

Finding Your Why
Questions to Consider

1. What cause or issue matters most to me?

2. Is the cause as important as the experience?

3. Do I want to use skills or expertise I apply (or used to apply) in my paying work or do I want to do something completely different?

4. If I want to use an existing skill or apply existing expertise, what is it?

5. Do I want an ongoing, regularly scheduled volunteer job? Or a day here and a day there?

6. Do I want to work alone? Or with a group? Or maybe work with my family?

7. With what kind of people do I want to work? Who do I want to help? Who do I want my teammates to be?
