

**COMMUNITY VOLUNTEER
OPPORTUNITIES
&
EVENTS**

**For More Information
Call 302-515-3020**

<https://volunteer.delaware.gov-delaware50>



S u s s e x C o u n t y

Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of State Service Centers. The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of volunteers.



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Have you been procrastinating? Procrastinating seems to be a recent social media buzzword. Putting off everything from home organization, making social contacts, reaching goals at work, starting a new hobby and **volunteering** are all examples of procrastinating life goals.

Procrastinating is putting off something that needs to be done. Experts say there are many reasons procrastinate and it is **not** because we are lazy. As a matter of fact there is some agreement from those “in the know” that negative beliefs in ourselves and stress seem to be the largest factors in procrastination.

There are a few tidbits for procrastinators I found in an online article by MindTools. They suggest:

1. Start small — Break things into small chunks.
2. Make a Plan — Put times, dates on key tasks.
3. Finish Things — Get over the finish line, avoid leaving things almost done.
4. Deal with distractions — Make the environment right so that you can work on this project.
5. Be kind to Yourself — Celebrate your successes!!

So you may ask, why am I speaking of procrastination? I believe it's because I may see it in this work many times. People often say to us, “I meant to do this last year, but...” or “I wish I had been involved with this organization many years ago, I wouldn't have been so lonely.” If you read the pages ahead you WILL see many opportunities you'll want to do. There are so many. You can help with one day opportunity (the butterfly release) or you can help many days a week by driving meals, helping in a kitchen, teaching a class, becoming a CASA. You can sew, knit, play piano, garden, sort books and games, or be a friend to a Veteran!

Why procrastinate? We have given you tools to start to be the volunteer you want to be. Start small and help one of the great community partners on the pages held within this newsletter!

Pass it on!!

Ann Gorrin



Volunteer Delaware 50+ focuses on helping individuals 50 years of age and older, use the skills and talents learned over the years, or develop new ones while serving in a variety of volunteer activities within the community. Volunteer Delaware 50+ volunteers determine their preferred level of commitment. Come join the more than 2,500 Volunteer Delaware 50+ members and start making a difference today!

What are the benefits of becoming a Volunteer Delaware 50+ member?

- All members receive supplemental insurance protection in case anything happens **while** they are volunteering with one of our community partners (excess volunteer liability insurance & excess automobile liability insurance)
- Opportunity for outstanding volunteers to attend a free recognition luncheon and enter to win door prizes (must meet required hours)
- Opportunity to receive a monthly listing of one-time volunteer projects, upcoming events and ongoing volunteer opportunities (sent via email)
- Invitation to attend free educational workshops on topics pertaining to the 50+ community (sent via email)
- Tracking of hours and years of service

Why do you collect my volunteer hours?

- Helps us to qualify for grants and places us in a better position to advocate for continued funding, not only for our program but also for our community partners
- Helps us to quantify all the amazing volunteer work Delawareans are doing for our state/in our communities
- Helps us to identify and recognize our outstanding

Are you already a volunteer with one of our community partners and would like to also be a member of Volunteer Delaware 50+?

We are always looking-for and inviting non-profit organizations to join us and become a community partner in order to offer even more opportunities to our members. If you are already a volunteer with one or more of our community partner and would like to also become a member of Volunteer Delaware 50+ please contact your local office.

Sussex/Kent County: please call 515-3020 or email

Danielle.Briggs@delaware.gov or
Bobbi.Tice@delaware.gov

New Castle County: please call 302-255-9746

How can I support the Volunteer Delaware 50+ program?

- ⇒ We would love to hear more of your volunteer stories. These could be stories of recognition and appreciation or personal accounts that could really inspire others who are thinking about getting involved in volunteerism to make that first step and get involved in their own way and help local organizations in need.
- ⇒ Volunteer to provide support with one or more of our programs:
 - CareWear Project: volunteer to make winter items for those in need
 - Matter of Balance-Become a coach
 - Join Volunteer Delaware 50+ Advisory Council
- ⇒ Provide support and/or encouragement to the Volunteer Coordinator at your site to submit your volunteer hours to our program on the 10th of every month.

For more information about Volunteer Delaware 50+ in Sussex County please call 302-515-3020

50+ Volunteers
Spread Kindness
Like
Wildflowers



Linda Mason

2023 Most Dedicated Volunteer



Sheri Ackerman 15 Years of Service

Selfless-Generous-Thoughtful



Donald Connell, Roger Hearn, Stephanie Fiala, David Proudfoot



Mary Deshields 15 Years of Service

Thank You
Volunteers & Community Partners



 Blood Bank of Delmarva

THIS TENT NEEDS YOU!



A gift straight from your heart

If you enjoy people, sharing the need for blood and the many eligibility rules changes, and want to see people in your community, Join the Blood Bank of Delmarva AMBASSADOR TEAM!

More information about about the Blood Bank of Delmarva Contact Bobbi Jo Tice @ 302-515-3020



DELAWARE BOTANIC GARDENS AT PEPPER CREEK

Volunteer

Help Delaware Botanic Gardens *grow!*



JOIN US! Don't miss out on this amazing opportunity to make a difference, learn, meet new friends and share your love of gardening!



- Garden Maintenance
- Tree & Shrub Planting
- Propagation & Plant Care
- Garden Greeter & Docent
- Point of Sale & Checkout
- Education Team

Contact Danielle Briggs

302-515-3029 or email.

Danielle.Briggs@delaware.gov



Outreach Volunteers



Experience with:

- Nonprofit Fundraising
- Marketing
- Grant Writing
- Community Outreach

Throughout Sussex County

Office Location
4 East Laurel St
Georgetown, DE
19947

Contact Bobbi Jo Tice @ 302-515-3020 or email Bobbi.Tice@delaware.com



SUBSTITUTE PIANO PLAYER

Cape Henlopen Senior Center is looking for a substitute piano player for their Choir group. The Chorus rehearses twice a month on Wednesdays from 10 a.m. to 11:30 a.m. For more information call 302-515-3020.





**Greenwood CHEER Center
Is Looking for Volunteers!**

**Kitchen Volunteers
Needed
1-2 hours in the
Mornings
For Light
Kitchen Duties
And Packing
Meals On Wheels**

For More information please contact
Danielle Briggs at 302-515-3029.

**Use your compassion and talents
to make a difference. Volunteer
with AccentCare® Hospice today.**

**You can support our local patients
and families by becoming a:**

- Ambassador Volunteer**
 - Community outreach, volunteer recruitment
- Legacy Volunteer**
 - Create legacies: books, journals, CDs, memory bears, crafts
- Office Volunteer**
 - Administrative assistance
- Social & Companionship Volunteer**
 - Reading, walking, caregiver relief
- Music Companionship Volunteer**
 - Play, sing and share music with patients, families and friends
- Children's Bereavement Camp Volunteer**
 - Work with camp staff and children
- Bereavement Volunteer**
 - Emotional support for patient family and friends
- Spiritual Presence Volunteer**
 - Support patient's faith related requests
- Vigil Volunteer**
 - Companionship during patient's last hours
- Pet Visitation Volunteer**
 - Patient visits with certified Pet Partners or Therapy Dogs
- Special Projects Volunteer**
 - Volunteer support for special groups or events like We Honor Veterans

For more information, please scan the QR code or contact our volunteer service coordinator at:
RebekahWelch@accentcare.com
or 302-533-3800



accentCare.

www.accentcare.com/volunteer

AccentCare welcomes all persons in need of its services and does not discriminate on the basis of age, disability, race, color, national origin, ancestry, religion, gender, gender identity and/or gender expression, sexual orientation, or source of payment.
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**Special Olympics Delaware is looking for volunteers for our
Spring Mid-season qualifier May 4 & 5 !!**



Click [HERE](#) to VOLUNTEER for Spring Mid-Season Qualifier

Sometimes a little company makes all the difference.

Volunteers make each day brighter for our patients.

At Delaware Hospice, we believe in making time for others. We work to make each day the best it can be, so that you can enjoy each moment spent volunteering with us.



As the leading nonprofit hospice agency in the state, we are always looking for a few special volunteers.

We are now offering online volunteer training!

If you are able to donate just a few hours a week or month, please call for more information 302-478-5707 or visit www.delawarehospice.org.



Be there. Volunteer to provide comfort and hope for someone on their worst day.

Disaster Action Team Member is one of the most-needed volunteers in Delaware.

When an individual or family are displaced by fire, storms or other emergencies, you can provide comfort and support by assisting with access to shelter, clothing, food and comfort.

Do you Volunteer with the American Red Cross? Call our office today !

For more information please contact Danielle Briggs

515-3029 or Danielle.briggs@delaware.gov



Attention: Seamstresses & Seamsters Your Creativity Can Bring Comfort!

Are you a skilled seamstress or seamster with a desire to make a difference? We invite you to join our Delaware Hospice Memory Bear and Heart Volunteer Team, providing comfort and support to grieving families by transforming cherished clothing items into beautiful keepsakes.

Why Volunteer With Us?

Discover the transformative power of your sewing skills as you join our Memory Bear and Heart Volunteer Team. Your talent will play a crucial role in bringing solace and comfort to grieving families during their time of need. By transforming memories into tangible keepsakes, you'll make a meaningful impact, supported by a compassionate community of volunteers.



READY TO USE YOUR SEWING SKILLS FOR A MEANINGFUL CAUSE?

Contact us today!

Sussex County, DE
Melody Cline
302-746-4756
mcline@delawarehospice.org

Kent & New Castle Counties, DE
Chester & Delaware Counties, PA
Rolonda Sutton-Greene
302-478-5707
rgreene@delawarehospice.org

What We Provide:

- All necessary supplies.
- Guidance and support from our experienced senior seamstress.
- A rewarding and meaningful volunteer experience that makes a difference in people's lives.

Join us in stitching together compassion and support within our community.



Virtual Information Session



American Red Cross

OPEN CALL FOR VOLUNTEERS

We need people who are highly dedicated and committed to helping others. Register to learn more about getting involved.



Opportunities Include

- Blood Donor Ambassador
- Disaster Action Team (DAT)
- Volunteer Recruitment
- Red Cross Club Coordinator
- And more...

Spring 2024 Info Session Dates

Thurs, March 7th noon- 1pm
Fri, April 26 noon - 1pm
Thurs, May 30th noon - 1pm
Wed, June 26th noon - 1pm



www.redcross.org/volopenhouse

PAWS for People

HEALING PET THERAPY SINCE 2005

You Can Make a Difference with PAWS

Our Mission

PAWS for People is a nonprofit organization committed to improving the lives of people in our community by lovingly providing individualized, therapeutic visits with our specially trained volunteers and their certified gentle, affectionate pets.



We Need You to Make it Happen!

Do you have a sweet, people-friendly, gentle, dog, cat or bunny? Would you like to give back to your community? PAWS needs volunteers with their own gentle, affectionate pets to help us spread hope and healing throughout our community.

PAWS volunteers visit hospitals, nursing homes, cancer centers, schools, libraries and anywhere people can benefit from interaction with a pet.

Volunteer Opportunities

PAWS offers specialized training which includes an evaluation of the person/pet team, an introduction to pet therapy, and instruction on best practices for visits.

Our volunteer teams are supported by PAWS staff throughout their training and visiting, including a guided first visit and on-going assistance with visit placements. PAWS volunteers are the heart of our organization and are valued and celebrated!

Our greatest need is for volunteers with weekday, daytime availability. For more information on volunteering or to make a contribution, please visit our website:

www.PawsforPeople.org

Or contact us at (302) 351-5622 or info@pawsforpeople.org



Volunteers Needed



Join us as an event ambassador volunteer and be part of our community outreach! Your time and skills can create a positive change.

Why Join Us?

- Connect with your community
- Have Fun
- Meet People
- Fight for Fraud Awareness

Contact Us:

lena.thayer1@delaware.gov | 302-255-9774

photo by freepik

Supported by Grant #90MPPG0097-01-00 from ACL



GEORGETOWN PUBLIC LIBRARY

We are seeking volunteers to help with Groundkeeping. We can provide gloves, trash bags, and a grabber. come anytime.

More information Contact Danielle.Briggs
302-515-3029
or
Danielle.Briggs@delaware.gov

Georgetown Public Library

VOLUNTEERS NEEDED TO HELP WITH ORGANIZING THE LIBRARY. NOT CLEANING, BUT HELPING PROGRAMMERS KEEP UP WITH THINGS LIKE MARKER LIDS PUT BACK ON, BOARD GAME PIECES IN THE BOX, GLUE STICKS BACK IN THEIR CASES ETC.

If interested please contact Danielle Briggs at 302-515-3029 or email Danielle.Briggs@delaware.gov

POWER PAK TEAM LEADER

for Brunch 8 days per month

- ✓ Coordinates
- ✓ Collaborates
- ✓ Schedules



ASK for details



Embrace the Chance to Make a Change!

Power Pak Team Leader

Seeking dedicated individuals who are interested in stepping up in leadership roles. If you're passionate about positive change, this is your opportunity!

In kind donations team leader

Seeking dedicated individuals to step up into Leadership roles within our organization. If you're passionate about creating positive change and eager to contribute your skills, this is a fantastic opportunity for you! Let's come together and make a lasting impact!

Call Danielle Briggs for more information 302-515-3029

IN-KIND DONATIONS TEAM LEADER

- ✓ Manage incoming donations
- ✓ Fulfills requests
- ✓ Collaborates & Coordinates
- ✓ Re-stocks



ASK for details



Invites Milford Community to our

MAY 4TH, 2024



Helping Hands Community Event

LOCATED AT: LIGHTHOUSE CHURCH
347 CALVARY ROAD, MILFORD, DE 19963

FREE FOOD | FUN | CLOTHES | RESOURCES

helpinghands@milfordadvocacyforthehomeless.org



ARE YOU LOOKING TO FIND A MOST REWARDING WAY TO SPEND YOUR TIME? COME TO THE DELAWARE VETERANS HOME...

VOLUNTEER POSITIONS AVAILABLE

Enjoy time with our residents

Meet some fantastic Veterans and learn about their lives and talents. Become a friend and make a veterans day special.

Contact Bobbi Jo Tice at 515-3020 or email Bobbi.Tice@delaware.gov



**Cardio Drumming
Exercise Instructor**



Cardio Drumming

Thursdays from 9 a.m. to 9:45 a.m.

Contact Bobbi Jo Tice for more information 302-515-3020

NANTICOKE SENIOR CENTER

Drivers Needed!

HOMEBOUND MEAL DELIVERY

- FLEXIBLE SCHEDULE
- MEETING & HELPING OTHERS
- SUBSTITUE DRIVER

FOR MORE INFORMATION CALL DANIELLE BRIGGS AT 515-3029

MILFORD ADVOCACY FOR THE HOMELESS, INC

EXCITING OPPORTUNITIES



DRIVING WITH PURPOSE

Our drivers are the backbone of local logistics, ensuring essentials reach their destinations with precision and care.

Our organization is growing and we currently have openings on our Driver team.

Responsibilities include:

- Collect and deliver food from the pantry to the Power Pak and Dinner team.
- Collect food donations or other items from local businesses and deliver to local transition houses.
- Collect/Deliver In-Kind donations from drop-off locations to our storage unit. We are seeking more volunteers to join our Driver team.



READ MORE ON OUR FACEBOOK PAGE



MAH@Milfordadvocacyforthehomeless.org

Sussex County
Habitat
for Humanity®

VOLUNTEERS NEEDED

Can you lend a hand?

we need help with office work and construction

all skill levels welcome!

Contact Bobbi Jo Tice at 302-515-3020



The South Coastal Library in Bethany Beach, DE is looking for adult volunteers to provide one-on-one assistance on using (not repairing!) computers, tablets, cell phones and Kindles, incl. Windows, Apple & Android devices. If you are interested in sharing 1-3 hours/week of your time and knowledge on a regular basis, please contact Bernadette @ 302-858-5518.

Cape Henlopen Senior Center

11 Christian Street - Rehoboth Beach, DE
302-227-2055

15th Wellness Information Health



Thursday, May 9, 2024

Beebe Healthcare
(9:00 a.m. – 12 noon)

- Blood Pressure
- Cholesterol
- Bone density
- Body mass and glucose testing

No appt. needed!

Open to the general public.

For more information call, Bernita Hackney

CHSC Program Director at
302-227-2055 Ext. 7



Guest Speakers at our Health Fair

10:00 a.m. to 10:30 a.m.

Glenn Berry – Topic: Senior Self-Defense

11:00 a.m. – 11:20 a.m.

Judy Schiott - Topic: Mental Health

11:30 a.m. – 12 noon

Patrick Carney – Topic: Senior Medicare Fraud

Break

1:00 p.m. – 1:30 p.m.

Anita Marie Rumley – Topic: Identity Theft

1:35 p.m. – 2:00 p.m.

Anita Marie Rumley – Topic: Medicare 101

2:30 p.m. – 3:00 p.m.

Dr. Rachel Hartman, OD Optometrist
Topic: Preserving Vision – Care for Aging Eyes

**Please call 302-227-2055
to register for any
of these classes.**



Help us turn plastic bags into plastic yarn



Upcoming Plarn Workshops

BENEFITS THE MATS FOR THE HOMELESS PROGRAM,
A CAREWEAR PROJECT INITIATIVE

Thurman Adams State Service Center
546 S. Bedford Street
Georgetown, DE 19947

- March 7th 1pm-3pm
- May 16th 1pm-3pm
- August 22nd 1pm-3pm
- October 17th 1pm-3pm
- December 19th 1pm-3pm



Cape Henlopen Senior Center

(11 Christian Street, Rehoboth Beach, DE) 302-227-2055



Wednesday, May 1, 2024

Doors open at 11:30 a.m.
Games start at 1:00 p.m.

ADMISSION \$20 per person

Includes:

- ✓ 1 - Game Pack.
- ✓ Specials and 1-Quickie Card.
- ✓ Does not include: 50/50 game

Additional games may be purchased.

Refreshments will be on sale!

- ✓ Cookie Jar - \$2 per person
- ✓ Variety of Pulled Tab Games
- ✓ Jackpot Game worth \$150.



Open to the public! Invite your friends!



Free Family Fun Festival

Bring the whole family down to celebrate. There will be food for sale, games, face painting, balloon twisting and a magic show!

When: Thursday, May 16th 4-6:00pm

For Whom: Children and families

Where: Cupola Park, Millsboro



Thank you to our performers and volunteers for their generous donation of talent and time.

Join us for our Ready, Set, Bloom Spring Open House on **May 9 from 3:00 to 5:00 pm.**

We hope to see you there!



The Georgetown Public Library presents

Think First to Prevent Falls

Friday, May 17th
1:00 - 2:00pm

ThinkFirst To Prevent Falls is now available as a presentation on the basics of fall prevention for older adults.

Topics covered include: Overview of the Brain, Concussion Discussion, Significance of Falls, Fear of Falling, Safety Inside the Home Community Safety, Talking With Your Physician, Nutrition Exercise, Vision, Medications, and Community Resources.

Presented in partnership with:



For questions, please contact us at: (302) 856-7958

Personal Finance Seminar

Join Mark May, a local financial advisor, at the Georgetown Public Library on May 13, 2024, for a free personal finance presentation! Touching on topics like budgeting, investments, debt reduction, and many more, this is the perfect way to restart your financial life in the new year. Whether you are saving for a specific goal or looking to make the most of your money, this is a great first step in thinking about your money goals. The presentation will be held at 5:30 PM on May 13, 2024 and is free to attend! See the Georgetown Public Library calendar for more details.

Date:

Monday, May 13, 2024

Time:

5:30pm - 6:30pm Eastern Time

Location:

Meeting Room A

Library:

Georgetown Public Library

Lewes Senior Activity Center

Jackpot Bingo

Open to the public!

Every Tuesday Night

Doors Open 4:00 pm

Dinner Served 4:30pm

Early Bird games 5:30pm

Regular games 6:00pm

Basic Bingo Package \$18

**Lewes Senior Activity Center
32083 Janice Rd, Lewes**

Indian River Senior Center

2024 STRAWBERRY FESTIVAL

HANDMADE CRAFTS, STRAWBERRY SHORTCAKE,
RAFFLES, AND MORE!

Saturday, June 8th, 2024
10am to 2pm
Rain or Shine!

COME SUPPORT YOUR LOCAL
CRAFTERS AND JUMP INTO
SUMMER WITH FRESH
STRAWBERRIES STRAIGHT
FROM THE FARM!



214 Irons Ave
Millsboro, DE 19966
302-934-8839 x 1



GPL Walkers

Join our walking group:
Mondays
9:00 a.m.

30-40 minute walk on a wooded trail
Pets permitted on a leash, no bikes

Please bring a bottle of water.

SANDHILL FIELDS, MURRAY'S LANE PARKING LOT



GEORGETOWN PUBLIC LIBRARY

Join our Bridge Club
Wednesdays
1:00 p.m. to 4:00 p.m.

All skill levels are encouraged to attend.



Wings of Hope: A Butterfly Release

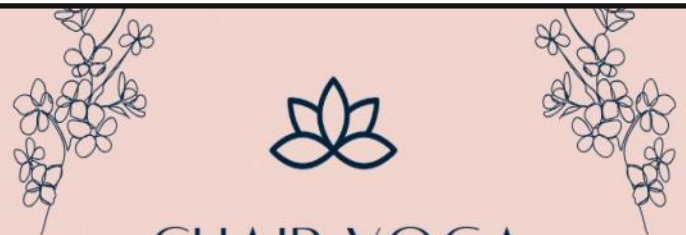
An unforgettable celebration of life and inspiration
for anyone who has been impacted by cancer.

Saturday, June 22, 2024
9:00am to Noon
Milton Memorial Park
Milton, DE



Interested in sponsoring? Contact
Amy Hays at 302.645.9150 or
ahays@cscde.org

Scan for event updates or
to purchase butterflies,
t-shirts, and more!



CHAIR YOGA

Georgetown Public Library

Every Thursday at 11:00 a.m.

Come do some gentle and relaxing
stretches that are designed "to help
develop strength and enhance ability
to function in daily life."

123 West Pine Street
Georgetown, DE 19947
302-856-7958

Adults only

Community Partners

Alzheimer's Association	Delaware Botanic Gardens	Matter of Balance
American Legion Aux. #17	Delaware Hospice/South Division	Meals on Wheels
American Red Cross of Delmarva	Delaware Senior Medicare Patrol	Milton CHEER Center
American Veterans Thrift Store	Delaware Veterans Home	Nanticoke Senior Center
Atlantic Shores Rehab & Health Care	Easter Seals	Nanticoke Watershed Alliance Creek Watchers
Autism Delaware	First Tee Delaware	New Life Thrift Shop
Auxiliary of Stockley Center	Food Bank of Delaware	Ocean View Volunteers
Back Bay Strummers	Georgetown CHEER Center	Ombudsman Program
Barbara K. Brooks Transition House	Georgetown Public Library	Overfalls Foundation
Bayhealth Medical Center	Georgetown VA Clinic	Pathways to Success, Inc.
Beebe Healthcare	GFWC Women's Club of Indian River	PAWS for People
Big Brothers/Big Sisters	GFWC Zwaanendael Women's Club	Possum Point Players
Blood Bank of Delmarva	Good Samaritan Aide Shop	Prime Hook National Wildlife Refuge
Boys & Girls Clubs of Delaware	Greenwood CHEER Center	Read-Aloud Delaware
Brandywine Living at Seaside Pointe	Habitat for Humanity	Renaissance Health Care
Brandywine Valley SPCA- Georgetown	Habitat ReStore	Robin Hood Thrift Shop
Bridgeville Senior Center	Harbor Health Care Center	Ronald McDonald House of Delaware
Cancer Support Community	Harbour Lights CHEER Center	Roxana CHEER Center
Cape Henlopen School District (K-12)	Indian River School District (K-12)	South Coastal Library
Cape Henlopen Senior Center	Indian River Senior Center	Special Olympics Delaware
CareWear Project	Laurel Senior Center	The ARK Educational Consulting, Inc.
CASA Program	Lewes Senior Activity Center	The Way Home
Casa San Francisco	Little Grace Kids	Thresholds
CHEER Coastal Leisure Center	Long Neck CHEER Center	TidalHealth-Nanticoke
ChristianaCare Hospice in collaboration with Delaware AccentCare	Love INC of Mid-Delmarva	Village Volunteers
Coastal Concerts, Inc.	Milford Advocacy for the Homeless	Volunteer Delaware 50+ Advisory Council, Inc.
Community Resource Center	Milford Wellness Village	Volunteer Delaware 50+ Technical Assistance
Contact Lifeline	Manor House	Woman's Club of Milton
DCRAC (DE Community Reinvestment Action Council)	Mason-Dixon Woodworking Club	