

# NCC VOLUNTEER OPPORTUNITIES

Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of Social Services. The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of Volunteers.

**ENROLL TODAY!**



**“CHAMPION YOUR HEALTH”  
EMPHASIZING WELLNESS  
PREVENTION AND PERSONAL  
RESPONSIBILITY**

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Volunteer Delaware 50+ focuses on helping individuals 50 years of age and older, use the skills and talents learned over the years, or develop new ones while serving in a variety of volunteer activities within the community. Volunteer Delaware 50+ volunteers determine their preferred level of commitment. Come join the more than 2,500 Volunteer Delaware 50+ members and start making a difference today!

### What are the benefits of becoming a Volunteer Delaware 50+ member?

- All members receive supplemental insurance protection in case anything happens **while** they are volunteering with one of our community partners (excess volunteer liability insurance & excess automobile liability insurance)
- Opportunity for outstanding volunteers to attend a free recognition luncheon and enter to win door prizes (must meet required hours)
- Opportunity to receive a monthly listing of one-time volunteer projects, upcoming events and ongoing volunteer opportunities (sent via email)
- Invitation to attend free educational workshops on topics pertaining to the 50+ community (sent via email)
- Tracking of hours and years of service

### Why do you collect my volunteer hours?

- Helps us to qualify for grants and places us in a better position to advocate for continued funding, not only for our program but also for our community partners
- Helps us to quantify all the amazing volunteer work Delawareans are doing for our state/in our communities
- Helps us to identify and recognize our outstanding volunteers through our annual Volunteer Recognition Luncheon.

### Are you already a volunteer with one of our community partners and would like to also be a member of Volunteer Delaware 50+?

We are always looking-for and inviting non-profit organizations to join us and become a community partner in order to offer even more opportunities to our members. If you are already a volunteer with one or more of our community partner and would like to also become a member of Volunteer Delaware 50+ please contact your local office.

**New Castle County: please call 302-255-9882 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov) or [Arundhati.Ghosh@delaware.gov](mailto:Arundhati.Ghosh@delaware.gov).**

*For more information please visit [Volunteer.Delaware.gov/Volunteer-Delaware50](http://Volunteer.Delaware.gov/Volunteer-Delaware50).*



### Hope on Deck



[www.Facebook.com/VolunteerDelaware](http://www.Facebook.com/VolunteerDelaware) (don't forget to follow us on Facebook)

## Older Americans Month "Champion Your Health" Emphasizing wellness, Prevention, and Personal Responsibility.

In May we celebrate Older Americans Month, we take this meaningful opportunity to recognize and honor the extraordinary contributions of older adults across our nation. Throughout their lives, older Americans have shaped and strengthened our communities in countless ways—through their professions, their service, their leadership, and their dedication to family and civic life. Today, that legacy continues through your ongoing commitment to volunteerism.

The New Castle County Volunteer Delaware 50+ Advisory Council is proud to recognize and celebrate each and every one of you. You are the heart of Volunteer Delaware 50+ and the driving force behind its success. Your generosity, compassion, and willingness to serve create real and lasting change in the lives of others. Whether you are mentoring, supporting local organizations, assisting neighbors, or lending your time and talents in countless other ways, your impact reaches far beyond what can be measured.



Your service is a powerful reminder that experience and wisdom are invaluable assets to our communities. The kindness you share, the connections you build, and the lives you touch reflect the very best of what it means to give back. You inspire not only those you serve, but also those who have the privilege of working alongside you.

On behalf of the Advisory Council, please accept our deepest gratitude and heartfelt appreciation. It is truly an honor to support and celebrate such a remarkable and dedicated group of individuals. Thank you for your continued service, your commitment, and the difference you make each and every day. With sincere appreciation,

**New Castle County Volunteer Delaware 50+ Advisory Council**



Rebecca Boyle  
 Theresa Boyle  
 Joan Burke  
 Carol Burns  
 Barbara Butler  
 Donna Calhoun  
 Marianne Cinaglia  
 Verna Clark  
 Richard Clement  
 Sandra Cloutier  
 Connie Conner  
 Jill Constantine  
 Susan Croes  
 Gregory D. Cullen  
 Edith Dare  
 Jean Donaldson  
 Veronica Dula  
 Rita Edery  
 Elizabeth Eldridge  
 Alma Fickensher

Patricia Fogg  
 Cynthia Frank  
 David Fruchtman  
 Marvin Goldstein  
 Karen Gordon  
 Lillian Gray  
 Dorothy Hill  
 Barbara Hitchens  
 Douglas Irish  
 James Kerrigan  
 Rochelle Koretsky  
 Paula LaFollette  
 Charles Laws  
 Kathryn Lyons  
 William G Matt  
 Frances McCoombe  
 Eloise Middleton  
 Lupe Mingucha

Victoria Morisco  
 Wanda Neville  
 Wendy Noblett  
 Karen Norris  
 Janet Patton  
 LaVon Robinson  
 E. Ann Rooney  
 Maria Rousk  
 Susan Ruffin  
 Joanne Russell  
 Suzan Sbandi  
 Tom Sheldon  
 Susan Terborg  
 Joan Tremain  
 Rosemary Volpe  
 Jeanne Walter-Hadtings  
 Anita Lois West  
 Catherine Wevodau  
 Maureen Wizda  
 Paul Wojtkowski

# IN THE SPOTLIGHT

## EVENT STORY: STATE EMPLOYEES VOLUNTEER INFORMATION SESSION

On April 21, State Employees across all Delaware counties participated in a Volunteer Information Session promoting engagement with 168 state-approved charitable organizations. Employees learned about ways to support local communities through organized volunteer opportunities.

The event was led statewide by Volunteer Delaware 50+, ensuring consistent outreach and information sharing across New Castle, Kent, and Sussex counties.

A key focus was the State of Delaware's paid volunteer leave policy for eligible employees. Attendees were guided through the steps to access this benefit, including eligibility requirements, selecting an approved nonprofit, and submitting the necessary approval process through their agency.

In New Castle County, 26 existing community partners on the approved list were highlighted, along with available volunteer pathways.

### ♦ SECC BRIEF FOR NONPROFITS

NONPROFITS INTERESTED IN THE STATE EMPLOYEE CHARITABLE CAMPAIGN (SECC) SHOULD PREPARE FOR THE ANNUAL APPLICATION CYCLE, WHICH TYPICALLY OPENS ON FEBRUARY 1ST. ELIGIBLE ORGANIZATIONS CAN APPLY TO JOIN DELAWARE'S STATE EMPLOYEE GIVING AND VOLUNTEER NETWORK.

UPDATES, GUIDELINES, AND APPLICATION DETAILS ARE AVAILABLE ON THE OFFICIAL SECC WEBSITE:

[HTTPS://WWW.SECC.DELAWARE.GOV/](https://www.secc.delaware.gov/)

### ! ABOUT SECC

SECC IS DELAWARE'S WORKPLACE GIVING PROGRAM THAT ALLOWS STATE EMPLOYEES TO SUPPORT APPROVED NONPROFITS THROUGH PAYROLL CONTRIBUTIONS, PROMOTING CHARITABLE GIVING AND COMMUNITY ENGAGEMENT ACROSS THE STATE.



**VOLUNTEER  
DELAWARE 50+**

## A NOTE FROM OUR PARTNER



# Phoenix Family Resources

Phoenix Community Resource & Reuse Hub

## Essential Resources for Stability, Dignity, and Recovery







**YOU ARE WELCOME HERE**

A safe place for support and connection.




Scan to learn more or get connected.

### Community Resources Available

-  Clothing & seasonal essentials
-  Hygiene supplies & personal care
-  Food support
-  Peer recovery support
-  Harm reduction & recovery support
-  Workforce readiness assistance

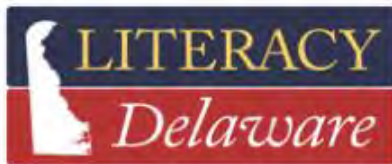
### Bring This Card When You Visit Phoenix

- Clothing
- Food
- Hygiene supplies
- Harm reduction resources
- Peer recovery support

 6 Church Dr., New Castle, DE |  302-487-5351

**Phoenix, We Rise Up.**

## A NOTE FROM OUR PARTNER



## BECOME A VOLUNTEER ADULT LITERACY TUTOR!

**No experience required**

**Attend an online information session to learn more about becoming an adult literacy tutor**



[www.literacydelaware.org](http://www.literacydelaware.org)

*“You can make a difference in someone’s life allowing them to succeed.”*

**FOR MORE INFO**

[www.literacydelaware.org/tutors](http://www.literacydelaware.org/tutors)

[volunteer@literacydelaware.org](mailto:volunteer@literacydelaware.org)

302.658.5624



**Please visit  
our website to  
register**

**A NOTE FROM OUR PARTNER**

**DO YOU HAVE CONCERNS ABOUT FALLING**



**A MATTER OF BALANCE**

MANAGING CONCERNS ABOUT FALLS

CONCERNED ABOUT FALLS? A MATTER OF BALANCE HELPS MANAGE FALLS AND BOOSTS ACTIVITY LEVELS FOR OLDER ADULTS.

**FREE CLASSES FOR SENIORS**



**APPOQUINIMINK LIBRARY (MIDDLETOWN)**



**(302) 378-5588**



**TUESDAYS**

May 12 – June 30, 2026



**1:00 PM – 3:00 PM**



**CHRIST THE CORNERSTONE ADULT COMMUNITY CENTER (BEAR)**



**(302) 897-2469**



**MONDAYS**

June 1 – July 20, 2026



**10:00 AM – 12:00 PM**

**WHY JOIN?**



Improve balance and strength



Reduce your risk of falls



Stay active and independent



Connect with others

**FOR MORE INFORMATION**



**Arundhati Ghosh**



**302-255-9101**



**arundhati.ghosh@delaware.gov**



## A NOTE FROM OUR PARTNER



## Learn More about PAWS for People

So you've got a great pet – sweet, friendly, LOVES people – and you think sharing all that love would be a good way to give **back**? But is becoming a pet therapy **team** possible? PAWS has one great answer:

**Yes, you can** – and your pet can, too!

**Join us Thursday, May 28th  
at 6:00 pm via Zoom,**

FREE pet therapy workshop,  
learn the benefits, and find out  
how to get involved!



Please register at [PawsforPeople.org/yesyoucan](https://PawsforPeople.org/yesyoucan)  
or call **302-351-5622** for more information.

**Let's Get Started**



**A NOTE FROM OUR PARTNER**

**Reading one-on-one to preschool children is a simple strategy with proven results. More reading in preschool means more success in life.**



Join us to learn how one hour of your time can positively impact a child.

## **Virtual Volunteer Training**

**Wednesday, May 20**

**10:30am – 12:00pm**



For more information, please contact  
Volunteer Delaware 50+ at  
302-255-9882 or email  
[Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)

## A NOTE FROM OUR PARTNER

Artwork by Caelie S., 2025

# NCC heARTed

# CALL FOR ENTRIES

## County-Wide Art Contest

Artwork by Luz G., 2025

Artwork by Saranya T., 2025

**SUBMISSIONS ARE DUE MAY 4!**

It's that time again! The 8th Annual NCC heARTed Art Contest is officially open and accepting submissions. This year's theme, "Rooted in Nature," invites artists to explore the beauty, power, and inspiration of the natural world. Create your artwork in any medium - draw, paint, photograph, design digitally, or craft a mixed media piece. Let nature spark your creativity and bring your vision to life.

📅 Submission Deadline: Monday, May 4

🏆 Prizes will be awarded

We can't wait to see how you're inspired by nature! For more info and to see how to enter visit: <https://www.newcastlede.gov/1822/NCC-HeARTed-Art-Contest>.

A NOTE FROM OUR PARTNER



# VOLUNTEERS NEEDED!

HELP US **SORT DONATIONS!**



**Lend a Hand, Make a Difference!**

HELP US **SORT & ORGANIZE  
CLOTHING, FOOD, & SUPPLIES  
FOR THOSE IN NEED!**

**VOLUNTEERS  
NEEDED!**

No Experience Needed

**Sign Up Today!**

[mavanhopeondeck@gmail.com](mailto:mavanhopeondeck@gmail.com)

Earle's Legacy Resource Center  
54 Albe Drive, Unit F  
Newark, DE 19702

[HopeOnDeck.org](http://HopeOnDeck.org)

**A NOTE FROM OUR PARTNER****LETTER CARRIERS'  
FOOD DRIVE**

**SATURDAY, MAY 9  
VOLUNTEERS ARE NEEDED!**

On Saturday, May 9, letter carriers across the country will take part in the annual Stamp Out Hunger Food Drive—the largest one-day food drive in the nation. And we need your help to make it a success locally! Volunteers will help letter carriers unload mail trucks and load food donations onto Food Bank trucks parked at the post office.

The following post offices are in need of volunteers on Saturday, May 9:

- Bear Post Office
- Edgemoor Post Office
- Newport Post Office
- Lancaster Avenue (Wilmington) Post Office
- Talleyville Post Office

Wes Chandler  
(Newark)

Volunteer: [volunteer@fbd.org](mailto:volunteer@fbd.org)

Phone: (302) 444-8075

For more information about opportunities, please call Volunteer Delaware 50+ at 302-255-9882 or email [Arundhati.Ghosh@delaware.gov](mailto:Arundhati.Ghosh@delaware.gov).

<https://www.fbd.org/stamp-out-hunger>

## A NOTE FROM OUR PARTNER

# is your hvac or water heater system struggling?



If your **HVAC** or **water heater** is not working properly, we've got good news.

Eligible homeowners in New Castle County may qualify for repairs and a **FREE** upgrade to an energy-efficient heat pump system.

## discover if you qualify & apply

1. View the minimal requirements for program participation at [habitatncc.org](https://habitatncc.org)
2. Submit an interest form through our site or use our QR code
3. We will contact you with the next steps



scan QR code below to submit an interest form




## questions? contact us

Email: [repairs@habitatncc.org](mailto:repairs@habitatncc.org)  
Phone: 302-652-0365


For more information, please contact Volunteer Delaware 50+ at 302-255-9882 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)





**Blood Bank of Delmarva**


# MOBILE BLOOD PROCESSOR VOLUNTEER



Help staff be able to focus on donors and not packing up the coolers. Training online and in person. Mobile drive schedules posted a month in advance; first come first serve.

Statewide volunteers needed in Newark, Dover, Middletown, & Dagsboro

Sign-up at your location:  
[getconnected.delaware.gov](http://getconnected.delaware.gov)



State Office of Volunteerism  
**VOLUNTEER DELAWARE**  
[volunteer.delaware.gov](http://volunteer.delaware.gov)

# 75TH ANNUAL PLATINUM PICNIC





## White Diamond Jubilee

WEDNESDAY, JUNE 10, 9AM-1PM, \$10

CHASE CENTER ON THE RIVERFRONT, WILMINGTON

Dancing 🎵 DJ 🎧 Prizes 🎁 Lunch 🍽️ White attire and diamonds, darling!

Call 302-395-5655 or visit [newcastlede.gov/846/Platinum-Picnic](http://newcastlede.gov/846/Platinum-Picnic)

WHITEHALL REC CENTER PRESENTS

# LINE DANCING


**TWICE A MONTH**  
ON WEDNESDAYS  
6:30 - 8:30 PM

**APRIL 8, 22** 6:30 PM  
**MAY 13, 21** 6:30 PM  
**JUNE 10, 24** 6:30 PM

New!

**WHITEHALL REC CENTER**  
723 Mapleton Avenue  
Middletown, De 19709  
Suite 202

\$10 DROP-IN



## Meet diverse people and have fun while engaging in cross cultural activities in Delaware!



Promoting Peace through Understanding by fostering cross-cultural exchange and experiences.

[info@ptpde.org](mailto:info@ptpde.org)

[www.ptpde.org](http://www.ptpde.org)

Bring your computer skills and volunteer from home to make an impact in our community on one of our many exciting committees.

**Public Relations Committee**  
Create fliers and social posts, assist with mailing list and announcements.  
Skills: Canva and Mail Chimp

**Program Committee**  
Generate ideas for virtual and in-person, exchange programs, support, team in online meetings.  
Skill: Zoom

**Fundraising Committee**  
Assist grant research & writing, foster philanthropic relations.  
Skills: Word, Excel, Google Docs/Sheets

**Membership Committee**  
Increase public awareness, encourage partnerships, new membership and volunteers.  
Skills: Excel/Google Sheets

For more information about opportunities, please call Volunteer Delaware 50+ at 302-255-9882 or email [Arundhati.Ghosh@delaware.gov](mailto:Arundhati.Ghosh@delaware.gov).

## ONGOING OPPORTUNITIES

Music ● Food ● Market  
**ICE CREAM  
 FIREWORKS!**

**SAVE THE DATE!**  
 Rockwood Park  
 Saturday, June 27  
 1-9 p.m.

Tickets on sale May 4  
 \$5, Kids 12 & Under Free with Adult  
 For details visit [NCCDE.ORG/ICF](http://NCCDE.ORG/ICF)  
 Proceeds benefit Rockwood Park & Museum



New Castle  
 County | DE  
**Parks &  
 Recreation**  
 Live Healthy New Castle County



Always Best Care  
 senior services®  
 FIREWORKS SPONSOR



OLD-FASHIONED  
**ICE CREAM**  
 Festival



## VOLUNTEERS NEEDED!

We need volunteers to help with onsite parking/directing traffic, volunteer check-in, offsite parking/shuttle assistance, games and activities, bubble station, and more. Sign up with a friend, family members, or your company! Shifts vary from 3-5 hours, starting as early as 10am until 9pm. Without your help, these special events couldn't happen. To learn how you can get involved and volunteer, call 302-255-9882



**SECOND & FOURTH WEDNESDAY**  
of the month  
**Newark Senior Center**  
200 Whitechapel Dr.  
10:00 AM

Group's emphasis is on producing donations to various community groups. Members are welcome to work on their own projects, share pattern ideas, or attend to learn new skills. For additional information, please visit the reception desk.




For a listing of CareWear affiliated groups with times and locations, please email Volunteer Delaware 50+ at [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov) or call 302-255-9746.

**ONGOING OPPORTUNITIES**



**CareWear Project**  
VOLUNTEER DELAWARE 50+  
NCC: 302-255-9746  
Sussex: 302-515-3020

*Knot Your Average Fiber Group*

**EVERY WEDNESDAY**  
**Hockessin Public Library**  
1023 Valley Rd  
Hockessin, 19707  
1:00 - 2:00 PM



**The CareWear Project**

CareWear is a volunteer group in Delaware that knits, crochets, and sews handmade cold-weather items like hats, scarves, and blankets for vulnerable community members. Items are distributed through local nonprofits, churches, hospitals, and service agencies, and volunteers can choose their own projects while staying connected with other crafters.

**WE ♥ OUR VOLUNTEERS**

**Crochet Club Plus**

**Meeting Time:**  
5:30 PM

**Meeting Locations:**  
**FIRST & SECOND TUESDAY/ MONTH**  
Newark Wesleyan Church  
708 W Church Rd. Newark  
**THIRD AND FOURTH TUESDAY/ MONTH**  
VFW Post 475  
100 Veterans Dr. Newark





Ask us about addition CareWear locations, to include Hockessin, N. Wilmington & New Castle.

**CareWear N. WILMINGTON**

**THIRD FRIDAY**  
of the month  
**10:00 AM**  
B'nai B'rith House  
8000 Society Dr.  
Claymont 19703



1/16	5/15	9/18
2/20	6/19	10/16
3/20	7/17	11/20
4/17	8/21	12/18

*Addition dates and locations include Hockessin, New Castle & Newark.*



For more information, visit [Volunteer.Delaware.gov/CareWear-Project](http://Volunteer.Delaware.gov/CareWear-Project) or email [Volunteer Delaware 50+ at Guadalupe.Murphy@delaware.gov](mailto:Volunteer Delaware 50+ at Guadalupe.Murphy@delaware.gov).

For more information, please contact Volunteer Delaware 50+ at 302-255-9882 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)

The Newark Senior Center



**Song Birds**

Thursdays 10:00 AM

Do you enjoy singing and sharing music? Come join the Newark Senior Center SongBirds - no audition required. Male voices are especially needed Group meeting every Thursday from 10:00 AM - 11:30 AM. There is a \$4 monthly fee.

**ONGOING OPPORTUNITIES**



**What do these birds have in common?**



**They all need a ride!**

**How can you help them?**

**BECOME A TRANSPORTER**



**HELP US TURN PLASTIC BAGS INTO MATS FOR THE HOMELESS**

Second and Fourth Thursday of each month.  
Time: 9:30 AM - 11:30 AM  
**Newark Senior Center**  
200 Whitechapel Dr. Newark

**2026 BAGS2MATS WORKSHOPS**

**Volunteer Delaware 50+**  
Volunteers collect, cut, loop then crochet or weave the plastic material into a mat. Mats create a barrier between the wet, dirty, and cold ground, as well as help retain body heat. One mat = 600 bags.  
For more information email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov) or call 302-255-9746.




 [Bags2MatsDE](#)



**YOU can help prisoners learn HOW to make better decisions for THEIR lives.**

**As a trained VOLUNTEER, you will can help an inmate to:**

- Eliminate reactive behavior
- Learn decision making skill to be able to make good decisions.
- Replace victim image thoughts with confidence and self-worth
- Develop goal-setting skills

Volunteers are needed to facilitate evening classes in Wilmington and Smyrna, from 6pm-8pm

**Thresholds of the State of Delaware, Inc.**  
NCC Team: 302-745-1758 - [MiltChaski@gmail.com](mailto:MiltChaski@gmail.com)  
302-781-0750 - [PorterDallas646@gmail.com](mailto:PorterDallas646@gmail.com)

**ONGOING OPPORTUNITIES**



## Blood Bank of Delmarva Volunteers Needed

You join a team of volunteers and staff committed to making our community better. You can recruit, care for, and/or give great service to blood donors. You can assist staff behind the scenes, so they accomplish more. Your time and skills help BBD have safe lifesaving blood.



**You can help to:**

- Promote donating blood and recruit volunteers at community events
- Enhance the donor experience by greeting and welcoming our donors, sanitizing donor areas, helping donors through the donation journey, restocking supplies in donation area, or serving them in the refreshment area after they saved a life in a center or at mobile drives
- Administrative support (office, video, photo, etc.)
- Create smiles in the mascot Bloodhound suit
- Let us know what skills you bring! Let's start something new!

**REQUIREMENTS**

- Complete an online volunteer application
- Attend an online orientation
- Attend specific training
  - Online and/or in person
- Ages 14-15 must have parent/adult actively volunteering with them
- 16-17 can volunteer alone in a greater role
  - Other roles may be available if part of a school HOSA or Allied Health program connected



## CREATIVE MENTORING®

### A School-Based Mentoring Program That Works!




## Join the ReStore Volunteer Team!

Passionate about affordable housing?  
The ReStore Team needs volunteers to sort, price, and organize donations to help build homes in New Castle County. Volunteer shifts are available at Prices Corner and Middletown.

**Store Hours:**  
Prices Corner: Tue – Sat, 10 AM – 5 PM  
Middletown: Wed – Sat, 10 AM – 5 PM

**Volunteer Duties Include:**  
Sorting and pricing home goods, tools, appliances, and more  
Answering customer and donor questions  
Testing and preparing electronics, power tools, and appliances  
Light cleaning and organizing

Help make a meaningful impact! Become a ReStore Team Volunteer today!

Contact us to get started  
302-255-9101  
302-255-9756






## BECOME A MENTOR TODAY!

- Mentors meet with their students for an hour once a week during the school year.
- Mentors come from all walks of life: retirees, high school students, office workers, church members, community volunteers, etc. Anyone with a passion for helping children and an ability to accept kids “where they are” can be a successful mentor.
- Mentoring allows adults to give something of themselves in a way that’s both selfless and deeply fulfilling.
- Mentors have the privilege of watching their mentees’ lives improve as a result of the help, friendship, and guidance they provide.

For more information about opportunities, please call Volunteer Delaware 50+ at 302-255-9882 or email [Arundhati.Ghosh@delaware.gov](mailto:Arundhati.Ghosh@delaware.gov).

**ONGOING OPPORTUNITIES**

For more information, please contact Volunteer Delaware 50+ at 302-255-9882 or email [Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)

**Use your compassion and talents to make a difference. Volunteer with AccentCare® Hospice today.**

**You can support our local patients and families by becoming a:**

**Ambassador Volunteer**

- Community outreach, volunteer recruitment

**Legacy Volunteer**

- Create legacies: books, journals, CDs, memory bears, crafts

**Office Volunteer**

- Administrative assistance

**Social & Companionship Volunteer**

- Reading, walking, caregiver relief

**Music Companionship Volunteer**

- Play, sing and share music with patients, families and friends

**Children's Bereavement Camp Volunteer**

- Work with camp staff and children

**Bereavement Volunteer**

- Emotional support for patient family and friends

**Spiritual Presence Volunteer**

- Support patient's faith related requests

**Vigil Volunteer**

- Companionship during patient's last hours

**Pet Visitation Volunteer**

- Patient visits with certified Pet Partners or Therapy Dogs

**Special Projects Volunteer**

- Volunteer support for special groups or events like We Honor Veterans



For more information, please scan the QR code or contact our volunteer service coordinator at: [VeronicaFlemmings@AccentCare.com](mailto:VeronicaFlemmings@AccentCare.com) or 302.533.3800

For more information, please contact Volunteer Delaware 50+ at 302-255-9882 or email [Arundhati.Ghosh@delaware.gov](mailto:Arundhati.Ghosh@delaware.gov).



**DELAWARE HOSPICE**

Since 1982

At Delaware Hospice, our team of volunteers provide companionship to patients, respite for caregivers, assist with shopping and errands, and so much more!

**Patient Care Volunteers**

- Check-in calls with patients.
- Care calls: provide a listening ear to patients.
- Visit with a patient (read, share stories, play cards or board games).
- Provide transportation to doctor appointments, store or pharmacy.
- Walk with a patient.
- Run an errand.
- Provide vigil support as a patient nears death.
- Give haircuts to patients.
- Assemble and deliver care gifts to patients.
- Pet Therapy Visits.
- Music Therapy Visits.

**RN Volunteers**

- Medication disposal after a patient has passed or is discharged.
- Assist staff with vaccination clinics.
- Assist with clinical staff education.

**Vet-to-Vet Volunteers**

- Veterans visit patients who are also veterans and talk about the patient's military experiences.

**Patient Care Volunteers Needed**

**New Castle County Police**



**Senior Roll Call Lifeline Volunteers**

Volunteers needed to help oversee the automated dialer, attentive to signs of distress or the sound of answering machines, and follow set protocols until they establish contact with the subscriber or dispatch assistance.



Volunteer shifts run from 6:30am - 10:30am daily



New Castle County Public Safety Building, 3601 N. DuPont Hwy, New Castle, DE 19720

**VOLUNTEER WITH US**



The Grand Opera House  
The baby grand  
The Playhouse

**Show Corps Volunteer:**

- Bartender (licensed)
- Ticket Check
- Usher
- Coat Check

**Grand Marshals:**

- Administrative Support
- Welcome Visitors
- Special Events / Tours

Enjoy wonderful performances while volunteering!!!

[www.thegrandwilmington.org/support-us/ways-volunteer](http://www.thegrandwilmington.org/support-us/ways-volunteer)

## RESOURCES

# DHSS IS HERE FOR OUR COMMUNITY.

All State Service Centers have Food Pantries **open to the public.**

*Just bring a valid ID showing you are a Delaware resident.*



State Service Centers are a part of the Food Bank of Delaware's Community Food Pantry list. Visit [fbd.org](http://fbd.org) or call **Delaware 211** for the full list of food resources throughout the state.



For more information about opportunities, please call Volunteer Delaware 50+ at 302-255-9882 or email [Arundhati.Ghosh@delaware.gov](mailto:Arundhati.Ghosh@delaware.gov).

RESOURCES

# YMCA WELLNESS EXCHANGE

the Y

**Launching Soon at the Central YMCA!**

The YMCA Wellness Exchange is a new community hub designed to help individuals access the education, referrals and support they need to manage obesity and live healthier lives. The Exchange was created through a partnership between the YMCA of Delaware, the Obesity Association™, a division of the American Diabetes Association® and the Rose Hill Community Center.

**What You'll Find**

- ▶ Health education & chronic disease prevention resources
- ▶ Support for nutrition, physical activity, and mental well-being
- ▶ Connections to community organizations & services
- ▶ Referrals that address social needs (SDOH)

**Who It's For**

Individuals and families seeking wellness support, navigating health or social needs, and/or looking for local resources to live a healthier life.

**Location**

Central YMCA  
501 West 11<sup>th</sup> Street  
Wilmington, Delaware

**Hours:**  
**Effective March 2nd**  
Mon/Wed: 4 pm - 7 pm  
Tues/Thurs: 10 am - 1 pm  
Saturday: 9 am - 12 pm

Cost: FREE and open to the community

[Learn More](#)

SHAMAR HARRISON  
SHARRISON@YMCADL.ORG OR 302-274-0238

## New Castle County

# DINING WITH DIABETES

Starts May 5, 2026

**Take the Stress Out of Your Diabetes Meal Plan!**  
Managing diabetes starts with what's on your plate, but we know that's often the hardest part. Join the UD Cooperative Extension for Dining with Diabetes, a 5-session program designed to help you reduce sugar, salt, and fat without sacrificing flavor!

**Class 1: Mealtime Essentials**  
**Class 2: Desserts (Yes, even desserts!)**  
**Class 3: Main Dishes**  
**Class 4: Side Dishes**  
**Class 5: Seasonal Reunion**

Learn more: <http://www.udel.edu/0014311>

**When:** Tuesdays, May 5, 12, 19, & 26 (6:00 p.m. - 8:00 p.m.)  
Reunion: August 25, 2026

**Where:** New Castle County Extension Office: 461 Wyoming Rd, Newark, DE 19716

**Who:** Anyone! People with diabetes, family members, and caregivers are all welcome.

Questions? Contact Kimberly Moore at 302-730-4000 or [kamoore@udel.edu](mailto:kamoore@udel.edu)

For more information about opportunities, please call Volunteer Delaware 50+ at 302-255-9882 or email [Arundhati.Ghosh@delaware.gov](mailto:Arundhati.Ghosh@delaware.gov).

**ENERGIZE DELAWARE**  
TAKING CHARGE TOGETHER.™

## Benefits of Home Energy Checkup and Counseling

**SCHEDULE NOW**

855-314-9966



### Inspiring sustainable energy solutions

Energize Delaware offers a no-cost in-home energy check up. Your check-up and counseling includes:

- ✔ A one-hour in-home appointment
- ✔ Counseling on ways to save energy
- ✔ Installation of energy-saving products

RESOURCES

**You Are Invited**

**CHARITY CROSSING'S UPCOMING GIVEAWAY**

**Giveaway Items:**  
Household Items,  
Pet Items, Packaged Foods,  
Toys, Clothing, etc

**Please DO NOT SELL Donated Items.**  
Respect our Volunteers.  
Follow Guest Guidelines.  
Violators will not be allowed.

Helping Our Community and Environment  
Recycle | Reuse | Reclaim | Restore | Repurpose

Every month, Charity Crossing Volunteers host around 75 giveaway events. **Cada mes, los voluntarios de Charity Crossing organizan 75 eventos de regalos.**

One person per household can participate in **ONLY ONE** event **PER WEEK**.  
Registration is **REQUIRED**. This is strictly enforced.  
**Una persona de la familia puede participar en SÓLO a UN evento por semana y es REQUISITO registrarse. Esto se aplica estrictamente.**

- Wednesdays / Miércoles**  
- Amazing Grace Outreach: 4843 Summit Br Road, Middletown
- Saturdays / Sábados**  
- Trinity AME Church: 27 Lockwood St, Middletown  
- Krishna Village: 3465 Wrangle Hill Rd, Bear  
- Delaware State University: 350 pear St, Dover  
- PACS at Phoenixville: 101 Buchanan St, Phoenixville, PA  
- Lion of Judah Bible Café: 304 Aiken Ave, Perryville, MD
- Sundays / Domingos**  
- Rosehill Community Center: 19 Lambson Ln, New Castle  
- Hispanic American Association: 3900 Kirkwood Hwy, Wilmington  
- Herlihy: 320 E 5th St, Wilmington  
- PCI Front St: 510-500 Front Street, Wilmington (essentials)  
- The Apolostic Church: 16 E Mt Vernon St, Smyrna
- To register, visit / **Para registrarse, visite**  
[CharityCrossing.org/cc-giveaway](http://CharityCrossing.org/cc-giveaway)

**HOPP**  
THE HARVEST OUTREACH PEOPLE PROJECT

**FRIDAY**

**4TH FRIDAYS**

"connecting people from place to place"

1-888-323-HOPP (4677)  
[WWW.THEHOPP.ORG](http://WWW.THEHOPP.ORG)

**FOOD GIVEAWAY SITES**

**REPORT HARM OF VULNERABLE ADULTS**

**NEGLECT • ABUSE • EXPLOITATION**

**888-APS-4302**

Delaware Adult Protective Services

**MAKE THE CALL**

With one simple (anonymous) phone call, concerned individuals and those experiencing harm can connect with free, voluntary services and resources that could save a life.  
For more information visit [dhss.delaware.gov/dsaapd/aps](http://dhss.delaware.gov/dsaapd/aps).

**Senior Roll Call Lifeline** is a free program provided by New Castle County, Division of Police, that makes daily calls to the homes of our elderly or disabled members to ensure they are doing well and do not require emergency assistance. If after several attempts the calls are unsuccessful, emergency help is sent to the home to check on the well-being of the member.

For more information call 302-255-9878.

For more information, please contact  
Volunteer Delaware 50+ at  
302-255-9882 or email  
[Guadalupe.Murphy@delaware.gov](mailto:Guadalupe.Murphy@delaware.gov)

RESOURCES

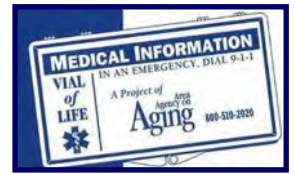
The Delaware ADRC is your one-stop access point for information, assistance and referral to resources that support older Delawareans, adults with disabilities and caregivers.



Delaware Aging & Disability Resource Center

DELAWARE ADRC  
To view a pdf version visit:  
[dhss.delaware.gov/dhss/dsaapd](http://dhss.delaware.gov/dhss/dsaapd) or call 1-800-223-9074;

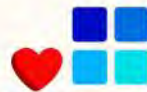
The **Vial of L.I.F.E** program, offered FREE by NCC Emergency Medical Services, assists seniors and disabled residents by providing vital medical information during emergencies. To get your Vial of L.I.F.E, contact 302.395.8184 or email [vialoflife@newcastlede.gov](mailto:vialoflife@newcastlede.gov). Stay safe and prepared!



RESIDENTS AND FAMILIES  
**Protect What Matters Most**

Be prepared for any emergency by giving public safety the information they need to better help and communicate with you.

Smart911 is a free national service brought to you by the New Castle County Department of Public Safety.



**THE FOUNDATION PROJECT**

Delaware's First Nonprofit Furniture Assistance Program  
Located inside the Wilmington Public Library  
10 E 10th St, Wilmington, DE 19801

**HOURS OF OPERATION**

Tuesdays | 5:00 PM - 7:00 PM  
Saturdays | 9:00 AM - 1:00 PM

- ♥ We help families furnish their homes with love and dignity.
- Free couches, beds, dressers, kitchenware & more for qualifying residents.
- ✔ Must be a Delaware resident
- ✔ Must receive housing assistance or be in transition
- ✔ Must participate in our point-based system (up to 30 points)

✈ No appointments needed - just show up during open hours!

**Sign Up for Meals**



- City Fare Meals On Wheels: 302-421-3734
- Newark Senior Center: 302-737-5747

**MealsOnWheelsDE.org**



**Meeting of Minds**

This is a guided group experience for adults in the early stages of dementia, Alzheimer's or other cognitive impairment.

Through diverse social, physical, mental, and creative activities, participants gain improved self esteem, socialization and a sense of belonging.



"He is usually not a man of many words but now when he comes home, he will talk about his day at the dinner table. The program has truly done wonders for him. It took him some time to come around to the idea but now he looks forward to coming to the Center- the bus ride, the people, everything. Meeting of Minds has given improved his vocabulary."  
- Meeting of Minds Caregiver

Meeting of Minds is held Monday - Friday from 10:00am - 2:00pm  
Cost: \$32/day and includes lunch and transportation (must live within NSC. Transportation routes to be eligible for transportation)  
Participants must register for a minimum of 2 days/week

Meeting of Minds is best suited for individuals who still have a moderate level of independence.  
Please call or email Laura to discuss eligibility and to visit the program.  
Laura Greene  
302-737-2336 ext 124 or [lgreene@newarkseniorcenter.com](mailto:lgreene@newarkseniorcenter.com)



Join us for a memorable afternoon gathering including lunch and a live musical performance!

Third Wednesday of the Month  
11:30 am - 2:00 pm  
Smyrna Opera House  
7 West South St  
Smyrna, DE 19977

Registration required for caregivers and care recipients:  
<https://tinyurl.com/SOHHMM>  
Scan QR code to register!



- Open to:
- Adult caregivers (18+) providing care to individuals 60+
  - Adult caregivers (18+) supporting individuals of any age with Alzheimer's Disease or related dementias

This program is supported by Administration for Community Living (ACL) funds.



Preventing Medicare Fraud

**Protect Yourself and loved ones from Medicare fraud.** Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse.

**Delaware Senior Medicare Patrol**  
1- 800-223-9074



## New Castle County Community Partners by Interest

- **Animals**
  - \* Brandywine Valley SPCA, 302-858-4202
  - \* PAWS for People, 302-351-5622
  - \* Tri-State Bird Rescue and Research, 302-737-9543
- **Community Development / Engagement**
  - \* Children and Families First (champion children and families; school), 302-777-9757
  - \* DE Ecumenical Council on Children and Families, 302-225-1040
  - \* Hagley Museum & Library, 302-658-2400
  - \* New Castle County Dept of Community Services (Festivals), 302-395-5640
  - \* Osher Lifelong Learning Institute (OLLI), 302-573-4417
  - \* Volunteer Delaware 50+ NCC Advisory Council Inc.
  - \* Western YMCA
- **Computer Skills**
  - \* Senior Surfers (Newark Senior Center), 302-737-2336
- **Culture**
  - \* People to People: Delaware Chapter info@ptpde.org
- **Economic Support Services**
  - \* Family Promise of Northern NCC (homelessness), 302-998-2222
  - \* Habitat for Humanity NCC (construction), 302-998-2222
  - \* Lutheran Community Services, 302-654-8886
  - \* Shoes That Fit, 302-234-9319
  - \* Thresholds of the State of Delaware Inc.
- **Environment / Nature**
  - \* Bags2Mats for the Homeless, 302-255-9882
  - \* Delaware Center for Horticulture, 302-658-6262
  - \* Delaware Museum of Nature and Science, 302-658-9111
- **Food / Nutrition**
  - \* Meals on Wheels, 302-737-2336
  - \* St. Anthony's- City Fare Meals on Wheels, 302-421-3734
  - \* Newark Senior Center Meals on Wheels, 302-737-2336
  - \* Food Bank of Delaware, 302-292-1305
- **Health**
  - \* A Matter of Balance, 302-255-9101
  - \* Autism Delaware
  - \* Alzheimer's Association, 215-561-2919
  - \* American Cancer Society, 1-800-227-2345
  - \* American Red Cross, 302-656-6620
  - \* Blood Bank of Delmarva, 302-737-8405
  - \* Special Olympics Delaware, 302-831-4653
- **Hospital**
  - \* Christina Care Hospital, 302-733-1284
  - \* Wilmington Hospital, 302-428-2206
  - \* Nemours Children Hospital, 302-651-6096
- **Hospice / Palliative / Respite**
  - \* Christiana Care in Collaboration with Accent Care (Seasons), 302-533-3800
  - \* Delaware Hospice, 302-478-5707
  - \* VITAS Healthcare, 302-451-4000
- **Knit / Sew**
  - CareWear Project (N. Wilmington, Newark (Crochet Club Plus, Hockessin (Must Love Yarn) (Patches of Love) 302-255-9746
- **Legal / Advocacy / Ombudsman**
  - \* CASA (Court Appointed Special Advocate) (Child Advocate), 302-255-1730
  - \* CHILD Inc. (domestic violence services), 302-762-8989
  - \* DE Senior Medicare Patrol (SMP), 302-255-9510
  - \* Long-Term Care Ombudsman Program, 302-255-9108
- **Library**
  - \* Appoquinimink Library / Bear Library
  - \* Brandywine Hundred Library (19803)
  - \* Claymont Library / Elsmere Library
  - \* Hockessin Library / Kirkwood Library
  - \* Newark Free Library / Route 9 Library (19720)
  - \* Woodlawn Library (19805)
- **Mental Health**
  - \* Amanecer Counseling & Resource Center, 302-576-4136
  - \* Contact Lifeline (suicide prevention), 302-761-9800
  - \* Supporting Kidds Inc. (grieving children), 302-235-5544
- **Mentoring / Tutoring**
  - \* Connecting Generations 302-656-2122 x0013
  - \* Literacy Delaware, 302-658-5624
  - \* Thomas Edison Charter School, 302- 778-1101
  - \* Thresholds of the State of Delaware, 302-478-3053
- **Performing Arts / Music / Singing / Ushering**
  - Delaware Theatre Company, 302-594-1100
  - Grand Opera House, 302-658-7897
- **Reading to Children**
  - \* Children Empowered by Love  
childrenempoweredbylove@comcast.net
  - \* Read Aloud Delaware, 302-656-5256
- **Senior Centers / Services**
  - \* Absalom Jones Senior Center, 302-995-7636
  - \* Channie P. Bradley Senior Services
  - \* MOT Jean Birch Senior Center, 302-378-4758
  - \* NCC Senior Roll Call Lifeline, 302-395-8159
  - \* Newark Senior Center, 302-737-2336
  - \* St. Anthony's Senior Center, 302-421-3721
- **Thrift**
  - \* Habitat for Humanity ReStore (Wilmington: 302-652-5181; Middletown: 302-449-1414)
  - \* Earle's Legacy Resource Center, Hope On Deck, info@hopeondeck.org
  - \* Phoenix Family Resources (clothing), 302-593-7532
- **Veterans / Military**
  - \* Stockings for Soldiers, info@StockingsForSoldiers.org