#### VOLUNTEER DELAWARE 50+ NEW CASTLE COUNTY EDITION

# DEL WARE 50+

New Castle County Edition



# COMMUNITY RESOURCES & OPPORTUNITIES



# **Volunteer!** Monday, January 15, 2024

January 2024

Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of State Service Centers. The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of Volunteers. **ENROLL TODAY!** 

Volunteer.Delaware.gov /Volunteer-Delaware50

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#### 2024 NEW CASTLE COUNTY COMMUNITY PARTNERS

A Matter of Balance 302-515-3026 **Alzheimer's Association** 215-561-2919 American Cancer Society 1-800-227-2345 American Red Cross of Delmarva 302-656-6620 **B'nai B'rith House** 302-798-6846 **Big Brothers Big Sisters of Delaware** 302-998-3577 ext 105 **Blood Bank of Delmarva** 302-737-8405 **Brandywine Valley SPCA** 302-858-4202 **CareWear Project** Knitters and Crocheters **Bags2Mats for the Homeless** 302-255-9746 CASA (Office of Child Advocate) Count Appnt. Spec. Advo. 302-255-1730 **Charity Crossing** info@charitycrossing.org Channie P. Bradley Senior Services 215-520-7525 Child. Inc. 302-762-8989 **Children & Families First** 302-777-9757 Children Empowered by Love, Inc. childrenempoweredbylove comcast.net **ChristianaCare** 302-733-1284 Wilmington Hospital 302-428-2206 **ChristianaCare in Collaboration** with AccentCare (formerly known as Seasons Hospice) 302-533-3800 **Connecting Generations** 302-656-2122 x0010 **ContactLifeline** 302-761-9800 ex. 1002 **Delaware Center for Horticulture** 302-658-6262 ext. 108 **Delaware Ecumenical Council on Children and Families** 302-225-1040 **Delaware Hospice** 302-478-5707

**DE Museum of Natural History** 302-658-9111X 324 **Delaware Theatre Company** 302-594-1100 **Easterseals Delaware** 302-324-4444 Family Promise of Northern NCC 302-998-2222 Food Bank of Delaware 302-292-1305 ext 254 **Forget Me Not Families** 302-416-2897 **Grand Opera House** 302-658-7897 Habitat for Humanity of NCC Construction Site: 302-652-0365 ReStore Wilmington: 302-652-5181 ReStore Middletown: 302-449-1414 Hagley Museum & Library 302-658-2400 X257 **Literacy Delaware** 302-658-5624 **Lutheran Community Services** 302-654-8886 Lutheran Senior Services Inc. 302-652-3737 **MOT Jean Birch Senior Center** 302-378-4758 NAMI DE (National Alliance on Mental Illness- 302-427-0787 **New Castle County Absalom Jones Senior Center** 302-995-7636 **Depart. of Community Services** 302-395-5640 New Castle County Libraries 302-395-5617 NCC Senior Roll Call Lifeline (302) 395-8159 **Nemours** Children Hospital 302-651-6096 New Castle Senior Center 302-326-4209 **Newark Senior Center** 302-737-2336 **Meeting of the Minds** Newark Meals on Wheels 302-737-5747 **Senior Surfers** 302-737-2336 **Patches of Love** 302-255-9746

**PAWS for People** 302-351-5622 **People to People: Delaware Chapter** info@ptpde.org **Read Aloud Delaware** 302-656-5256 **Ronald McDonald House of DE** 302-428-5340 **Special Olympics Delaware** 302-831-4653 St. Anthony's Community Center 302-421-3721 **City Fare Meals on Wheels** 302-421-3734 St. Anthony's Senior Center 302-421-3735 **Stockings for Soldiers Delaware Inc.** info@StockingsForSoldiers.org Supporting Kidds Inc. 302-235-5544 The Ministry of Caring Emmanuel Dining Room E/S/W 302-652-3228 **Thomas Edison Charter School** 302-778-1101 **Tri-State Bird Rescue & Research** Inc. 302-737-9543 x102 United Way of Delaware 302-573-3705 Volunteer Delaware 302-381-3594 Volunteer Delaware 50+ NCC Advisory Council 302-515-3026 Warriors Helping Warriors 302-696-2320 Wilmington Senior Center 302-651-3400 Winterthur Museum, Garden & Lib. 800-448-3883

For more information on how to become an official Volunteer Delaware 50+ Community Partner, please call 302-255-9746 or email Guadalupe.Murphy@delaware.gov





Volunteer Delaware 50+ focuses on helping individuals 50 years of age and older, use the skills and talents learned over the years, or develop new ones while serving in a variety of volunteer activities within the community. Volunteer Delaware 50+ volunteers determine their preferred level of commitment. Come join the more than 2,500 Volunteer Delaware 50+ members and start making a difference today!

# What are the benefits of becoming a Volunteer Delaware 50+ member?

- All members receive supplemental insurance protection in case anything happens while they are volunteering with one of our community partners (excess volunteer liability insurance & excess automobile liability insurance)
- Opportunity for outstanding volunteers to attend a free recognition luncheon and enter to win door prizes (must meet required hours)
- Opportunity to receive a monthly listing of onetime volunteer projects, upcoming events and ongoing volunteer opportunities (sent via email)
- Invitation to attend free educational workshops on topics pertaining to the 50+ community (sent via email)
- Tracking of hours and years of service

# Why do you collect my volunteer hours?

- Helps us to qualify for grants and places us in a better position to advocate for continued funding, not only for our program but also for our community partners
- Helps us to quantify all the amazing volunteer work Delawareans are doing for our state/in our communities
- Helps us to identify and recognize our outstanding volunteers through our annual Volunteer Recognition Luncheon

#### Are you already a volunteer with one of our community partners and would like to also be a member of Volunteer Delaware 50+?

We are always looking-for and inviting non-profit organizations to join us and become a community partner in order to offer even more opportunities to our members. If you are already a volunteer with one or more of our community partner and would like to also become a member of Volunteer Delaware 50+ please contact your local office.

#### New Castle County: please call 302-255-9746 or email Guadalupe.Murphy@delaware.gov

For more information please visit Volunteer.Delaware.gov/Volunteer-Delaware50







If you were BORN in JANUARY, That means you are INTUILIVE (REATIVE, thoughtful WISE BEYOND your YEARS, WINDOW And HAVE A BIG HEARD

Sandy Arthur Barbara Augustson Karen Blach Anna Davis Duane Eaton Diane Elser Mary Jane Fagan Herbert Frank Mae E. Gaskins Jennifer Gonzales Laurene Green Theresa Harter Ruth Hernan Linda Hilser Larry Hodges Garry Hunt Scott Jackson Helene Johnson Joyce Kidd Kip King

Anne Kisielewski Sandra Kolbjornsen Marie Kreck **Castella LeCompte Denise Lester** Lidia McKay **James Merrill** Sandra Michel Joseph Jr. Miller Judith P. Morton **Betty Moseley Gwenn Parnes** Thelma O. Queen Jeanie Russell **Joseph Schofield Helen Tang-Yates** Janet Tenowich **Donald Totom** Mary Lou Vaughan **Dennis Walmsley** Susan Walmsley **Ed Wirth** Latrina Woods **Carol Wujcik** 



# Martín Luther Kíng, Jr. Day of Servíce Events!

On behalf of Delaware organizations across the State, the Department of Health and Social Services, Division of State Service Centers, State Office of Volunteerism, invite YOU to be a part of something meaningful this Martin Luther King Jr. Day.

🥗 Make It a "Day On," Not a Day Off! 🤝

Dr. Martin Luther King Jr. dedicated his life to the pursuit of justice, equality, and community unity. To honor his incredible legacy, we encourage you to participate in a day of service and togetherness.

Let's Come Together and Serve Our Communities!
 WHEN: Martin Luther King Jr. Day
 WHERE: Various Locations Across Delaware
 POSTINGS ON WEBSITE: www.volunteer.delaware.gov
 POSTINGS ON SOCIAL PLATFORMS:



@VolunteerDelaware



Spread the Word and Share Your Experience! Use the hashtags: #MLKDayOfService #VolunteerDelaware #VolDel



#### 1. Brandywine Creek State Park

- Time: All Day
- Activity: Invasive Plant Removal
- Location: Brandywine Creek State Park, DE
- Contact: Julie.Lawrence@delaware.gov
- Details: Join the service day to remove a variety of invasive plants. More details at <u>Volunteer Delaware</u>.

#### •

- 2. White Clay Creek State Park (WCCSP)
  - Activity: Plant & Shrub Removal
  - Details: Engage in a range of activities from hand-pulling small plants to large shrubs and tree removal. This volunteer effort has received awards and grants for dedication. Express interest and sign up at <u>Volunteer Delaware</u> and <u>DE State</u> <u>Partice</u>.

- 3. Judge Morris Estate Forest Restoration
  - Activity: Invasive Plant Removal
  - Details: A year-round initiative great for groups and families to help restore the forest. Sign up at <u>DE State Parks</u> and express interest at <u>Volunteer Delaware</u>.

#### 4. Bloodmobile (Wilmington)

- Time: 10:00 A.M. 2:00 P.M.
- Location: Chase Center on the Riverfront, 815 Justison Street, Wilmington, DE
- Activity: Blood Donation Drive
- Details: Volunteer as a donor with Blood Bank of Delmarva.
- Register: Click here to register

#### 5. Food Bank of Delaware (Milford)

- Time: 2:00 P.M. 4:00 P.M.
- Location: TBD, Milford, DE
- Activity: Assistance in Volunteer Room
   Details: Serve families in need; children 7+ may participate. Sign up is required through

#### 6. Food Bank of Delaware (Newark)

- Time: 1:00 P.M. 4:00 P.M.
   Location: 222 Lake Drive, Newark, DE 19702
- Activity: Food Assistance and Pantry Organization
- Details: Engage in various tasks from stocking to cleaning; children 7+ may participate. Register at <u>Food Bank of</u> Delaware. Inc. (Volunteerhub.com)

#### 7. Friendship House (Wilmington)

- Time: 12:30 P.M. 3:00 P.M.
- Location: 1603 Jessup Street, Wilmington, DE
- Activity: Sorting and Organizing Donated Clothing

**Volunteer!** 

Monday, January 15, 2024

 Details: Groups preferred; contact Cassandra Bryant at

#### 8. One Village Alliance (Wilmington)

- Time: 10:00 A.M. 3:00 P.M.
   Location: 31 W. 31st Street, Wilmington, DF
- Activity: Painting Youth Wellness Center
- Details: Assist in painting and organizing spaces.
- Contact information and registration
   available at One Village Alliance.

#### 9. Sunday Breakfast Mission (Wilmington)

- Time: 11:30 A.M. 1:00 P.M.
- Location: 110 N. Poplar Street, Wilmington, DE 19801
- Activity: Food Preparation and Service
   Details: Assist with meal service and kitchen tasks. Register online at the Sunday Breakfast Mission website. at Volunteer at Sunday Breakfast Mission and choose special events or make note

for MLK day. Contact: 302-652-8314

- Contact: 302-652-8314
  All ages welcome, 18+ for kitchen work.

#### 10. Court Care Bags for CHILD, Inc. (Wilmington & Dover)

- Time: 11:00 A.M. 1:00 P.M.
- Locations: DSBA, 405 N. King Street, Wilmington, DE & Schmittinger & Rodriguez, 414 S. State Street, Dover, DE
- Activity: Bag Stuffing for Protective
   Order Assistance
- Details: Family-friendly event to help stuff bags with donated items. Registration details on Delaware State Bar Association website at DSBAS website.
- 11. Park Cleanups (Rockwood and Glasgow Park)
  - Time: 9 A.M. 12 Noon
  - Locations: Rockwood Park & Glasgow Park, DE
  - Activity: Decoration Removal and Cleanup
    - Details: Assist with post-holiday cleanup. 14+ volunteers. Sign up at the New Castle County Department of Community Services website. <u>Special Events Volunteer</u>

Department of Community Services

#### 12. American Legion Auxiliary, Unit 28

- Time: 10 A.M. 12 Noon
- Location: 31768 Legion Rd., Millsboro, DE
- Activity: Packing Grocery Bags for Veterans
- Details: Support the Wilmington VA Medical Center's Food Pantry. No registration needed; free breakfast for volunteers.

#### 13. New Castle County Hope Center, Inc.

- Time: 11:00 A.M. 3:00 P.M.
  Location: New Castle County Hope
- Center, Inc. • Activity: Serving and Receiving Drive Up
- Donations
- Details: Seeking volunteers and a meal sponsor.
- You can also make a donation to the Hope Center through their donation list at or order from their Amazon Wishlist at automatic Control (1972) CE
- You can sign up to volunteer at https://www.surveymonkey.com/r/NCCHopeCent er6

#### 14. West Side Grows Together

- Time: 12 PM 3 PM
- Location: MSK Community Center, 1009 Sycamore Street, Wilmington, DE 19805
- Activity: Clean Up, Peace March, and Celebration

• Details: Participate in the 12th Annual Event. Schedule includes community cleanup, peace march, and celebration. Registration and details at 1225

#### 15. Southern Delaware Alliance for Racial Justice

- Time: 7 PM 10 PM
- Date: Friday, Jan. 12, 2024
- Location: Epworth United Methodist Church, Rehoboth Beach, DE
- Activity: Musical Celebration
- Details: Enjoy a musical evening from civil rights to black lives matter, featuring various performances and presentations. Tickets required (\$25 per person); children under 12 will be admitted free. Proceeds support various initiatives.

FOR MORE OPPORTUNITIES, VISIT US AT VOLUNTEER.DELAWARE.GOV

#### **PAWS Teams Strut Their Stuff for Volunteer Delaware**

Dawn Kisner, Coordinator for Kent & Sussex Counties and Social Media

Thursday, December 14th, was an unforgettable day filled with joy, warmth, and furry companionship as Volunteer Delaware and PAWS for People collaborated for a heartwarming Holiday Party at Brick Works Brewing in Smyrna, DE.

Eleven PAWS therapy dogs, adorned in charming holiday attire, were ready to steal the show with their dedicated handlers. The doggy runway, the centerpiece of the event, awaited the delightful parade of four-legged friends. Volunteer Delaware had designated PAWS for People as the featured non-profit for the occasion, adding an extra layer of significance to the day.

Throughout the presentation, Volunteer Delaware staff read bios and shared fun facts about each therapy dog, creating a heartwarming connection between the audience and the furry stars of the day. The dogs and their handlers gracefully strutted down the runway, showcasing not only their festive outfits but also the incredible bond they share. Laughter and applause echoed through Brick Works Brewing as the dogs displayed their unique personalities and talents.

PAWS Teams who attended included: Tawanda Harbison & Onyx, Bob Hairgrove & Holly, Valerie Bica & Charlotte, Sandi Carl & Maddie, Walt Mecure & Lucy, Clara Robbs & Kringle, Tara Hewlett & Daisy, Joy King & Duchess, Dan Salter & Winnie, Marla Mella & Sadie, and Kris Casssar & Penny.





# **COACHES NEEDED STATEWIDE**

Many older adults experience concerns about falling and restrict their activities.

#### A MATTER OF BALANCE

is an award-winning program designed to help seniors manage falls and increase their activity levels.

> Become a Coach Join us for free training!

> > 1/30/24 & 1/31/24

10:00 a.m. - 2:30 p.m.

Williams State Service Center 805 River Road Dover, DE 19901

For more information or to register contact Volunteer Delaware 50+ Danielle.Briggs@delaware.gov 302-515-3020



#### **Resolve to Volunteer**

Make this year count! Resolve to volunteer with the American Red Cross and make a difference in 2024. Communities across the country count on the Red Cross for help every day—and volunteers are at the heart of this support in local communities.



#### **Volunteers Urgently Needed for the Following Positions in Your Community:**

#### **Disaster Action Team**

Help comfort and support people in your community by meeting any immediate needs such as food, shelter, clothing or supplies and connecting them to long term recovery services. We supply all the training you need.

Preferred Commitment: 4 on-call shifts a month

#### Hero Care Network Caseworker:

Provide emergency support to our military members, veterans and their families.

Preferred commitment: 1 shift per week

#### Sound The Alarm Team Member

Save lives by installing smoke alarms and educating residents about home fire risk by providing home safety checklists and plans.

Preferred commitment: 1 event per month

#### **Blood Donor Ambassador**

Use your customer service skills to ensure that blood donors have a pleasant and fulfilling experience, whether you're greeting donors, answering questions or thanking them for their donation, your courtesy and professionalism will create a favorable impression that encourages ongoing donor support.

Preferred Commitment: 2–4 shifts per month (or more if you can!). 4–6 hours per shift.

Discover the role that's right for you!

For more information on ANY of the following opportunities, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



Thank you Bags2Mats Volunteers for your time and dedication. From collecting plastic bags, cutting and looping plastic material to make plann, to constructing the mats, we could not do any of it without YOU.

# 70 mats were made in NCC in 2023 that's more than 42,000 plastic bags recycled and kept away ending in a landfill. Just AWESOME!!!

Below is a list of some of our community partners that received and distributed mats in NCC.

1 IN 7B Foundation Bags2Mats Outreach Charity Crossing DSAMH (Prevention Outreach) Forget Me Not Families Friendship House Housing Alliance of Delaware (PIT COUNT) Horizon House Delaware Phoenix Used Clothing

There is still so much more work so be done and **WE NEED YOUR HELP!!!** 

Join us!!!! Bags2Mats Plarn Workshop 2nd and 4th Wednesday of the month Newark Senior Center: 10am—12pm

Interested in hosting a workshop at your location? Email us at Guadalupe.Murphy@delaware.gov



# **VOLUNTEERS NEEDED**

ASSISTANCE IS NEEDED IN ALL 3 COUNTIES TO SURVEY PEOPLE EXPERIENCING HOMELESSNESS OUTDOORS, IN SHELTERS, AND AS THEY ARRIVE FOR SERVICES.

A SUCCESSFUL PIT COUNT RELIES HEAVILY ON A DEDICATED COMMUNITY-WIDE EFFORT.





CLICK, SCAN, OR VISIT TTPS://TINYURL.COM/ PITVOLUNTEERFORM TO SIGN UP!





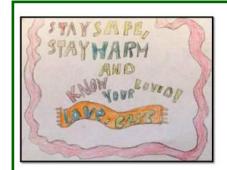
2024 Plarn Party Schedule at the Newark Senior Center

(200 Whitechapel Dr, Newark, DE 19713)

#### Workshops will occur on the second & fourth Wednesday of every month from 10am – 12pm

Program Description: Bags2Mats for the Homeless consist of volunteers who recycle plastic bags and soft-like material to create mats for the homeless in Delaware. Join us on the second and fourth Wednesday of every month at the Newark Senior Center and learn how easy it is collect, loop plastics and assemble the mats. The purpose of the plastics mats is to create a barrier between the wet, dirty, and often cold ground and the user's belongings. The mats help to keep bedding and other belonging dry and clean. Scraps of plastic are also used to make pillows to accompany the mats.

- 1. January 10 & 24
- 2. February 14 & 28
- 3. March 13 & 27
- April 10 (no 24- flea market)
- 5. May 8 & 22
- 6. June 12 & 26
- 7. July 10 & 24
- 8. August 14 & 28
- 9. September 11 & 25
- 10. October 9 (no 23- flea market)
- 11. November 13 (no 27- Thanksgiving)
- 12. December 11 (no 25- Christmas)



Bags & Mats

Feel free to connect with us in the Bags2Mats DE Group on Facebook. RESOURCES

#### Dear Friend.

Even though we have never met before, please know that I LOVE YOU and that I AM THINKING of you everyday.

To show you my love, my friends and I made this mat FOR YOU. We collected hundreds of bags, had people of all ages loop the bags together so that I could crochet this mat for you. We, your friends, hope this will help to keep you and your belongings, dry and protect you from the cold/ hard ground as you sleep tonight. We know it is not much, but I do hope that it helps.

Life can be tough sometimes and you might be going through your darkest days, but please know, there are so many people cheering for you and wanting nothing but the best for you. You are not alone. You are so loved.

Things WILL get better. Never lose HOPE in that reality. Good days are coming.

Keep your head up high and try to find joy in the little things, like the feeling of the warm sun on a beautiful day, a wave from a child or a smile from a friend. There is beauty in this life because you are with us.



RESOURCES Banyan Delaware (Susset: County): 302-291-1821; banyantreatmententer.com Face the Facts 302-507-382; nethefactsd@gmail.com First Foundation Recovery. 302-613-8237 Immfoundationrecovery.org Hope on Deck: marvahopeondeck/@gmail.com - hopeondeck.org Housing Alliance Delaware: 1833-FIND-BED (833-346-3233) Horizon House Delaware: 302-655-7108 Impact Life: 302-384-6401; impactifiet04ay.org Kirkwood Detox / Net Center. 302-691-0140 Phoerax U sed Closhing: 302-487-5351 info@phoenixusedclothing.com

For more information on ANY of the following opportunities, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



# Learn about PAWS pet therapy and how you can get involved on one of our free Zoom Sessions!



#### Can my pet be a PAWS pet-therapy companion?

Would you describe your pet as: Sweet • People-Focused • Friendly Affectionate • Gentle • Comforting

#### Can I share my pet with others?

Do you have a few hours each month to volunteer? Would you like to work with children, elders, and adults with disabilities? Do you really want to give something back?

# Yes, you can! (And your pet can, too!)

Learn More & Register: https://www.pawsforpeople.org/YesYouCan



#### **2024 Winter Sessions**

Thursday, February 8, 6:00 PM Thursday, March 7, 6:00 PM

For more information on ANY of the following opportunities, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

## What is a CASA?

A CASA (Court Appointed Special Advocate) is a specially trained volunteer appointed by a Family Court Judge to advocate for the best interest of a child experiencing foster care.

# What do CASAs do?

- Advocate for children experiencing foster care due to abuse and neglect.
- Establish strong, stable connections with their assigned youth.
- Advocate to ensure the child receives needed essential services.
- Attend meetings and gather information from parties involved in the child's life.
- Work with the Child Attorney and CASA Coordinator to make recommendations in court for what's best for the child.
- Remains involved in the case until the child is reunified with their family or when that is not possible, works to find a safe and permanent home.
- Meet with the child face-to-face at least once a month.
- Attend all court hearings to testify to their findings and recommendations as the child's advocate.

Scan to learn more, or call us at call us at 302-255-1730!



Our mission is to be a voice for Delaware's abused and neglected children through skilled volunteers, community collaboration, and quality representation, instilling a need for safe and permanent relationships that will build healthy and resilient children.

# Why Become a CASA?



# **Ballard's Reading Buddies School Sites:**

To be a one-on-one reading buddy to foster students love of reading.

#### BALLARD'S READING BUDDIES SCHOOL SITES:

#### Southern Elementary School-Colonial Volunteers needed to read to and with children one day a week

- Keene Elementary School-Christina School District
- Harlan Elementary School-Brandywine School District

#### -

# with children one day a week 30min time frame per student Beginning October 2023

YOU ARE NEEDED:



- Times By School Location:
- Keene Elementary School 9am-9:30am or 2:45pm-3:15pm
- Southern Elementary School 9am-10:30am
   Horles Elementary School 9:30am 10:30am
- Harlan Elementary School 9:30am-10:30am

Ballard's Reading Buddies is named in the memory of Corporal Stephen J. Ballard, a Delaware State Trooper, killed in the line of duty on April 26, 2017.

Ballard's Reading Buddies is a component of UWDE Reading Angels which is a part of a larger Campaign for Grade Level Reading strategy this is also intended to impact school readiness, chronic absenteeism and summer learning loss. Additional UWDE programmatic tools include home libraries for students (through UWDE's My Very Own Library Program), student library cards, social emotional learning and unique family engagement opportunities.

Looking for a way to make a difference with just a few hours a month?

The Wilmington Senior Center is calling on volunteers to lend a hand in their Food Pantry!

They have various Wednesday shifts. Volunteer duties include: Collect Seniors' orders Pack the items in bags Label and hand out filled orders. Help brighten someone's day



For more information on ANY of the following opportunities, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



Calling all volunteers with a heart for kids and sports! Special Olympics Delaware needs your help!

Volunteers are **needed for the "Sport and Play"** program, designed to introduce basic sports skills to children aged 2-7.

*For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov* 

Our Mission: To keep people alive and safe, to help them through crises, and to connect them with relevant community resources.

Are you thinking about being a support person for someone you don't know? Then, look to volunteer with ContactLifeline and be a good listener for someone in need over the phone. The Crisis Helpline is located in Wilmington. Don't worry, you will be trained (in-person) to be a better listener for someone who needs you.

ContactLifeline crisis responder services are provided by professionally trained and supervised volunteers and professionals who respond anonymously and confidentially to human needs, state -wide, 24 hours a day.

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov





Days of Caring, Group Volunteer Work with NAMI Delaware's Housing Program



#### ABOUT:

CONTACT US

**© NAMI** Delaware

Do you have a small group interested in giving an hour or two of your time to help with simple landscaping projects? NAMI Delaware's Housing Team would love to have you! There are a variety of locations and projects for volunteer teams to help with during the spring/summer and fall seasons. Tasks May Include

- Pruning
- Mulching
- Trimming trees and bushes
- Painting Decks/Porches
- Raking Leaves

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

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#### **ONGOING OPPORTUNITIES**



#### **Picture Directions for Preparing Plarn - Method 2**

To view a video tutorial, visit: tiny.one/PLARNmats



1. Smooth and flatten the plastic bag



3. Cut off the handles and bottom seam then cut the bag into four even sections



It takes 500 - 600 Plastic Bags to make 1 complete mat via method 2.



2. Fold the bag evenly in half with handles touching and then fold again



4. Make a T shape with one bag going inside the other and pull slowly



Completed plarn may be dropped off at any of our Volunteer Delaware 50+ locations.

#### Please contact Volunteer Delaware 50+ to coordinate a drop-off / pick up. NCC: Guadalupe.Murphy@delaware.gov / SC: Bobbi.Tice@delaware.gov New Castle County: Debnam Bldg. 1901 N. Dupont Highway, New Castle DE 19720

Kent County: Debham Bidg. 1901 N. Dupont Highway, New Castle DE 1972 Kent County: Volunteer Delaware, 805 River Rd. Dover, DE 19901 Sussex County: 546 South Bradford Street, Georgetown , DE 19947

> Also, make sure to like us on Facebook: @Bags2Mats for the Homeless - Delaware



# Making Strides Volunteer Opportunities



The Making Strides Against Breast Cancer Volunteer Committee: The Volunteer Committee helps to lead and represent the innovative, diverse, and action-oriented community. They inspire positive change and care for those experiencing breast cancer through their leadership. Committee members will help to raise Breast Cancer awareness and work to connect to those in their network that can partner with or sponsor the Making Strides Against Breast Cancer event and movement.

- **Time Commitment:** 1 hour/month on our monthly meeting, plus an additional 2-4 hours/month spent on event-related tasks.
- **Benefits:** As a member, you get to participate in an exciting community event to raise awareness and funds to end breast cancer. You can choose to volunteer for the day-of the walk and Kickoff Party, in addition to using your skills to help plan & grow the event.
- Main Focus Areas: Event Experience and/or Making Connections
- **Meeting Location:** We meet virtually once a month! There are opportunities to be out in the community, such as by helping run our Kickoff Party, promoting Strides at community events, and at the walk itself.
- Meeting Times: one hour/month via Zoom, typically from 6:30 7:30 pm on a Tues, Wed, or Thurs evening.





## Volunteers Needed for Domestic Violence Court Program

Do you want to help victims of domestic violence in your community? CHILD, Inc.'s Domestic Violence Advocacy Program (DVAP) is seeking volunteers to assist victims with protective orders, safety planning, and resource identification.

CHILD, Inc.'s Advocacy program is in need of volunteer advocates who wish to help victims of domestic violence within the civil court system. Since its start, DVAP has relied heavily on volunteers to offer services and support to victims of domestic violence through the court advocacy program which is located within Family Court in each county of the state of Delaware.

Advocates are available to offer support for victims experiencing intimate partner violence and abusive power and control. Volunteers assist clients with creating appropriate safety plans based on the client's needs and concerns at our offices located in the Family Courthouse building. Advocates aid victims in filing Protection from Abuse (PFA) petitions and offer information regarding court hearings.

All Volunteer Advocates are valued members of our DVAP team; they are what makes our program as successful as it has been for many years.





For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

#### VOLUNTEER DELAWARE 50+ NEW CASTLE COUNTY EDITION | JANUARY 2024



#### Why Volunteer with Lutheran Community Services?

Lutheran Community Services (LCS) could not accomplish our mission without the help of our talented and **dedicated** volunteers!

We have multiple volunteer opportunities that are designed to align with an individual's diverse set of skills and talents. Want to have direct contact with client services? Great! Rather be behind the scenes support? Wonderful! Fall somewhere in between? We've got that too!

#### VOLUNTEER OPPORTUNITIES (Wilmington)

#### **Pantry Operations Volunteer**

- Food Stocking & Sorting: Assist in our pantries by unloading pallets of food, re-stocking shelves, and filling bags of groceries for shoppers.
- Pantry Sign-In: Help to register and manage clients as they arrive at our pantries.
- Food Rescue Drivers: Assist in picking up weekly donations from various local partners and delivering food to our pantries.

#### **ONGOING OPPORTUNITIES**



#### **Delaware Food Farmacy Volunteer**

- Drivers: Need back-up drivers for our van to deliver food to clients on Tuesdays and Wednesdays
- Packing: We need help packing customized food boxes on Mondays and possibly Tuesdays for delivery as we grow.

#### Garden Volunteer

Help with the upkeep and harvesting of our community garden. Produce is given to clients through our food pantries.

#### For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov





# VOLUTER MEETING OF MINDS PROGRAM VOLUNTEERS

We are seeking volunteers to assist participants with program activities and help create a relaxing environment where participants feel at ease.

Volunteers are asked to commit to a minimum of 1 day/week from 10am-2pm.

## **FIND OUT HOW YOU CAN HELP:**

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



## looking to volunteer in a different capacity? why not join one of our family services committees ...

# family selection volunteer committee member (Virtual)

the purpose choosing the families to own and

occupy Habitat for Humanity is one of the most difficult and challenging aspects of this ministry. The Family Selection Committee is responsible for drafting the selection criteria used to select families for approval by the Board of Directors.

#### accentCare. The Role of Hospice Volunteers **Direct Patient Volunteers** When working with patients and families, the volunteers provide multiple services, including: Conversation and companionship • Companionship to provide the caregiver a break Medication reminders, snack preparation, encouragement of fluids (if applicable) Organization and review of collections of photos, Newspaper clippings, baseball cards, stamps, etc. Life review and legacy projects Writing letters Engaging children in the home Support at the time of death and during bereavement Walks with permission Listing to music and/ or reading books Specialty volunteers depending on availability (i.e. massage therapy, reiki, pet therapy) Painting their nails Sitting at bedside in silent support/presence, holding hands Be an advocate for safety and pain issues Take patient for a walk if someone has already transferred the patient to the wheelchair Be an extra set of eyes and ears Provide personal care, such as: Transfer patients

#### What Volunteers CAN do

Remind someone to take medication

What Volunteers CANNOT do

- Give medications
- Accept payments or gifts, or sell anything to our patients
- Personal hygiene and toileting Dressing Transferring from bed to chair, and back





Senior Roll Call Lifeline is a free program provided by New Castle County, Division of Police, that makes daily calls

to the homes of our elderly or disabled members to ensure they are doing well and do not require emergency assistance. If after several attempts the calls are unsuccessful, emergency help is sent to the home to check on the well-being of the member.

> For more information call 302-255-9878.

#### **ONGOING OPPORTUNITIES**



For more information on ANY of the following opportunities, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



Looking to support a mission of safe and affordable housing for Delawareans, all while staying inside, out of the cold? Come out and volunteer with us at Habitat for Humanity's ReStores! Our ReStores are public donation centers that help families build, rehabilitate and repair homes in the New Castle County area. By giving your time and talents, you can help the Habitat ReStore do more to support homebuilding projects that benefit families in your community!

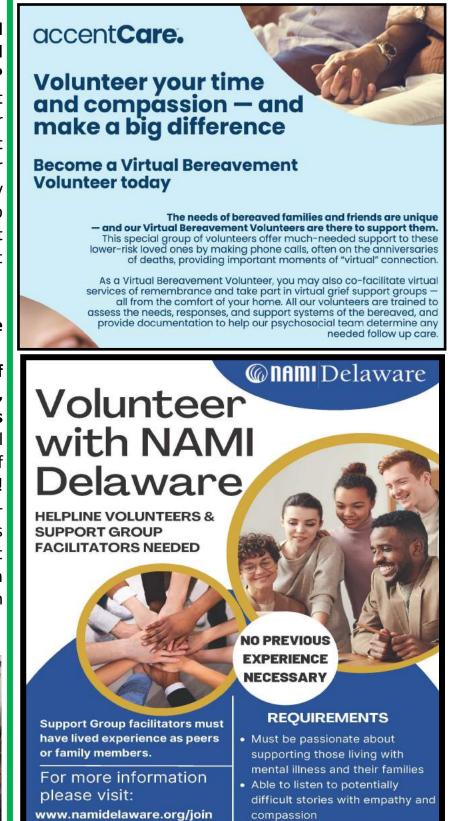
# At the ReStores, we look to engage volunteers with a variety of

opportunities, including refurbishing of donations, creating decorative displays, organizing the donation dock and sales floor, and interacting with customers. All efforts are led by a fantastic team of ReStore staff and your fellow volunteers! We offer shifts at our ReStores Tuesday-Saturday, between 10am and 5pm. Shifts are from 10-2, 12-5 or an all day shift, but we're also very flexible on when you can come in! We have 2 locations, Wilmington and Middletown.



#### **ONGOING OPPORTUNITIES**

For more information on ANY of the following opportunities, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



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# **Blood Bank** of Delmarva

#### **OPEN VOLUNTEER ROLES!!!**

#### Donor Care and Staff Support (age 18+):

Want to be on the donation floor? Interact with donors and staff? Make the donation process better for both donor and staff? In this role you restock supplies staff need for donation process, hand out items donors need, and interact with donors so they feel seen and have someone there supporting them. Schedule sign up first come first serve after completion of application and training.

#### Community Outreach Ambassador (age 18+):

Enjoy people? Want to interact and share what BBD does with people in the community? You'll attend community events with information and training provided to share the needs and mission of BBD! Fun way to be with people and help BBD in saving lives. Training online and in person. Scheduled in advance variable upon community event dates.

# Donor Refreshment/Canteen Center and/or Mobile (age 18+):

Enjoy people and staying active? Care for donors post-donation, chat with donors, serve snacks and drinks, and help donor feel cared for and appreciated. Active role, interact with people, restock, and sanitize tables. Training online and in person. Center schedules set and sign up with lead volunteer guidance, mobile drive schedules posted a month in advance first come first serve.

#### Greeter (age 15+):

Say hello to donors on way in, and thank on their way out of the blood center. Sanitize tablets, laminated reading material, and chairs, counter, etc. in registration area. Interact with donors, staff, and

#### **ONGOING OPPORTUNITIES**

volunteers. Schedule sign up first come first serve after completion of application and training.

#### Fundraising (age 18+):

Have experience in fundraising, enjoy data input, thank you letter preparation, or anything related to raising funds? We look forward to hearing what skills and experience you have to share!

#### Office Admin, Phone, and Related tasks (age 15+):

Are you an indoor office organizing type person? BBD has different types of roles: data entry, phone calls, letter mailing preparation, copying, scanning, shredding, and variety of other office computer related tasks. Let us know your skill set and experience!

#### Photo and/or Video (age 15+):

Love to be behind the lens? Enjoy taking photos or shooting video? Maybe editing video? Creating short videos? Let us know what you love to do in this area.

#### For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



# choice Spiritual C comfort The Delaward

#### **Spiritual Care Support Volunteer**

The Delaware Hospice @ Saint Francis Unit is looking for volunteer chaplains to join our team. For more information about our program, please contact Volunteer Coordinator, Rolonda Sutton-Greene at (302) 478-5707 or visit our website <u>https://www.delawarehospice.org/volunteer/</u>



#### Our volunteer chaplains provide:

- Spiritual support for patients and families
- An opportunity to pray and read with patients
- A calming presence and a safe space to talk



Since 1982

#### Delaware Hospice @ St. Francis Unit Volunteers

Delaware Hospice is looking for volunteers to join our team! Our volunteers offer a wide range of talents to support our patients, families and staff. If you would like to share your talents, please contact our Volunteer Department at (302) 478-5707 or visit our website https://www.delawarehospice.org/volunteer/



#### Unit Support Volunteers may assist with:

- Front Desk Coverage from 4p-8p
- Cookie Baking
- Music Therapy
- Pet Therapy (pet must be certified and have records)
  - Patient Support

For more information, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov

For more information on ANY of the following opportunities, please contact Volunteer Delaware 50+ at 302-255-9746 or email Guadalupe.Murphy@delaware.gov



## SHOW CORPS VOLUNTEERS AT THE GRAND OPRA HOUSE

The Grand Show Corps currently has over 200 volunteers, and we continue to grow thanks to people like you!

The Grand Opera House is a multi-level theater that presents world-renowned artists and a wide variety of entertainment. The baby grand is home of live at the baby grand as well as various community groups. The Playhouse on Rodney Square is home of Delaware's Broadway Experience.



The majority of our shows are scheduled in the evenings with some weekend afternoons. We also have occasional student performances during weekday mornings and afternoons.

Each member of the Show Corps is assigned to a squad and each squad is assigned to a show. Squad responsibilities include ticket-taking, ushering, coat-check, **bartending**, and patron safety. On average, each squad is scheduled three to five times a month. Those who are unable to volunteer during the weekdays due to full-time employment will not be asked to do so. Every volunteer is required to work all 3 theaters based on assignment.

#### RESOURCES





The Delaware ADRC is your one-stop access point for information, assistance, and referral to resources that support older Delawareans, adults with disabilities, and caregivers.

#### CONTACT DELAWARE ADRC

Phone: 1-800-223-9074 (toll-free) Email: DelawareADRC@delaware.gov



Weekly drive-thru food distribution, every Friday 10am-1pm.

Dream Center 310 Ruther Dr. Newark 19711



"In 2021, anonymous reports helped protect 2,184 vulnerable adults from potential abuse; new hotline makes reporting neglect, abuse and exploitation easy and confidential."

With one simple phone call, concerned individuals and those experiencing harm can connect with free, voluntary services and resources that could save a life.