



Directions for Making Plarn

- Step 1: Smooth the plastic bag on a flat, hard surface with handles to the left.
- Step 2: Reach over the bag with your left hand to pinch and hold the top just to the right of where you see the handles start.
- Step 3: With your right hand, grasp the top right corner of the bag and fold the bag lengthwise towards you, not releasing your hold, with both hands.
- Step 4: Cut to the right of where you held the bag with your left hand, thus removing the handles and then snip off the bottom bag seam that you held with your right hand. Discard the handles and bottom seam to recycle.
- Step 5: Cut the remaining bag into 3” loops.
- Step 6: Open 2 loops, one in each hand. Join the loops like making a “rubber band chain” and loosely roll the growing chain into a ball as you continue to add loops to the chain.

*To make a rubber band chain, pick up two loops and pull one loop part way through the other. Pull end of the second loop through itself then pull gently until tight. Repeat steps adding to length of plarn as you roll it into a large ball.

To view a video tutorial, visit <https://www.youtube.com/watch?v=gQwTcizA7Oo>

Once your plarn has been created, please call Volunteer Delaware at (302) 857-5006 and make arrangements to return the kit with all scissors and rulers inside, as well as all the balls of plarn that were made.

