

# SAFETY FIRST!

## **PERSONAL SAFETY IS MOST IMPORTANT!**

Protect your hands with gloves. Watch for “sneaker” waves, never turn your back to the ocean. Know when high tide is due.

**DO NOT TOUCH barrels, drums, needles, oil, tar balls:** Mark the location and notify your Beach Captain immediately.

**BE GOOD TO YOUR BACK!** Trash that is too heavy or large to be carried should be recorded but left on the beach.

**LEAVE NATURAL ITEMS ON THE BEACH:** Driftwood, seaweed, dead or live animals should be left in place.

**WORK IN PAIRS:** One person can pick up while another fills out a datasheet (if applicable). Your data identifies trends in trash from year to year, so be as accurate as you can.

**DON'T DISTURB SHOREBIRDS OR SEALS:** Avoid roped off Snowy Plover nesting areas. Keep pets on a leash.

**WALK AS FAR AS YOU WANT, THEN GATHER TRASH ON THE WAY BACK:** Concentrate on picking up plastics, glass, and other non-biodegradable materials.

**FILL ONE BAG AT A TIME:** Consolidate and leave all bags at the designated trash collection site.

