

VOLUNTEER DELAWARE 50+

1 YEAR =
365 OPPORTUNITIES

COMMUNITY VOLUNTEER
OPPORTUNITIES & EVENTS

For More Information Call 302-515-3020

OR Visit us at

<https://volunteer.delaware.gov/volunteer-delaware50>

Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of State Service Centers. The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of Volunteers.



Join Volunteer Delaware 50+ on January 13th!

See Page 3

If you are lucky enough to be reading this newsletter you **are** a volunteer or work with volunteers in our community. Did you start your volunteer journey because of a New Year's Eve resolution? Perhaps on a look back, you'll discover the volunteer spirit was planted by a significant person during your childhood, a parent, sibling, teacher or mentor. It began with a project, a group event, or maybe a community need and **presto** you became a READY volunteer. You were a coach for your child's team, a secretary for the fire company's auxiliary, a timer for a swim meet and on to many other opportunities throughout your life.

The community partners of Volunteer Delaware 50+ and dozens of other nonprofits throughout Sussex County depend on volunteers for help to run their operations. One partner, the Bridgeville Senior Center has been in business for 70 years, helping seniors live a better life. On page 7 of this letter, see their current needs perhaps most pressing, the need for meal delivery drivers.

There's no magic New Year's resolution which will make you win the Governor's Outstanding Volunteer Service Award in 2023. Research shows most resolutions don't make it until February 1 of a new year! Take a look back and pat yourself on the back folks! Your journey started as a process, small and sure steps that let you stand as a confident volunteer. And, our community has many needs for you. Take a look through our pages or **call our office and talk to us** — there are more volunteer opportunities than are included within.

Speaking of calling us, you may notice a familiar voice will be absent from our team next Friday (Jan. 13). Laura Goepfert will be leaving Volunteer Delaware 50+ to pursue a new opportunity within the State of Delaware! Her new promotion will provide her with experience to work with the Family Support Services Team. We are very thrilled for her as she grows in her career. Danielle, Bobbi Jo and I will miss her very much and wish her all our best!

goodbye
thank you
regards
farewell
cheerio
ciao
coda
bye-bye
Auf-wiedersehen
adieu
see ya
toodle-oo
Arrivederci
sayonara
ciao
so long
adieu

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In the Spotlight

2022 Governor's Outstanding Volunteer Service Awards

The Governor's Outstanding Volunteer Service Awards, administered by the State Office of Volunteerism, honors the contributions of individuals and groups in Delaware that have made a positive impact in their communities or across the state through service and volunteering. The awards are sponsored by the Office of the Governor, the Delaware Department of Health and Social Services, Division of State Service Centers, State Office of Volunteerism and the Governor's Commission on Community and Volunteer Service.



Volunteer Delaware 50+ is especially proud of our Sussex County Community Partner Village Volunteers for their nomination and award!



Village Volunteers have volunteered 4,800 hours this year helping the senior population in Eastern Sussex County. The group's initiatives include driving seniors to doctor appointments, grocery stores, pharmacies, and other appointments. Village Volunteers give peace of mind to family members who live far away and are not able to help with the day-to-day needs of their loved ones.

Special Olympics, a Volunteer Delaware 50+ statewide partner, was present to honor their founding member. Congratulations to Barbara Spence who was awarded the 2022 Paul Wilkinson Lifetime Award.

Congratulations to all the individuals and groups that were recognized.

It's never too early to start thinking about who you would like to nominate and see awarded in 2023.

We hope to see YOU at next year's event!



OLUNTEER
DELAWARE 50+

Towel and Blanket Drive For Brandywine Valley SPCA

What: Drive Thru Towel and Blanket Drive

**Where: Adams State Service Center
546 S. Bedford Street
Georgetown, DE 19947**

When: January 13, 2023

Time: 12:00 p.m. to 2:00 p.m.

Please no comforters or pillows because dogs love to destuff them, and that's dangerous for the dogs.

If the 13th does not work for you, we can schedule a different day/time for a drop off at our office.





Volunteer Delaware 50+ Sussex County CareWear Project volunteers have shown their passion for giving in a BIG way this year! As 2022 ended, we counted, collected, and donated thousands of items throughout Sussex County. Items were donated to non-profit organizations, government agencies, hospitals, nursing homes, schools and more!

5,567 knit, crocheted and sewn items such as; hats, scarves, blankets, and many baby items were donated to 32 agencies .



156- Duffle Bags & 27 stuffed elephants were donated to Sussex County Foster Care Program .



134 sleeping mats were donated to 15 Agencies in Sussex County.



We are always welcoming new volunteers to join our CareWear Project, which includes the Bags 2 Mats for the homeless (sleeping mat project) and the Duffle Bag program (making duffle bags for children in Foster Care). To volunteer and/or receive goods from CareWear, call, 302-515-3020 or email Bobbi.Tice@delaware.gov



**American Legion Auxiliary Unit 17
thanks the Post 17 family for their
generous donation to the Cape
Henlopen School District this
holiday season!**



*Happy
New Year*
2023

Contribute while you shop!

It's so easy!!

**VOLUNTEER
DELAWARE 50+**

 [Smile.amazon.com](https://smile.amazon.com)



**Call the office, we'll walk
you through it!!**

302-515-3020

Thank you

FOR YOUR SUPPORT



amazonsmile
You shop. Amazon gives.

Step 1: Start at smile.amazon.com

Step 2: Sign in to your Amazon account

Step 3: Search for and select :

Sussex County Volunteer Delaware 50+ Advisory
Council Inc.

Step 4: Shop as always

Harbour Lights CHEER Lewes, Delaware

is looking for a
receptionist on
Mondays' from
8:30 am to
12:30 pm

Call Bobbi Jo Tice
302-515-3020 for
more information

34211 Woods Edge
Drive
Lewes, DE 19958



ChristianaCare

IN COLLABORATION WITH accentCare.

BECOME A HOSPICE VOLUNTEER
Share Your Time... You Can Make a
Difference!

ChristianaCare Hospice in
Collaboration with Delaware
AccentCare (formerly Seasons Hospice

& Palliative Care of Delaware) is seeking Friendly Visitor Volunteers to share their time and provide friendly volunteer visits to terminally ill patients and their families. There is no medical or personal care involved - just caring from the heart! Volunteer visits are flexible, based on your availability and are always close to your home. We provide professional and comprehensive training that prepares our volunteers to visit patients in homes. *YOU* can make a difference by...

- Providing companionship and conversation
- Reading aloud to a patient or listening to music together
- Looking at photos together and sharing memories
- Working on a craft project together
- Sitting with a patient so their caregiver can run errands or go to a doctor appointment
- Journaling to help a patient record their history
- Watching movies or television together
- Playing cards or games
- Taking a patient for a walk in a wheelchair.
- Providing a supportive presence.

For More Information Call or Email 302-515-3029

Danielle.Briggs@delaware.gov



Looking for volunteers!

Volunteer

Homebound Drivers to
deliver meals give
Volunteer Delaware 50+ a

call for details

302-515-3024

If interested!



It's more than a meal...it's a relationship

414 Market St Bridgeville, DE • (302) 337-8771



Three Ways to Volunteer

1. The Bridgeville Senior Center is currently seeking members for the Board of Directors willing to serve and devote their time to building BSC. The center has been in operation for over 70 years.
2. Volunteer positions open on the second Wednesday of each month serving those 60 and over in the community through the Food Bank of Delaware. Volunteers will be distributing, packing, or signing recipients in.

3. Volunteers open for Meals on Wheels delivery drivers on Mondays, Tuesdays, and Wednesdays.

To find out more contact Danielle Briggs at Volunteer Delaware 50+ 302-515-3029 or email Danielle.Briggs@delaware.gov

Need a helping hand?
Here's ours.



Village Volunteers and South Coastal Village Volunteers offer these services to full members, up to two hours per service and up to 25 hours per month:

Transportation

- ✓ Medical, rehab, therapy appointments
- ✓ Grocery shopping
- ✓ Hairdresser/ barber visits
- ✓ Many other errands

Home Maintenance

- ✓ Changing light bulbs
- ✓ Checking smoke alarms
- ✓ Simple repairs
- ✓ Occasional yardwork, plant care

Technology Help

- ✓ Programing cell phones, thermostats, and TV remotes
- ✓ Performing simple computer tasks
- ✓ Assisting with other electronic gadgets

Friendly Calls, Visits

- ✓ Conversation and companionship
- ✓ Respite for family care givers
- ✓ Phone calls to check on well-being, personal needs, or just to chat

Interested in Volunteering?

Share your time, your skills, your way.

Interested in Membership?

Get to know us before you need us.

Helping older adults live independently.

Village Volunteers (302) 703-2568
16686 Kings Highway, Suite B, Lewes, DE 19958
info@VillageVolunteer.org • VillageVolunteer.org
Lewes, Milton, Rehoboth Beach

South Coastal Village Volunteers (302) 500-1281
PO Box 1453, Bethany Beach, DE 19930
southcoastalvillage@gmail.com • SouthCoastalVillageVolunteers.org
Bethany Beach, Millville, Ocean View, South Bethany

Do you love the outdoors and talking
with friendly people about nature?

So Do We!



The Coastal Delaware National
Wildlife Refuge Complex is looking
for volunteers to staff our
visitor centers.

Both Bombay Hook in Smyrna and
Prime Hook National in Milton are
looking for friendly people to help
welcome and orient visitors
to the refuges.

Most volunteers work a 4 hour shift
once a week. Even if you can only
give one day a month we'd be happy
to have help.

We also need lawn and trail
maintenance volunteers.

For more information email or call:

Bobbi Jo Tice at 302-515-3024



OPEN VOLUNTEER ROLES!!!

Donor Care and Staff Support (age 18+):

Want to be on the donation floor? Interact with donors and staff? Make the donation process better for both donor and staff? In this role you restock supplies staff need for donation process, hand out items donors need, and interact with donors so they feel seen and have someone there supporting them. Schedule sign up first come first serve after completion of application and training.

Community Outreach Ambassador (age 18+):

Enjoy people? Want to interact and share what BBD does with people in the community? You'll attend community events with information and training provided to share the needs and mission of BBD! Fun way to be with people and help BBD in saving lives. Training online and in person. Scheduled in advance variable upon community event dates.

Donor Refreshment/Canteen Center and/or Mobile (age 18+):

Enjoy people and staying active? Care for donors post-donation, chat with donors, serve snacks and drinks, and help donor feel cared for and appreciated. Active role, interact with people, restock, and sanitize tables. Training online and in person. Center schedules set and sign up with lead volunteer guidance, mobile drive schedules posted a month in advance first come first serve.

Greeter (age 15+):

Say hello to donors on way in, and thank on their way out of the blood center. Sanitize tablets, laminated reading material, and chairs, counter, etc. in registration area. Interact with donors, staff, and volunteers. Schedule sign up first come first serve after completion of application and training.

Fundraising (age 18+):

Have experience in fundraising, enjoy data input, thank you letter preparation, or anything related to raising funds? We look forward to hearing what skills and experience you have to share!

Office Admin, Phone, and Related tasks (age 15+):

Are you an indoor office organizing type person? BBD has different types of roles: data entry, phone calls, letter mailing preparation, copying, scanning, shredding, and variety of other office computer related tasks. Let us know your skill set and experience!

Photo and/or Video (age 15+):

Love to be behind the lens? Enjoy taking photos or shooting video? Maybe editing video? Creating short videos? Let us know what you love to do in this area.

Volunteers Needed!

Contact Bobbi Jo Tice at 302-515-3024 for more information.



Code Purple
Sussex County

Helping Churches Help People

Code Purple opens December 1st
And we still need Volunteers!

Code Purple provides safe emergency
Nighttime shelter for our homeless neighbors
During the cold winter months.
Sites are open from December 1st - March 15th

For more information, please contact
Gissela at: (302)-519-0024
or email:
cpsc@loveincofmiddelmarva.org

To donate, scan the
QR Code below



To learn more, scan the
QR Code below



CHURCH WE NEED YOUR HELP!

MEN SPECIFICALLY ARE NEEDED

**FOR OUR SEAFORD AND
GEORGETOWN**

**CODE PURPLE SHELTER
LOCATIONS.**

**PLEASE CONTACT GISSELA AT:
(302)-519-0024**

OR EMAIL:

CPSC@LOVEINCOFMIDDELMARVA.ORG

**LOOKING
FOR
VOLUNTEERS**

40 TH ANNIVERSARY
**DELAWARE
HOSPICE**

VOLUNTEER ORIENTATION

**Join us for a one-day, in-person session at
the Delaware Hospice Center!**

Date: Tuesday, January 17

Time: 9 a.m. to 2 p.m.

Location: Delaware Hospice Center
100 Patriots Way, Milford, DE 19963



Space is limited, RSVP today!

**Contact Danielle Briggs for more information regarding the
Hospice Orientation. Email:**

Danielle.Briggs@delaware.gov or call 302-515-3029.

**MILFORD
WELLNESS
VILLAGE**



**Milford Wellness Village is looking for
Front Desk volunteers.**

- Welcoming visitors to the center.
- No Phones. (will not have to answer phones)
- Free Wi-Fi and access to the campus café.

21 West Clark Avenue * Suite 1030 * Milford * DE * 19963

Questions or Interest Please Contact Danielle Briggs at 302-515-3029

CALL FOR VOLUNTEERS

Georgetown Public Library



123 West Pine Street
Georgetown, DE 19947.

Georgetown Public Library

is looking for volunteers who can help with the shelving and organizing of books.

- ♦ Ability to bend at an angle, lean down, and push a cart of books.
- ♦ Complete a 2 hour shift.
- ♦ Must pass a background check.

Please contact

Danielle Briggs at

Volunteer Delaware 50+

302-515-3029



**CHANGE THE WORLD
ONE CHILD AT A TIME**



BECOME A MENTOR

Help unlock a child's potential
in just 30 minutes a week.

Become a mentor in the
Cape Henlopen School District.
(Elementary, Middle, or
High School)

CONTACT DELAWARE 50+ FOR MORE INFORMATION

302-515-3020



Volunteers Needed

At our Rehoboth Beach store.

Do you have 8 hours a week to help sort clothing, price items, work on the salesfloor? If so, we offer a great work environment, 50% off after 30 days. Come join our team and help our veterans in need.



CHILD ADVOCATES NEEDED FOR SUSSEX COUNTY

The Office of the Child Advocate- Court Appointed Special Advocate Program (CASA) of Delaware is expanding its efforts to advocate for the best interests of abused and neglected children. The program is seeking qualified adults to serve as CASA volunteers.

CASA volunteers are trained members of the community who are appointed by a Family Court Judge to be a voice for Delaware's abused and neglected children in court proceedings. The CASA volunteer ensures the rights of children are protected and their needs are met. CASA volunteers work with attorneys, social workers, and family members to attain a safe and permanent home for each child.

CASA volunteers have varied professional, educational and ethnic backgrounds. They are selected on the basis of their objectivity, competence and commitment. Each volunteer accepted into the program must complete 30 hours of initial training. Casework supervision is provided by full time Program Coordinators. There are 220 CASA volunteers that advocate for over 300 children, but there are 200 or more children in foster care that do not have a CASA to be their voice. Now more than ever we need more volunteers.

We are a member of the National CASA/GAL Association for Children. To learn more about National CASA please visit <https://nationalcasagal.org/>.

*CASAs are ordinary people who do extraordinary work
for children in foster care.*

Statewide Training Classes are forming now!

Contact Lauren Brueckner at (302) 245-1895 or email her at lauren.brueckner@delaware.gov
OR

[Click here](#) to apply online TODAY or scan the QR code below!



Delaware Caregivers:

Join Us on Thursday, January 12, 2023 | 10 a.m. to 12:30 p.m.

Alzheimer's Association Delaware Valley Chapter In-Person Alzheimer's Caregiver Symposium

Join us to hear local experts discuss:

- The impact of Alzheimer's and other dementias
- Strategies for aging in place
- How to make meaningful connections and adapt activities
- Addressing challenges in caregiving (panel)

PRESENTERS & PANELISTS

Carol Amos, Caregiver, Volunteer, Advocate, Author

Amie Baker, Care Partner, Jewish Family Services

Cathy Ciolek, PT, DPT, Dementia Consultant

Kim Martin, Volunteer Community Educator

Rachel Wiley, OT, Day by Day Home Therapy

Denise E. Woods, PT, Former Caregiver, ChristianaCare



SAVE
THE DATES
WORKSHOPS

2023 CALENDAR YEAR

January 19th
March 16th
June 15th
September 21th
December 21st

Learn to Make
plan and
sleeping mats
for the Homeless

All are
welcome!
Bring a
friend!

Times for all dates: Noon to 3pm

Indian River Senior Center
214 Irons Ave, Millsboro Del 19966

BobbiTice@delaware.gov | 302-515-3020



Goldey-Beacom College Events Center
4701 Limestone Road | Wilmington, DE 19808

Parking: Bear left into parking lot and pass
the first brick building. Enter the Event Center,
the building with the glass front.

REGISTER at <https://action.alz.org/mtg/88413591>
or by calling the Alzheimer's Association
24/7 Helpline at 800.272.3900.





**LEWES
POLAR BEAR PLUNGE**

Be bold. Get cold.

Special Olympics Delaware



2023 Lewes Polar Bear Plunge

presented by

DISCOVER **Wawa**

Be inspired.
Be a Volunteer.

Plunge Weekend

Friday Feb. 3 - Sunday Feb. 5
Rehoboth Beach

Sign up
today!



For more information about the Plunge visit
WWW.PLUNGEDE.ORG



--- www.PlungeDE.org ---

@sodelaware / @plungeDE



**LEWES
POLAR BEAR PLUNGE**

Be bold. Get cold.

Volunteers are the heart of our organization.

Be a Coach, Unified Partner or Volunteer!

Click link below

[Current Volunteer Opportunities](http://www.PlungeDE.org)

RESOURCES**RESPIRE VOUCHER PROGRAM**

Take a Break through Easterseals Respite Grants

Respite grant funding is available!

While caregiving is rewarding, it requires an immense amount of time and energy, and often leads to caregiver burnout. By providing a temporary break in caregiving, respite allows you to relax a bit, clear your mind and/or attend to other family needs. Respite helps to keep family caregivers physically and emotionally healthy by reducing the likelihood of depression, anxiety, and isolation.

Through Easterseals respite services, caregivers can receive a voucher to be used to pay for the care of your loved one while you take a break. It could be a date night with your significant other, lunch with a good friend, or sitting outside reading a book. A friend, a neighbor, or an agency may provide the care. The respite provider cannot live in the same household as the care recipient and must be at least 18 years of age. Family cannot be receiving respite funding through another source.

See back for additional eligibility requirements.

All Abilities. Limitless Possibilities.

resources@esdel.org | 302-221-2087

RELATIVE RESPITE

Funds are available to grandparents (or other non-parent relatives) who are:

Age 60 or older and caring for a child 17 or younger

Responsible for a majority of the child's care

Related to the child by blood, marriage or adoption

Partially funded by the Division of Services for Aging and Adults with Physical Disabilities through the National Family Caregiver Support Program, Title III-E of the Older Americans Act.

LIFESPAN RESPITE

Lifespan Respite funds are available to individuals providing unpaid care to a loved one of any age or disability, including:

A senior who is unable to stay alone

An adult with a disability

Or a child with special needs

Partially funded by the Division of Services for Aging and Adults with Physical Disabilities through the National Family Caregiver Support Program, Title III-E of the Older Americans Act.

CHILD & ADOLESCENT CAREGIVER RESPITE

Funding is available if you provide care to a child 17 or younger with a behavioral health challenge who is eligible for the Division of Prevention and Behavioral Health services.

Funding may also be available for children who do not yet qualify for services through the Division of Developmental Disabilities Services.

Funded by the Department of Services for Children, Youth and their Families, Division of Prevention and Behavioral Health Services and the Substance Abuse and Mental Health Service Administration System of Care grant.



VOLUNTEER OPPORTUNITIES WITH OUR PARTNERS

| | | |
|---|------------------------------------|--------------------------------------|
| AGAPE Senior Center | Delaware Veterans Home | Millsboro Public Library |
| Alzheimer's Association | Delmar Public Library | Millville Volunteer Group |
| American Red Cross of Delmarva | East Millsboro Elementary School | Milton CHEER Center |
| American Legion Aux. #17 | Easter Seals | Nanticoke Senior Center |
| American Legion Aux. Unit #28 | Food Bank of Delmarva | Nanticoke Watershed Alliance |
| American Veterans Thrift Store | Georgetown CHEER Center | Creek watchers |
| Atlantic Shores Rehab & Health Care | Georgetown Elementary | New Life Thrift Shop |
| Autism Delaware | Georgetown Public Library | Ocean View Volunteers |
| Auxiliary of Stockley Center | Georgetown VA Clinic | Office of the Public Guardian |
| Back Bay Strummers | GFWC Women's Club of Indian River | Ombudsman Program |
| Barbara K. Brooks Transition House | GFWC Zwaanendael Women's Club | Overfalls Foundation |
| Bay Health Medical Center | Good Samaritan Aide Shop | Pathways to Success, Inc. |
| Beebe Healthcare | Greenwood CHEER Center | PAWS for People |
| Big Brothers/Big Sisters | Greenwood Public Library | Philip C. Showell Elementary School |
| Blood Bank of Delmarva | H.O. Brittingham Elementary School | Possum Point Players |
| Brandywine Living | Habitat for Humanity | Prime Hook National Wildlife Refuge |
| Brandywine Valley SPCA- Georgetown | Habitat ReStore | Read-Aloud Delaware |
| Bridgeville Senior Center | Harbor Health Care Center | Rehoboth Elementary School |
| Cancer Support Community | Harbor Lights CHEER Center | Renaissance Health Care |
| Cape Henlopen Senior Center | Indian River Senior Center | Robin Hood Thrift Shop |
| CareWear Project | iTN Southern Delaware | Ronald McDonald House of Delaware |
| CASA Program | John M. Clayton Elementary School | Roxana CHEER Center |
| Casa San Francisco | Laurel Senior Center | South Coastal Library |
| CHEER Coastal Leisure Center | Lewes Senior Center | Special Olympics Delaware |
| CHEERful Notes Glee Club | Lighthouse Christian School | The ARK Educational Consulting, Inc. |
| Children & Families First | Little Grace Kids | The First Tee of Delaware |
| ChristianaCare Hospice in collaboration with Delaware AccentCare | Long Neck CHEER Center | The Way Home |
| Coastal Concerts, Inc. | Long Neck Elementary School | Thresholds |
| Community Resource Center | Lord Baltimore Elementary School | TidalHealth-Nanticoke |
| Contact Lifeline | Love INC of Mid-Delmarva | Village Volunteers |
| DCRAC (DE Community Reinvestment Action Council) | Mason-Dixon Woodworking Club | Volunteer Delaware 50+ |
| Delaware Hospice/South Division | Matter of Balance | Advisory Council, Inc. |
| Delaware Senior Medicare Patrol | Meals on Wheels | Volunteer Delaware 50+ |
| | Manor House | Technical Assistance |
| | Milford Wellness Village | Woman's Club of Milton |