. Claytor**

**Rick Croswell**  
**Roland Dey**  
**Michele Dudley**  
**Patricia Flanigan**  
**Elizabeth Foley**  
**Tom Giacopoonello**  
**Janice Gilbert**  
**Judith Gupton-Wiley**  
**Alice Holliday**  
**Deborah Howard**  
**Antonia Jerman**  
**Nancy Johnson**  
**Wanda Johnson**  
**Dennis Lane**  
**Margaret Love**  
**Debbie Marinelli**  
**Ned Milbrandt**  
**Barbara Petrucci**  
**Susan Shertok**  
**Ruth Smith**  
**Bryanne Souders**  
**Cecilia Strecker**  
**Carol Winkler**  
**Cynthia Wisehart**



The **Bags2Mats for the Homeless** class has ended but... the work continues! It was an absolute blast to be part of the summer lineup at the **University of Delaware's Osher Lifelong Learning Institute (OLLI)** and engage new volunteers in making plastic mats for our friends in need. Already students are asking if we will be back for the fall semester..

At OLLI we introduced our first loom and boy was it a learning experience. The traditional method for preparing plarn for the volunteers that crochet the mats was just not working for the loom so the volunteers had to adjust quickly (given it was only a 5 session course) and learn one step at a time. Lots of trial and error but thank you to the volunteers, we learned A LOT!

Ready to join the fun?

Stop by the Newark Senior Center on the second or fourth Wednesday of every month!  
ALL ARE WELCOME!

**For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)**

## The Spirit of Volunteerism

### Getting the Most Out of YOUR Volunteer Experience!



**Denise Beck**

**Volunteer with Community Partner: Blood Bank of Delmarva**

*Written by Bob Ludolph, Volunteer Delaware 50+ Volunteer*

I recently had the opportunity to discuss volunteerism with Denise Beck, a Blood Bank of Delmarva (BBD) Volunteer since July 2022. Denise has been a reliable, long-time blood donor. In 2020, Denise contracted Covid-19 and learned that her blood plasma could benefit other victims. She began donating plates every two weeks!

Denise's key support area has been in cafe services. The cafe plays an important part in the blood donation process and Denise takes advantage of this environment to educate and advocate. Indeed the cafe role for a volunteer is what you make it to be.

Most people are unaware of the on-going need for blood components and that only a small percentage of eligible donors actually donate. Denise educates young donors and students alike about the end-uses for their blood components and how their donation differs from a Red Cross donation or from a donation made to businesses that pay you money. She also engages the donors in the cafe to learn from them and gain their suggestions for attracting more donors. Getting ideas from donors can lead to new donors, as well as to more regular/frequent donations from existing donors. Denise advocates that the donors schedule their next donation prior to departing the cafe area, encouraging their sustainability. She looks for opportunities to reward those who do so with currently available or past leftover promotional giveaways. She also asks them to take the message back to their friends and family to encourage their future donations.

Denise feels good when BBD staff show their appreciation for all she does whenever she donates platelets or when she volunteers in the cafe. "I like feeling useful in helping the phlebotomists and educating the donors."

\* \* \* \* \*

### 5 Tips for Getting the Most Out of Your Volunteer Experience

1. **Identify your goals and interests:** Knowing what you want to get out of volunteering and being able to communicate that will enable you to get the most out of it.
2. **Make sure your expectations are realistic:** It is important to know what the organization expects of you and to make sure you do not over commit. Consider starting small and increase your commitment as your confidence and abilities grow. This also give you the ability to change your focus as you discover what you enjoy.
3. **Share feedback:** Volunteers are often the first line in connecting and interacting with the public, do not hesitate to share your experience or feedback that could improve the overall volunteer or guest experience.
4. **LOVE WHAT YOU DO:** If things are not working out, do not force yourself into a role you no longer enjoy. Volunteering is time willingly given. Like everything else, we are constantly changing. Talk to the organization about your role, they may have something more suitable or contact the Volunteer Delaware 50+ office to learn of new opportunities.
5. **Invite a friend:** Fundraiser walks, meal serves, clean-ups, and such take a few hours but can help your family or friends connect to a cause and visualize what volunteering might look like for them.

**For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)**



## A NOTE FROM OUR PARTNER



One of our favorite things to see is kids helping kids get new shoes and step into joy, dignity, and confidence. Kids have great capacity for giving back and helping those less fortunate. And we are both impressed and grateful for their partnership this past year!

Here are just a few of our favorite stories of the impact kids are making through Shoes That Fit.

The **fourth-graders at Our Lady of the Assumption School in Claremont, California**, raised funds to give new shoes to 56 local kids! And then they decorated the shoeboxes to make the delivery extra meaningful.

Many kids give to charities through BusyKid, an app for tracking their allowance and cash earned through chores and odd jobs. BusyKid connects them to nonprofit partners so they can give away some of what they make... and some of these **kids are choosing to help other kids by choosing Shoes That Fit as their BusyKid charity!**

Judy Lightfoot from Washington State made "giving books" for her grandkids Aife and Niall to teach them about generosity and giving to help others. She took notebooks, pasted in pictures and logos for 12 different charities—including Shoes That Fit!—and gave eight tokens each for the kids to allot their gifts, explaining, **"Once you are done, Nonno and Nonna will sit down at the computer with you to make the donations online."** When they asked about the 12 charities, Judy answered,

"Why these charities? Because they are among the thousands that get high grades from Charity Navigator for using their money well to help the causes they serve."

Jennifer E. from San Diego wanted to celebrate her daughter's birthday in a special way. So **she invited the birthday guests to give kids new shoes via Shoes That Fit!** Guests gave in her daughter's honor and made a lasting difference for kids.

Niko in New England used some of his birthday money to buy awesome new sneakers for himself... and then **he donated to help children in need get new shoes too!**

**Aiden R. from California decided to give kids new shoes as his Bar Mitzvah project!**

**Niko from Brooklyn, New York, raised funds to help kids via Shoes That Fit—and then wrote an essay about it for a high-school application!** His essay highlighted the self-esteem and joy that come from wearing a new pair of shoes.

KIDS HELPING KIDS

**Would you like to join our team and lead the efforts in hosting our very first Volunteer Delaware 50+ shoes drive to benefit local children in need? If so, please contact Volunteer Delaware 50+ at 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)**

**A NOTE FROM OUR PARTNER**

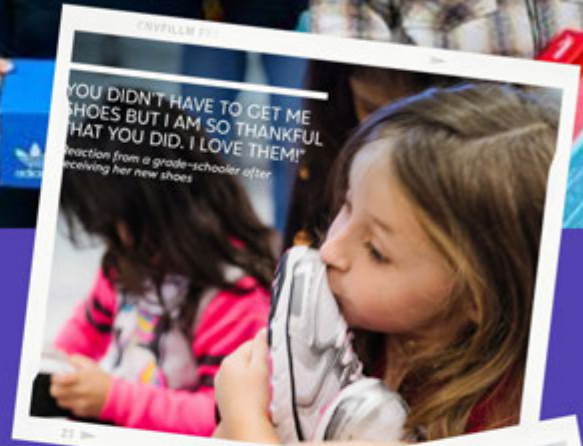
Shoes That Fits tackles one of the most visible signs of poverty in America by giving children in need new athletic shoes to attend school with dignity and joy, prepared to learn, play and thrive.

In Delaware, Shoes That Fit partners with Title 1 schools, school service centers, and strategic non-profit partners to focus on children in the state that could most benefit from our services, e.g. homeless students.



# VOLUNTEERS NEEDED

- Donation Drive Hosts
- Fundraising
- Grant Writer / Research
- Outreach / Advocate
- Social Media

**JOIN NOW**

**SHOES  
THAT FIT**  
Every child deserves them

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)



## A NOTE FROM OUR PARTNER

## State Office of Volunteerism



VOLUNTEER DELAWARE  
CONFERENCE  
SAVE THE  
DATE



John Mollura, Keynote  
Elite Level Confidence  
Former Rocket Scientist & NASA Test Leader

October 10, 2024; 8am-3pm  
Bally's Dover, Kent County

Corporations in the Community Panel ✓

Nonprofits in Action Panel ✓

Networking Opportunities ✓

Registration and Information Coming Soon

[volunteer.delaware.gov](https://volunteer.delaware.gov)

**Volunteer.Delaware.gov**

**A NOTE FROM OUR PARTNER****A MATTER OF  
BALANCE**

MANAGING CONCERNS ABOUT FALLS

**COACHES NEEDED STATEWIDE**

Many older adults experience concerns about  
falling and restrict their activities.

**A MATTER OF BALANCE**

is an award-winning program designed to help  
seniors manage falls and increase their activity levels.

**Become a Coach**  
Join us for free training!

**2024****October 30th and 31st****2025**

**January 29th and 30th**  
or  
**April 30th and May 1st**

**10:00 a.m. - 2:30 p.m.**  
**Williams State Service Center**  
**805 River Road**  
**Dover, DE**

**For more information or to register contact**  
**Volunteer Delaware 50+**

**Danielle.Briggs@delaware.gov**  
**302-515-3020**

**Sussex County**

**Arundhati.Ghosh@delaware.gov**  
**302-255-9101**

**New Castle County****COACHES WANTED**



## A NOTE FROM OUR PARTNER

# REGISTER NOW FOR YOUR FALL CLASSES.



## A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

**CONCERNED ABOUT FALLS? A MATTER OF BALANCE HELPS MANAGE  
FALLS AND BOOSTS ACTIVITY LEVELS FOR OLDER ADULTS.**

This program emphasizes practical strategies to manage falls.

You will learn to:

- View falls as controllable
- Set goals for increasing activity
- Make changes to reduce fall risks
- Exercise to increase strength and balance

Who should attend?

- Anyone concerned about falls
- Anyone interested in improving balance, flexibility and strength
- Anyone who has fallen in the past
- Anyone who has restricted activities because of falling concerns

FREE

CLASSES ONCE A WEEK FOR 8 WEEKS  
STARTING:

NEWARK SENIOR CENTER

(302) 737-2336

SEPTEMBER 3RD- OCTOBER 29TH  
(NO CLASS 10/22)

TUESDAYS, 10:00 A.M.-12:00 P.M.

NEW CASTLE SENIOR CENTER

(302) 326-4209

SEPTEMBER 17TH - NOVEMBER 12ND  
TUESDAYS, 10:00 A.M. TO 12:00 P.M.

FOR MORE INFORMATION

ARUNDHATI GHOSH

302-255-9101

ARUNDHATI.GHOSH@DELAWARE.GOV

 **VOLUNTEER  
DELAWARE 50+**



## NEW OPPORTUNITIES

**Shelter Skip Day Program** is now available at all Brandywine Valley SPCA Campuses.

Studies have shown that shelter dogs who were able to take field trips off campus were 5x more likely to be adopted than dogs who did not go on outings. These field trips offer beneficial mental stimulation with meeting new people and enjoying different environments, where our dogs can exert pent up energy and reduce their stress levels. These experiences also allow for the dogs to gain useful social and life skills that improve their mental stability and make them better adoption candidates.

This program provides a super fun and rewarding day for Community Service Groups that want to participate in Pack Walks, as well as those who love the company of a dog, but are unable to have their own. By taking a dog off campus for the day, that animal is able to connect with the community with a broader reach, which in turn increases the chance of adoption and potentially reduces the length of stay in the shelter. Brandywine Valley SPCA will provide specific Backpacks with all of the necessary supplies for an outing in addition to suggested destination locations. Skip the Shelter Day Participants will also have the opportunity to Foster the animal overnight, as well as the ability to adopt if they find their forever love during a field trip!

We are so thrilled for this program and the benefits for our dogs, especially those that tend to be overlooked on campus, as well as those who have been in the shelter for an extended length of stay! We would love to be able to share the news with more members of the community. So far this has been very successful and the dogs are LOVING their days out.

**Shelter Skip Day**

**Play Hooky With Us!**

Our dogs would love to spend time out of their kennels with you! Volunteer to take an adoptable dog out for a fun outing such as a hike, a coffee date, or a meal at a pet friendly location. Field trips can last from an hour to all day. Whatever works for you, works for us!

Scan for more info!

Brandywine Valley SPCA

**For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)**



## A NOTE FROM OUR PARTNER

THE AMERICAN  
RED CROSSVIRTUAL INFORMATION  
SESSION

## OUR MISSION

The American Red Cross aims to prevent and alleviate human suffering. Our services range from disaster relief such as single family fires or multi-state disasters to supporting local blood drives and U.S. military, veterans, and their families.

## IMPACT

Every day—including holidays—a dedicated team of American Red Cross volunteers spring into action to deliver comfort and hope to families devastated by disasters. Over 2023, local volunteers have responded to **1,225 emergencies** in the National Capital & Greater Chesapeake region as part of more than **60,000 disasters** that the Red Cross responds to each year across the country.

Every day, roughly **36,000 units** of red blood cells are needed in the US. Through generous donations, The Red Cross provides approximately **40%** of the nation's blood supply.



## AT A GLANCE

## REGISTER

- [www.redcross.org/volopenhouse](http://www.redcross.org/volopenhouse)
- QR Code Below

## ATTEND

- Friday, August 9, 2024
- 12:00-1:00pm

## SERVE

- Complete the application
- Train for positions
- Sign up for shifts



JOIN US

For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)

## Blood Bank of Delmarva

### A NOTE FROM OUR PARTNER

## Tap into saving lives

May 20–September 10, 2024



Every presenting donor at a 2024 Blood for a Brew drive will get a FREE 2024 Blood for a Brew Tour t-shirt and be entered into a sweepstakes at the end of the campaign for a chance to win a gift card from select breweries.

The annual Blood for a Brew campaign is critical to raise awareness on the need for blood and to encourage new blood donors to come forward and save a life. BBD is proud to share that 19 breweries have committed to hosting blood drives this summer; this is more than double the number of breweries that comprised the first Blood for a Brew tour in 2021.

For tour dates and locations, visit: [www.delmarvablood.org/blood-for-a-brew](http://www.delmarvablood.org/blood-for-a-brew)

## THANK YOU

TO THE PARTICIPATING  
BREWRIES FOR  
YOUR SUPPORT

- 2SP Brewery Aston
- 2SP Tap House, Chadds Ford
- 5th Company Brewing
- Big Oyster Brewery
- Burley Oak
- Camp Adventureland
- Constitution Yards
- Crooked Hammock Brewery, Lewes
- Crooked Hammock Brewery, Middletown
- Dewey Beer Company
- Dogfish Head Craft Brewery
- Dogfish Head Craft Brewery, Milton
- Evolution Craft Brewing Company
- Liquid Alchemy
- Mispillion River Brewing
- Ocean View Brewing Company
- Revelation Craft Brewing Company
- Stewart's Brewing Company
- Twisted Irons
- Two Stones Pub Middletown
- Two Stones Pub, Newark
- Two Stones Pub, Wilmington
- Volunteer Brewing Company
- Wilmington Brew works


**Blood Bank of Delmarva**

## Volunteers Needed

You join a team of volunteers and staff committed to making our community better. You can recruit, care for, and/or give great service to blood donors. You can assist staff behind scenes so they accomplish more. Your time and skills help BBD have safe lifesaving blood.

### You can help to:

- Promote donating blood and recruit volunteers at community events
- Enhance the donor experience by greeting and welcoming our donors, sanitizing donor areas, helping donors through the donation journey, restocking supplies in donation area, or serving them in the refreshment area after they saved a life in a center or at mobile drives
- Administrative support (office, video, photo, etc.)
- Create smiles in the mascot Bloodhound suit
- Let us know what skills you bring! Let's start something new!

### REQUIREMENTS

- Complete an online volunteer application
- Attend an online orientation
- Attend specific training
  - Online and/or in person
- Ages 14-15 must have parent/adult actively volunteering with them
- 16-17 can volunteer alone in a greater role
  - Other roles may be available if part of a school HOSA or Allied Health program connected



**For more information, contact**  
**Volunteer Delaware 50+**  
**at 302-255-9746 or email**  
**Guadalupe.Murphy@delaware.gov**



[delmarvablood.org/volunteer](http://delmarvablood.org/volunteer) | [awilliamson@bbd.org](mailto:awilliamson@bbd.org) | 302.737.8405 ext 819



## NEW OPPORTUNITIES

# BECOME A VOLUNTEER ADULT LITERACY TUTOR!



**Orientation:** Tuesday, September 3,  
2024, 1:00 - 2:00 pm or 6:30 - 7:30  
pm via ZOOM

**Training:** Tuesdays September 10, 17,  
24, 1:00 - 3:00 pm or 6:30 - 8:30 pm via  
ZOOM

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No experience required  
Training and support provided  
One to one or small groups  
Teaching can be online or in person

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**Apply  
NOW!**



For more information, contact  
Volunteer Delaware 50+  
at 302-255-9746 or email  
[Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)

# VITAS® Healthcare

For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)

## NEW OPPORTUNITIES

### Fetch a friend to join the VITAS® paw pals

*"I like being tickled by my friends at the nursing home. I give them big kisses to say thank you! Don't just lie around feeling bored ... become a VITAS Paw Pals volunteer, and get a whiff of the good life!"*



Registered Paw Pals bring joy to hospice patients by visiting them at home, in nursing homes and assisted living communities, as well as in hospitals.

#### VITAS Paw Pals treat hospice patients and their families to ...

- Unconditional love and friendship
- Entertainment and amusement
- Companionship
- Happy memories of past pets
- Comfort during times of loss, pain and stress
- Activity and motion



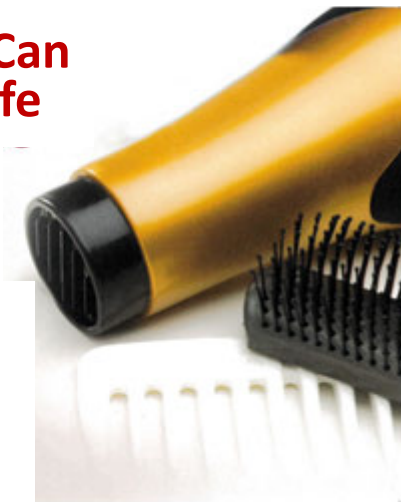
### Will You Provide Comfort and Care to the Most Vulnerable?

Join us! Our hospice volunteers become part of our team, building careers and lifelong friendships

VITAS\* Healthcare volunteers add to hospice patients' quality of life during their remaining months, weeks, and days. By providing companionship, volunteers ensure patients and their loved ones have the support they need. As a **VITAS volunteer**, you'll receive comprehensive training and potentially earn rewards of your service. You'll become part of our professional team of doctors, nurses, aides, chaplains and social workers—and forge alliances that you'll carry with you, possibly for life.

### These Tools Can Change a Life

Do you enjoy doing hair or pampering people or have cosmetology experience? Join us and become a VITAS\* Healthcare Volunteer and to help patients in need and make them look and feel beautiful.



**Bring joy and comfort to hospice patients.**

### Be Their Voice, Tell Their Story

Help a hospice patient turn their memories into a memoir as a VITAS LifeBio volunteer.



Even after death, the story of a life lives on by those who are willing to tell it. Join our team as a **VITAS\* Healthcare LifeBio Volunteer**. Leverage your listening and writing skills to help hospice patients tell their stories, creating keepsake biographies for their loved ones to cherish for years to come.

**Bring joy and comfort to hospice patients and families.**



## NEW OPPORTUNITIES

DELAWARE  
TRANSITIONS

A Service of Delaware Hospice

**Volunteers**  
**NEEDED****We need your help.**

Delaware Transitions by Delaware Hospice offers free, non-medical support for individuals and their families struggling with all aspects of a serious illness.

Join our volunteer team to help by:

- Running errands for clients
- Providing transportation
- Visiting clients

*choice  
care  
comfort***DELAWARE  
HOSPICE***Since 1982*

**For more information, contact  
Volunteer Delaware 50+  
at 302-255-9746 or email  
[Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)**

# 40<sup>TH</sup> ANNIVERSARY

## DELAWARE HOSPICE

**Apply Today!**

### Seamstress and Crafter Volunteers Needed

Delaware Hospice is looking for crafty volunteers who would like to share their skills with our patients and families.

#### A One-of-a-Kind Memory of Your One-of-a-Kind Loved One

Memory Bears are crafted at no charge for families of patients in one of our Delaware Hospice programs. Bear patterns and supplies are provided for all orders and made possible through program donations.



Twiddle Muffs are knitted and crocheted muffs which help to alleviate agitation and restlessness in patients with Alzheimer's disease and Dementia. Patients and families benefit from the calming sensory objects.



#### Patient Care Volunteers Needed

At Delaware Hospice, our team of volunteers provide companionship to patients, respite for caregivers, assist with shopping and errands, and so much more!

##### Patient Care Volunteers

- Check-in calls with patients.
- Care calls: provide a listening ear to patients.
- Visit with a patient (read, share stories, play cards or board games).
- Provide transportation to doctor appointments, store or pharmacy.
- Walk with a patient.
- Run an errand.
- Provide vigil support as a patient nears death.
- Give haircuts to patients.
- Assemble and deliver care gifts to patients.
- Pet Therapy Visits.
- Music Therapy Visits.

##### RN Volunteers

- Medication disposal after a patient has passed or is discharged.
- Assist staff with vaccination clinics.
- Assist with clinical staff education.

##### Vet-to-Vet Volunteers

- Veterans visit patients who are also veterans and talk about the patient's military experiences.



### NEW OPPORTUNITIES

#### Office Support Volunteers Needed

At Delaware Hospice, our team of volunteers offer a wide range of talents to support our patients, families and staff.

Office Support Volunteers may assist with:

- File documents
- Assemble patients information packets
- Assist with mailings
- Provide clerical support
- Run errands
- Assist with medical records
- Answer telephones



**For more information, contact Volunteer Delaware 50+ at 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)**





**Brandywine Valley SPCA**  
FINDING THE HEART IN HUMANITY



**BE A HERO**  
*for Homeless Pets*

**BECOME A BVSPCA VOLUNTEER**  
DOVER | GEORGETOWN | NEW CASTLE | WEST CRESTER

**SIGN UP TODAY!**  
[BVSPCA.ORG/VOLUNTEER](https://bvspca.org/volunteer)



## ONGOING OPPORTUNITIES

HOW YOU CAN *Help* THE ANIMALS

Use your free time to provide comfort and care to our homeless, helpless, & healing shelter dogs and cats.

**DOG VOLUNTEER**

- Walk dogs
- Help dogs become more adoptable with training & behavior modification
- Participate in dog play groups
- Jog with dogs
- Counsel adopters
- Help with daily cleaning & feeding
- Help with daily enrichment

**AHC VOLUNTEER**

- Monitor animals in the surgery recovery room
- Assemble surgical packs
- Cut drapes

High Need!

**FOSTER FAMILY**

- Care for & socialize young kittens or puppies until adoption age
- Help an animal recover from a medical need
- Provide socialization or training for an animal needing help to be more adoptable

High Need!

**CAT VOLUNTEER**

- Socialize kittens & cats
- Groom the adoptables
- Take kittens to events
- Counsel adopters
- Help with daily cleaning & feeding
- Help with daily enrichment

**OTHER OPPORTUNITIES**

- Donate professional photography services
- Write animal bios
- Assist in humane education (birthday parties, camp, school visits, etc.)
- Lead senior home visits
- Assist with the Henry's Cupboard pet food pantry

**ADMIN VOLUNTEER**

- Answer phones
- Assemble adoption folders
- Help with office functions
- Assist with processing adoptions

[BVSPCA.ORG/VOLUNTEER](https://bvspca.org/volunteer)**Fun for the Whole Family!**

Junior Volunteers (ages 8-12) can help with all of this too. Bring your little one along for the day to immerse them in all things shelter life.

## Use your compassion and talents to make a difference. Volunteer with AccentCare® Hospice today.

You can support our local patients and families by becoming a:

**Ambassador Volunteer**

- Community outreach, volunteer recruitment

**Legacy Volunteer**

- Create legacies: books, journals, CDs, memory bears, crafts

**Office Volunteer**

- Administrative assistance

**Social & Companionship Volunteer**

- Reading, walking, caregiver relief

**Music Companionship Volunteer**

- Play, sing and share music with patients, families and friends

**Children's Bereavement Camp Volunteer**

- Work with camp staff and children

**Bereavement Volunteer**

- Emotional support for patient family and friends

**Spiritual Presence Volunteer**

- Support patient's faith related requests

**Vigil Volunteer**

- Companionship during patient's last hours

**Pet Visitation Volunteer**

- Patient visits with certified Pet Partners or Therapy Dogs

**Special Projects Volunteer**

- Volunteer support for special groups or events like We Honor Veterans

For more information, please scan the QR code or contact our volunteer service coordinator at: [VeronicaFlemmings@AccentCare.com](mailto:VeronicaFlemmings@AccentCare.com) or 302.533.3800

**accentCare.**

[accentcare.com/volunteer](https://accentcare.com/volunteer)

AccentCare welcomes all persons in need of its services and does not discriminate on the basis of age, disability, race, color, national origin, ancestry, religion, gender, gender identity, sexual orientation, marital status, or source of payment.

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**3rd Friday of every Month**  
**10 - 11am**

**B'nai B'rith House**  
**8000 Society Dr.**  
**Claymont, DE 19703**

For more information, call  
**302-255-9746** or email  
[Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)





For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)



The mission of ContactLifeline is to keep people alive and safe, to help them through crises, and to connect them with relevant community resources.

Volunteers are needed (in-person training provided) to provide support and be a good listener to someone experiencing a crisis. Various shifts available.

## ONGOING OPPORTUNITIES



The CareWear Project consists of dedicated volunteers of all ages who create beautiful handmade winter items such as hats, scarves, mittens, quilts and blankets which are then distributed to children, families and individuals via our local partnerships.

Please consider donating new or usable yarn to help our volunteers create more warm winter items for those in need!!!

**Call: 302-255-9746**



The MOT Senior Center is a non-profit, non-

residential community center located in the heart of Middletown, DE. Adults age 50 and over can join and participate in programs, trips & social activities tailored to adults and seniors. Those striving to maintain an independent lifestyle can make new friends, share in a meal, play a game, exercise, take a class or learn a new skill. The social interaction provided at the Center is essential to physical and mental health.

The Center also offers a variety of volunteers opportunities, some include:

HEALTH ACTIVITIES ADMIN SUPPORT  
EDUCATION HOME VISIT OUTREACH



## Use your drive for good.

**Change lives one ride at a time.**

What's often standing between people with cancer and lifesaving treatment is a ride to get there. And we need you now more than ever.

The American Cancer Society provides free rides to treatment for people with cancer. As a trained volunteer driver, you can change someone's life in as little as one hour a week by ensuring a ride is available, so care isn't stopped or delayed.





When you donate your gently used clothing to Forget Me Not Families, they become someone else's new garments. Because of YOUR generosity, we are able to bless individuals and families regularly and provide decent clothing and other donated items to those in our community facing difficult times. Please help us to continue to bless even more families by donating items you no longer need.

In addition to accepting gently used adult and children clothing, we also accept personal care items, underwear and socks, shoes, blankets and all things children such as toys, children's furniture, diapers, wipes and care items.

## VOLUNTEER - SPREAD THE WORD

### Drop off location:

132 Sandy Drive, Newark, 10713  
 501 W. Main Street, Middletown  
 1183 S. DuPont Highway, New Castle  
 1458 Bear Corbitt Rd, Bear  
 220 Casho Mill Rd, Newark  
 2410 Newport Gap Pike, Wilmington  
 1000 Old Lancaster Pike, Hockessin



## ONGOING OPPORTUNITIES

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)

### The Grand Opera House

The Grand Show Corps currently has over 200 volunteers, and we continue to grow thanks to people like you. The Grand Opera House is a multi-level theater that presents world-renowned artists and a wide variety of entertainment. The baby grand is home of live at the baby grand as well as various community groups. The Playhouse on Rodney Square is home of Delaware's Broadway Experience. The majority of our shows are scheduled in the evenings with some weekend afternoons. We also have occasional student performances during weekday mornings and afternoons.

- \* **Volunteer Show Corps** — Each member of the Show Corps is assigned to a squad and each squad is assigned to a show. Squad responsibilities include ticket-taking, ushering, coat-check, bartending, and patron safety. On average, each squad is scheduled three to five times a month. Those who are unable to volunteer during the weekdays due to full-time employment will not be asked to do so. Every volunteer is required to work all 3 theaters based on assignment.
- \* **Grand Marshals** – provide administrative and staff support. Opportunities include:
  - Leading tours that inform the public of The Grand's historical, technical, and cultural splendor
  - Acting as a host/hostess for the Arts Academy at The Grand
  - Serving as receptionist in The Grand's administrative office
  - Welcoming and directing visitors upon their arrival at The Grand
  - Assisting The Grand's staff at special events
  - Completing simple office tasks, such as filing, mailings, data entry



NAMI Delaware

# Volunteer with NAMI Delaware

HELPLINE VOLUNTEERS & SUPPORT GROUP FACILITATORS NEEDED



**NO PREVIOUS EXPERIENCE NECESSARY**

## REQUIREMENTS

- Must be passionate about supporting those living with mental illness and their families
- Able to listen to potentially difficult stories with empathy and compassion

Support Group facilitators must have lived experience as peers or family members.

For more information please visit:

[www.namidelaware.org/join](http://www.namidelaware.org/join)

## ONGOING OPPORTUNITIES

# DONATIONS

## Collection Bin Locations

*Together We Are Making A Difference In Delaware!*



**Main Facility**  
132 Sandy Drive, Newark

**Wilmington**  
Church of God  
2410 Newport Gap Pike

**Middletown**  
Neighborhood House  
219 W Green St.

**Newark**  
John R. Downes Elementary  
220 Casho Mill Rd.

**Hockessin**  
Hockessin Montessori  
1000 Old Lancaster Pike

**Bear**  
Academy for Creative Enrichment  
1458 Bear Corbett Rd  
Reybold Group  
116 E Scotland Dr.



[ForgetMeNotFamilies.com](http://ForgetMeNotFamilies.com)

For more information, please contact  
Volunteer Delaware 50+ at 302-255-9746 or  
email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)



Help us  
turn  
plastic  
bags  
into  
**PLastic  
yARN  
(PLARN)**

**2024  
10-noon PLARN PARTY**

**BENEFITS BAGS2MATS FOR THE HOMELESS,  
A VOLUNTEER DELAWARE 50+ INITIATIVE**

**Newark Senior Center**

200 Whitechapel Dr., Newark, 19713

2nd & 4th Wednesday of each month



Volunteers collect, loop and crochet plastic material into mats in order to create a barrier between the wet, dirty or cold ground. One mat = 500-600 bags  
For more information, email  
[Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov).

@Bags2MatsDE

*Sign up today!*

# Learn life's lessons... from the masters



Here at VITAS® Healthcare, we are matching talented volunteers (that's you!) with elders near the end of life who have a story to share.

**Why?** To capture memories—life's meaningful moments, then design a family treasury, a gift for loved ones to keep.

**Preserve a legacy**—use your artistic skills to develop a "digital biography" captured on CD/DVD, featuring a hospice patient's voice/video recalling his or her life stories—mix it up with music, photos, captions.

### You will:

- Receive "life review" interview training, improve technical and creative skills.
- Earn service learning and community service hours.
- Connect with people from different generations and cultures—make a difference in their lives.

Save and share...some of life's most important moments.

For information on this and other exciting volunteer opportunities, contact:

Lee Halloran, CAVS, CDVS  
Volunteer Services Manager  
(302) 563-2091  
[Lee.Halloran@VITAS.com](mailto:Lee.Halloran@VITAS.com)

**VITAS**  
Healthcare

800.723.3233 • [VITAS.com](http://VITAS.com)







### What is a CASA?

A CASA (Court Appointed Special Advocate) is a specially trained volunteer appointed by a Family Court Judge to advocate for the best interest of a child experiencing foster care.

### What do CASAs do?

- Advocate for children experiencing foster care due to abuse and neglect.
- Establish strong, stable connections with their assigned youth.
- Advocate to ensure the child receives needed essential services.
- Attend meetings and gather information from parties involved in the child's life.
- Work with the Child Attorney and CASA Coordinator to make recommendations in court for what's best for the child.
- Remains involved in the case until the child is reunified with their family or when that is not possible, works to find a safe and permanent home.
- Meet with the child face-to-face at least once a month.
- Attend all court hearings to testify to their findings and recommendations as the child's advocate.

Scan to learn more, or  
call us at call us at  
302-255-1730!



### Why Become a CASA?

Our mission is to be a voice for Delaware's abused and neglected children through skilled volunteers, community collaboration, and quality representation, instilling a need for safe and permanent relationships that will build healthy and resilient children.

### BECOME A CASA VOLUNTEER.

A voice for Delaware's  
abused and neglected  
children in the  
courtroom and the  
community

To learn more, visit  
<https://tinyurl.com/DECASA>



For more information,  
please contact  
Volunteer Delaware 50+  
at 302-255-9746 or email  
[Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)

## ONGOING OPPORTUNITIES

### FOOD PANTRY VOLUNTEERS NEEDED



Hope Lutheran  
3rd Thursday of  
the month  
2:00 - 4:00 PM

### DONATIONS APPRECIATED

Canned or boxed items  
& not expired

Peanut butter, jams, jelly,  
cereal, cereal bars,  
canned meat, tuna,  
spaghetti sauce, noodles,  
pasta, canned fruit,  
canned vegetables,  
beans, soups

The generous will  
themselves be blessed, for  
they share their food with  
the poor. Proverbs 22:9



230 Christiana Rd, New Castle, DE 19720

### PAWS for People

HEALING PET THERAPY SINCE 2005

### You Can Make a Difference with PAWS

#### Our Mission

PAWS for People is a nonprofit organization committed to improving the lives of people in our community by lovingly providing individualized, therapeutic visits with our specially trained volunteers and their certified gentle, affectionate pets.



#### We Need You to Make it Happen!

Do you have a sweet, people-friendly, gentle, dog, cat or bunny? Would you like to give back to your community? PAWS needs volunteers with their own gentle, affectionate pets to help us spread hope and healing throughout our community.

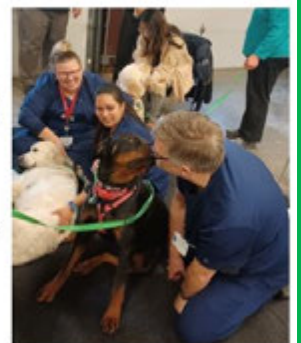
PAWS volunteers visit hospitals, nursing homes, cancer centers, schools, libraries and anywhere people can benefit from interaction with a pet.

#### Volunteer Opportunities

PAWS offers specialized training which includes an evaluation of the person/pet team, an introduction to pet therapy, and instruction on best practices for visits.

Our volunteer teams are supported by PAWS staff throughout their training and visiting, including a guided first visit and on-going assistance with visit placements. PAWS volunteers are the heart of our organization and are valued and celebrated!

Our greatest need is for volunteers with weekday, daytime availability. For more information on volunteering or to make a contribution, please visit our website:







**CREATIVE MENTORING®**

**A School-Based Mentoring  
Program That Works!**



### **BECOME A MENTOR TODAY!**

- Mentors meet with their students for an hour once a week during the school year.
- Mentors come from all walks of life: retirees, high school students, office workers, church members, community volunteers, etc. Anyone with a passion for helping children and an ability to accept kids "where they are" can be a successful mentor.
- Mentoring allows adults to give something of themselves in a way that's both selfless and deeply fulfilling.
- Mentors have the privilege of watching their mentees' lives improve as a result of the help, friendship, and guidance they provide.

**A Creative Mentor is an adult or high school student who volunteers to make a difference in the life of a child by spending time with them in their schools.**

## **ONGOING OPPORTUNITIES**

For more information, please contact  
Volunteer Delaware 50+  
at 302-255-9746 or email  
[Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)



*Warming Our  
Communities With  
Threads of Love*



The CareWear Project is an initiative of  
**Volunteer Delaware 50+**, a statewide  
program that engages persons 50 and older  
in volunteer service, to meet  
critical community needs.



**To learn more or donate, visit :**  
**[DEgives.org/orgs/the-CareWear-Project](http://DEgives.org/orgs/the-CareWear-Project)**





## ONGOING OPPORTUNITIES



## Volunteers Needed

Deliver meals to  
home bound seniors  
citizens weekdays

**Monday – Friday**

Meals on Wheels  
volunteers deliver over  
100 nutritious meals  
each weekday to  
homebound residents in  
the Newark area.



## Volunteers Needed MEALS ON WHEELS

We are currently looking  
for volunteers for our  
Wilmington, Bear and  
New Castle locations.

Deliver a nutritious meal and a  
friendly smile to the elderly  
homebound.

Pickup time: Weekdays between  
10:30 and 11:15

Delivery takes about 1.5 hours  
How often you deliver is up to you!



- If you are interested please email:  
[mealsonwheels@cityfare.org](mailto:mealsonwheels@cityfare.org)
- Or call or text: 302-293-0008



For more information, please contact Volunteer Delaware 50+  
at 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)



looking to volunteer in a  
different capacity?  
why not join one of our family  
services committees ...

### family selection volunteer committee member (Virtual)

**the purpose** choosing the families to own and occupy Habitat  
for Humanity is one of the most difficult and challenging aspects  
of this ministry. The Family Selection Committee is responsible  
for drafting the selection criteria used to select families for  
approval by the Board of Directors.



## ONGOING OPPORTUNITIES

Facilities and  
Landscaping**VOLUNTEERS  
NEEDED**

Help create and maintain  
habitats for our wild bird  
patients!

**JOIN US!****(302) 737-9543**

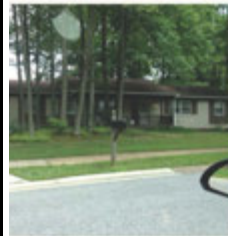
Scan here!



National Alliance on Mental Illness

**NAMI Delaware**  
*Join the Movement!*

Days of Caring, Group Volunteer Work  
with NAMI Delaware's Housing Program

**ABOUT:**

Do you have a small group interested in giving an hour or two of your time to help with simple landscaping projects? NAMI Delaware's Housing Team would love to have you! There are a variety of locations and projects for volunteer teams to help with during the spring/summer and fall seasons.

**Tasks May include**

- Pruning
- Mulching
- Trimming trees and bushes
- Painting
- Decks/Porches
- Raking Leaves

**For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)**

**Meet diverse people  
and have fun while  
engaging in cross  
cultural activities in  
Delaware!**



Promoting Peace  
through Understanding  
by fostering cross-  
cultural exchange and  
experiences.

[info@ptpde.org](mailto:info@ptpde.org)[www.ptpde.org](http://www.ptpde.org)

Bring your computer skills and  
volunteer from home to make an  
impact in our community on one of  
our many exciting committees.

**Public Relations Committee**

Create fliers and social posts,  
assist with mailing list and  
announcements

Skills: Canva and Mail Chimp

**Program Committee**

Brainstorm ideas for virtual and  
in person exchange programs,  
support tech in online meetings

Skills: Zoom

**Fundraising Committee**

Assist grant research & writing,  
foster philanthropic relations

Skills: Word, Excel, Google  
Docs/Sheets

**Membership Committee**

Increase public awareness,  
encourage partnerships, new  
membership and volunteers

Skills: Excel/Google Sheets



## CHARITY CROSSING'S UPCOMING GIVEAWAY

**Giveaway Items:**  
Household Items,  
Pet Items, Packaged Foods,  
Toys, Clothing, etc

**Please DO NOT SELL Donated Items.**  
Respect our Volunteers.  
Follow Guest Guidelines.  
Violators will not be allowed.



Helping Our Community and Environment  
Recycle | Reuse | Reclaim | Restore | Repurpose



For an updated listing of giveaway dates and locations, visit: [charitycrossing.org/cc-giveaway](https://charitycrossing.org/cc-giveaway)

## RESOURCES

**DIAL 2-1-1** to get connected to local resources.



Bill Payment Assistance



Disaster Services



Education



Employment & Financial Support



Food



Health Care



Personal & Household Items



Transportation

211 is here to help.



DIAL 2-1-1



TEXT your zip code to 898-211



LEARN MORE [delaware211.org](https://delaware211.org)

With one simple (anonymous) phone call, concerned individuals and those experiencing harm can connect with free, voluntary services and resources that could save a life. For more information visit [dhss.delaware.gov/dsaapd/aps](https://dhss.delaware.gov/dsaapd/aps).

## REPORT HARM OF VULNERABLE ADULTS

NEGLECT • ABUSE • EXPLOITATION

**888-APS-4302**

Delaware Adult Protective Services



**Smart911**



RESIDENTS AND FAMILIES

## Protect What Matters Most

Be prepared for any emergency by giving public safety the information they need to better help and communicate with you.

Smart911 is a free national service brought to you by the  
New Castle County Department of Public Safety



## Delaware Aging & Disability Resource Center

The Delaware ADRC is your one-stop access point for information, assistance, and referral to resources that support older Delawareans, adults with disabilities, and caregivers.

### CONTACT DELAWARE ADRC

Phone: 1-800-223-9074 (toll-free)

Email: [DelawareADRC@delaware.gov](mailto:DelawareADRC@delaware.gov)



**SMP**

Senior Medicare Patrol

Preventing Medicare Fraud

## Protect Yourself and loved ones from Medicare fraud.

Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse.

**Delaware Senior Medicare Patrol**

**1- 800-223-9074**

**[barbara.jackson@delaware.gov](mailto:barbara.jackson@delaware.gov)**



**Senior Roll Call Lifeline** is a free program provided by New Castle County, Division of Police, that makes daily calls to the homes of our elderly or disabled members to ensure they are doing well and do not require emergency assistance. If after several attempts the calls are unsuccessful, emergency help is sent to the home to check on the well-being of the member. For more information call 302-255-9878.

## RESOURCES



**ASBURY AFRESH UMC // 10 AM - 300 E. BASIN RD. NEW CASTLE— WILMINGTON MANOR LION CLUB // 10:30AM - WESTERN SENIOR CENTER, 1 BASSETT AVE, NEW CASTLE— PENIEL UMC // 11 AM - 115 E MARKET ST, NEWPORT— RICHARDSON PARK UMC // 11 AM - 11 N MARYLAND AVE. WILM— TREE OF LIFE 11:30 AM - 10 PIKE PLACE, NEWARK BOYS AND GIRLS CLUB EZION MT CARMEL // 12 PM - 800 N. WALNUT ST, WILM— BETHESDA UMC // 12:30 PM - 2313 CONCORD PIKE, WILM— DALE UMC // 12 PM - 143 E. LAKE ST. MIDDLETOWN— KINGWOOD UMC // 12 PM - 300 MARROWS RD, NEWARK**

**For an updated list of locations, call 1-888-323-4677 or visit The Hopp -Harvest Outreach People Project on Facebook**

## MONTHLY FOOD GIVEAWAY

### Dream Center

Last Friday of the Month: 10am-1pm  
302-286-7406  
310 Ruther Dr. Newark

### Hope Lutheran

Third Thursday: 2pm-4pm  
230 Christiana Rd. New Castle

### The Journey

Second Saturday: 10am-12pm  
302-738-2892  
721 E. Chestnut Hill Rd. Newark

### The HOPP

4th Fridays - 1-888-323-4677  
Multiple times & locations - see top



## A Patient & Family Focused Health Literacy Program

The ABCs of Kidney Disease is a FREE 4-part series on how to manage your Chronic Kidney Disease. A kidney-friendly lunch will be provided if you attend in-person.

**REGISTER NOW**

#### Who is this series for?

Persons with kidney disease and their families.

#### Where will the series be held?

Christiana Care Hospital Main Campus  
4755 Ogletown Stanton Road  
Newark, DE 19718

#### When will the series be held?

July 21, July 28, August 4 and 11  
12 p.m. to 2 p.m.



[bit.ly/ABCKd2024](https://bit.ly/ABCKd2024)



**Session 1**  
Understanding Your Diagnosis,  
Navigating the Patient Portal



**Session 3**  
Managing Medication



**Session 2**  
Making Sense of Your Diet,  
Nutrition, and Labels, Oh My!



**Session 4**  
Putting Yourself in the  
Center of Your Care Team

## QUESTIONS?

Contact Leslie McGowan  
[operations@literacydelaware.org](mailto:operations@literacydelaware.org)  
302-658-5624

This material was prepared by Quality Insights Renal Network 4, an End Stage Renal Disease (ESRD) Network under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services (HHS). Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS. Publication No. ESRD04-042524-10P



For a listing of Food Bank of Delaware Community Food Pantry Partners and locations, please visit:

<https://www.fbd.org/get-help/community-food-pantries>



**RESOURCES**

## **DIVISION OF SOCIAL SERVICES COMMUNITY PARTNER SUPPORT UNIT**

The Community Partner Support Unit Library team will be onsite at the following library locations to assist clients in applying for benefits and services as well as to connect them to additional resources.

APPOQUINIMICK PUBLIC LIBRARY

BRANDYWINE PUBLIC LIBRARY

BEAR PUBLIC LIBRARY

DOVER PUBLIC LIBRARY

HARRINSTON PUBLIC LIBRARY

KIRKWOOD LIBRARY

NEWARK PUBLIC LIBRARY

ROUTE 9 LIBRARY AND INNOCATION CENTER

WILMINGTON PUBLIC LIBRARY

WOODLAWN PUBLIC LIBRARY

Through our network of more than 250 community and business partners, we are here to connect you to employment opportunities and other services, including the following:

ASSIST application process

Applying for food benefits

Medicaid

Childcare

Long-term nursing care

Home energy assistance

Learning about other DHSS agencies

Referrals to partner organizations

**Walk-ins are welcomed, or a virtual appointment are available at:**

**<https://delawarelibraries.libcal.com/appointments/socialworkers>**

For more information on becoming a community partner, and office hours at each library, contact Ryan Kirby, Libraries Team Administrator, by email at [Ryan.Kirby@Delaware.gov](mailto:Ryan.Kirby@Delaware.gov), or call (302) 792-0919. To refer a client, email [DHSS\\_DSS\\_CPSSU\\_DLFB@delaware.gov](mailto:DHSS_DSS_CPSSU_DLFB@delaware.gov).

**RESOURCES**

## **DIVISION OF SOCIAL SERVICES COMMUNITY PARTNER SUPPORT UNIT**

The Community Partner Support Unit Library team will be onsite at the following library locations to assist clients in applying for benefits and services as well as to connect them to additional resources.

APPOQUINIMICK PUBLIC LIBRARY

BRANDYWINE PUBLIC LIBRARY

BEAR PUBLIC LIBRARY

DOVER PUBLIC LIBRARY

HARRINSTON PUBLIC LIBRARY

KIRKWOOD LIBRARY

NEWARK PUBLIC LIBRARY

ROUTE 9 LIBRARY AND INNOCATION CENTER

WILMINGTON PUBLIC LIBRARY

WOODLAWN PUBLIC LIBRARY

Through our network of more than 250 community and business partners, we are here to connect you to employment opportunities and other services, including the following:

ASSIST application process

Applying for food benefits

Medicaid

Childcare

Long-term nursing care

Home energy assistance

Learning about other DHSS agencies

Referrals to partner organizations

**Walk-ins are welcomed, or a virtual appointment are available at:**

**<https://delawarelibraries.libcal.com/appointments/socialworkers>**

For more information on becoming a community partner, and office hours at each library, contact Ryan Kirby, Libraries Team Administrator, by email at [Ryan.Kirby@Delaware.gov](mailto:Ryan.Kirby@Delaware.gov), or call (302) 792-0919. To refer a client, email [DHSS\\_DSS\\_CPSSU\\_DLFB@delaware.gov](mailto:DHSS_DSS_CPSSU_DLFB@delaware.gov).