



# NEWS FOR YOU

A News Brief for Senior Corps-RSVP Volunteers  
of Northern Cook and Northern DuPage Counties



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Suburban Chicago

AUGUST 2018

## We want to hear from you!

Senior Corps-RSVP values the dedication of our members who generously give their time to our local partner organizations. Once a year we ask our members to tell us “how we are doing” as administrators of Senior Corps-RSVP of Northern Cook and Northern DuPage Counties. We want to be sure we are keeping you happy! I ask that you take a minute to complete a six question survey that will be sent to you shortly via an email message. Please tell us if you like your experience or if we can improve to make volunteering even better.

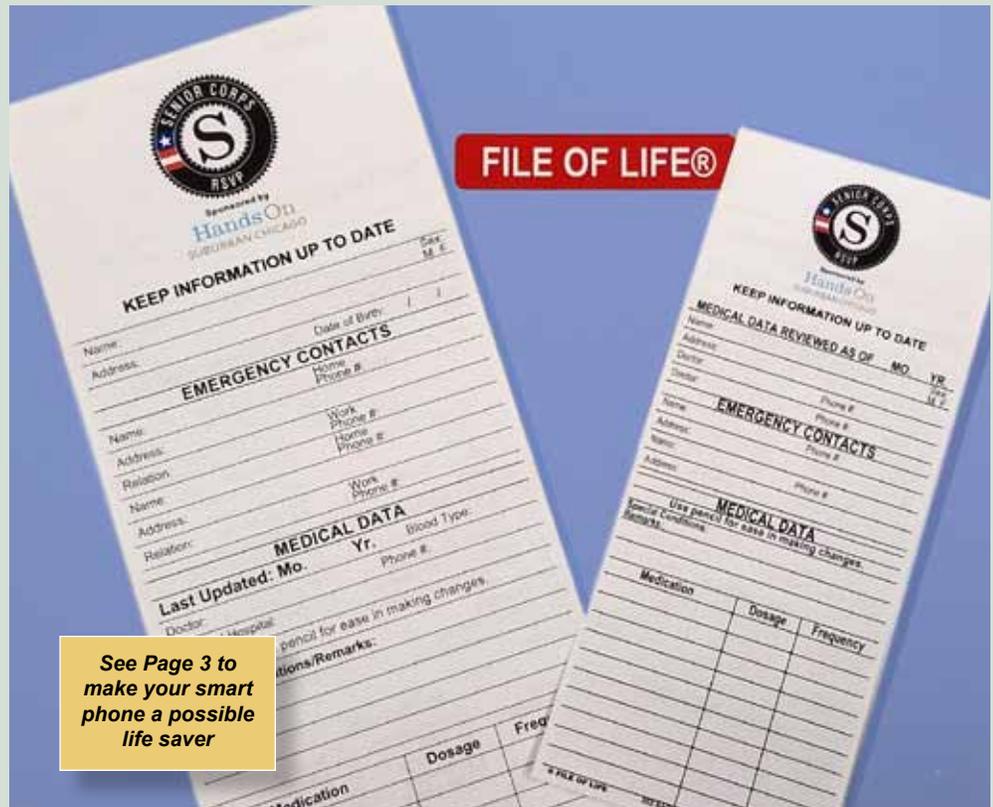
As an incentive, all surveys submitted by September 7, 2018 will be eligible for a drawing of a \$25 VISA gift card.

With thanks for all you do,

**Carolyn Roberts** *Project Director, Senior Corps-RSVP*

### File of Life Replacement Cards

Senior Corps-RSVP has a supply of new File of Life cards. The card lists patients’ name, emergency medical contacts, insurance policy, health problems, medications, dosages, allergies, recent surgeries, doctor’s name and health care provider. We would be happy to mail a new card to any member that may need to replace their old card. Please call 847-228-1006, or email [rsvp@handsonsuburbanchicago.org](mailto:rsvp@handsonsuburbanchicago.org) to request the File of Life card. We no longer have a supply of the red plastic pockets.



### Senior Corps-RSVP Advisory Council Seeks New Member

Senior Corps-RSVP is currently seeking a skills-based volunteer with marketing experience to join its Advisory Council and help identify and develop potential opportunities for promoting Senior Corps-RSVP programs.

The Advisory Council, consists of eight individuals with varying skills and interests who meet quarterly (generally on a Tuesday from 10 - 11:30 a.m. in our Arlington Heights office) to advise and support the Senior Corps-RSVP staff and provide input on program operations.

To learn more about this important volunteer position, contact Carolyn Roberts at [carolyn@handsonsuburbanchicago.org](mailto:carolyn@handsonsuburbanchicago.org).

## Intergeneration Pen Pal Program



*Pen Pal Senior Corps-RSVP members and Pen Pal students meet for the first time at this fun filled year-end event.*

As we begin our 3<sup>rd</sup> year of the Pen Pal program we are seeking additional Pen Pal volunteers. The program will begin late September or early October 2018 and end in March 2019. The volunteer description follows:

For today's elementary school generation, there has never been a time when email, video conferencing, and text messaging wasn't the norm. Yet, there's something to be said for old-school communication and the benefits it had. Join our Pen Pal program to help jump start these students' enthusiasm for writing and expanding their writing skills. Join a group of volunteers once a month, from 1:00 - 2:45 pm, to engage in handwritten communication with elementary school students in one classroom. You will exchange information and ideas with an assigned student based on their teacher's classroom curriculum. All correspondence is supervised. Background check is required.



## A smart use of your smart phone

### Medical Information Stored on your iPhone

You can make important health information accessible in case of an emergency with the Medical ID feature built into the iOS Health app on your iPhone. The Medical ID provides medical information about you like allergies and medical conditions for first responders as well as who to contact in case of emergency. This information can be accessed even while your phone is locked by clicking on the emergency options.

Below are a couple links that can help you get started.

[Why You Should Set up Medical ID on Your iPhone](#)

[Set up your Medical ID in the Health app on your iPhone](#)



### Android Phone Users

Our search for similar information for Android phones users indicated that Android phones usually don't have built in health apps that allow you to create a Medical ID. There are apps you can download that can give you a Medical ID. We share this link to help you create a similar Medical ID.

[Putting the Medical ID feature on Android Phones](#)

*We would like to thank Dallas Tomlin of Escorted Transportation Service Northwest for sharing this information.*



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### Be Environmentally Friendly!

If you have email access and received this newsletter in the mail, please contact us at [rsvp@handsonsuburbanchicago.org](mailto:rsvp@handsonsuburbanchicago.org) to share your email information so that future newsletters can be sent to you electronically. You'll then also receive a Spotlight on Service newsletter.

*A huge thanks to Senior Corps-RSVP member Richard Westgard, for the layout and design of our Senior Corps-RSVP newsletters. It wouldn't happen without you! Another thanks to the Senior Corps-RSVP members who helped prepare this newsletter for mailing and get it out to you!*

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### HandsOn Suburban Chicago

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