

NCC VOLUNTEER OPPORTUNITIES

Volunteer Delaware 50+ is a statewide program offered through the State Office of Volunteerism within the Division of Social Services. The mission is to engage persons 50 and older in volunteer service, to meet critical community needs and to provide a high quality experience that will enrich the lives of Volunteers.

ENROLL TODAY!



In this newsletter:

Pages 1-8

News from Volunteer Delaware 50+

Page 9

June Birthdays

Pages 10-11

Spotlight: Mary Cella's Journey

Pages 12-26

News From Our Community Partners & Volunteer Opportunities

Pages 27-31

Resources

Delaware Juneteenth Association presents

DE Juneteenth PARADE

Saturday, June 13, 2026
King Street, Wilmington, Delaware

FREEDOM PARADE!

Entertainment • School & Community Groups

Music | Culture | Celebration

The parade will start at Rodney Square at 11 AM, travel down King Street and end at the historical Tubman-Garrett Park!

To reserve your spot in the parade or for more info:
(302) 314-5863
delawarejuneteenth.org

Scan Me



Volunteer Delaware 50+ focuses on helping individuals 50 years of age and older, use the skills and talents learned over the years, or develop new ones while serving in a variety of volunteer activities within the community. Volunteer Delaware 50+ volunteers determine their preferred level of commitment. Come join the more than 2,500 Volunteer Delaware 50+ members and start making a difference today!

What are the benefits of becoming a Volunteer Delaware 50+ member?

- All members receive supplemental insurance protection in case anything happens **while** they are volunteering with one of our community partners (excess volunteer liability insurance & excess automobile liability insurance)
- Opportunity for outstanding volunteers to attend a free recognition luncheon and enter to win door prizes (must meet required hours)
- Opportunity to receive a monthly listing of one-time volunteer projects, upcoming events and ongoing volunteer opportunities (sent via email)
- Invitation to attend free educational workshops on topics pertaining to the 50+ community (sent via email)
- Tracking of hours and years of service

Why do you collect my volunteer hours?

- Helps us to qualify for grants and places us in a better position to advocate for continued funding, not only for our program but also for our community partners
- Helps us to quantify all the amazing volunteer work Delawareans are doing for our state/in our communities
- Helps us to identify and recognize our outstanding volunteers through our annual Volunteer Recognition Luncheon.

Are you already a volunteer with one of our community partners and would like to also be a member of Volunteer Delaware 50+?

We are always looking-for and inviting non-profit organizations to join us and become a community partner in order to offer even more opportunities to our members. If you are already a volunteer with one or more of our community partner and would like to also become a member of Volunteer Delaware 50+ please contact your local office.

New Castle County: please call 302-255-9882 or email Guadalupe.Murphy@delaware.gov or Arundhati.Ghosh@delaware.gov.

For more information please visit Volunteer.Delaware.gov/Volunteer-Delaware50.



www.Facebook.com/VolunteerDelaware (don't forget to follow us on Facebook)

Congratulations Ann ON YOUR Retirement!

“Change is the only constant in life – and often the doorway to something better.”

You will be missed!

With gratitude for your leadership, dedication, and heart.

From Your Volunteer Delaware 50+ Team

 VOLUNTEER
DELAWARE 50+

VOLUNTEER DELAWARE 50+ AT DSEA RETIRED ANNUAL MEETING

Volunteer Delaware 50+ participated in the DSEA Retired Annual Meeting on May 5, hosting a tabling event to share information about its programs and volunteer opportunities.

At the table, staff highlighted key initiatives including A Matter of Balance, CareWear, and Bags2Mats, which promote health, wellness, and community support across Delaware.

The event offered a great opportunity to connect with retired educators and share ways to get involved in meaningful service. Volunteer Delaware 50+ extends sincere thanks to the DSEA Retired Association for the invitation and the opportunity to participate.



VOLUNTEER DELAWARE 50+ TEAM JOINS DHSS WELLNESS WALK

Engaging
Employees in
Service
Opportunities
Statewide



The DHSS Wellness Walk held on May 15 at the Herman Holloway Campus brought DHSS employees together for a day focused on health, connection, and community. Volunteer Delaware 50+ Team joined the event with an informational table highlighting volunteer opportunities across the state. Staff enjoyed connecting with fellow state employees and sharing ways to get involved through service.

Special guests included Miss Delaware Teen, who stopped by the table to learn more about volunteerism, and DHSS Secretary Christen Linke Young, who showed her support for the wellness and community engagement effort.

The event was a fun and meaningful opportunity to promote wellness while strengthening connections across DHSS and the State of Delaware.

VOLUNTEER DELAWARE 50+



Volunteer Delaware 50+ can serve as a strong recruitment pipeline for your organization. Our program focuses on engaging experienced individuals who actively choose to serve—bringing professional skills, reliable availability, and a strong commitment to long-term volunteerism.



AS A COMMUNITY PARTNER, YOUR OPPORTUNITIES WILL BE:



Promoted directly to prospective volunteers



Highlighted during outreach events



Featured in our monthly newsletter (including ongoing and one-time opportunities)



BENEFITS FOR YOUR VOLUNTEERS:



Connect with Volunteer Delaware 50+ staff for recognition and storytelling opportunities



Track and centralize volunteer hours across multiple organizations



Participate in our annual Volunteer Recognition Luncheon



Receive supplemental insurance coverage (Excess Volunteer Liability & Excess Automobile Liability)



IMPORTANT TO KNOW

Your existing volunteers must provide consent to enroll in Volunteer Delaware 50+ to receive full program benefits. Participation is **free** and will not affect their role within your organization.



STEPS TO BECOME A COMMUNITY PARTNER:

- 1 Meet with the Volunteer Delaware 50+ team
- 2 Share your volunteer recruitment needs
- 3 Participate in a mutual review process (Program focus: volunteers age 50+)
- 4 Establish a formal Memorandum of Understanding (MOU) with the State of Delaware

Know an organization in New Castle County that could use support?



**CONTACT OUR
NEW CASTLE OFFICE:**

302-255-9882

VOLUNTEER DELAWARE 50+

PROMOTING OUR NCC COMMUNITY PARTNERS!!!

On May 15, the DHSS Wellness Walk at the Herman Holloway Campus brought DHSS employees together for a day focused on health, connection, and community.

The Volunteer Delaware 50+ team joined the event with an informational table to promote volunteer opportunities across the state, the State Employees' Charitable Campaign (SECC), and the benefits of Paid Volunteer Leave (PVL).



 We promoted our official NCC Volunteer Delaware 50+ Community Partners who are registered SECC-approved charities.

Many ways to serve. One powerful impact.

Promoting Service. Supporting Community. Strengthening Delaware.



Shared volunteer opportunities with DHSS employees



Highlighted SECC-approved charities and community partnerships



Encouraged a culture of service, connection and wellness



Helped employees see how their time can make a difference

26 SECC-APPROVED CHARITIES & OFFICIAL COMMUNITY PARTNERS

From helping seniors to supporting families, animals, and communities in need—there's a place for everyone to make a difference!

HEALTH & CRISIS SUPPORT

1. Alzheimer's Association Delaware Valley Chapter
2. American Red Cross Delmarva Chapter
3. Blood Bank of Delmarva
4. ContactLifeline, Inc.
5. Delaware Hospice
6. Christiana Care Health System
7. Family Counseling Center of Saint Paul's DBA (Amanecer Counseling & Resource Ctr.)
8. Autism Delaware
9. Special Olympics Delaware

FOOD, HOUSING & BASIC NEEDS

10. Food Bank of Delaware, Inc.
11. Habitat for Humanity of New Castle County
12. Family Promise of Northern New Castle County
13. Lutheran Community Services (LCS)

CHILDREN, FAMILIES & YOUTH DEVELOPMENT

14. CHILD, Inc.
15. Children & Families First Delaware
16. Connecting Generations, Inc.
17. Supporting Kids

EDUCATION, LITERACY & MENTORING

18. Literacy Delaware
19. Read Aloud Delaware
20. Connecting Generations, Inc.

ANIMALS & WILDLIFE

21. Brandywine Valley SPCA
22. PAWS for People
23. Tri-State Bird Rescue & Research

OLDER ADULTS & COMMUNITY WELL-BEING

24. Meals on Wheels Delaware (City Fare & Newark Senior Center)
25. M.O.T. Senior Center
26. Newark Senior Center

 *Thank You, DHSS!*

A special thank you to everyone who stopped by our table, learned more, and showed their support for community and wellness. Together, we build a healthier, stronger Delaware!



STATEWIDE BOOK DRIVE





READ ACROSS

DELAWARE



Help spread the joy of reading. Donate new and gently used books to support literacy throughout Delaware. This project is in conjunction with the 9/11 Remembrance / National Day of Service Project.

WHAT YOU CAN DONATE

-  Children's books (Pre K–12)
-  Picture books
-  Educational materials
-  Young adult novels


DROP-OFF DATES


May 15 – August 11


DROP-OFF HOURS

9 AM – 3 PM

DROP-OFF LOCATIONS

 **New Castle County**
Herman M. Holloway
Campus
(Debnam Building)

 **Kent County**
James Williams State
Service Center

 **Sussex County**
Adams State Service
Center



FOR MORE INFORMATION, CALL
302-515-3024



ALTERNATIVE FORMATS
available upon request.

CONTACT: Bobbi Jo Tice: bobbi.tice@delaware.gov

State Office of Volunteerism

volunteer.delaware.gov



AmeriCorps



DELAWARE
HEALTH AND
SOCIAL SERVICES

**For more information in New Castle County
Please call Volunteer Delaware 50+ at 302-255-9882.**



**Cynthia Amon
Harold Barber
Bill Beaumont
William Bines
Bob Bloom
Helene Burke
Shelita Caldwell
Arrelee Candy
Aguida Carter
William Cattie
Peter Curcio
Carisa Davis
Patricia Edwards
Jack 'John' Flannery
Ann Follette
Theresa Gallagher
Lynda Giambra
Connie Greendonner
Jacqueline Hagelberg**

**Janice Henry
Eric Herring
Emily Hicks
Christine Jadach
Inga Yna Jones-
Sullivan
Carol Jester Kusel
Patricia Lane
Sharon Marshall
Raelene Maser
Loretta Millan
Janet Montanaro
Nancy Moore
Jay Muthukamatchi
J. David Myers
Dale Nebe
Cindy O'Neil
Melissa Oberholzer
Rose Perry**

**Margie Plasmier
Lynn Porro
Susan Rau
Susan Reynolds
Kathleen Robinson
Patti Root
Diana Rykaczewski
Ethel Scheper
Cheryl Scott
Rose Selvaggi
Rakhee Sen
Mary Sheridan
Marie Stevens
Sinina Talley
Aram Terzian
Nina Tolbert
Theresa Winner
Danny Young**

VOLUNTEER SPOTLIGHT

MARY CELLA'S JOURNEY



Mary Cella is a longtime volunteer with over 16 years of service through Volunteer Delaware 50 +.

The Delaware 50+ Team Volunteer sat down with Mary to learn more about her volunteer journey.

Q: Can you tell us a little about yourself and your volunteer experience?

A: I have volunteered since my high school days and currently volunteer with the American Red Cross (RC) and People to People Delaware (PTPDE). I have actively volunteered for the RC for 20 years and PTPDE for 15 years. In addition to VOL DE 50 Plus nonprofits, I serve as an Advisor to the BTL Foundation and on the Alumni Committee for Wilmington University.

Q: What is the mission of the American Red Cross, and how do you support it?

A: The RC's vision, through its strong network of volunteers, donors and partners, is to always be there in times of need. RC supporters provide a beacon of hope. From helping during disasters and ensuring access to lifesaving blood, to providing training to save lives and supporting military communities, the Red Cross is there when help can't wait.

I serve as a CVL (Community Volunteer Leader) for the RC. This entails representing the RC at community events and helping with disasters, blood drives, fire alarm installation, and school children safety education.

To volunteer with the American Red Cross or People to People Delaware, contact Arundhati Ghosh at arundhati.ghosh@delaware.gov or 302-255-9101.

VOLUNTEER SPOTLIGHT

MARY CELLA'S JOURNEY



Q: What does People to People Delaware focus on, and what is your role there?

A: PTPDE's mission is to enhance international understanding and friendship through educational, cultural, and humanitarian activities involving the exchange of ideas and experiences directly among people of different countries and diverse cultures.

I am an Advisor (and former Board member) for PTPDE. In this capacity, I assist with cultural events held all over the world on Zoom to promote peace and understanding and fundraisers for international causes. I also participate in Delaware events like Peace Week and various local community ethnic celebrations and events that advocate unity in our diverse community.

Q: Can you share a memorable experience from your volunteering?

A: One of my most memorable experiences is the annual PTPDE and University of Delaware picnic where dozens of scholars and students from all continents meet to share a simple meal, exchange ideas and play games. For a brief moment, I felt encouraged and at peace, with a sense of harmony for the world.

Q: Why do you feel volunteering is important, especially for seniors?

A: I feel volunteering and giving back to the community is important at any age, but even more so in our senior years. Volunteering helps seniors keep their bodies moving and their minds sharp. Other wonderful benefits are making new friends, networking career opportunities, and exploring our Delaware community to learn about all the great places to visit, services available, and so much more.

To volunteer with the American Red Cross or People to People Delaware, contact Arundhati Ghosh at arundhati.ghosh@delaware.gov or 302-255-9101.

A NOTE FROM OUR PARTNER

PLASTIC SORTING EVENT!

MAKE A DIFFERENCE.
REDUCE WASTE.
BUILD A BETTER FUTURE!

HOSTED BY



THURSDAY,
JUNE 18TH



10:00 AM – 12:00 PM



CHARLES DEBNAM BLDG
1901 N. DUPONT HIGHWAY
NEW CASTLE, DE 19720

VOLUNTEERS WILL HELP TO
SORT DONATED PLASTIC MATERIAL.



ALL ARE
WELCOME!



NO AGE
REQUIREMENT!



TOGETHER, WE CAN
KEEP PLASTIC OUT
OF OUR ENVIRONMENT.



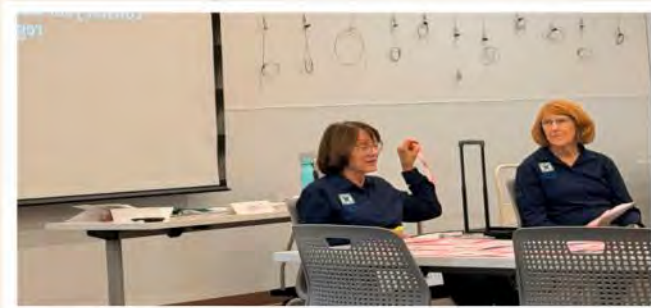
JOIN US FOR A FUN, IMPACTFUL MORNING IN OUR COMMUNITY!

To register, please call Volunteer Delaware 50+ at 302-255-9882.

A NOTE FROM OUR PARTNER



JOIN OUR FREE A MATTER OF BALANCE CLASSES!



These photos showcase our ongoing classes led by dedicated volunteer coaches and professionals who are helping older adults build strength, improve balance, and gain confidence in everyday activities.

Participants learn practical fall prevention strategies in a welcoming and supportive environment while connecting with others in the community. Whether your goal is to stay active, move with greater confidence, or maintain your independence, this program is designed to help you succeed.

Interested in joining a FREE upcoming class? Sessions are now available at Christ the Cornerstone Adult Community Center and Bear Library. Space is limited — reserve your spot today!



**CHRIST THE CORNERSTONE
ADULT COMMUNITY CENTER**
3135 Summit Bridge Road, Bear, DE
302 836 6463



Mondays • 10:00 a.m. – 12:00 p.m.

Starts: **June 1, 2026**
Ends: **July 27, 2026**
(No Class 7/6)



For more information, contact the number above.



BEAR LIBRARY

101 Governors Place,
Bear, DE 19701
302 838 3300



Wednesdays • 10:30 a.m. – 12:30 p.m.

Starts: **June 24, 2026**
Ends: **August 12, 2026**



For more information, contact the number above.

For more information about opportunities, please call Volunteer Delaware 50+ at 302-255-9882 or email Arundhati.Ghosh@delaware.gov.

A NOTE FROM OUR PARTNER



THANK YOU 
**CHRIST CHURCH
 CHRISTIANA HUNDRED
 VOLUNTEERS!**

Our friends collected almost 100 pounds of plastic material to benefit the Bags2Mats for the Homeless. We will be using all the material we can, whatever we cannot will go to our friends at Eco Plastic Products of Delaware who will transform the discarded plastic into purposeful products. This just shows what an impact we can make when we come together!! Thank you Ms. Janet for taking the lead in coordinating these efforts!



**Meet diverse people
 and have fun while
 engaging in cross
 cultural activities in
 Delaware!**



Promoting Peace through Understanding by fostering cross-cultural exchange and experiences.

info@ptpde.org

International Delaware Chapter
www.ptpde.org

Bring your computer skills and volunteer from home to make an impact in our community on one of our many exciting committees.

Public Relations Committee

Create fliers and social posts, assist with mailing list and announcements
 Skills: Canva and Mail Chimp

Program Committee

Brainstorm ideas for virtual and in person exchange programs, support tech in online meetings
 Skills: Zoom

Fundraising Committee

Assist grant research & writing, foster philanthropic relations
 Skills: Word, Excel, Google Docs/Sheets

Membership Committee

Increase public awareness, encourage partnerships, new membership and volunteers
 Skills: Excel/Google Sheets

A NOTE FROM OUR PARTNER

Music ● Food ● Market
**ICE CREAM
 FIREWORKS!**

SAVE THE DATE!
 Rockwood Park
 Saturday, June 27
 1-9 p.m.

Tickets on sale May 4
 \$5, Kids 12 & Under Free with Adult
 For details visit NCCDE.ORG/ICF
 Proceeds benefit Rockwood Park & Museum

OLD-FASHIONED
ICE CREAM
 Festival



VOLUNTEERS NEEDED!

We need volunteers to help with onsite parking/directing traffic, volunteer check-in, offsite parking/shuttle assistance, games and activities, bubble station, and more. Sign up with a friend, family members, or your company! Shifts vary from 3-5 hours, starting as early as 10am until 9pm. Without your help, these special events couldn't happen. To learn how you can get involved and volunteer, call 302-255-9882.

A NOTE FROM OUR PARTNER

DO YOU HAVE CONCERNS ABOUT FALLING



A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

CONCERNED ABOUT FALLS? A MATTER OF BALANCE HELPS MANAGE FALLS AND BOOSTS ACTIVITY LEVELS FOR OLDER ADULTS.

FREE CLASSES FOR SENIORS



CHRIST THE CORNERSTONE ADULT COMMUNITY CENTER BEAR, DE

3135 Summit Bridge Road, Bear, DE



REGISTRATION PHONE (302) 836-6463



MONDAYS



10:00 AM – 12:00 PM



STARTS: JUNE 1, 2026



ENDS: JULY 20, 2026 (NO CLASS 7/6)

WHY JOIN?



Improve balance and strength



Reduce your risk of falls



Stay active and independent



Connect with others

FOR MORE INFORMATION



Arundhati Ghosh



302-255-9101



arundhati.ghosh@delaware.gov



A NOTE FROM OUR PARTNER

UNIVERSITY OF
DELAWARE.

BAGS2MATS

Recycle Bags. Create Change.

Turn plastic bags into something beautiful and meaningful! In this hands-on class, you'll learn how to transform everyday plastic bags into durable, colorful mats for people experiencing homelessness.

CREATIVE.
SUSTAINABLE.
IMPACTFUL.

*You'll Learn:*

How to "yarn" plastic bags



Crochet and loom techniques for making mats.



The impact of your mats in our community



A fun, relaxing way to reduce plastic waste

**DATES:**

June 22 - July 25, 2026
Thursdays, 10:45 AM - 12:00 PM

**LOCATION:**

Arsht Hall
Wilmington

**INSTRUCTOR:**

Guadalupe Murphy
Volunteer Delaware 50+ Staff



No experience needed — just a desire to create, connect, and make a difference!



Stay Curious.
Stay Engaged.
Stay Connected.

REGISTER TODAY!

OLLI.udel.edu

302-573-4417



For more information, please contact Volunteer Delaware 50+ at 302-255-9882 or email Guadalupe.Murphy@delaware.gov

A NOTE FROM OUR PARTNER

READ ACROSS DELAWARE VOLUNTEERS NEEDED

Help us spread the joy of reading! Donate new and gently used books to support literacy throughout Delaware. Your contribution can open new worlds for readers of all ages.

This project is in conjunction with the 9/11 Remembrance / National Day of Service Project



HOW TO VOLUNTEER:



HELP WITH MONTHLY TABLING EVENTS IN YOUR COUNTY



CLEAN & SORT BOOKS BY GRADE LEVEL



STATE OFFICE OF VOLUNTEERISM IS LOOKING FOR 50 VOLUNTEERS STATEWIDE TO HELP WITH THE DRIVE



DROP-OFF INFORMATION:



MAY 15TH THROUGH AUGUST 15TH



DROP-OFF HOURS:
9 AM – 3 PM



BOOKS CAN BE DROPPED OFF AT ANY OF THESE LOCATIONS:



NEW CASTLE COUNTY:
Herman M. Holloway Campus
(Debnam Building)
.....
9 AM – 3 PM



KENT COUNTY:
James Williams
State Service Center
.....
9 AM – 3 PM



SUSSEX COUNTY:
Adams State
Service Center
.....
9 AM – 3 PM



FOR MORE INFORMATION:
Call Bobbi Jo Tice at 302-515-3024
or email bobbi.tice@delaware.gov



AmeriCorps



DELAWARE HEALTH AND SOCIAL SERVICES

**For more information in New Castle County
Please call Volunteer Delaware 50+ at 302-255-9882.**

A NOTE FROM OUR PARTNER

Stamp Out Hunger 2026



Thank You Generous Donors!

Thank you to everyone who supported this year's Stamp Out Hunger postal food drive! We are amazed by the outpouring of support from our community! Special thanks to our incredible letter carriers and volunteers who helped unload at post offices! We can't wait to announce the final weight.

- The Food Bank of Delaware



THANK YOU Ms. Faith and Volunteer Delaware 50+ members for saving the plastic bags from the successful Stamp out for our Bags2Mats program and helping to prevent the plastic from going into the landfill.



A NOTE FROM OUR PARTNER

3 ways to save lives

Make a difference
in your community.



Donate blood

There is no substitute for blood, and only eligible donors can meet the need.



Make a financial gift

Can't give blood? Make a one-time gift or pledge ongoing support.



Volunteer your time

Volunteers play a crucial role in helping save lives every day.



Scan to give or visit delmarvablood.org/support-us.



888.8.BLOOD.8 • delmarvablood.org

A NOTE FROM OUR PARTNER



sign-up here



east side thrive rock the block **June 13th**

8:00 AM – 10:30 AM
community cleanup
meet at Bethel AME
604 North Walnut St.

11:00 AM
juneteenth parade
Rodney Square
11th & N. Market St.

celebrate **juneteenth** weekend with us!



community
cleanup



juneteenth
parade



health and
safety fair



For more information about opportunities, please call Volunteer Delaware 50+ at 302-255-9882 or email Arundhati.Ghosh@delaware.gov.



Phoenix Family Resources
Phoenix Community Resource & Reuse Hub

Essential Resources for Stability, Dignity, and Recovery

YOU ARE WELCOME HERE
A safe place for support and connection.




Scan to learn more or get connected.

Community Resources Available

- Clothing & seasonal essentials
- Hygiene supplies & personal care
- Food support
- Peer recovery support
- Harm reduction & recovery support
- Workforce readiness assistance

Bring This Card When You Visit Phoenix

- Clothing
- Food
- Hygiene supplies
- Harm reduction resources
- Peer recovery support

6 Church Dr., New Castle, DE | 302-487-5351

Phoenix, We Rise Up.

A NOTE FROM OUR PARTNER



BECOME A VOLUNTEER ADULT LITERACY TUTOR!

No experience required

Upcoming New Tutor Information Sessions

Attend an online session to learn more about becoming an adult literacy tutor



**Tuesday June 2
1:00 - 2:00 pm**

Please visit our website to register



THANK YOU!

TOGETHER, WE MADE A **HUGE** DIFFERENCE!

THIS YEAR, WE COLLECTED

458,983

POUNDS OF FOOD!

Your generosity helps feed families, strengthen communities, and fight hunger — one can at a time.



YOU DONATED. WE DELIVERED. HOPE DELIVERED.

Food Bank OF DELAWARE

THANK YOU FOR SUPPORTING THE STAMP OUT HUNGER® FOOD DRIVE!

PUTTING FOOD ON THE TABLE AND HOPE IN OUR COMMUNITIES.

VOLUNTEERS NEEDED!

HELP US SORT DONATIONS!



Lend a Hand, Make a Difference!

HELP US SORT & ORGANIZE CLOTHING, FOOD, & SUPPLIES FOR THOSE IN NEED!

VOLUNTEERS NEEDED!
No Experience Needed

Sign Up Today!

mavanhopeondeck@gmail.com



Earle's Legacy Resource Center
54 Albe Drive, Unit F
Newark, DE 19702
HopeOnDeck.org

For more information about opportunities, please call Volunteer Delaware 50+ at 302-255-9882 or email Arundhati.Ghosh@delaware.gov.



Sit-n-Stitch
Newark Senior Center

SECOND & FOURTH WEDNESDAY
of the month

Newark Senior Center
200 Whitechapel Dr.
10:00 AM

Group's emphasis is on producing donations to various community groups. Members are welcome to work on their own projects, share pattern ideas, or attend to learn new skills. For additional information, please visit the reception desk.




For a listing of CareWear affiliated groups with times and locations, please email Volunteer Delaware 50+ at Guadalupe.Murphy@delaware.gov or call 302-255-9746.

ONGOING OPPORTUNITIES



CareWear
Project
VOLUNTEER DELAWARE 50+
NCC: 302-255-9746
Sussex: 302-515-3020

Knot Your Average Fiber Group

EVERY WEDNESDAY

Hockessin Public Library
1023 Valley Rd
Hockessin, 19707
1:00 - 2:00 PM



The CareWear Project

CareWear is a volunteer group in Delaware that knits, crochets, and sews handmade cold-weather items like hats, scarves, and blankets for vulnerable community members. Items are distributed through local nonprofits, churches, hospitals, and service agencies, and volunteers can choose their own projects while staying connected with other crafters.

THANK YOU
volunteers

Crochet Club Plus

Meeting Time:
5:30 PM

Meeting Locations:

FIRST & SECOND TUESDAY/ MONTH
Newark Wesleyan Church
708 W Church Rd. Newark

THIRD AND FOURTH TUESDAY/ MONTH
VFW Post 475
100 Veterans Dr. Newark





Ask us about addition CareWear locations, to include Hockessin, N. Wilmington & New Castle.

CareWear
N. WILMINGTON

THIRD FRIDAY
of the month

10:00 AM
B'nai B'rith House
8000 Society Dr.
Claymont 19703



2026 Meeting Dates

1/16	5/15	9/18
2/20	6/19	10/16
3/20	7/17	11/20
4/17	8/21	12/18

Addition dates and locations include Hockessin, New Castle & Newark.



For more information, visit Volunteer.Delaware.gov/CareWear-Project or email Volunteer Delaware 50+ at Guadalupe.Murphy@delaware.gov.

For more information, please contact Volunteer Delaware 50+ at 302-255-9882 or email Guadalupe.Murphy@delaware.gov

ONGOING OPPORTUNITIES

The Newark Senior Center



Song Birds

Thursdays 10:00 AM

Do you enjoy singing and sharing music? Come join the Newark Senior Center SongBirds - no audition required. Male voices are especially needed Group meeting every Thursday from 10:00 AM - 11:30 AM. There is a \$4 monthly fee.



What do these birds have in common?



They all need a ride!

How can you help them?

BECOME A TRANSPORTER

HELP US TURN PLASTIC BAGS INTO MATS for the Homeless



TOGETHER, WE CAN RECYCLE PLASTIC BAGS AND CREATE COMFORT AND HOPE.

WORKSHOPS HELD: Second and Fourth Thursday of each month.

TIME: 9:30 AM - 11:30 AM

LOCATION: Newark Senior Center 200 Whitechapel Dr. Newark, DE

VOLUNTEER DELAWARE 50+
Volunteers collect, cut, loop then crochet or weave the plastic material into a mat. Mats create a barrier between the wet, dirty, and cold ground, as well as help retain body heat. One mat = 600 bags.

No experience needed!
Whether you crochet, weave, cut bags, or just want to help, there's a place for you!

HOW IT WORKS



WHY IT MATTERS
Mats create a barrier between the wet, dirty, and cold ground, as well as help retain body heat.

ONE MAT = Approximately 600 Plastic Bags!

FOR MORE INFORMATION

Email: Guadalupe.Murphy@delaware.gov

Call: 302-255-9746



FOLLOW US: Bags2MatsDE *Recycling Plastic Bags. Creating Comfort. Changing Lives.*

YOU CAN HELP PRISONERS LEARN HOW TO MAKE BETTER DECISIONS FOR THEIR LIVES.



As a trained VOLUNTEER, you will can help an inmate to:

- Eliminate reactive behavior
- Learn decision making skill to be able to make good decisions.
- Replace victim image thoughts with confidence and self-worth
- Develop goal-setting skills

WHY VOLUNTEER?

Your experience, encouragement, and leadership can have a lasting impact on someone working to rebuild their life and become a productive member of the community.

VOLUNTEERS ARE NEEDED

TO FACILITATE EVENING CLASSES IN **WILMINGTON & SMYRNA, DELAWARE**

EVENING CLASSES 6:00 PM - 8:00 PM

Your time and guidance can help individuals build confidence, improve decision-making skills, and create a better future.

ONE CONVERSATION CAN INSPIRE CHANGE. ONE VOLUNTEER CAN MAKE A DIFFERENCE.

THRESHOLDS OF THE STATE OF DELAWARE, INC.

CONTACT INFORMATION

NCC Team: 302-745-1758

302-781-0750

MiltChaski@gmail.com

PorterDallas646@gmail.com

Be the change. VOLUNTEER TODAY!

Helping individuals make better decisions for a brighter tomorrow.

ONGOING OPPORTUNITIES



Blood Bank of Delmarva Volunteers Needed

You join a team of volunteers and staff committed to making our community better. You can recruit, care for, and/or give great service to blood donors. You can assist staff behind the scenes, so they accomplish more. Your time and skills help BBD have safe lifesaving blood.



You can help to:

- Promote donating blood and recruit volunteers at community events
- Enhance the donor experience by greeting and welcoming our donors, sanitizing donor areas, helping donors through the donation journey, restocking supplies in donation area, or serving them in the refreshment area after they saved a life in a center or at mobile drives
- Administrative support (office, video, photo, etc.)
- Create smiles in the mascot Bloodhound suit
- Let us know what skills you bring! Let's start something new!

REQUIREMENTS

- Complete an online volunteer application
- Attend an online orientation
- Attend specific training
 - Online and/or in person
- Ages 14-15 must have parent/adult actively volunteering with them
- 16-17 can volunteer alone in a greater role
 - Other roles may be available if part of a school HOSA or Allied Health program connected



CREATIVE MENTORING®

A School-Based Mentoring Program That Works!




Join the ReStore Volunteer Team!

Passionate about affordable housing?
The ReStore Team needs volunteers to sort, price, and organize donations to help build homes in New Castle County. Volunteer shifts are available at Prices Corner and Middletown.

Store Hours:
Prices Corner: Tue – Sat, 10 AM – 5 PM
Middletown: Wed – Sat, 10 AM – 5 PM

Volunteer Duties Include:
Sorting and pricing home goods, tools, appliances, and more
Answering customer and donor questions
Testing and preparing electronics, power tools, and appliances
Light cleaning and organizing

Help make a meaningful impact! Become a ReStore Team Volunteer today!

Contact us to get started
302-255-9101
302-255-9756






BECOME A MENTOR TODAY!

- Mentors meet with their students for an hour once a week during the school year.
- Mentors come from all walks of life: retirees, high school students, office workers, church members, community volunteers, etc. Anyone with a passion for helping children and an ability to accept kids “where they are” can be a successful mentor.
- Mentoring allows adults to give something of themselves in a way that’s both selfless and deeply fulfilling.
- Mentors have the privilege of watching their mentees’ lives improve as a result of the help, friendship, and guidance they provide.

For more information about opportunities, please call Volunteer Delaware 50+ at 302-255-9882 or email Arundhati.Ghosh@delaware.gov.

ONGOING OPPORTUNITIES

For more information, please contact Volunteer Delaware 50+ at 302-255-9882 or email Guadalupe.Murphy@delaware.gov

Use your compassion and talents to make a difference. Volunteer with AccentCare® Hospice today.

You can support our local patients and families by becoming a:

Ambassador Volunteer

- Community outreach, volunteer recruitment

Legacy Volunteer

- Create legacies: books, journals, CDs, memory bears, crafts

Office Volunteer

- Administrative assistance

Social & Companionship Volunteer

- Reading, walking, caregiver relief

Music Companionship Volunteer

- Play, sing and share music with patients, families and friends

Children's Bereavement Camp Volunteer

- Work with camp staff and children

Bereavement Volunteer

- Emotional support for patient family and friends

Spiritual Presence Volunteer

- Support patient's faith related requests

Vigil Volunteer

- Companionship during patient's last hours

Pet Visitation Volunteer

- Patient visits with certified Pet Partners or Therapy Dogs

Special Projects Volunteer

- Volunteer support for special groups or events like We Honor Veterans



For more information, please scan the QR code or contact our volunteer service coordinator at: VeronicaFlemmings@AccentCare.com or 302.533.3800

For more information, please contact Volunteer Delaware 50+ at 302-255-9882 or email Arundhati.Ghosh@delaware.gov.



DELAWARE HOSPICE

Since 1982

At Delaware Hospice, our team of volunteers provide companionship to patients, respite for caregivers, assist with shopping and errands, and so much more!

Patient Care Volunteers

- Check-in calls with patients.
- Care calls: provide a listening ear to patients.
- Visit with a patient (read, share stories, play cards or board games).
- Provide transportation to doctor appointments, store or pharmacy.
- Walk with a patient.
- Run an errand.
- Provide vigil support as a patient nears death.
- Give haircuts to patients.
- Assemble and deliver care gifts to patients.
- Pet Therapy Visits.
- Music Therapy Visits.

RN Volunteers

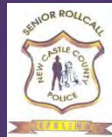
- Medication disposal after a patient has passed or is discharged.
- Assist staff with vaccination clinics.
- Assist with clinical staff education.

Vet-to-Vet Volunteers

- Veterans visit patients who are also veterans and talk about the patient's military experiences.

Patient Care Volunteers Needed

New Castle County Police



Senior Roll Call Lifeline Volunteers

Volunteers needed to help oversee the automated dialer, attentive to signs of distress or the sound of answering machines, and follow set protocols until they establish contact with the subscriber or dispatch assistance.



Volunteer shifts run from 6:30am - 10:30am daily



New Castle County Public Safety Building, 3601 N. DuPont Hwy, New Castle, DE 19720

VOLUNTEER WITH US



The Grand Opera House
The baby grand
The Playhouse

Show Corps Volunteer:

- Bartender (licensed)
- Ticket Check
- Usher
- Coat Check

- Grand Marshals:**
- Administrative Support
 - Welcome Visitors
 - Special Events / Tours

Enjoy wonderful performances while volunteering!!!

www.thegrandwilmington.org/support-us/ways-volunteer



SAFE ALIVE FREE

FREE HEALTH SCREENINGS

GVI PRESENTS

COMMUNITY HEALTH FAIR

FREE HEALTH SERVICES FOR THE COMMUNITY

Join us this June for a **FREE** Community Health Fair in recognition of **Men's Health Month**. Access health screenings, resources, and support focused on prevention, wellness, and early detection.

INTERNATIONAL MEN'S HEALTH WEEK
JUNE 15 – JUNE 21, 2026

DOVER	WILMINGTON
4134 N. Dupont Hwy Dover, DE 19901	315 E. Lea Blvd Wilmington, DE 19802
JUNE 11, 2026	JUNE 18, 2026
10:00 AM – 2:00 PM	10:00 AM – 2:00 PM

Health Screenings | Community Resources | Health Education

OPEN TO THE PUBLIC. ALL ARE WELCOME.

Register Now 

RESOURCES



CITY OF WILMINGTON
DEPARTMENT OF PARKS AND RECREATION
Dr. Melody F. Phillips, Director

SENIOR HEALTH And Fitness Day

WEDNESDAY, June 3rd 2026 | 9:00am - 2:00pm

TUBMAN-GARRETT PARK

LOCATION: Water Street between Market and French Street

- ✓ Fitness Demonstrations
- ✓ Wellness Education
- ✓ Health Resources & Vendor Booths

FREE FOOD, MUSIC, AND FUN!

Promoting Healthy Aging Through Fitness, Wellness Education, and Community Engagement!

For more information, contact:
Gerald Wilmore, Recreation Program Coordinator, (302) 985-1395
gwilmore@wilmingtonDE.gov
Coach Barry Milburn (302) 377-8320
Alexis V. Robinson, Family Matters Coordinator, (302) 685-5437
avrobinson@wilmingtonDE.gov



SAFE STEPS—Fall Prevention Program

Safe Steps was created to help seniors walk safely and confidently as they age. Most falls by seniors are due to balance, gait and vision problems; medications; and issues in the home, such as clutter and poor lighting. Muscle weakness and health conditions that affect joints, feet and legs may also contribute. We address each of these factors to reduce patients' risk of falls so they can live safely in their own homes and avoid serious injuries and long stays in the hospital. To learn more, visit ChristianaCare.org/safesteps or call 302-320-6475.

The Strong Bones Program

Join ANY Tuesday or Thursday at 11am
ChristianaCare Strong Bones program presents Bone Health and Fracture Prevention—a free one-session education class via zoom. Program includes free education and a nurse navigator to help you design an effective treatment plan to prevent another break. To learn more visit ChristianaCare.org/StrongBones or call 302-733-5683.




easterseals
Delaware & Maryland's Eastern Shore

Caring for a loved one? We can help!

Caregiver Resource Center

The place to turn when you need support

Do you...

- help an ailing neighbor with chores?
- care for a child with mental health conditions?
- advocate for a spouse with health issues like dementia?
- take a loved one to the doctor or grocery shop for them?

How we can help:

- Case Managers to help you navigate options
- Information about community resources
- Assistive Technology to make your life as a caregiver easier
- Funding for respite care so you can take a break
- Education through conferences and workshops
- And so much more

When are we available:
Call or stop by during regular business hours or make an appointment for evening or weekend consultation.

Where are we located:
New Castle - 302-221-2076
61 Corporate Circle
Milford - 302-253-1129
21 W. Clarke Ave. Suite 1070

de.easterseals.com
302-221-2076 • resources@esdel.org
New Castle & Milford

RESOURCES



Healthy Heart Ambassador Blood Pressure Self-Monitoring Program

Do you want to better manage your blood pressure (BP)? We are here to help!

Join the **Healthy Heart Ambassador** program to lower your BP through behavior change and support.

In this four-month program, you will get:

- ✓ **A FREE BP Monitor** for those who qualify.
- ✓ **Easy Training** on how to track your BP at home.
- ✓ **Personal Support:** Two virtual sessions per month with a Healthy Heart Ambassador.
- ✓ **Healthy Eating Tips:** Monthly online nutrition seminars and "Simple Cooking with Heart" demo.

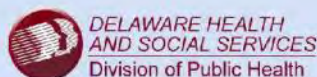


To Join, You Must:

- Be a Delaware resident
- Be 18 years or older
- Have a high BP diagnosis
- Not have had a cardiac event in the last year (heart attack or stroke)
- Not have an irregular heartbeat (atrial fibrillation or other arrhythmias)
- Not have lymphedema (swelling in the limbs)

Get More Info and Sign Up:

- **Call: 302-208-9097**
- **Email: DHSS_DPH_HHA@delaware.gov**
- **Scan this QR Code:**



RESOURCES

- **Adult Protective Services** : With one simple (anonymous) phone call, concerned individuals and those experiencing harm can connect with free, voluntary services and resources that could save a life. For more information visit dhss.delaware.gov/dsaapd/MakeTheCall or call 1-888-277-4302. Report abuse, neglect, exploitation or abandonment.



- **Delaware Aging & Disability Resource Center:** The ADRC is your one-stop access point for information, assistance and referral to resources that support older Delawareans, adults with disabilities and caregivers. For more information, visit dhss.delaware.gov/dsaapd or call 1-800-223-9074.



- **Meals on Wheels:** If you, or a family member, are in need of help with a balanced home-delivered meal contact the Meals On Wheels program which delivers in your local area.
 - City Fare Meals On Wheels: 302-421-3734; CityFare.org
 - Newark Senior Center: 302-737-5747; NewarkSeniorCenter.com



- **Meeting of the Minds at the Newark Senior Center:** This is a guided group experience for adults in their early stages of dementia, Alzheimer's or other cognitive impairment. Through diverse social, physical, mental and creative activities, participants gain improved self-esteem, socialization and a sense of belonging. Monday-Friday from 10am-2pm. \$32/day to include lunch and transportation. For more information call the center at 302-737-2336.

MEETING OF MINDS

- **Musical Memories Care (MMC):** Easterseals provides music-based therapy and therapeutic arts programming designed for individuals with Alzheimer's, dementia, and cognitive or physical disabilities. These programs allow caregivers and clients to connect through sing-alongs, percussion instruments, and live performances. MMC gathers every 3rd Wednesday of the month, 11:30 AM – 2:00 PM at the The Smyrna Opera House. For more information, visit smyrnaoperahouse.org/event/musical or call 302-653-4236.



- **Senior Medicare Patrol:** The Senior Medicare Patrol (SMP) empower and assist Medicare beneficiaries, their families and caregivers to prevent, detect, and report health care fraud, errors and abuse. For more information, call SMP at 1-800-223-9074.



- **Senior Roll Call Lifeline:** A free program provided by New Castle County, Division of Police, that makes daily calls to the homes of our elderly or disabled members to ensure they are doing well and do not require emergency assistance. If after several attempts the calls are unsuccessful, emergency help is sent to the home to check on the well-being of the member. For more information call 302-255-9878.



- **Smart 911:** Be prepared for any emergency by giving public safety the information they need to better help and communicate with you. Smart911 is a free national service brought to you by the New Castle County Department of Public Safety.



- **State Service Centers Food Pantry:** All service centers now have open to the public food pantries. Must bring valid ID to show Delaware residency. For a list of food resources visit FBD.org or call 211.

- **Vial of L.I.F.E:** A program, offered FREE by NCC Emergency Medical Services, assists seniors and disabled residents by providing vital medical information during emergencies. To get your Vial of L.I.F.E, contact 302.395.8184 or email vialoflife@newcastlede.gov.



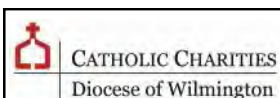
RESOURCES

- **YMCA Wellness Exchange:** A welcoming community health hub located at the Central YMCA. Designed to address some of the most pressing health challenges our community faces, the Wellness Exchange connects neighbors with education, support, and resources that promote long-term health and wellness. This FREE program is open to both YMCA members and non-members. For more information, visit YMCAdel.org/ymca-wellness-exchange or call 302-254-9622.



Challenged with rising energy costs?

- **United Way of Delaware (Delmarva Power Customer Relief Fund):** uwde.org/utilityassistancede
 - This is a one-time fund, and customers who have already received Customer Relief Fund assistance, including through Energize Delaware, are not eligible to apply again.
- **Energize Delaware (Delaware Sustainable Energy Utility /SEU):** EnergizeDelaware.org
 - Customers are only eligible to participate in one program and may not participate in both programs. Eligible Delmarva Power customers will participate in the Delmarva Power Customer Relief Fund and all other utility customers may be eligible for the Delaware Energy Fund. When the Delmarva Power Customer Relief Fund has been expended, Delmarva Power customers may qualify for the Delaware Energy Fund so long as they meet program qualifications. or Delmarva.com
 - **Home Energy Checkup and Counseling (HEC2)**
 - **Delaware Energy Fund**
- **LIHEAP:** DHSS.Delaware.GOV/DSS/LIHEAP
 - **Catholic Charities:** 302-655-9624 (New Castle County)
 - **Winter Heating Fuel Assistance**
 - **Crisis Assistance**
 - **Catholic Charities Basic Needs**
 - **First State Community Action Agency (FSCAA) - HELP Program:** 800-372-2240
 - **Summer Cooling Assistance Program (SCAP):** provides room-sized air conditioners to qualified recipients.
 - **Energy Coordinating Agency (ECA):** 302-504-6111, 215-609-1000 or email DEAPDocs@ecasys.org
 - **Weatherization Assistance Program (WAP)** (partnership with DNREC- Department of Natural Resources and Environmental Control)
 - **Repairing Replacing Heaters and Conserving Energy (RRHACE)**(partnership with FSCAA): assists eligible households with the repair or replacement of inefficient or inoperable HVAC systems.





New Castle County Community Partners by Interest

• Animals

- * Brandywine Valley SPCA, 302-858-4202
- * PAWS for People, 302-351-5622
- * Tri-State Bird Rescue and Research, 302-737-9543

• Community Development / Engagement

- * Children and Families First (champion children and families; school), 302-777-9757
- * DE Ecumenical Council on Children and Families, 302-225-1040
- * Hagley Museum & Library, 302-658-2400
- * New Castle County Dept of Community Services (Festivals), 302-395-5640
- * Osher Lifelong Learning Institute (OLLI), 302-573-4417
- * Volunteer Delaware 50+ NCC Advisory Council Inc.
- * Western YMCA

• Computer Skills

- * Senior Surfers (Newark Senior Center), 302-737-2336

• Culture

- * People to People: Delaware Chapter info@ptpde.org

• Economic Support Services

- * Family Promise of Northern NCC (homelessness), 302-998-2222
- * Habitat for Humanity NCC (construction), 302-998-2222
- * Lutheran Community Services, 302-654-8886
- * Shoes That Fit, 302-234-9319

• Environment / Nature

- * Bags2Mats for the Homeless, 302-255-9882
- * Delaware Museum of Nature and Science, 302-658-9111

• Food / Nutrition

- * Meals on Wheels, 302-737-2336
- * St. Anthony's- City Fare Meals on Wheels, 302-421-3734
- * Newark Senior Center Meals on Wheels, 302-737-2336
- * Food Bank of Delaware, 302-292-1305

• Health

- * A Matter of Balance, 302-255-9101
- * Autism Delaware
- * Alzheimer's Association, 215-561-2919
- * American Cancer Society, 1-800-227-2345
- * American Red Cross, 302-656-6620
- * Blood Bank of Delmarva, 302-737-8405
- * Special Olympics Delaware, 302-831-4653

• Hospital

- * Christina Care Hospital, 302-733-1284
- * Wilmington Hospital, 302-428-2206
- * Nemours Children Hospital, 302-651-6096

• Hospice / Palliative / Respite

- * Christiana Care in Collaboration with Accent Care (Seasons), 302-533-3800

- * Delaware Hospice, 302-478-5707

- * VITAS Healthcare, 302-451-4000

• Knit / Sew

- CareWear Project (N. Wilmington, Newark (Crochet Club Plus, Hockessin (Must Love Yarn) (Patches of Love) 302-255-9746

• Legal / Advocacy / Ombudsman

- * CASA (Court Appointed Special Advocate) (Child Advocate), 302-255-1730
- * CHILD Inc. (domestic violence services), 302-762-8989
- * Long-Term Care Ombudsman Program, 302-255-9108

• Library

- * Appoquinimink Library / Bear Library
- * Brandywine Hundred Library (19803)
- * Claymont Library / Elsmere Library
- * Hockessin Library / Kirkwood Library
- * Newark Free Library / Route 9 Library (19720)
- * Woodlawn Library (19805)

• Mental Health

- * Amanecer Counseling & Resource Center, 302-576-4136
- * Contact Lifeline (suicide prevention), 302-761-9800
- * Supporting Kidds Inc. (grieving children), 302-235-5544

• Mentoring / Tutoring

- * Connecting Generations 302-656-2122 x0013
- * Literacy Delaware, 302-658-5624
- * Thomas Edison Charter School, 302- 778-1101
- * Thresholds of the State of Delaware, 302-478-3053

• Performing Arts / Music / Singing / Ushering

- Delaware Theatre Company, 302-594-1100
- Grand Opera House, 302-658-7897

• Reading to Children

- * Children Empowered by Love
childrenempoweredbylove@comcast.net
- * Read Aloud Delaware, 302-656-5256

• Senior Centers / Services

- * Absalom Jones Senior Center, 302-995-7636
- * Channie P. Bradley Senior Services
- * MOT Jean Birch Senior Center, 302-378-4758
- * NCC Senior Roll Call Lifeline, 302-395-8159
- * Newark Senior Center, 302-737-2336

• Thrift

- * Habitat for Humanity ReStore (Wilmington: 302-652-5181; Middletown: 302-449-1414)
- * Earle's Legacy Resource Center, Hope On Deck, info@hopeondeck.org
- * Phoenix Family Resources (clothing), 302-593-7532

• Veterans / Military

- * Stockings for Soldiers, info@StockingsForSoldiers.org